



# Iodine Value in Partially Hydrogenated Castor Oil (Ricinus Oil) as determined by AOCS Official Method Cd 1-25 (Wijs' Method)

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## Research Article

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## Abstract

The Iodine Value (Iodine Number) is an important analytical characteristic of fats and oils. The iodine (I<sub>2</sub>) required saturating the fatty acids present in 100 grams of the oil or fat. Iodine is essential element of human nutrition. A third of the global population has insufficient iodine intake and is at risk of developing Iodine Deficiency Disorder. Oils rich in saturated fatty acids have low iodine value, while oils rich in unsaturated fatty acids ( $\alpha$ -linoleic acid) have high iodine value. Several variations of iodine value have been developed, although Iodine Monobromide Method or Hanus Method, Iodine Monochloride Method or Wijs' Method, and Pyridine Bromide Method or Iodine-Mercuric Chloride in alcohol (Hubl). The based on American Oil Chemists' Society (AOCS) Cd 1-25 describes the determination of the iodine value (a measure of unsaturation) in Partially Hydrogenated Castor Oil (COH); the specification is 28-32 g I<sub>2</sub>/100 g sample.

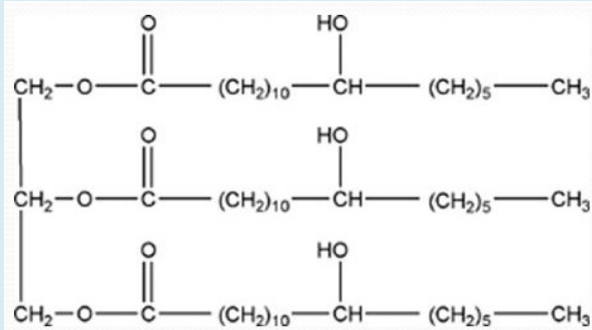
**Keywords:** Iodine Value; Partially Hydrogenated Castor Oil; Wijs' Method

## Introduction

Castor oil occurs in the seed of the castor plant, *ricinus communis* L. (Euphorbiaceae Family), growing in most tropical and subtropical areas. Castor seeds are toxic, containing a highly poisonous protein, ricin, and highly allergenic material. Castor oil is non-toxic, a renewable resource, and biodegradable [1]. Castor oil is viscous, a colorless to pale yellow and non-drying vegetable oil with a bland taste and it is sometimes used as purgative [2]. Its boiling point is 313°C (595°F) and its density is 961 kg/m<sup>3</sup> [3]. It is a triglyceride in which approximately ninety percent of fatty acid chains are ricinoleic acid. Oleic acid linoleic acids are the other significant components [4]. Castor oil is essentially tricinolein, which is a triglyceride of ricinoleic acid, CH<sub>3</sub>(CH<sub>2</sub>)<sub>5</sub>CH(OH)CH<sub>2</sub>CH=CH(CH<sub>2</sub>)<sub>7</sub>COOH. The expected iodine value for castor oil is 83-88 g/100g I<sub>2</sub>, and for hydrogenated castor oil it is 28-32 g/100gI<sub>2</sub> based on AOCS Cd 1-25 Wijs' Method. The American Oil Chemists Society

(AOCS) methods are widely used for contrast purposes in the trade of oils and fats. The traditional method for determining iodine value (AOCS official method Cd 1-25), make use of solvent carbon tetrachloride. In a number of countries this solvent is now banned for use in laboratories because of its carcinogenic properties. Consequently this method of analysis has been modified using cyclohexane as a solvent (AOCS) recommended practice Cd 1b-87 [5].

Hydrogenated Castor Oil (HCO) occurs as a fine, almost white or pale yellow powder or flakes. Hydrogenated castor oil as the oil obtained by hydrogenation of virgin castor oil. Empirical formula C<sub>57</sub>C<sub>90</sub>H<sub>110</sub> and molecular weight is 939.50 g/mol. Some of Synonyms are castorwax; castorwax MP 70, Castorwax 80; Croduret; ricini oleum hydrogenatum. HCO is refined, bleached, hydrogenated, and deodorized Castor Oil [6]. Chemical name of hydrogenated castor oil is Glyceryl-tri-(12-hydroxystearate). Structural formula has been below (Figure 1):



**Figure 1:** Structural formula of Hydrogenated Castor Oil (HCO).

The hydrogenated castor oil is prepared by the hydrogenation of castor oil using a catalyst. Hydrogenated

### Pharmacopeia Specifications (Table 1)

| Test         | PhEur 6                       | USP 32-NF27                   | AOCS Cd 1-25                  |
|--------------|-------------------------------|-------------------------------|-------------------------------|
|              | g I <sub>2</sub> /100g sample | g I <sub>2</sub> /100g sample | g I <sub>2</sub> /100g sample |
| Iodine Value | ≤ 5                           | ≤ 5                           | 28-32                         |

**Table 1:** Pharmacopeia Specifications for Hydrogenated Castor Oil.

### Materials and Methods

#### Chemicals

- Iodine Monochloride [7789-33-5] ACS reagent, 1.10 ± 0.1 I/Cl ratio basis (Aldrich Catalog 402990 or equivalent) reagent grade.
- Glacial Acetic Acid, (Certified ACS), Fisher Scientific
- Cyclohexane (Certified ACS), Fisher Chemicals
- Potassium Iodide, KI: Sigma- Aldrich ACS reagent, ≥ 99 %, CAS Number 7681-11-1.
- Potassium Periodate, KIO<sub>3</sub>, ACS reagent, ACROS Organics, Fiser Scientific
- Soluble Starch
- Sulfuric Acid, H<sub>2</sub>SO<sub>4</sub>; ACS grade, Pharmaco-Aaper
- Hydrogenated Castor Oil Reference Standard. United States Pharmacopeia (USP)
- Reference Standard; USP-1096837
- Sodium thiosulfate, Na<sub>2</sub>S<sub>2</sub>O<sub>3</sub>, Sigma-Aldrich CAS Number 10102-17-7.
- Hydrogenated Castor Oil was obtained from Morre-Tec Ind. NJ-USA.
- Recently boiled and cooled distilled or deionized water.

#### Apparatus

- 500 mL Erlenmeyer flask with ground glass stopper (may use Teflon tape) or Iodine flasks, 250 mL (8.5 fl.

oz.)

- 2 graduated cylinders capable of containing 100mL, 50 mL, 10 mL, 5 mL, and 3 mL Class A
- Pipets.
- 100 mL graduated cylinder
- Analytical balance capable of weighing to the nearest 0.1mg
- Stir bars
- 50 mL Class A Burette, in 0.1 divisions, with a tolerance of ±0.05mL.
- Hotplate
- Pipet, 20 mL
- Volumetric flask: 100 mL, 200 mL, 250 mL
- Filter paper, Whatman No. 41H, or equivalent
- All glassware used must be clean and dry [13,14].

castor oil is used in oral and topical pharmaceutical formulations and is generally regarded as an essentially nontoxic and nonirritant material. In topical formulations, hydrogenated castor oil is used to provide stiffness to creams and emulsions [7]. In oral formulations, hydrogenated castor oil is used to prepare sustained -release tablet and capsule preparations; [8,9] the hydrogenated castor oil may be used as a coat or to form a solid matrix. The hydrogenated castor oil is additionally used in paints, waxes, lite grease, additives, extended release agent, stiffening agent, tablet and capsule lubricant. Hydrogenated castor oil in a glycerol-phthalic anhydride alkyl that was acrylated performed quite favorably in an automotive topcoat system [10]. The objective was to combine the general resistance, hardness, and polishing properties of the acrylic with the flow, surface wetting and pigment dispersion properties of the alkyd [1]. Hydrogenated castor oil is additionally used to lubricate the die wall of the tablet process [11,12].

#### Solutions

- **Wij's solution:** Set up the analytical balance in the hood, turn the hood on. Put a 200 mL glass stoppered volumetric flask (without the stopper) on the balance and tare it. Open the top access door, and use a spatula to add Iodine Monochloride until about 2.3 g have been added. Immediately close the access door, record the weight, then open the access door and add the stopper. Remove the flask from the balance; add 140 mL glacial acetic acid using a graduated cylinder. (The exact concentration of

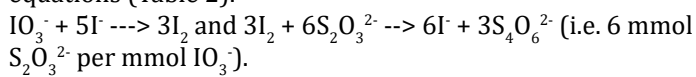
Iodine Monochloride need not be known. Extra solution is prepared so that 25.0 mL aliquots can be pipeted directly from the stoppered flask.)

- Prepare 1: 4 acetic acid: cyclohexane in a 250 mL erlenmeyer flask by adding 20 mL glacial acetic acid and 80 mL cyclohexane (use graduated cylinders). Mix well by swirling.
- 15% KI solution: (for 5 runs make enough for 6 runs). Dissolve 16.5 g KI in enough water to make 110 g solution.
- Dissolve about 0.85 g  $KIO_3$  (weighed analytically) in water in a 100 mL volumetric flask and bring to volume with water: 20 mL of this solution will require 30 to 40 mL thiosulfate solution.
- Starch solution is prepared by mixing 1 g soluble starch with sufficient cold water to make a thin paste. Add, while stirring, to 100 mL of boiling water. Mix and cool and store in a screw top bottle in the refrigerator. Use only the clear solution.

- Aqueous Sodium Thiosulfate volumetric standard solution (VS) 0.1 N,  $Na_2S_2O_3$ , prepared by dissolving 24.9 g of sodium sodium thiosulfate in distilled water and diluting to 1 liter. Accurately standardized vs potassium dichromate primary standard as follows normal standardization procedure.

### Standardization of $Na_2S_2O_3$

Pipet 20.0 mL of  $KIO_3$  solution into a 125 mL Erlenmeyer flask and stir in about 1 g KI. Add 20 mL DI water. Add about 1 mL  $H_2SO_4$ . Immediately titrate the dark brown solution with  $Na_2S_2O_3$  to a straw yellow color. Add 2 pipets full (about 4 mL) of starch solution. Continue the titration until the purple color just disappears and the solution becomes colorless. Calculate the  $Na_2S_2O_3$  concentration using the titration equations (Table 2).



Perform a duplicate and take the average.

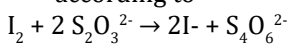
| Iodine Value Expected | Sample Weight |               | Weighing Accuracy g |
|-----------------------|---------------|---------------|---------------------|
|                       | 100% Excess g | 150% Excess g |                     |
| Less than 3           | 10            | 10            | ± 0.001             |
| 3                     | 10.576        | 8.4613        | 0.005               |
| 5                     | 6.346         | 5.077         | 0.0005              |
| 10                    | 3.173         | 2.5384        | 0.0002              |
| 20                    | 1.5865        | 0.8461        | 0.0002              |
| 40                    | 0.7935        | 0.6346        | 0.0002              |
| 60                    | 0.5288        | 0.4321        | 0.0002              |
| 80                    | 0.3966        | 0.3173        | 0.0001              |
| 100                   | 0.3173        | 0.2538        | 0.0001              |
| 120                   | 0.2644        | 0.2115        | 0.0001              |

Table 2: Correct Amount of Sample [15].

### Experiment

The iodine value determination involves a three step operation:

- Reaction of sample with iodine monochloride, Wijs' solution in excess according to  $R-C=C-R + ICl \rightarrow R-Cl-CCl-R$
- Reaction of the excess of Wijs' solution with potassium iodide according to  $ICl + I^- \rightarrow I_2 + Cl^-$
- Determination of the amount of released iodine according to



According to this three-step operation, the titration is a back titration with a blank.

### Procedure

- Take 0.35 g standard Castor oil (weighed analytically) as follows. Use a clean Pasteur pipette to transfer about 1 mL to a clean 20 mL screw top vial (w/o cap) and stand a 1000 uL micropipet tip (blue color) in the vial. Tare the analytical balance with this. Use a micropipette set at 250 uL to make two transfers of oil to the 500 mL flask. Re-weigh the vial and tip and record the mass of standard taken. Take 1 g partially hydrogenated castor oil (weighed analytically). Weigh the solid sample in a tared plastic weighing boat and transfer to 500 mL flask; do a duplicate (i.e. A and B). Run two blanks as well.
- Use a 25 mL graduated cylinder to add 20 mL of 1:4 acetic acid: cyclohexane to each flask. Gentle heat (about

15 seconds on hot plate set to 5) is all that is needed to bring solid sample into solution. Swirl sample and standard solutions well.

- Use a pipet to add 25.0 mL Wij's solution to each flask. Swirl to mix thoroughly; put stoppered flasks in dark for 30 min.
- After 30 min, treating each flask individually, use 25 mL graduated cylinder to add 20 mL 15% KI solution and swirl to mix thoroughly. Using a graduated cylinder, add 100 mL DI water and a stir bar.
- Immediately titrate with  $\text{Na}_2\text{S}_2\text{O}_3$  with vigorous magnetic stirring until dark brown solution turns straw yellow color. Then add 2 pipettes full (about 4 mL) of starch solution, and continue the titration until the purple color disappears. Record the  $\text{Na}_2\text{S}_2\text{O}_3$  used in the titration [15].

## Results and Discussion

The iodine value or "iodine absorption value" or iodine number is an important characteristic of oils as it indicates the proportion of unsaturated fatty acids present. The iodine

value may be calculated from the volume of the oil taken, specific gravity of the oil and volume of Wijs' iodine required to impart its color to the solution of oil.

## Calculations

Calculation the Iodine value from the formula [6,14] (Tables 3 & 4).

$$\text{The Iodine Value} = \frac{[(VB - VS) \times N \times 126.9]}{10W}$$

Where:

$V_B$  is the volumes, in mL, of 0.1 N Sodium Thiosulfate,  $\text{Na}_2\text{S}_2\text{O}_3$  consumed by the blank test

$V_S$  is the volumes, in mL, of 0.1 N Sodium Thiosulfate,  $\text{Na}_2\text{S}_2\text{O}_3$  used in titrating blank the blank actual test.

N is the normality of the Sodium Thiosulfate,  $\text{Na}_2\text{S}_2\text{O}_3$

W is the weight in gram, of the sample or standard taken for the test

10= Factor expressing result in %.

| Identity HCO       | Weight of HCO | Burette Reading |          |   | Iodine value g I <sub>2</sub> /100 g | Ave.   | Confirms Y/N |
|--------------------|---------------|-----------------|----------|---|--------------------------------------|--------|--------------|
|                    |               | Initial mL      | Final mL | Net mL of $\text{Na}_2\text{S}_2\text{O}_3$ |                                      |        |              |
| Test A             | 1.016         | 0.1             | 18.09    | 17.99                                       | 28.36                                | 28.5   | Yes          |
| Test B dup         | 1.0118        | 18.09           | 35.99    | 17.9  | 28.64                                |        |              |
| Blank <sub>1</sub> | 0             | 0.03            | 33.3     | 33.27                                       |                                      | 33.29  |              |
| Blank <sub>2</sub> | 0             | 0.09            | 33.4     | 33.31                                       |                                      |        |              |
| Std                | 0.3827        | 0.39            | 16.99    | 16.6  | 82.13                                |        |              |
| Spiked MS          | 1.0112        | 0.1             | 32.77    | 32.67                                       | 98.70%                               | 98.72% |              |
| Spiked dup. MSD    | 1.0118        | 0               | 32.76    | 32.76                                       | 98.74%                               |        |              |

**Table 3:** Results of Iodine Value for the Hydrogenated Castor Oil (HCO).

$$\text{Sample A: } \frac{(33.29 - 17.99) \times 0.1484 \times 12.69}{1.0160} = 28.36 \text{ g I}_2 / 100 \text{ g}$$

$$\text{Sample B: } \frac{(33.29 - 17.90) \times 0.1484 \times 12.69}{1.0118} = 28.64 \text{ g I}_2 / 100 \text{ g}$$

$$\text{Average of sample result} = 28.50 \text{ g I}_2 / 100 \text{ g}$$

$$\% \text{ RPD} = \frac{28.64 - 28.36}{28.50} \times 100 = 0.98 \%$$

$$\text{Standard: } \frac{(33.29 - 16.60) \times 0.1484 \times 12.69}{0.3827} = 82.13 \text{ g I}_2 / 100 \text{ g}$$

Spiked amount: 0.5 mg/L

True value: 0.005 mg

| % RPD | % RMS  | % RMSD | Ave % Recovery |
|-------|--------|--------|----------------|
| 0.98% | 98.70% | 98.74% | 98.72%         |

**Table 4:** QA to Calculate of Statistical Process.

## Conclusion

The Hydrogenated Castor Oil (HCO) was determined as per AOCS Official Method Cd 1-25 Monochloride Iodide (Wijs' Method). One sample was analyzed two times by different chemists on different days within the same laboratory. Wijs' solution is sensitive to temperature considerable, affect titer of the Wijs' solution. Therefore it is essential that blanks and samples are titrated at the same time. 0.5 mg/L

Iodine standard has been added into the sample for percent recovery. %R<sub>MS</sub> has been found 98.70%, and % R<sub>MSD</sub> has been found 98.74%, (Tables 3 & 4). Specification iodine value is 28-32 g I<sub>2</sub>/100 g sample. The result of hydrogenated Castrol oil obtained was found 28.45 g I<sub>2</sub>/100 g sample. The results meet the specification of the AOCS Cd 1-25 Wijs' Method.

### Comments

- All Wijs' solutions are sensitive to temperature, moisture, and light. Store in a cool and dark place and never allow coming to temperature above 25-30 °C.
- Wijs' solution causes severe burns and vapors can cause lung and eye damage. Use a fume hood is recommended.
- Method Cd 1-25 tells you to check, adjust, confirm the I/Cl ratio of Wij's solution to within  $1.10 \pm 0.1$ . All this work is avoided by using the reagent specified in the Chemicals section.
- The method makes an allowance of the use of 1:4 acetic acid: cyclohexane in place of carbon tetrachloride.
- The standardization method used here for Na<sub>2</sub>S<sub>2</sub>O<sub>3</sub> deviates from AOCS Cd 1-25, which calls for chromate.
- Table 2 in method Cd 1-25 specifies the amount of sample or standard to take depending on its iodine value.

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