MR Perfusion-Diffusion Mismatch in Acute-Recurrent Ischemic Stroke: Quantitative and Qualitative Progression from Malignant to Misery Profile

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Case Report
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Abstract

We report the use magnetic resonance perfusion to image penumbra, in a patient with acute ischemic stroke as a tool to differentiate candidates for endovascular therapy. A 62-year-old man with three episodes of acute-recurrent ischemic stroke related to infective endocarditis underwent brain MRI on days 1st, 8th and 15th; his perfusion profiles evolve from *malignant* to *misery* on days 8th and 15th. Because conventional MRI is relatively insensitive to changes of acute ischemia, it should be supplemented with DWI-PWI sequences to identify patients in the hyperacute-ischemic phase that would benefit from thrombolysis.

Keywords: Brain Ischemia; Diffusion Magnetic Resonance Imaging; Endocarditis; Perfusion Magnetic Resonance Imaging; Stroke

Abbreviations: MRI: Magnetic Resonance Imaging; PWI: Perfusion Weighted Imaging; DWI: Diffusion Weighted Imaging; CBV: Cerebral Blood Flow; CBF: Cerebral Blood Volume; ADC: Apparent Diffusion Coefficient; TTP: Time to Peak.

Introduction

Current magnetic resonance imaging (MRI) of ischemic penumbra is performed using perfusion-weighted imaging (PWI) and diffusion-weighted imaging

(DWI); these techniques allows a quantitative evaluation of stroke [1]. It is possible to calculate the cerebral blood flow (CBV), cerebral blood volume (CBF), time to peak (TTP), mean transit time and apparent diffusion coefficient (ADC) values. This assessment helps to identify patients who would benefit from endovascular therapy in acute ischemic stroke [2]. The mismatch, between areas of decreased diffusion-weighted imaging (DWI), subtracted from regions of hypoperfusion on PWI, and has been accepted as the penumbra zone.

Case Report

A 62-year-old male arrived at the emergency room presenting bradypsychia, ideomotor apraxia, and ataxic gait; NIH Stroke Scale (NIHSS) score was 18. Vascular risk factors included: hypertension (ongoing treatment with athiazidic diuretic agent) and type 2 diabetes mellitus (controlled with anoral hypoglycemic agent). Other relevant medical history included: metastatic urothelial carcinoma (treated with surgical removal and dual chemotherapy).

A brain MRI performed 3 hours after symptoms onset revealed a focal area of infarcted brain tissue. There were hyperintensity areas on the DWI sequence exceeding the DWI signal intensity of the contralateral hemisphere by more than two standard deviations [3]. Lesions comprised the supramarginal and angular gyri of the right cerebral hemisphere (a small left parietooccipital region with signs of subacute ischemia was not considered in the evaluation, as it did not depict alteration of its PWI parameters). The lesion was observed on DWI (b-value: 1000 s/mm²; 91.3/6500 TE/TR; 2.0 NEX, 22cm FOV), T₂w and fluid-attenuated inversion recovery (Flair); with T1-w post-gadolinium confined to the supramarginal gyrus. Regions of interest (ROIs) were outlined using a pixel-wise application of the software-package Func Tool 9.4.04b (GE Medical Systems, Wisconsin, USA) to calculate the infarcted-tissue volumes in cm³ and obtain ADC maps. The outlined brain tissue on DWI was considered the core, amass already dead at the time of imaging. The infarcted-tissue volume on DWI was 36.16cm³, ADC value decreased to 50%, $0.452(10)^{-3}$ mm²/s (the first brain's evaluation did not include PWI and MR angiography), Figure 1a. We established the diagnosis of focal acute ischemic infarct in the middle cerebral artery (MCA) territory, probably due to atherosclerosis, treatment was initiated anticoagulation. His laboratory tests. electrocardiogram, transthoracic echocardiogram and Holter monitoring were unremarkable. Patient's symptoms improved and he was discharged without additional medication by day 4th.



Figures 1a-e: Conventional axial MR images from days 1st (a), 8th (b), and15th (c) showing the acute-recurrent ischemic strokes. MRI Angiogram (d and e) depicts the persistent occlusion of the distal M1 segment of the middle cerebral artery.

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On the 8th day, the patient was readmitted to the emergency room after a fall on the floor without loss of consciousness but with complaints of hemibody weakness. Physical examination revealed left facial paralysis, sixth cranial nerve palsy, deviation of the horizontal gaze to the right, anisocoric pupils with a reflexia of the left one, weakness of the left arm and leg, and a right positive Babinski sign; the precordial examination was unremarkable, and his NIHSS score remained 18.

A 2nd MRI showed an increase of the brain infarct to 191.42cm³; lesion was hyperintense on DWI, hypointense on ADC maps, not conspicuous on T2-w and Flair, and

with enhancement extending to the supramarginal and angular gyri. The ADC value decreased to 38%, 0.377(10)-³mm²/s and a 3D time-of-flight (TOF) MR angiography evidenced signal loss at the distal M1 segment of the right MCA, Figure 1b.

Dynamic susceptibility-contrast enhanced PWI (gradient echo 17/50 TE/TR; 1.0 NEX, 22cm FOV) showed a penumbra volume of 53.579cm³, fulfilling the definition of the *malignant* profile (CBV and CBF were decreased to 25% and 23% respectively) and a 19.8s delay on the TTP maps, Figure 2a. The patient received citicoline, cerebrolysin, enoxaparin, nicergoline, atorvastatin, and acetaminophen.



Figures 2a,b: PWI parameters on day 8th (a) and 15th (b). The MTT and TTP maps showed the mismatch between the volume of brain ischemia in perfusion, compared with the volume of the infarcted tissue on diffusion images (Figure 1) supporting the diagnosis of the penumbra in both examinations.

On day 10th intermittent fever and cardiac murmurs, according to Duke Criteria [4], a risen suspicion of bacterial infective endocarditis; a transesophageal echocardiogram (TEE) reported vegetation on the posterior leaflet of the mitral valve, the patient underwent instalment of antibiotic therapy (ceftriaxone and vancomycin).

On day 15^{th} a 3^{rd} brain MRI showed an additional increase in the infarct volume to $220.88 mm^3$ with ADC

value to 47%, 0.423 (10)⁻³ mm²/s, Figure 1c. The penumbra volume decreased to 28.361cm³, values of hemodynamic variables corresponded with a *misery* profile (CBV increased to 102% and CBF continued lowered at 59%), with 4.611s delays on TTP maps. MR angiography showed persistent M1-segment occlusion in right MCA, Figure 2b. Graphical progression of the DWI and PWI data is presented in Figure 3.



Figure 3: Line graphs show the evolution of diffusion and perfusion measures. A, theprogression of ADC values, infarct and penumbra volumes measured in cm³. B, perfusion parameters of the 2nd and 3rd brain MRI, showing the increase in MTT, CBV, and CBF and decrease in the TTP (delay of contrast arrival measured in seconds).

By day 32th a new TEE did not report vegetation or nodular images, and the precordial auscultation did not reveal heart murmurs. By day 48th, the patient was discharged and continued his treatment in the outpatient clinics.

Discussion

This report allows a brief mentioning on several topics related to stroke. First, in patients with infectious endocarditis, the increase in vegetation's size and mobility increases the chances of embolism, systemic embolisation occurs from 22% to 50% of cases; 65% involving the central nervous system and affecting the MCA in 90% [5]. Second, the conventional MRI sequences (T₁-weighted, T₂-weighted, and FLAIR) are relatively insensitive to the changes of acute ischemia they have to be complemented with DWI and PWI [6]. DWI-derived ADC values can be used as reference data in acute stroke-specific populations [7].

The frequency of DWI lesion recurrence in cardioembolic stroke has been estimated up to 46.7% [8], with symptomatic lesions more strongly correlated with poor outcome (functional disability at three months after stroke). Third, in hospitals with stroke-centre facilities, PWI should complement the stroke evaluation to calculate regional mapping of cerebral hemodynamics. TTP can identify patients in the hyperacute-ischemic phase that will benefit from thrombolysis [9].

Fourth, the DEFUSE group [10] defined a *malignant* profile as a baseline lesion on DWI greater than 100cm³. It is associated with more significant infarct growth, lower frequency of reperfusion and less likelihood to have good neurological and functional outcomes [11]. In this case, the patient's PWI-profiles evolved from *malignant* to *misery* (decreased CBF, with elevated CBV, underlying ischemic territories with the poor collateral flow) [12] indicating the brain's auto-regulation was meagre to overcome the CBF demand.

In conclusion, a multiparametric assessment using volumes of DWI-PWI maps combined with PWI hemodynamics of infarcted and penumbral tissue can document the progression of PWI profiles in patients with acute ischemic stroke; these biomarkers might have prognostic value for patient outcomes.

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Conflicts of Interest and Source of Funding

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