



# Pheochromocytoma: Therapeutic Agents against the Disease and Chromatographic Methods for their Determination in Biological Fluids

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## Abstract

Pheochromocytoma is a neuroendocrine tumour of the adrenal medulla and manifests itself by sustained or paroxysmal hypertension due to excessive production of catecholamine's. The symptoms require medical diagnosis and because of hormones secreted such symptoms may include high blood pressure, headache, rapid heartbeat, and sweating. Biochemical tests to confirm elevated levels of metanephrine and normetanephrine (catecholamine metabolites), imaging studies (magnetic resonance imaging, computed tomography, scintigraphy) are generally used to diagnose the disease and its metastases. The purpose of the study was to summarize therapeutic agents used to treat pheochromocytoma and provide some of the liquid chromatographic analytical methods utilized to determine the therapeutic agents in biological fluids. The methodology involved literature review covering the title of the study. It was carried out by utilizing library scientific journals; scientific online databases such as Drug Bank, Embase, International Pharmaceutical Abstracts, Medline, PubChem, PubMed, Science Direct, and Scopus. These databases provided the required information. Results obtained revealed that treatment of the disease involved surgical removal of the tumour (gold-standard treatment), radiotherapy and chemotherapy (catecholamine blockade). Several analytical methods namely chromatographic, electrochemical, spectroscopic methods have been described to measure these therapeutic agents used to treat pheochromocytoma in biological fluids. In conclusion, treatment of pheochromocytoma involves therapeutic agents such as alpha1 ( $\alpha_1$ ) adrenoceptor antagonists, beta ( $\beta$ )-adrenoceptor antagonists, calcium channel blockers, and anti-neoplastic agents. Amongst the chromatographic methods, hyphenated liquid chromatographic methods are of the most interest to analytical scientists.

**Keywords:** Pheochromocytoma; Surgery; Therapeutic agents; Biological fluids; Chromatographic analytical methods

## Abbreviations

ACTH: Adrenocorticotrophic Hormone; CT: Computed Tomography; MRI: Magnetic Resonance Imaging; I123-MIBG-I123: Metaiodobenzylguanidine; NO: Nitric Oxide

## Introduction

Pheochromocytoma is a neuroendocrine tumour of the adrenal gland affecting the chromaffin cells of the medullary portion of the gland and is characterized by the

excessive production and release of catecholamine's into the circulation [1].

Although the adrenal medulla is mostly affected by the disease (85%), other parts of the body that could experience the tumours (extra-adrenal pheochromocytomas) are neck, chest, base of the skull; middle ear, spermatic cord, and urinary bladder.

The pathophysiology of the tumour indicates continuous or episodic increased release of catecholamine's such as epinephrine, norepinephrine, and dopamine [2].

Other hormones and peptides associated with the disease include adrenocorticotropic hormone, atrial natriuretic factor, calcitonin, growth hormone-releasing factor, parathyroid hormone-related peptide, somatostatin, serotonin, and vasoactive intestinal peptide.

The classical and most common symptom of pheochromocytoma is hypertensive crisis (due to tumoral excessive secretion of catecholamine's following alpha-adrenoceptor activation) which may last either a few minutes or a few hours of which the end is characterized by arterial hypotension [3]. The crisis (hypertensive paroxysm) which can be triggered by anaesthetics, intense physical effort, palpation of the lumbar region, smoking, surgery is associated with symptoms, such as anxiety, abdominal pain or chest pain, diaphoresis, severe headache, heart rhythm disorders, nausea, and visual disturbances [4,5].

Other symptoms may include acute myocardial ischemia (due to the increased oxygen demand), autonomic hyperreflexia, acrodynia ('pink disease'), cerebral vasculitis, hypercriticism (due to hyper secretion of adrenocorticotropic hormone, ACTH), hypocalcaemia (due to hyper secretion of calcitonin), hyperglycaemia without diabetes mellitus, and hypertensive encephalopathy [6,7].

Diagnosis of the disease may involve looking out for positive symptoms such as severe headache, diaphoresis, and heart rhythm disorders. Biochemical identification tests (some of which are specific and sensitive) are carried out for the presence of catecholamine's and their metabolites (namely metanephrines and normetanephrines) in plasma and urine [8]. In addition, other diagnostic tests such as measurement of plasma and urinary vanillylmandelic acid [7], biomarkers methoxytyramine (identification of malignant forms of pheochromocytoma) and chromogranin a (neuroendocrine tumours) are also conducted [9]. Furthermore, imaging evaluation namely computed tomography (CT), magnetic resonance imaging (MRI) could be carried out to establish the dimensions and localization of the tumour as well as identifying metastatic lesions [10]. Scintigraphy using I123

metaiodobenzylguanidine (I123-MIBG) is also utilized in the identification of catecholamine-producing tumours and their metastases [11]. The I123-MIBG is a highly specific test. Genetic tests can also be carried out on patients with family history of pheochromocytoma.

## Discussion

### The Management of the Disease Involves Three Options, Namely

**Surgery:** It entails open transperitoneal adrenalectomy or the laparoscopic approach. The removal of the tumours by open transperitoneal adrenalectomy is indicated when tumours are multiple, very large, or difficult to remove by laparoscopic procedure. The laparoscopic approach is less invasive and assists in curing and preventing the lesions [10]. Surgical approach is the mainstay of therapy for the majority of localized tumours. To avoid intra- and postoperative cardiovascular complications (such as negative hemodynamic events) preoperative antihypertensive therapy is required [12].

**Radiotherapy:** is a non-invasive procedure to manage phaeochromocytoma and is appropriate in locations with high surgical risk or when surgery is not applicable [13].

**Chemotherapy:** Therapeutic agents employed in the management of phaeochromocytoma can be subdivided into:

#### Pre-Operative Agents

##### Alpha-1 ( $\alpha_1$ ) Adrenoceptor Antagonists

These blockers are administered to prevent anaesthesia, adrenal venography, arteriography induced symptoms as well as hypertensive crises during surgery. Typical examples of these selective alpha-1 adrenergic receptor antagonists are prazosin, doxazosin, and terazosin [14]. They are first line therapeutic agents and antagonism produced by them is reversible. Prazosin is most frequently used in patients with indications of surgical resection of pheochromocytoma.

##### Beta ( $\beta$ )-Adrenoceptor Antagonists And Calcium Channel Blockers

They are given only after administration of  $\alpha$ -adrenergic receptor blockers and to be added 2 or 3 days before surgery if the heart rate exceeds 80 beats per minute [15]. Typical examples of beta-adrenoceptor antagonists are metoprolol, atenolol, bisoprolol, carvedilol, propranolol and labetalol [16]. Typical examples of calcium channel blockers are amlodipine, diltiazem, nifedipine, verapamil and can be administered as primary drugs in order to control hypertension or as adjunct antihypertensive therapy [17].

**Intraoperative Agents:** These agents are used intraoperatively (during surgery) to control hypertension

and tachycardia [18,19]. Typical examples are esmolol (beta-adrenoceptor blocker), sodium nitroprusside and nitroglycerine [18]. Intraoperative hypertension and hemodynamic instability occur depending on anesthetic drugs, tumoral dimensions, and plasma catecholamine levels.

**Postoperative Agents:** These agents control postoperative hypotension hence blood pressure and heart rate monitoring are vital after surgery. Typical examples are vasopressor agents [20].

**Intravenous Chemotherapy:** It is usually reserved for aggressive metastatic tumours that might cause pain or pressure on vital tissues or organs. Typical examples are cyclophosphamide, dacarbazine and vincristine [21].

### Characteristics of these Therapeutic Agents

**Amlodipine:** It is a derivative of dihydropyridine. Chemically defined as 3-O-ethyl 5-O-methyl 2-(2-aminoethoxymethyl)-4-(2-chlorophenyl)-6-methyl-1,4-dihydropyridine-3,5-dicarboxylate. As a calcium channel blocker, amlodipine antagonizes the influx of extracellular calcium ions into myocardial and peripheral vascular smooth muscle cells. The inhibition gives rise to dilatation of the main coronary and systemic arteries, myocardial contractility decrease, blood flow and oxygen delivery to the myocardial tissue increase, and total peripheral resistance decrease. It can also inhibit the p-glycoprotein efflux pump resulting in modulation of multi-drug resistance activity.

**Atenolol** is an isopropylamino-propanol derivative. It is defined chemically as [4-[2-hydroxy-3-(propan-2-ylamino)propoxy]phenyl] acetamide. The drug acts as a peripheral, cardioselective  $\beta$ -blocker and has specificity for  $\beta_1$ -adrenergic receptors without intrinsic sympathomimetic effects. It also has the ability to delay atrioventricular conduction and decrease in myocardial oxygen requirements.

**Bisoprolol** derivative of phenoxypropanol. The chemical name is 1-(propan-2-ylamino)-3-[4-(2-propan-2-yloxyethoxymethyl)phenoxy]propan-2-ol. As a selective  $\beta_1$  adrenergic receptor antagonist it selectively and competitively blocks  $\beta_1$  adrenergic receptors in the heart, hence decreasing the heart rate and contraction resulting in cardiac output reduction and lowering of blood pressure. Furthermore, the drug prevents the release of rennin (a hormone) secreted by the kidneys to cause blood vessels constriction.

**Carvedilol** derivative of carbazole and propanol. It is chemically defined as 1-(9H-carbazol-4-yloxy)-3-[2-(2-methoxyphenoxy)ethylamino]propan-2-ol. Carvedilol acts

as a non-cardioselective  $\beta$ -blocker as well as blocker of  $\alpha_1$  adrenergic receptors.

**Cyclophosphamide** derivative of phosphamide. Chemically it is N,N-bis(2-chloroethyl)-2-oxo-1,3,2 $\lambda$ 5-oxazaphosphinan-2-amine. As an alkylating agent, it acts by alkylating the nucleophilic moieties of the biological cancer cells.

**Dacarbazine:** It is a triazene derivative. Chemically defined as, 4-(dimethylaminodiazonyl)-1H-imidazole-5-carboxamide. It acts by alkylating and cross-linking DNA resulting in disruption of DNA activity, cell cycle arrest, and apoptosis.

**Diltiazem:** A derivative of benzothiazepine. It is chemically defined as [(2S,3S)-5-[2-(dimethylamino)ethyl]-2-(4-methoxyphenyl)-4-oxo-2,3-dihydro-1,5-benzothiazepin-3-yl] acetate. The drug acts by blocking voltage-sensitive calcium channels in the blood vessels, thus preventing calcium levels increase. It can also interfere with the release of calcium from the sarcoplasmic reticulum and blocks the influx of extracellular calcium across both the myocardial and vascular smooth muscle cell membranes. Its actions lead to the main coronary and systemic arteries dilatation, myocardial contractility decrease, peripheral arterial resistance decrease, cardiac output decrease and improved oxygen myocardial tissue delivery.

**Doxazosin:** It is a quinazoline derivative. Chemically defined as [4-(4-amino-6,7-dimethoxyquinazolin-2-yl)piperazin-1-yl]-(2,3-dihydro-1,4-benzodioxin-3-yl)methanone. As a selective  $\alpha_1$ -adrenergic receptors antagonist, the drug inhibits  $\alpha_1$ -adrenergic action on the vascular smooth muscles leading to a decrease in vascular resistance.

**Esmolol:** A phenylpropionic acid derivative. The chemical name is methyl 3-[4-[2-hydroxy-3-(propan-2-ylamino)propoxy]phenyl]propanoate. It acts as a cardioselective  $\beta$ -blocker used in parenteral forms in the treatment of arrhythmias and severe hypertension.

**Labetalol** is a benzamide derivative. Chemically defined as 2-hydroxy-5-[1-hydroxy-2-(4-phenylbutan-2-ylamino)ethyl] benzamide. As a selective  $\alpha_1$ -adrenergic antagonist and non-selective  $\beta$ -adrenergic antagonist, it competitively binds to  $\alpha_1$ -adrenergic receptors in vascular smooth muscle, thus inhibiting the vasoconstriction in peripheral blood vessels as well as adrenergic stimulation of endothelial cell function. The drug also decreases adrenergic stimulation by binding to  $\beta$ -receptors in the bronchial and vascular smooth muscle.

**Metoprolol** is a phenoxypropanol derivative. Defined chemically as 1-[4-(2-methoxyethyl)phenoxy]-3-(propan-2-

ylamino)propan-2-ol. It acts as a cardioselective competitive  $\beta_1$ -adrenergic receptor antagonist thus decreasing the rate and force of myocardial contraction, resulting in a diminished cardiac output. The drug also acts by decreasing rennin secretion thus decreasing sympathetic activation, including vasoconstriction, aldosterone secretion.

**Nicardipine** a derivative of nitrophenyl-pyridine. Chemically defined as 5-O-[2-[benzyl(methyl)amino]ethyl] 3-O-methyl 2,6-dimethyl-4-(3-nitrophenyl)-1,4-dihydropyridine-3,5-dicarboxylate. It acts as a potent calcium channel blocker thus inhibiting coronary and peripheral arteries contraction that results in lowering of heart muscle oxygen requirements and arterial contraction decrease.

**Nifedipine** is a dihydropyridine derivative. Defined chemically as dimethyl 2,6-dimethyl-4-(2-nitrophenyl)-1,4-dihydropyridine-3,5-dicarboxylate. As a calcium channel blocker, it acts by inhibiting the transmembrane influx of extracellular calcium ions into myocardial and vascular smooth muscle cells, resulting in the main coronary and systemic arteries dilatation and myocardial contractility decrease. It can also inhibit efflux pump P-glycoprotein.

**Nitroglycerine** is a derivative of glycerol. Chemically defined as 1,3-dinitrooxypropan-2-yl nitrate. As a vasodilator, the drug reduces the preload (decreasing left ventricular volume by dilating the veins) and afterload (reducing arteriolar resistance) following its conversion into nitric oxide (NO) in smooth muscles of the blood vessels resulting in decrease of myocardial oxygen demands. The drug also acts by causing coronary artery dilatation, thus improving myocardial blood distribution.

**Prazosin** is a piperazine derivative. Chemically, it is defined as [4-(4-amino-6,7-dimethoxyquinazolin-2-yl) piperazin-1-yl]-(furan-2-yl)methanone. The drug acts on large resistance vessels (arterioles) as an  $\alpha_1$ -adrenergic receptor blocker resulting in a decrease in total systemic vascular resistance. It can also decrease bladder sphincter tone, thus permitting the opening of the bladder into the urethra to relieve the urinary conditions linked with benign prostatic hypertrophy.

**Propranolol** is a naphthalene derivative. Defined chemically as 1-naphthalen-1-yloxy-3-(propan-2-ylamino)propan-2-ol. It acts competitively as a nonselective  $\beta$ -adrenergic receptor antagonist. This action causes negative chronotropic and inotropic effects resulting in cardiac output reduction.

**Sodium Nitroprusside:** It is a pentacyanide derivative. Chemically defined as disodium iron(4+) nitroxyl anion pentacyanide dehydrate. The drug acts as vasodilator thus it

is used intravenously for severe hypertension, hypertensive emergencies and heart failure treatment.

**Terazosin:** It is a piperazine derivative. The chemical name is [4-(4-amino-6,7-dimethoxyquinazolin-2-yl) piperazin-1-yl]-(oxolan-2-yl)methanone. It acts as a nonselective  $\alpha_1$ -adrenergic receptor antagonist resulting in its use in the treatment of hypertension and benign prostatic hypertrophy.

**Verapamil:** It is a derivative of phenylalkylamine. Chemically defined as 2-(3,4-dimethoxyphenyl)-5-[2-(3,4-dimethoxyphenyl)ethyl-methylamino]-2-propan-2-ylpentanenitrile. The drug is a calcium channel blocker and its mechanism of action is similar to other calcium channel antagonists previously described.

**Vincristine** is a diazapentacyclic tetraene derivative. Chemically it is methyl (1R,9R,10S,11R,12R,19R)-11-acetyloxy-12-ethyl-4-[(13S,15S,17S)-17-ethyl-17-hydroxy-13-methoxycarbonyl-1,11 diazatetracyclo[13.3.1.04,12.05,10]nonadeca-4(12),5,7,9-tetraen-13-yl]-8-formyl-10-hydroxy-5-methoxy-8,16-diazapentacyclo[10.6.1.01,9.02,7.016,19]nonadeca-2,4,6,13-tetraene-10-carboxylate.

The drug acts by interfering with the formation of the mitotic spindle following its irreversibly binding to microtubules and spindle proteins in S phase of the cell cycle and, resulting in the arrest of tumour cells in metaphase. It can also depolymerize microtubules, interferes with cellular respiration, nucleic acid and lipid biosynthesis.

Due to low therapeutic indices or low plasma concentration levels of these agents, monitoring of their plasma concentration levels becomes imperative. The monitoring can be accomplished by determining plasma drug concentrations using analytical methods that are highly accurate, precise, sensitive, selective and specific. Although a number of analytical methods namely chromatographic, electrochemical and spectroscopic methods might have been used to measure these agents in biological fluids, the present study will provide only some of the liquid chromatographic methods (hyphenated and non-hyphenated) that have been utilized to determine their concentration levels in various biological matrices. Hyphenation is interfacing a chromatographic technique and one or more spectroscopic detection techniques. Hyphenated methods have the selectivity and sensitivity with high accuracy to determine therapeutic agents at low drug concentration in biological fluids.

Biological fluids assist to maintain body homeostasis. Whole blood, serum or plasma, urine, saliva and



cerebrospinal fluid are biological fluids very often analyzed. The present study summarizes therapeutic agents used in the management of pheochromocytoma and some liquid chromatographic analytical methods employed to measure their concentrations in biological fluids. The analytical methods include:

**Amlodipine** determined in (a) plasma [22-24] by hyphenated system, [25] by non-hyphenated system, (b) serum [26] by non-hyphenated system.

**Atenolol** determined in (a) whole blood by non-hyphenated system, (b) plasma [27-29] by hyphenated system, [30] by non-hyphenated system, (c) urine by non-hyphenated system.

**Bisoprolol** determined in (a) plasma [31-33] by hyphenated system, [34,35] by non-hyphenated system.

**Carvedilol** determined in (a) whole blood [36,37] by non-hyphenated system, (b) plasma [38-40] by hyphenated system, [41-43] by non-hyphenated system, (c) urine [43] by non-hyphenated system.

**Cyclophosphamide** determined in (a) plasma [44,45] by hyphenated system, [46] by non-hyphenated system, (b) urine [47] by hyphenated system.

**Dacarbazine** determined in (a) plasma [48,49] by non-hyphenated system.

**Diltiazem** determined in (a) serum [50] by non-hyphenated system.

**Doxazosin** determined in (a) plasma [51] by hyphenated system, [52-55] by non-hyphenated system, (b) serum [56] by hyphenated system.

**Esmolol:** determined in (a) plasma [57,58] by non-hyphenated system.

**Labetalol:** determined in (a) serum [59] by hyphenated system, (b) urine [60] by hyphenated system by non-hyphenated system.

**Metoprolol:** determined in (a) plasma [61-63] by hyphenated system, [64] by non-hyphenated system, (b) urine [64] by non-hyphenated system.

**Nicardipine:** determined in (a) plasma [65] by non-hyphenated system.

**Nifedipine:** determined in (a) plasma [66-68] by hyphenated system, [69] by non-hyphenated system, (b) serum [70] by non-hyphenated system (c) urine [71] by non-hyphenated system, (d) amniotic fluid [72] by hyphenated system.

**Prazosin:** determined in (a) plasma [73] by non-hyphenated system, (b) serum [74] by non-hyphenated system.

**Propranolol:** determined in (a) plasma [75] by hyphenated system.

**Terazosin:** determined in (a) plasma [76] by non-hyphenated system.

**Verapamil:** determined in (a) plasma [77-79] by hyphenated system, [80,81] by non-hyphenated system (c) serum [82] by non-hyphenated system, (d) urine [82] by non-hyphenated system.

**Vincristine determined in:** (a) whole blood by hyphenated system [83], (b) plasma [84-86] by hyphenated system.

## Conclusion

Surgical removal of the tumour represents the gold-standard treatment for pheochromocytoma patients. The symptomatology in the disease is given by the predominant type of catecholaminergic secretion. Imaging scans may be used in metastases or when radiation is not an option. The  $\alpha$ -receptor antagonists are they first-line treatment in order to reduce incidence of intraoperative cardiovascular complications.

Hypotension, the most common complication after tumour removal is to be avoided by use of vasopressor agents and/or vascular volume replacement with fluids intravenously administered. Several analytical methods such as chromatographic, electrochemical, and spectroscopic methods have been used to determine therapeutic agents used to treat pheochromocytomas in biological fluids. Of all the analytical methods, hyphenated liquid chromatographic method is the technique of choice for analytical scientists probably due to its high accuracy, sensitivity and selectivity.

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