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Classification of International Journal of Pharmacognosy and Chinese Medicine

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Editorial

Volume 5 Issue 1

Received Date: April 18, 2021

Published Date: April 29, 2021

DOI: 10.23880/ipcm-16000215

Editorial

Intervention of Covid 2019 Vaccine has been a great achievement of the biomedical science in the direction of reversing the upsurge of the life-threatening pandemic. However, the Globe is shaky. One medical killer after another has made living difficult. Corona 2019 Pandemic has been covering the world under its death shadows for more than a year. In the light of the scenario and impact of pandemic being dominant on the medically weaker group of individuals, realization of prioritization of sustainable health is evident.

Modern medicine has a bio-medicine, and evidence and science based practice, as an active model in present status. However, this medicine is now proposing to emphasize natural environment, Eco social aspect of human culture. Ancient most traditional medicines based on this very foundation are yet in practice. These systems are proving service to be evidence based healing practices leading to the approaches of sustainable health and therefore, they are increasingly earning faith of a common person due to their experiential results.

Prophylactic measure for disease prevention is the need of public health. An array of hope from Traditional and integrated systems of medicine puts us in a bigger social responsibility. No science is complete and no practice is satisfying based on a single discipline. Holistic approach is inevitable. All time-honored therapies are in their root value crop from observation of Universe and perception of Universe with human Special Senses. The herbal application depends on the basic fundamentals of the traditional medicine, geographical condition, ecology and the earth science.

At the onset of international earth day 2021, we, the team of International Journal of Pharmacognosy and Chinese

Medicine express our sincere gratitude towards mother Earth on behalf of the entire mankind and greet all of you to participate with us. Let's take a commitment to celebrate each day as 'The Earth's Day'.



The mother earth's creative energy is enhanced with the spring season; blessing the mankind with the herbs and minerals and so many health resources. We hope that the health springs in back within our lives and together, we stand strong to defeat this pandemic. Herbal therapy is designed on the functional theories, basic elements of which the body organs are constituted:

- For sustaining the status of health to maintain the balance between functional theories and body, organ constituents
- In unhealthy status to bring the balance back between the functional theories and body organ constituents; to keep it reversing to the inherent homeostatic condition
- Chinese medicine considers Qi which is parallel to Ayurveda concept of Vata, and Ki concept of Japanese Medicine.

- The theory being based on ceaseless motion; whereas theory of Yang facing towards Sun and theory of Yin, facing away from Sun show many similarities with Pitta and Kapha of Ayurveda. Theories like Tridosha of Ayurveda being functional anatomy are difficult to show scientifically in laboratories and so are these Chinese Theories.
- Traditional Korean medical fundamentals are based on Chinese fundamentals.
- Indian Ayurveda elements = Space, Wind, Fire, Water, and Earth
- Chinese elements = Wood, Fire, Earth, Metal and Water
- Japanese elements = Mu, Huo, Tu, Jin, Sui; sequentially exactly same as the Chinese ones.

Ultimately any conventional medical science is based on main three forces – motion, sun phase, and no sun or moon phase. Elements are considered similar with a little difference here and there. Relation of various body organs with these elements and theories are basic in finding out of which herb is useful for body to keep it healthy. If the status is imbalanced, which herb is useful for the body to stabilize it to bring back homeostatic condition?.

The classification of the International Journal of Pharmacognosy and Chinese Medicine ISSN:2576-4772; IF:2.0022 expresses and accentuates Complementary and Alternative Medical Practice. It facilitates all medical

traditions of Evidence based practice. The meaning of term 'Pharmacognosy' is the branch of knowledge concerned with medicinal drugs obtained from plants or other natural sources[1]. The journal extends a global platform to every herbal physician; by virtue of the diversity in classification it offers, and unifies entire Universe under Unique Universal botanical umbrella. Stay Well! Wishing the optimum sustainable health to all....



1. <https://www.google.com/search?q=meaning+of+pharmacognosy&aq=chrome..69i57j0i22i3019.15142j1j7&sourceid=chrome&ie=UTF-8>
2. Earth's picture from space.

