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# **Burn Fatalities in Benghazi city**

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## Research Article

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#### **Abstract**

**Background:** Burn deaths are an important public health problem in a developing country like Libya. Injuries are an increasingly recognized public health problem, substantially affecting nearly every population and every geographical zone in the world. Burns have always been considered as one of the most destructive injuries, causing not only deaths but also major economic and psychological impacts and long term somatic sequelae as well burn injury is a common type of traumatic injury, causing considerable morbidity and mortality. Moreover, burns are also among the most expensive traumatic injuries, because of long hospitalization and rehabilitation, and costly wound and scar treatment.

**Aim of Study:** The purpose of this study was to record and evaluate the causes and the magnitude of the fatal burn injuries retrospectively. The objectives of this project were to investigate the epidemiology of burn fatalities among cases presented to Jala Hospital (big trauma hospital in Benghazi City) in a period of 6 years.

**Methodology:** An analysis of 100 death cases due to burn recorded in Jala Hospital was studied.

Over 6 year's period (2015-2020).

**Finding and Conclusion:** The majority of deaths occurred between 10 and 54 years of age group (83%) with a preponderance of males (65%). The flame burns were seen in more than 90 % of the victims. The majority of burn incidents were accidental 90% in nature followed by suicidal 10%. The percentages of burns (TBSA) over 30% were observed in most of the cases (89%). The results of this study provide the necessary information to develop proper burn prevention programs, thereby reducing the frequency of burns and burn-related deaths.

**Keywords:** Burn; Fatalities; Benghazi

#### Introduction

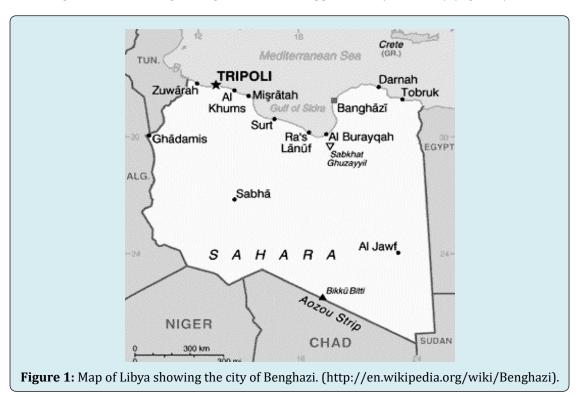
Burn injuries and their sequel pose a public health problem. Every year, it was found that burns caused by fire were responsible for about 265,000 deaths globally. More than 90% of fatal fire-related burns occur in developing or lower and middle income countries (LMICs).

Burn is an injury which is caused by application of heat by conduction, radiation or chemical substance to the external or internal surface of the body which causes destruction of tissue [1]. Deaths are only a part of the problem, for every person who dies as a result of their burns; many more are left with lifelong disabilities and disfigurements. By law all dry heat lesions have been designated as burns [2].

Burn injuries have long been described as among the most serious injuries that may afflict a human being [3]. Burn is a unique but significant mode of suicide and homicide everywhere in the world. Burns are the fourth most common type of trauma worldwide, following traffic accidents; falls and interpersonal violence [4]. The most common cause of flame burns in modern society is accident [5,6]. Local injury from heat occurs when an external source of heat raises the temperature of tissue above approximately 44.0 degree centigrade for long enough to damage the tissue. Extremes of age are more vulnerable to such injuries. However in India, it is most commonly seen in younger age group and is most common it female as against in developed countries where it is most common in males as is true with any form of trauma.

Burns are injuries produced by application of dry heat such as flame, radiant heat or some heated solid substance like metal or glass to the body. Local injury to the body by heat may result from dry heat, application of hot bodies, licking by flames resulting in simple burns, moist heat leading to scalds, and corrosive poisons resulting in corrosive burns. Electric spark, discharges, flashes and lightening leads to electric burns [7]. Burns are an important cause of injury to young children, being the third most frequent cause of injury resulting in death behind motor vehicle accidents and drowning. Burn injuries account for the greatest length of stay of all hospital admissions for injuries [8]. According to the World Health Organization, 238,000 individuals died of fire-related burns in 2000, and 95% of these deaths occurred in low and middle-income countries [9,10]. The approach to burn prevention, to be effective in a particular area, should be based on a sound knowledge of etiological patterns of burn injuries and must take into account the geographical variations and socioeconomic differences in burn epidemiology [11,12]. As in other low income countries, burns in Libya are considered as major health problems that are associated with high mortality and morbidity.

Benghazi is the second largest city in Libya and the main city (or capital) of the Cyrenaica region (or ex-Province), located in the North of Africa. Benghazi is located half way between Tripoli in the West (a distance of approximately 1000 km between these cities) and Cairo in the East (also approximately 1000 km) (Figure 1).



### **Subjects and Methods**

A retrospective study was done on burn deaths from Benghazi city which were according to cases recorded in the main trauma hospital in the city of the 100 burn fatality cases between 2015 and 2020. Retrospective data were collected from the data available in that period. All the records

revealed information regarding age, sex, and year. Type of burn, Manner of death, TBSA (estimated according to Lund-Browder chart).

Data were presented as numbers and percentages by using SPSS version 10.

#### **Results and Discussion**

Burn is a problem prevalent worldwide, [12] especially in developing countries [13]. Based on the available information regarding the incidence of burns and burn

deaths, this should be considered as a significant problem in Libya.

Male victims were more evident with accounting 65% cases as compared to females 35% and male: female ratio was 2:1 (Table 1).

NO	Date of death	sex	age	Cause of death	Percentage of Burn	Description of cause death
1	2018-06-05	M	34	BURN	100.00%	GAS EXPLOSION
2	2018-08-12	M	48	BURN	60.00%	BENZENE
3	2018-05-07	M	6	BURN	85.00%	KEROSENE INVOLVED
4	2018-05-08	F	1.5	BURN	50.00%	WATER
5	2018-09-03	M	48	BURN	45.00%	LIQUID EXPLOSION
6	2018-08-06	F	45	BURN	67.00%	BENZENE IN OPEN AREA
7	2018-06-05	F	16	BURN	40.00%	BENZENE
8	2018-08-15	M	42	BURN	90.00%	ELECTRICAL CURRENT
9	2018-05-10	M	5	BURN	46.00%	BENZENE/GASOLINE
10	2018-05-01	F	44	BURN	90.00%	INHALATION INJURY/BENZENE
11	2018-05-03	M	42	BURN	90.00%	INHALATION INJURY
12	2018-04-26	F	55	BURN	50.00%	RTA/BURN
13	2018-03-13	M	30	BURN	50.00%	GASOLINE
14	2018-02-17	M	58	BURN	36.00%	BENZENE
15	2018-02-20	M	54	BURN	45.00%	BENZENE
16	2018-03-05	M	3	BURN	70.00%	DEEP DERMAL INHALATION INJURY
17	2018-02-25	M	9	BURN	30.00%	BENZENE
18	2018-01-28	M	30	BURN	30.00%	INHALATIOON INJURY
19	2018-01-06	M	65	BURN	85.00%	FIRE WITH INHALATION INJURY
20	2018-01-29	M	75	BURN	36.00%	GAS BURN
21	2018-01-28	M	25	BURN	30.00%	ELECTRICAL BURN
22	2017-09-05	M	20	BURN	80.00%	BENZENE
23	2017-11-29	F	18	BURN	45.00%	UNKNOWN
24	2017-11-14	F	25	BURN	85.00%	GAS BURN
25	2017-12-15	F	29	BURN	46.00%	FIRE BURN
26	2017-10-21	F	17	BURN	35.00%	LIQUID EXPLOSION
27	2017-10-16	F	35	BURN	35.00%	PREGNANT 27 WEEK /FIRE BURN
28	2017-10-11	M	60	BURN	33.00%	FIRE BURN
29	2017-09-12	M	36	BURN	50.00%	BENZENE
30	2017-08-29	M	35	BURN	90.00%	BENZENE
31	2014-12-29	M	53	BURN	65.00%	BENZENE
32	2014-08-09	M	40	BURN	24.00%	FIRE BURN
33	2014-09-21	M	19	BURN	35.00%	LIQUID EXPLOSION
34	2014-08-10	M	83	BURN	45.00%	DEEP BURN INJURY
35	2014-02-07	M	24	BURN	90.00%	METABOILIC ACID
36	2014-04-16	M	22	BURN	80.00%	GAS FIRE
37	2019-11-06	M	32	BURN	85.00%	BENZENE
38	2019-11-08	M	34	BURN	55.00%	BENZENE

39         2019-10-30         F         18         BURN         60.00%         BENZENE           40         2019-10-25         M         14         BURN         100.00%         GAS           41         2019-04-07         F         86         BURN         89.00%         GASOLINE           43         2019-08-10         F         45         BURN         60.00%         BENZENE           44         2019-06-05         M         13         BURN         45.00%         GAZOLINE           45         2019-07-15         F         47         BURN         100.00%         BENZENE           46         2019-06-30         M         25         BURN         63.00%         LIQUID BURN           47         2019-06-02         F         18         BURN         37.00%         EXPLOSIVES           48         2019-05-23         F         55         BURN         70.00%         FLAME           49         2019-05-05         M         39         BURN         30.00%         GASOLINE           50         2019-04-29         F         47         BURN         85.00%         GASOLINE           51         2019-05-30         F         23	
41         2019-04-07         F         86         BURN         89.00%         GASOLINE           43         2019-08-10         F         45         BURN         60.00%         BENZENE           44         2019-06-05         M         13         BURN         45.00%         GAZOLINE           45         2019-07-15         F         47         BURN         100.00%         BENZENE           46         2019-06-30         M         25         BURN         63.00%         LIQUID BURN           47         2019-06-02         F         18         BURN         37.00%         EXPLOSIVES           48         2019-05-23         F         55         BURN         70.00%         FLAME           49         2019-05-23         F         55         BURN         30.00%         GASOLINE           50         2019-04-29         F         47         BURN         85.00%         BENZENE           51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F	
43         2019-08-10         F         45         BURN         60.00%         BENZENE           44         2019-06-05         M         13         BURN         45.00%         GAZOLINE           45         2019-07-15         F         47         BURN         100.00%         BENZENE           46         2019-06-30         M         25         BURN         63.00%         LIQUID BURN           47         2019-06-02         F         18         BURN         37.00%         EXPLOSIVES           48         2019-05-23         F         55         BURN         70.00%         FLAME           49         2019-05-05         M         39         BURN         30.00%         GASOLINE           50         2019-04-29         F         47         BURN         85.00%         BENZENE           51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
44         2019-06-05         M         13         BURN         45.00%         GAZOLINE           45         2019-07-15         F         47         BURN         100.00%         BENZENE           46         2019-06-30         M         25         BURN         63.00%         LIQUID BURN           47         2019-06-02         F         18         BURN         37.00%         EXPLOSIVES           48         2019-05-23         F         55         BURN         70.00%         FLAME           49         2019-05-05         M         39         BURN         30.00%         GASOLINE           50         2019-04-29         F         47         BURN         85.00%         BENZENE           51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
45         2019-07-15         F         47         BURN         100.00%         BENZENE           46         2019-06-30         M         25         BURN         63.00%         LIQUID BURN           47         2019-06-02         F         18         BURN         37.00%         EXPLOSIVES           48         2019-05-23         F         55         BURN         70.00%         FLAME           49         2019-05-05         M         39         BURN         30.00%         GASOLINE           50         2019-04-29         F         47         BURN         85.00%         BENZENE           51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
46         2019-06-30         M         25         BURN         63.00%         LIQUID BURN           47         2019-06-02         F         18         BURN         37.00%         EXPLOSIVES           48         2019-05-23         F         55         BURN         70.00%         FLAME           49         2019-05-05         M         39         BURN         30.00%         GASOLINE           50         2019-04-29         F         47         BURN         85.00%         BENZENE           51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
47         2019-06-02         F         18         BURN         37.00%         EXPLOSIVES           48         2019-05-23         F         55         BURN         70.00%         FLAME           49         2019-05-05         M         39         BURN         30.00%         GASOLINE           50         2019-04-29         F         47         BURN         85.00%         BENZENE           51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
48         2019-05-23         F         55         BURN         70.00%         FLAME           49         2019-05-05         M         39         BURN         30.00%         GASOLINE           50         2019-04-29         F         47         BURN         85.00%         BENZENE           51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
49         2019-05-05         M         39         BURN         30.00%         GASOLINE           50         2019-04-29         F         47         BURN         85.00%         BENZENE           51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
50         2019-04-29         F         47         BURN         85.00%         BENZENE           51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
51         2019-04-27         F         52         BURN         55.00%         GASOLINE           52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
52         2019-05-30         F         23         BURN         80.00%         SUICIDE GASOLINE           53         2019-03-06         F         46         BURN         100.00%         BENZENE	
<b>53</b> 2019-03-06 F 46 BURN 100.00% BENZENE	
55 2019-02-10 M 14 BURN 100.00% ELECTICAL SHOCK	
56 2020-08-03 F 42 BURN 25.00% FLAME	
57 2020-04-25 M 11 BURN 65.00% FLAME	
58         2020-10-04         M         35         BURN         85.00%         GAS	
59         2020-10-05         M         30         BURN         60.00%         FLAME	
60         2020-10-08         M         16         BURN         65.00%         FLAME	
61         2020-03-04         M         35         BURN         65.00%         INHALATION	
62         2020-03-25         M         3         BURN         65.00%         BENZENE	
63         2020-03-24         M         5         BURN         80.00%         FLAMABLE BURN	
64         2020-03-08         F         25         BURN         45.00%         BENZENE	
65         2020-03-30         F         56         BURN         55.00%         BENZENE	
66         2020-04-06         M         51         BURN         50.00%         FLAME/BLEEDING	
67         2020-04-20         M         35         BURN         41.00%         EXPLOSIVES	
68         2020-03-12         M         13         BURN         75.00%         EXPLOSIVES	
69         2020-03-16         F         24         BURN         58.00%         INHALATION INJURY/BENZE	íE
70         2015-06-05         M         40         BURN         30.00%         GAS EXPLOSION	
71         2015-05-04         M         35         BURN         60.00%         BENZENE	
72         2015-06-09         M         35         BURN         85.00%         BENZENE	
73         2015-06-10         F         26         BURN         50.00%         WATER	
74         2015-06-23         M         2         BURN         45.00%         LIQUID EXPLOSION	
75         2016-06-12         F         44         BURN         67.00%         BENZENE IN OPEN AREA	
76         2016-06-25         F         2.5         BURN         40.00%         BENZENE	
77         2016-03-26         M         62         BURN         90.00%         ELECTRICAL CURRENT	
78         2016-06-10         M         45         BURN         46.00%         BENZENE/GASOLINE	
<b>79</b> 2016-05-13 F 23 BURN 90.00% INHALATION INJURY/BENZE	ΙE
<b>80</b> 2016-05-13 F 23 BURN 90.00% INHALATION INJURY	
<b>81</b> 2015-05-10 M 45 BURN 50.00% RTA/BURN	
<b>82</b> 2015-07-11 M 16 BURN 50.00% GASOLINE	
<b>83</b> 2015-05-30 M 38 BURN 36.00% BENZENE	

84	2015-08-13	М	1.5	BURN	45.00%	BENZENE
85	2015-08-04	M	18	BURN	70.00%	BENZENE
86	2015-05-01	M	46	BURN	30.00%	BENZENE
87	2015-11-16	M	11	BURN	30.00%	INHALATIOON INJURY
88	2015-08-17	M	77	BURN	85.00%	FIRE WITH INHALATION INJURY
89	2015-10-18	M	84	BURN	36.00%	GAS BURN
90	2015-02-19	M	37	BURN	30.00%	ELECTRICAL BURN
91	2016-06-05	M	25	BURN	80.00%	BENZENE
92	2016-10-12	F	54	BURN	45.00%	BENZENE
93	2016-10-13	F	1	BURN	85.00%	LIQUID BURN
94	2016-08-14	F	54	BURN	46.00%	FIRE BURN
95	2016-06-09	F	26	BURN	35.00%	FIRE BURN
96	2016-07-01	F	49	BURN	35.00%	LIQUID EXPLOSION
97	2016-11-11	M	36	BURN	33.00%	FIRE BURN
98	2016-09-12	M	5	BURN	50.00%	BENZENE
99	2016-06-13	M	14	BURN	90.00%	BENZENE
100	2016-06-04	M	24	BURN	65.00%	BENZENE

Table 1: Data collected from files.

Percentage of burn major when more than 30% in our death cases due to burn was 89%. Middle when between 15-30% in our cases was 11%. Minor when less than 15% was 0% (Table 2).

Major ->30%	89%
Middle-15-30%	11%
Minor-<15%	0%

Table 2: Percentage of burn.

Frequency of cases depending on degree of burn 20-29% was 3 cases, 30-39% was 20 cases, 40-49% was 17 cases, 50-59% was 13 cases, 60-69% was 14 cases, 70-80% was 10 cases and 85-100% was 23 cases (Table 3).

20-29%	3
30-39%	20
40-49%	17
50-59%	13
60-69%	14
70-80%	10
+80 (85-100%)	23

**Table 3:** Frequency of cases depends on degree of burn.

Age group 10-14 was 19%, 14-24 was 14%, 25-34 was 13%, 35-44 was 19%, 45-54 was 17%, 55-64 was 9% and more than 60 was 8% (Table 4).

10-14	19%
14-24	14%
25-34	13%
35-44	19%
45-54	17%
55-64	9%
+65	8%

Table 4: Burn deaths and age group.

Most of fatalities cases were accidently caused by Petroleum derivatives substances (Table 1).

In the present study, about 83% of the victims were in the age group of 10-54 years, which are similar to the observation of Singh, et al. [13] from Chandigarh who reported two thirds of fatal burn cases in the young age group (21-40 years). In other countries such as Iran [14] 93% of burn victims were below 60 years with peak incidence between 16 and 25 years whereas children were the commonest victims from Angola, Scotland and Jordan [15-17]. But in Spain [18] contrary to these 61.5% of patients were over 40 years of age. The higher incidence of burn deaths among males was observed throughout the study period, while in some other countries (Argentina, Thailand, Uruguay and Saudi Arabia) about 70% of burn victims are male [19,20]. In Spain burn cases were observed to be more common among males in all age groups except in the elderly.18Burn is the only unnatural cause in which female not only outnumbered the males, but the sex ratio being almost three times higher in female in India [21].

#### **Conclusion**

In conclusion, the present study has highlighted some important features pertaining to burn deaths in Libya (Benghazi city). The highest incidence rates of burn deaths were in adolescent and young age groups. Majority of the burn victims are males. Flame was the major cause of burns. Accident is the commonest manner of death.

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