

# Acute Left Ventricular Outflow Tract Obstruction in Non-Mitral Cardiovascular Surgery: A Case Series Analysis

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### Abstract

**Objective:** We aimed to analyze the clinical signs of left ventricular outflow tract obstruction and its management in the perioperative period of major non-mitral cardiovascular procedures. Design. Case series analysis. Methods and Results Thirteen (10 males, 3 females) patients aged 64 (56; 74) y.o. with acutely emerged left ventricular outflow tract obstruction during/after non-mitral cardiovascular procedure between May 2006 and May 2018 were included.

**Methods:** The procedures were as follows: coronary artery bypass grafting – n=11, aortic valve replacement – n=1, abdominal aortic membrane resection (aortic dissection DeBakey type I, acute legs ischemia) – n=1. Left ventricular outflow tract obstruction with systolic anterior motion of anterior leaflet of mitral valve was detected in 0.9% of the total number of perioperative echocardiography examinations. Three variants of its clinical course were described: (1) intracardiac and systemic hemodynamics recovery with a specific therapy (most cases); (2) full resistance to therapy with sustainable systolic anterior motion persistence; (3) termination of systolic anterior motion as a result of the therapy, but the paradoxical persistence of low cardiac output syndrome.

**Conclusion:** Practitioners' vigilance and Echocardiographic monitoring are needed for early detection of acute left ventricular outflow tract obstruction. Its development can be a marker of the extremely hard concentric left ventricular hypertrophy as a cause of the low cardiac output syndrome. Key Words Systolic anterior motion, left ventricular outflow tract obstruction, left ventricular hypertrophy, cardiac surgery.

**Keywords:** Cardiovascular Surgery; Hypertrophic cardiomyopathy; Echocardiographic monitoring; ventricular outflow

**Abbreviations:** LVOTO: Left ventricular outflow tract obstruction; AML: Anterior mitral leaflet; MVR: Mitral valve repair; AVR: Aortic valve replacement; LVEF: Left

ventricular ejection fraction; PAC: Pulmonary artery catheter; CABG: Coronary artery bypass grafting; LVH: Left ventricular hypertrophy.

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#### Introduction

Left ventricular outflow tract obstruction (LVOTO) due to systolic anterior motion (SAM) of the anterior mitral leaflet (AML), which typically occurs in patients with hypertrophic cardiomyopathy [1,2], is well known as a complication of mitral valve repair (MVR) [1,3-7]. During non-mitral cardiovascular surgery, such as coronary artery bypass grafting (CABG) or aortic valve replacement (AVR), LVOTO has been described almost exclusively in detached small studies [8,9]. Some case reports also described acute LVOTO during liver transplant and other major surgical procedures for which transesophageal echocardiography (TEE) is used routinely [10-14]. The predictors of this disturbance are left ventricular hypertrophy (LVH), hyper dynamic left ventricular ejection fraction (LVEF) [15], Hypovolemia, arterial hypotension, and inotropic therapy [1,16]. These factors can promote the Venturi effect with the development of suction force in LVOT leading to SAM. The size of AML and reduced mitro-aortic angle are important contributing factors in MVR cases [16-18]. Conventional hemodynamic monitoring, including pulmonary artery catheter (PAC) is not fully potent to diagnose LVOTO. In fact, the effectiveness of diagnostics and the intensity of the registration of SAM are dependent on the use of echocardiography for routine monitoring. The detection of SAM has been speculated to be a criterion of sufficient educational and qualifying levels of the anesthesiological team [19]. We aimed to describe and analyze the clinical and Echocardiographic signs of LVOTO in the

perioperative period of major cardiovascular procedures (Figure 1).

#### **Methods**

All consecutive patients with acute LVOTO during or after major cardiovascular procedures from September 2008 to May 2018, except MV surgery, were included. Echocardiography. In all cases, the diagnosis of LVOTO/SAM was identified by multiplane TEE using 2D, color Doppler, pulse wave (PW), and continuous wave (CW) Doppler modes. The criteria of LVOTO were typical abnormal AML systolic motion, peak gradient in LVOT >40 mmHg, mitral regurgitation (MR) II-IV, and asymmetric LVH with interventricular septum (IVS) bulging [1]. A typical echocardiogram is shown in the figure 1. Standard hemodynamic monitoring. All patients were monitored with invasive arterial pressure (AP), PAC (before and/or just after LVOTO diagnostics) to control pulmonary arterial pressure (PAP), pulmonary arterial wedge pressure (PAWP), and cardiac index (CI). Standard LVOTO therapy generally involves inotropic support cancellation, beta-blockers, fluid loading, and arterial hypertension induction by phenylephrine.

Data collection and statistical analysis were performed using Microsoft Excel 2010 for Windows 8. Statistical data were reported as median (interquartile range, IQR). The Mann–Whitney U-test was used for data comparison. Pvalues <0.05 were considered significant.



**Figure1:** Transesophageal echocardiography, midesophageal long axis views (ME LAX). Systolic anterior motion of anterior leaflet of mitral valve just after on-pump coronary artery bypasses grafting. A – 2D mode; B – Color Doppler mode

**Abbreviations:** LA – Left atrium; LV – Left ventricle, AV – Aortic valve, MV – Mitral valve; Ao – Aorta; IVS – Interventricular septum; MR – Mitral regurgitation; LVOT – Left ventricular outflow tract.

#### Results

Thirteen patients (10 men, 3 women) aged 64 years (IQR 56;74) with acute LVOTO during/after cardiovascular surgical procedures were identified. These surgical procedures were on-pump coronary artery bypass grafting (CABG, n=11), aortic valve replacement (AVR) due to aortic stenosis (AS, n=1), abdominal aortic membrane resection (aortic dissection DeBakey type I with acute leg ischemia, n=1).

Asymmetric LVH was diagnosed only preoperatively in five (38.5%) patients. Before surgery, LVEF was >50% in all patients (Table 1). The significant increase in LVEF and IVST were recorded during perioperative LVOTO diagnostics. Acute MR II–IV and PG in LVOTO >40 mmHg were presented in all patients.

Parameters	Preoperatively (TTE)	LVOTO/SAM detection (TEE)	Р
LVEF, %	56 (55; 64)	78 (73; 84)	< 0.01
LVIWT, mm	11 (10; 14)	12 (11; 13)	>0.05
IVST, mm	11 (10; 14)	17 (14; 22)	< 0.01
PG LVOT, mmHg	None	77 (65; 84)	< 0.01
MR, °	None	3 (3; 4)	< 0.01

**Table 1:** Echocardiographic data.

**Abbreviations:** TTE- transthoracic echocardiography; TEE-transesophageal echocardiography; LVEF-left ventricular ejection fraction; LVIWT- left ventricular inferior wall thickness; IVST- interventricular septum thickness; PG LVOT-peak gradient in the left ventricular outflow tract; MR-mitral regurgitation

NOTE. Data are presented as median (interquartile range).

Cancellation of inotropic support, 15 ml\*kg<sup>-1</sup> (IQR 11;22) of fluid rapid infusion, and 0.08 mg\*kg<sup>-1</sup> (IQR 0.06; 0.09) of metoprolol were used (n=13). In four cases, phenylephrine-induced arterial hypertension (systolic arterial pressure [AP] up to 160 mmHg) was additionally required. In one patient, the atrioventricular (AV) pacing with short (70 ms) delay was used because of the ineffectiveness of other interventions. LVOTO was terminated in 12 patients, and CI increased to >2.5 L\*min<sup>-1\*</sup>m<sup>-2</sup> in 10 patients. This therapeutic algorithm was unsuccessful in two patients described below.

CABG (4 grafts) was performed with cardiopulmonary bypass (CPB) in an 84-year-old woman. Moderate LVH was described preoperatively: the IVS thickness (IVST), LV inferior wall thickness (LVIWT), and LVEF were 14 mm, 12 mm, and 64%, respectively. Lactic acidosis and dopamine requirements were the indications for PAC insertion 6 h postoperatively. LCOS (CI, 1.7) L\*min<sup>-1</sup>\*m<sup>-2</sup>) was found, perioperative myocardial infarction was preliminarily diagnosed, and intra-aortic balloon pumping (IABP) was started. Subsequently, urgent TEE was performed, and typical LVOTO was presented: abnormal AML movement; IVST, 24 mm; peak pressure gradient in LVOT, 97 mmHg; LVEF, 82%; and total mitral regurgitation. Dopamine and IABP were discontinued, fluid loading (17 ml\*kg<sup>-1</sup>), bolus and continuous infusion of metoprolol were used, arterial hypertension up to systolic AP of 160 mmHg was maintained using phenylephrine. Unfortunately, despite this intensive treatment, SAM with severe LCOS (CI, <2.0 L\*min<sup>-1</sup> \*m<sup>-1</sup>, lactate level >8 mmol\*L<sup>-1</sup>) persisted during the entire postoperative period (6 days) until the patient died.

CABG (three grafts) with CPB was performed in a 64year-old man with a history of severe arterial hypertension and LVH (IVST and LVIWT, 17 mm). Low CI presented after weaning from CPB, and LVOTO was diagnosed with TEE 20 min after protamine administration. The typical Echocardiographic image of SAM with MR IV and the peak gradient in LVOT of 44 mmHg were present. However, standard therapy (volume loading, metoprolol, and phenylephrine) did not vield a consistent effect, and AV pacing with short (70 ms) delay was started, resulting in full recovery of the intracardiac circulation. Surprisingly, CI remained extremely low: 1.7 before and 1.9 L\*min<sup>-1</sup>\*m<sup>-2</sup> after SAM termination. Restrictive type of hemodynamics was observed: PAWP >20 mmHg, restrictive pattern of mitral inflow [20] with giant E-wave, and small A-wave on PW Doppler, as well as IVST and LVIWT >20 mm, and systolic LV obliteration. Severe LCOS without SAM led to the patient's death 8 days postoperatively.

The next case showed a similar situation with opposite outcome. A 79-year-old woman underwent on-pump CABG surgery (three grafts). LVOTO was diagnosed by TEE, and she was successfully treated with metoprolol and volume loading 1.5 h after the patient's arrival in the ICU. However, the significant LCOS remained in the background of LVH (LVIWT and IVST >20 mm, LV systolic obliteration). The right atrial pressure (RAP), PAWP, hear rate (HR), CI, and AP were 21 mmHg, 16 mmHg, 64 min<sup>-1</sup>, 1.8 L\*min<sup>-1\*</sup>m<sup>-2</sup>, and 125/64 mmHg, respectively. Despite obvious risk of inotropes, dobutamine (up to 8  $\mu$ g\*kg<sup>-1\*</sup>min<sup>-1</sup>) was applied to restore right ventricular function. Thus, we observed a CI increase to 2.6

L\*min<sup>-1</sup>\*m<sup>-2</sup> with HR of 78 min<sup>-1</sup>, RAP of 12, and PAWP of 18 mmHg. The restrictive pattern of the mitral inflow was detected before and after the start of dobutamine infusion. No SAM recurrence was observed on TEE. The patient was extubated 12 h postoperatively, dobutamine infusion was terminated, and the patient was discharged from the ICU two days postoperatively. Thus, all types of responses to therapeutic measures are summarized in the Table 2 and discussed below Table 2.

Response to therapy	N	Type of surgery	Died	Common terms [4,5]
Full recovery	10	CABG - 9, AVR - 1	0	Easy-to-revert or difficult-to-revert
Resistant SAM	1	CABG	1	Persistent SAM
SAM termination with persistent LCOS	2	CABG	1	Not described

Table 2: Observed responses to the	nerapy of acute LVUIU
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#### Discussion

Previously, cases of SAM due to acute myocardial infarction (AMI), during urgent CABG, and after AVR were presented in a few case reports [8,9,21]. The most significant studies with systemic analysis of acute SAM in cardiac surgery performed recently have addressed MVR. Crescenzi, et al. [4] and Landoni, et al. [5] presented the most detailed analysis of SAM after MVR and offered the following management steps: step 1 - expanding intravascular volume and discontinuing any inotropic drug; and step 2 - increasing the after load through manual compression of the ascending aorta while administering an intravenous bolus of esmolol. The authors described three types of response to the therapy: "easy-to-revert" (step 1 was effective), "difficult-torevert" (step 2 was effective), and "persistent" (repeated surgical procedure was required). Accordingly, we analyzed some specific mechanisms of LVOTO, with IVS thickening (bulging Subaortic septum) [1,22] manifesting after aorta cross-clamping as the most important. Significant IVST increases can be hypothetically associated with reperfusion myocardial edema in basal IVS, but the specific mechanism of this reperfusion injury remains unclear.

Our single-center study was unable to observe the multitudinous group of patients with this uncommon hemodynamic disturbance. Despite this limitation, the three variants of response to therapy can be described as follows: (1) intracardiac and systemic hemodynamic recovery (most cases) – easy-to-revert or difficult-to-revert based on Crescenzi et al. and Landoni, et al. [4,5];

(2) full resistance to therapy with sustainable SAM and LCOS persistence (so-called "persistent SAM" [4,5]); (3) termination of SAM, but paradoxical LCOS persistence due to extremely severe concentric LVH (Table 2). Thus, LVOTO is not only the obvious direct cause of the severe hemodynamic disorders, and it could also be a marker of hard concentric LVH with extremely severe diastolic dysfunction. The persistence of SAM is the most significant, but not always the single pathogenic mechanism of circulatory insufficiency. Actually, in the abovementioned patient, there was a lowest peak gradient in LVOT. The role of restrictive LV remodeling with reduced diastolic compliance is not less important. Selecting a treatment strategy for such cases can be difficult. Traditionally, inotropic therapy has been considered as "a crime" in patients with LVH and SAM. However, we have paradoxically experienced the effective application of inotropes in this case. In our opinion, the useful effects of inotropic agents are an improvement of the right ventricular pump function, leading to additional volume loading of restrictive LV, and HR increase in cases with rigid small stroke volume. Previously, van der Maaten, et al. [23] expressed highly original views on the opportunity for medical improvement of the left atrial pump function. Its rise with inotropic agents immediately after AS correction, along with the evidence that enoximone does not degrade the hypertrophied myocardium compliance, was reported. The necessary condition for providing such extraordinary therapy in patients with severe LVH is careful Echocardiographic control.

In our experience, LVOTO detection was almost always unexpected. This complication was predicted in only 1 of 13 cases studied. This study is an additional argument in favor of routine TEE monitoring in cardiac and major vascular surgeries [24]. We also do not oppose the use of PAC, although it is debatable [25]. The frequency of the use of Swan-Ganz catheter is not decreasing, and the mortality in patients undergoing PAC application during cardiac procedures tended to be lower [26]. However, only echocardiography can identify the real mechanism of circulatory failure. We agree with the approach presented earlier [4,5], demonstrating that a standardized treatment algorithm is essential for rapid detection of cases of persistent SAM. The surgical treatment of this complication after non-mitral valve cardiac procedures has not been commonly implemented. In 2015, Lee et al. reported the successful use of alcohol and albuminglutaraldehyde (BioGlue) for septal ablation to percutaneously treat LVOTO immediately after aortic and mitral valve replacement [6]. Topical case reports of the

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MitraClip application for SAM removal were published [27-29].

In conclusion, in the practice of cardiovascular anesthesia, LVOTO, which is not associated with MVR, is an uncommon but dangerous complication. Practitioner vigilance and Echocardiographic monitoring are needed for early SAM detection and effective management. The development of LVOTO during or after non-mitral valve cardiovascular procedures can be a marker of the extremely hard concentric LVH with diastolic restriction as a cause of the low flow status.

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