



## How to Save Yourself from Corona Attack

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### Opinion

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### Opinion

Here is a very simple way, using herbs, of how, you can kill the virus & dislocate the dead virus from the place where they have been able to place themselves, in the nose, throat, lungs Choose

Dried ginger, 4-5gms

Black pepper, 4-5 gms

Piper longum, (fruit) 4-5 gms

Acorus calamus, (Root) 4-5 gms

Glycerrhiza glabra (Root) 4-5 gms

Termeric (root) Curcuma longa 4-5 gms

Holy Basil leaves about 7-8 nos

Azadirachta indica about 7-8 nos

Vitex negundo leaves 7-8 nos

Add about 800 -900 gms of water

Everything is to be accommodated in a suitable steel container. Container should be 50% empty after accommodating all these herbs & water. If you do not get few of these components, take more of what you get, Keep the mixture for boiling. As the steam starts coming, the vapors coming out will also carry active essences of these Herbs. The temperature of vapor will be around 100 degrees centigrade.

The corona virus, other bacteria's who have lodged themselves in the nasal cavities, throat, lung capillaries cannot remain live, leave aside multiplying at this high temperature.

All that you have to do is to inhale this mixture of herb

extract & vapor through nose & mouth and allow it to reach lungs.

This mixture hot & with pungent odor of herbs will kill, dislocate them from their seats & force them come out as you exale, & even if part of all this debris gets swallowed, it will not harm but will be thrown out in stools, this should be repeated (procedure of inhalation of hot vapor mixed with herbal extracts) two times a day. Depending on the condition whether you are using this as a preventive measure or as a treatment there will be a choice for you to carry out this for three or six days.

In fact going to test the disease before or after carrying out this procedure will make others envious of you because No Doctor, nurse, no oxygen will be required for this treatment.

Why not carry out this treatment & tell the nature that it is his help that you are taking, rectifying the blunder of going against the nature. If you take a laxative of your choice after carrying out this procedure. You will be 100% sure of bouncing back to health.

I have considered here that four persons in the family can take this inhalation one after the other till the water content gets reduced to about 100 ml.

Remaining decoction can be used for drinking by two persons, mixed with honey if they desire to do so. Hope this will be appreciate by those who would prefer such treatment especially when doctors have declared that they do not offer any cure in this nor any vaccine to prevent it.

