

Study of Heavy Metals contamination in Mangrove Sediments of the Red Sea Coast of Yemen from Al-Salif to Bab-el-Mandeb Strait

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Research Article

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Abstract

This research aimed to estimate the concentration of Pb, Cd, Cr, Ni, Co, Cu, Zn, Mn, Mg and Fe in the sediments of mangrove habitats located in the Yemeni from Al-Salif to Bab-el-Mandeb Strait. Samples were collected seasonally at five locations: Al-Salif, Al-Urj, Al-Hodeidah, Yakhtol and Ghorairah, during the months of January, April, August and October 2013, which are chosen to represent the four seasons of a full year. Atomic Absorption Spectroscopy techniques were used to determine heavy metals concentration in the samples, which extracted using Acid digestion methods. The results showed that Heavy metals concentration $(\mu g/g)$ in mangrove sediments were in the following order: Fe (8,432.0-15,255.2) > Mg (915.2-2,066.0) > Mn (195.8-528.0) > Zn (27.5-57.2) > Cu (12.3-40.7) > Ni (15.5-34.7) > Cr (15.3-35.6) > Pb (6.2-16.6) > Co (6.2-15.8) > Cd (ND-0.57). The levels of these metals in mangrove sediments were comparable with corresponding in other less polluted area of the world. These metals does not exceed Threshold Effect Level (TEL) and Probable Effect Level (PEL) guidelines, except Cu and Ni, which indicated may be cause low harmful biological effects as proposed by CCME. Cu, Ni, Cd and Mg showed low to moderate polluted status according to USEPA. Relatively high metals concentration at Al-Hodeidah could be due to increasing anthropogenic activities in the vicinity of this site, whereas at Ghorairah may be attributed to the potential contaminants that carried by water currents coming from the Gulf of Aden. Al-Salif and Yakhtol showed no polluted by the studied metals. This might be due to limited influence of anthropogenic activities at these two sites. Elevated metals level during spring and summer may be associated with increasing biological activities, land run off and rainfall during these seasons. Continuous monitoring of these metals in mangrove habitats is recommended to avoid being overcome permissible limits. These findings provide actual heavy metals levels in mangrove sediments being important in designing the long-term management and conservation policies of mangrove ecosystems. In addition, it could represent a database for the future research investigations.

Keywords: Heavy Metals; Mangrove; Sediments; Red Sea; Yemen

Introduction

Heavy metals are one of the most serious pollutants in natural environment due to their toxicity, persistence and bioaccumulation problems. These elements are not biodegradable and then have a long residence time within the food chains and environment [1,2]. Mangroves form a unique group of intertidal ecosystems that dominate over large extents of shorelines and estuaries in tropical and subtropical regions [3,4]. Currently, mangroves are increasingly threatened due to anthropogenic chemicals sourced from uncontrolled agricultural runoff, urban and industrial effluent and wastewaters, as well as with urbanization and population growth [5,6]. Mangrove ecosystems are among the most productive and biologically important ecosystems of the world because they provide important and unique ecosystem goods and services to human society and coastal and marine systems [7]. Economically, they Play a very important role in fishing, agriculture, reed production, husbandry, ecological tourism, educational and scientific researches, and protecting coastlines from the devastating effects of erosion [8,9]. They may act as a sink or a source of heavy metals in coastal environments because of their variable physical and chemical properties [10,11]. The high capability of mangrove to absorb and store heavy metals in its sediments, it is because of the physicochemical properties of these sediments [6,12]. Mangrove sediments are mainly in anaerobic conditions and have high amounts of organic matter. Thus, their sediments are a good indicator of heavy metal concentration [13,14]. Mangroves are one of the important habitats in the Red Sea coast of Yemen and are dominated by Avicennia marina. In the Red Sea coast of Yemen, there are several studies on heavy metal contaminations in coastal sediments but little is known about heavy metals in mangrove sediments.

The aim of the present study is to provide information on the seasonal concentrations of ten heavy metals (Pb, Cd, Cr, Ni, Co, Cu, Zn, Mn, Mg and Fe) in mangrove sediments of the Red Sea Coast of Yemen from Al-Salif to Bab-el-Mandeb Strait. The measurement of the seasonal variation in heavy metal concentrations and distribution in the sediments would give us a better understanding of the inputs of the accumulated metals in mangrove ecosystems and thus the quality of local coastal environment. The present investigation would be of a great help in monitoring the trace metals pollution in Yemen's coastal area, particularly, in mangrove ecosystem. It could be used as a baseline information for future studies with regard to this field.

Materials and Methods

Study Area

The area under investigation is lying from the south eastern part of the Red Sea in the coast of Yemen. It extends from Al-Salif which is located at latitude 15° 12' 35" N and longitude 42° 46' 16" E to Bab-el-Mandeb Strait in the south at 12° 44' 33" N latitude and 43° 28' 22" E longitude. The distinctive areas are namely Al-Salif, Al-Urj, Al-Hodeidah, Yakhtol and Ghorairah (Figure 1). Sampling was carried out on seasonally basis during the year 2013. Samples were collected during the months of January, April, August and October 2013, which are chosen to represent the four seasons of a full year. Location of selected stations (Table 1) were determined by geographical position system GPS (Digital Garmin eTrex Vista C).

Station No.	Nearest City	Location of Station						
	itearest dity	Latitudes (North)	Longitudes (East)					
St-1	Al-Salif	15° 12' 35'' N	42° 46' 16'' E					
St-2	Al-Urj	15° 05' 51'' N	42° 52' 16'' E					
St-3	Al-Hodeidah	14° 52' 02'' N	42° 57' 10'' E					
St-4	Yakhtol	13° 31' 03'' N	43° 15' 55'' E					
St-5	Ghorairah	12° 44' 33'' N	43° 28' 22'' E					

Table 1: Geographical locations of the sampling stations.

Samples Collection and Analysis

A rapid survey of mangrove environment at selected sites was conducted for selection of six sub-stations, which represent the site entirely; these sub-stations were used to sampling during the four seasons. The surface sediments samples were collected from the top 5 - 10 cm of the sediment layers from each station. Six sub-samples from each sites were collected and then mixed together to make a composite sample

representative of a particular site during the four seasons. Collected samples were transferred to polythene bags, labeled and immediately transported to the lab.



Sediment samples were gently immersed to remove the dissolved salts using deionized water. Samples then dried in an oven at 50 °C for 24 hours. Thereafter, the sediment was sieved through a sieve of 2.0 mm to remove plant debris and other large particulate matter. Sediments were crushed and grind using a mortar and pestle to a homogenous grain size and sieved through a 63 µm mesh sieve. Sieved powdered samples stored in polyethylene containers at a room temperature until digestion. Digestions were performed following the procedure as described by APHA [15]. For each Sieved powdered samples were homogenized in its container, exactly 3g of sediments was used in the digestion process, the same procedures were used for each sample. The weighted samples were wet digested where put into 250 ml Teflon beaker with 2.5 ml of concentrated perchloric acid (HClO₄) and 7.5 ml of concentrated nitric acid (HNO₃). The beaker were covered with glass plates in the fume hood and allowed to predigest overnight at room temperature. The beaker placed on a hot plate at 70 °C for two hours. The solution filtered into 250 ml Teflon beaker using Whatman 0.45µm. After cooling at room temperature, 2 -3 ml deionized water was added to dilute each sample. Beaker reheated on a hot plate at 70°C, and solution reduced 1 - 2 ml. The solution filtered into a 50 ml volumetric flask, using Whatman 0.45µm filter paper which allows only dissolved constituents to pass though and made the final volume to a 50 ml by deionized water.

For background correction, Blank solution was prepared for each type of sediments samples by treated in the same way of those digested of samples without samples. In addition, A certified reference material (CRM-320) sample also was performed for each set of analysis using the same reagents. The digested samples, blank solution and certified reference material sample were transferred into separate plastic bottles, labeled and stored awaiting for analysis in line with the method described by Perkin-Elmer Corporation [16].

Many analytical methods including Atomic Absorption Spectrometry (AAS) for heavy metal determination in sediments require the digestion of the samples [17]. Because of its sensitivity, specificity, simplicity and precision, AAS is the most widely recommended instrument utilized in analytical procedures for heavy metal analysis [18]. The filtered samples were analyzed using Perkin Elmer AAS Model 2380, according to the manufacture's instruction. The concentration of total metals in each sample was calculated using Equation 1 [19]:

$$Econ = (A \times B)/D$$
 (Equation 1)

Where; *Econ* is concentration of metal in sample (μ g/g), *A* is metal concentration in calibration curve (μ g/l), *B* is final volume of sample (ml) and *D* is dry weight of sample (g).

Analytical Quality Control:

To remove any contamination, all glassware and plastic vials were washed with 10% nitric acid solution and rinsed thoroughly with distilled deionized water (DDW) and dried. Standard solutions prepared fresh daily from Merck Stick Standards or super pure quality. Blank determinations were performed for each set of analysis using the same reagents. In order to check for the quality of the method applied for the analysis of heavy metals, the accuracy of the analytical method was checked by the analysis of Certified Reference Material (CRM-320). The accuracy of analytical procedure was checked by blank solution and using certified reference material of the Community Bureau of Reference of the European Commission (Geel, Belgium); standard for heavy metals in river sediments; Certified Reference Material 320.

The percentage recovery of each metal was calculated as: **Recovery % = (Determined value / Certified value) × 100** (Equation 2)

The accuracy of the AAS analytical procedure was investigated by calculating the percentage recovery of heavy metals. The percentage recoveries of Pb, Cd, Cr, Ni, Co, Cu, Zn, Mn, Mg and Fe are 96.4, 92.5, 103.5, 104.6, 106.7, 107.8, 91.9, 95.6, 102.5 and 89.19%, respectively. The recovery of the selected heavy metals ranged from 89.19 to 107.8%, the measurements of precision was under $\pm 11\%$. These values were within the acceptable range of 80 to 120% expected for the metals indicating good accuracy for the analysis procedure [20]. The performed statistical analyses were by using Paleontological Statistics (PAST) software; version 3.13 and Excel 2010.

Results and Discussion

The seasonal results of concentrations of Pb, Cd, Cr, Ni, Co, Cu, Zn, Mn, Mg and Fe in mangrove sediments collected from the study area have been represented in Figure 2.

Lead (Pb)

Lead rarely exist in nature and could be found in different forms such as organic and inorganic compounds [21]. The presence of Pb may also affect the gastrointestinal tract, kidneys and the central nervous system [22]. Exposure to lead could lead to loss of memory, nausea, insomnia, anorexia, and weakness of the joints, failures of reproduction, inhibition of haem synthesis, irritation and producing tumour [23]. Lead is non essential element as it is toxic even in trace amount [24]. Its uses include storage batteries, solders, bearings, cable covers, ammunition, plumbing, pigments, caulking, sound and vibration absorbers [25].

The concentrations of pb in mangrove sediments ranged between $6.6\mu g/g$ at Yakhtol in January and $16.6\mu g/g$ at Al-Hodeidah, in August. A baseline Pb value for surface soil on the global scale has been estimated to be $10\mu g/g$ levels above this suggest an anthropogenic influence [26]. Al-Hodeidah only showed a slightly rise above this level ($10\mu g/g$), compared to other areas of the present study. This may be due to increased human activities in the city. In addition to this, their site is located close to the sewage treatment plant, as well as Al-Hodeidah harbor.

The background value of Pb in the stream sediments and floodplain sediments is $14\mu g/g$ and $16\mu g/g$, respectively, and in the earth's upper continental crust, it is $17\mu g/g$ [26,27]. In marine sediments, it ranges from (7- $13\mu g/g$) [28]. The present results of Pb are within the range of the background level of marine sediments. The values of Pb in mangrove sediment were found to be lower than the concentrations recommended by USEPA and CCME for the protection of aquatic life. Based on background values of Pb, mangrove sediments of the study area could be classified as uncontaminated except Al-Hodeidah station which exhibited a beginning of pollution in mangrove sediments [29,30].

Sources of Pb in mangrove ecosystems include wastes and from water pipes [31]. Other sources of Pb are lead acid batteries, solder, alloys, cable sheathing, pigments, rust inhibitors, ammunition, glazes and plastic stabilizers [32].

Cadmium (Cd)

Cadmium is an element found naturally in the environment. It is a toxic metal even at low levels [33]. Small quantities of Cd cause adverse changes in the arteries of human kidney and replaces zinc biochemically and causes high blood pressures and kidney damage [34]. It interferes with enzymes and causes a painful disease called Itai-itai [1].

Mangrove sediments showed a narrow range of Cd levels. It ranged from undetectable levels at Al-Salif in January and Yaktol in January and October to $0.57 \mu g/g$ at Al-Hodeidah in April. Cd is a relatively rare in the Earth's upper continental crust with an average value of $0.098 \mu g/g$ [27]. The main sources of cadmium in the

marine environment are anthropogenic activities [35]. High levels of Cd in mangrove sediments at Al-Hodeidah and Ghorairah may be due to anthropogenic activities. At Al-Hodeidah may be attributed to the discharge of untreated, sewage, domestic garbage dumps, boating activities, metal plating and coating operations. Whereas at Ghorairah it could be attributed to the potential contaminants that carried by water currents coming from the Gulf of Aden as it is located the area near to Bab-el-Mandeb Strait.

The background value of Cd in marine sediments is ranged from 0.1 to $0.3\mu g/g$, whereas in the stream sediments and floodplain sediments it found to be $0.28\mu g/g$ and $0.30\mu g/g$, respectively [26,28]. This study found levels of Cd in mangrove sediments at Al-Hodeidah, Ghorairah and Al-Urj slightly higher than expected natural background levels. This might be classified as low contaminated. Al-Salif and Yakhtol may be classified as unpolluted. As general, the levels of Cd in the studied sediment were found to be lower than the concentration recommended by USEPA and CCME for the protection of aquatic life [29,30].

Cadmium in mangrove ecosystems of the study area could be derived from both natural and anthropogenic sources. Natural sources include underlying bedrock or transported parent material such as alluvium. Anthropogenic sources include industrial effluents, wastes, urban runoff, burning of fossil fuels, sewage treatment plants, boating activities, aerial deposition, sewage, domestic garbage dumps, manure, phosphate and fertilizers application [35,36].

Chromium (Cr)

Chromium does not occur naturally in elemental form but only in compounds [35]. It is an essential nutrient, which is essential for carbohydrate metabolism in animals [25]. Cr and its compounds are known to cause cancer of the lung, nasal cavity and suspected to cause cancer of the stomach and larynx [37]. Exposure to Cr could lead to allergic dermatitis in humans, bleeding of the gastrointestinal tract, cancer of the respiratory tract and ulcers of the skin, then also damage to the mucus membrane, liver and kidney damage [38]. Most elevated levels of Cr in aquatic ecosystems are a consequence of industrial activity [39]. Cr is found at contaminated sites and toxic levels are common in soils applied with sewage sludge [40].

The present value of Cr in mangrove sediments ranged from $15.3\mu g/g$ at Yakhtol in August to $35.6\mu g/g$ at Al-

Hodeidah in April. Sources of Cr in mangrove ecosystems could be attributed to the industrial and sewage wastes [31]. Therefore, the high levels of Cr at Al-Hodeidah may be due to partially treated sewage outflow from the city sewage plant, as well as Al-Hodeidah harbor. At Ghorairah, it could be attributed to the potential contaminants coming from the Gulf of Aden through Babel-Mandeb Strait. Slightly high concentrations were at Al-Urj, this may be due to that the habitat is located near a recreation area where it is visited by local tourists, as well as the steam power plant.

The background value of Cr in the stream sediments and floodplain sediments is $21\mu g/g$ and $23\mu g/g$, respectively, whereas in the earth's upper continental crust, it is 92µg/g [26,27]. A baseline Cr value for surface soil on the global scale has been estimated to be $24\mu g/g$ [26]. The background value of Cr in marine sediments is ranged from $4\mu g/g$ to $17\mu g/g$, with < $19\mu g/g$ in unpolluted sediments, with $< 25\mu g/g$ in unpolluted sediments [28,29,41]. According to Sediment Quality Guidelines and background levels of Cr, mangrove sediments at Al-Hodeidah exhibited low to moderately polluted sediments, whereas at Ghorairah and Al-Urj reported low polluted sediments. Al-Salif and Yakhtol showed unpolluted sediments. Generally, the level of Cr in mangrove sediments does not exceed threshold effect level $(52.3\mu g/g)$ or probable effect levels $(160\mu g/g)$ as proposed by CCME [30].

Natural source of Cr in the environment could be derived from the weathering of rocks and soil, whereas major anthropogenic sources includes metal alloy production, metal plating for prevention of corrosion, tannery wastes, cement manufacturing, leather manufacturing wastes, paint pigments, incineration of municipal refuse and sewage sludge [40].

Nickel (Ni)

Nickel is an element that occurs in the environment only at very low levels and is essential in small doses. It could be dangerous when the maximum tolerable amounts are exceeded [35]. Ni could result in lung, liver and kidney damage. In high quantities Ni could also cause cancer, respiratory failure, birth defects, allergies, dermatitis, eczema, nervous system and heart failure [23].

The values of Ni in mangrove sediments ranged from $15.5\mu g/g$ at Yakhtol in January to $34.7\mu g/g$ at Al-Hodeidah in August. A baseline Ni value for surface soil on the global scale has been estimated to be $26\mu g/g$, above this suggest an anthropogenic influence [26]. Al-

Hodeidah, only showed a rise above this level $(26\mu g/g)$, compared to other areas. This may be due to increased anthropogenic activities in the city. In addition to this, the site is located close to the sewage treatment plant, as well as Al-Hodeidah harbor which in the main Yemeni on the Red Sea.

The average value of Ni in the stream sediments and floodplain sediments is $16\mu g/g$ and $18\mu g/g$, respectively [26]. In the earth's upper continental crust, it is of $47\mu g/g$ [27]. The background value of Ni in marine sediments is ranged from $10\mu g/g$ to $25\mu g/g$, with < $33\mu g/g$ in unpolluted sediments, with $<20\mu g/g$ in unpolluted sediments [28,29,41]. Ni in mangrove sediments was within the range of the background level of marine sediments at all sites excepted at Al-Hodeidah. Mangrove sediments at Al-Hodeidah could be classified as moderately contaminated as recommended by USEPA and CCME for the protection of aquatic life. Ghorairah, Al-Urj and Al-Salif showed a slight pollution in mangrove sediments [29,30]. The level of Ni in all studied sediments exceeds threshold effect level ($15.9\mu g/g$), whereas it does not exceed probable effect levels $(42.8 \mu g/g)$ as proposed by CCME [30].

Ni contaminations in mangrove ecosystems are metal plating industries, combustion of fossil fuels and electroplating. Other sources of Ni include weathering process of exposed soil, decaying vegetation and the Ni/Cd batteries dumped in these sites [25,38].

Cobalt (Co)

Cobalt naturally occurs in the earth's crust, and considered to be an essential mineral to living organisms [42]. It is a part of vitamin B12, which is essential component for human health [38]. Co is also used to treat anemia with pregnant women because it stimulates the production of red blood cells [43]. On the other hand, Co could cause bronchial asthma, interstitial lung disease, lung cancer, pneumonia, heart problems, thyroid damage, nausea, vomiting and diarrhoea [44]. Cobalt could be used in electroplating, as a ground coats for porcelain enamels, magnetic steels, some types of stainless steels and alloys for jet engines and gas turbines [45].

During the present research work, it is found that concentration of Coin mangrove sediments ranged between $6.2\mu g/g$ in January at Al-Urj and $15.8\mu g/g$ in at Al-Hodeidah. The background values of Co in marine sediments is $10\mu g/g$, and in the stream sediments and floodplain sediments it is found to be $8.0\mu g/g$ and 7.0 $\mu g/g$, respectively [26,28]. In the earth's upper

continental crust, it is $17.3\mu g/g$ [27]. The present results of Co are considerably higher than background level at Al-Hodeidah and Ghorairah. Based on background level of Co, mangrove sediments at Ghorairah could be classified low contaminated, whereas at Al-Hodeidah it may be classified low to moderate contaminated. Al-Salif, Al-Urj and Yakhtol exhibited beginning of contamination of mangrove sediments.

The sediments collected from mangrove environment at Al-Hodeidah showed slightly higher level of Co than other sites. It could be attributed to burning of fossil fuels, sewage sludge and phosphate fertilizers. In addition, it could be due to the discharge of agricultural and industrial wastes from the surrounding area.

Naturally, Co could be discharged into the environment from wind-blown dust, seawater spray, volcanoes and continental and marine biogenic emissions [46]. Anthropogenic sources of Cobalt could be from burning of fossil fuels, sewage sludge, phosphate fertilizers, processing of cobalt alloys and industries that use or process cobalt compounds [44].

Copper (Cu)

Copper is one of the world's most widely used metals and is regarded as a potential hazard [47]. High doses of Cu cause anaemia, stomach and intestinal irritation, neurological complications, liver and kidney damage [38]. It could also be described as a toxic waste and therefore unpalatable for consumption [23]. There are many industrial uses of Cu, due to its high ductility, malleability, thermal conductivity and resistance to corrosion [48]. It is used as a component in metal alloys, electrical wiring, preservatives for wood, leather and fabrics [25].

The values of Cu in mangrove sediments in the present investigation ranged from $12.3\mu g/g$ in October at Yakhtol to $40.7\mu g/g$ in August at Al-Hodeidah. High levels of Cu in mangrove sediments at Al-Hodeidah may be attributed to human activities such as; discharge of untreated, sewage, domestic garbage dumps, boating activities, coating operations, and metal plating.

The background value of Cu level in marine sediments is 9.9µg/g [28]. It is a moderately abundant heavy metal with an average concentration of Cu in the stream sediments and floodplain sediments is 14μ g/g and 19μ g/g, respectively [26]. Whereas in the earth's upper continental crust, it is 28μ g/g [27], with $<25\mu$ g/g in unpolluted sediments [29]. A baseline Cu value for surface soil on the global scale has been estimated to be 14μ g/g,

whereas the average of Cu levels in soil vary from 13 to $24\mu g/g$ [26,42]. Therefore, according to background levels of Cu, mangrove sediments at Ghorairah, Al-Salif and Yakhtol showed low polluted sediments, whereas at Al-Hodeidah it exhibited moderately polluted sediments as recommended by USEPA and CCME for the protection of aquatic life [29,30]. The level of Cu at Al-Hodeidah also exceed effects range low ($34\mu g/g$). Generally, the level of Cu in all analyzed sediments exceed threshold effect level ($18.7\mu g/g$), whereas it does not exceed probable effect levels ($108\mu g/g$) as proposed by CCME [30].

Naturally, copper could be discharged into the environment from forest fires, weathering process of exposed soil and decaying vegetation. Anthropogenic source of copper may originate from domestic use of copper-based chemicals, municipal untreated sewage sludge and corrosion of copper materials [49]. In addition to domestic and industrial wastewaters, steam electrical production, incinerator emissions and the dumping of sewage sludge [50].

Zinc (Zn)

Zinc is widely distributed in nature. It is a very common environmental contaminant [51]. Zn is an essential nutrient for the human body and has an importance for health [52]. High levels of Zn could cause health problems such as stomach cramps, skin irritations, vomiting, nausea, anaemia, headaches, loss of appetite and some respiratory disorders [53]. Zn is widely used in modern society, most commonly to coat or galvanise iron to prevent corrosion [54]. It is also mixed with other metals to form alloys such as brass or bronze, particles released from vehicle tyres and brake linings are a major source of zinc in the environment, and it is used in manufacture of dry cell batteries, paints, rubber, plastics and cosmetics [55,56].

The concentrations of Zn in mangrove sediments ranged from 27.5μ g/g at Yakhtol in April to 57.2μ g/g at Al-Hodeidah in April. Relatively high concentrations of Zn at Al-Hodeidah could be due to increasing anthropogenic activities in the vicinity of these sites. At Ghorairah may be attributed to the potential pollutions that carried by water currents coming from the Gulf of Aden. In addition, the located these sites close to Bab-el-Mandeb Strait. Sediments from uncontaminated waters typically contain Zn concentration in the order of $5-50\mu$ g/g [47]. The average value of Zn in the stream sediments and floodplain sediments is 60μ g/g and 56μ g/g, respectively [26]. In the earth's upper continental crust, it is 47μ g/g [27]. The background value of Zn in marine sediments is ranged from $7\mu g/g$ and $38\mu g/g$, with < $95\mu g/g$ in unpolluted sediments, with < 90 in unpolluted sediments [28,29,41]. A baseline Zn value for surface soil on the global scale has been estimated to be $44\mu g/g$ [26].

The level of Zn in the analyzed sediments does not exceed threshold effect level $(124\mu g/g)$ or probable effect levels $(270\mu g/g)$ as proposed by CCME [30]. Therefore, based on background value of Zn, mangrove sediments at all sites showed unpolluted.

Main sources of Zn discharge into mangrove ecosystems include automobiles, petroleum refining, pulp and paper industry, steel industry, organic chemicals, inorganic chemicals, fertilizers and metal plating [57,58]. The other possible sources of Zn are from motor oil, grease, phosphate fertilizers, sewage sludge, transmission fluid, and concrete [59].

Manganese (Mn)

Manganese is found in many, widely scattered minerals [42]. Mn is an essential plant mineral nutrient, playing a key role in several physiological processes, particularly photosynthesis [60]. Mn toxicity in humans mainly affects the respiratory tract and the brain; symptoms include hallucinations, forgetfulness and nerve damage [43]. It could also cause lung embolism, Parkinson's disease and bronchitis, It is more common than toxicity, and causes impaired reproduction and growth [61]. It used for production of ferromanganese steels, glass, electrolytic manganese dioxide for use in batteries, alloys, catalysts, antiknock agents, pigments, dryers, wood preservatives and coating welding rods [58].

The values of Mn in mangrove sediments ranged from 195.8µg/g in January at Yakhtol to 528.0µg/g in August at Al-Hodeidah. A baseline Mn value for surface soil on the global scale has been estimated to be 382µg/g [26]. The average concentration of Mn in the stream sediments and floodplain sediments is 452µg/g and 446µg/g, respectively, whereas in the earth's upper continental crust, it is of 1000 µg/g [26,27]. The global average for Mn in soil has been estimated as 437µg/kg [42]. The background value of Mn in marine sediments is 400µg/g, with <770µg/g in unpolluted sediments [28,41]. Mn value in mangrove sediments are within the range of background level of marine sediments at all sites.

Mangrove sediments at Al-Hodeidah exposed high value of Mn, indicating that these sediments might be affected by increased human activities in the city. In addition to this, their site is located close to the sewage

treatment plant, as well as Al-Hodeidah harbor. Based on background level of Mg, Mangrove sediments at Al-Hodeidah showed low pollution; At Ghorairah it exhibited a beginning of pollution in mangrove sediments. At Al-Salif, Al-Urj and Yakhtol it may be classified as unpolluted. Natural sources of Mn in mangrove ecosystems are weathering of rocks and soils, decaying vegetation [62]. Anthropogenic source municipal wastewater discharges, sewage, sludge, emissions from ferroalloy and Fe production, as well as combustion of fossil fuels [63].

Magnesium (Mg)

Magnesium occurs naturally only in combination with other elements, in humans; Mg is found in large deposits in minerals [26]. It is essential to the working of hundreds of enzymes [64]. Mg prevents and manages hypertension, cardiovascular disease, most importantly diabetes and joint pains [65]. The main applications of Mg are aluminium alloys; it is used in products that benefit from being lightweight, such as car seats, luggage, laptops, cameras and power tools [66].

The level of Mg in mangrove sediments ranged from 915.2µg/g in January at Yakhtol to 2,066.0µg/g in August at Al-Hodeidah. High levels of Mg in mangrove ecosystem at Al-Hodeidah might be attributed to the discharges, spills from industrial and municipal waste treatment plants, and fertilizers, as well as decaying vegetation, organic and mineral fertilization practice. The average value of Mg in the stream sediments and floodplain sediments is $1,200\mu g/g$, whereas in the earth's upper continental crust, it is 2,480µg/g [26,27]. A baseline Mg value for surface soil on the global scale has been estimated to be770µg/g, with an average value it is 1,500µg/g in shale sediments [26,67]. According to background levels of Mg, mangrove sediments at Al-Hodeidah exhibited low to moderate contaminated, at Ghorairah and Al-Urj it showed low contaminated.

Naturally, Mg may be discharged into mangrove ecosystem from weathering process of exposed soil, and decaying vegetation, while anthropogenic sources include discharges, fertilizers, spills from industrial and municipal waste treatment plants [68].

Iron (Fe)

Iron, one of the most abundant metals on Earth [26]. It is essential to most life forms and to normal human physiology; it is an integral part of many proteins and enzymes that maintain good health [69]. In humans, Fe is an essential component of proteins involved in oxygen transport, it is also essential for the regulation of cell growth and differentiation [70]. Its main role in humans is in the production of haemoglobin in red blood cells [71]. A deficiency of Fe limits oxygen delivery to cells, resulting in fatigue, poor work performance and decreased immunity [72]. On the other hand, excess amounts of iron in man could result in toxicity and even death [73].

The levels of Fe in mangrove sediments ranged from $8,432.4\mu g/g$ at Yakhtol in October to $15,255.2\mu g/g$ at Al-Hodeidah in April. Mangrove sediments collected from Al-Hodeidah and Ghorairah showed slightly higher levels of Fe than other sites. However, the high levels of Fe in Al-Hodeidah, may be due to partially treated sewage outflow from the city sewage plant, as well as Al-Hodeidah harbor. At Ghorairah might be attributed to the potential contaminants which loaded by water currents coming from the Gulf of Aden through Bab-el-Mandeb Strait.

The background level of Fe in marine sediments is ranged from 9,900 to 18,000 μ g/g, with < 41,000 μ g/g in unpolluted sediments [28,41]. A baseline Fe value for surface soil on the global scale has been estimated to be 19,600 μ g/g [26]. The average concentration of Fe in the stream sediments and floodplain sediments is 19,700 μ g/g and 19,500 μ g/g, respectively [26]. In the earth's upper continental crust, it is 50,400 μ g/g [27]. The present results of Fe are considerably lower than background level. According to background level of Fe, mangrove sediments could be classified as unpolluted.

Fe is released into mangrove environments by natural process, such as weathering of sulphide ores and rocks [27]. Anthropogenic sources of iron include the iron and steel industry, burning of coke and coal, sewage, landfill leachates and the corrosion of iron and steel [42].

Comparing the concentrations of studied heavy metals in mangrove sediments of the study area with those from other studies conducted within the same geographical region and other countries shown in Table 2.

Correlation Coefficient Analysis of Heavy Metals in Mangrove Sediments

Significant positive correlations between heavy metals in sediments may suggest that these heavy metals had common sources [74]. The present study found a positive correlation between Cd and Mg (0.592) in sediments, which indicate that Cd and Mg have a similar contamination sources and/or natural origin. The positive correlations of Zn with Fe/Mn indicate the significance of inorganic transfer mechanisms in aquatic systems, as

reported by Fang and Hong [75]. According to Horowitz and Elrick, iron oxides also play an important role in trapping metals in aquatic sediments [76]. Ray, et al. and Sarkar, et al. showed that Zn has positive correlations with Fe and Mn, also the present investigation confirmed that Zn has a high positive correlation between with Fe (0.702) and Mn (0.802) [32,77]. The present study assumes that the distribution pattern of Zn is closely related to the iron-rich deposits due to high adsorption between these metals. Fe exhibited positive correlations with Mn (0.855). Fe and Mn occur naturally at abundant levels and are thus barely affected by anthropogenic activities, which explain their apparent correlation in the sediments [77]. This study revealed that Fe showed a positive correlation with Mn (0.855), Zn (0.702) and Co (0.725). This is indicating that these metals may originate from similar pollution sources. The correlations with Fe and heavy metals have also been used to distinguish between the natural levels of heavy metals and anthropogenically enriched ones [78]. Good correlations between Fe and trace metal concentrations are expected for unpolluted sediments [79]. According to Fergusson, Barreiro, et al.and Sharma, et al. Pb is strongly sorbed to Fe/Mn oxides, which are reported to be more important than association with clays and organic materials [80-82].



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Figure 2: Seasonal variations of heavy metals concentrations (μ g/g) in mangroves sediments.

Lo	ocation	Pb	Cd	Cr	Ni	Со	Cu	Zn	Mn	Mg	Fe	Reference	
Red Sea	Al-Salif	7.73	0.18	19.05	21.93	9.14	26.43	37.43	302.14	1262.04	9920.59	Present study	
	Al-Urj	8.73	0.35	24.85	24.70	8.35	25.48	33.50	324.53	1579.46	10812.46		
coast of	Al-Hodeidah	14.25	0.53	33.10	31.73	14.78	37.43	51.05	478.83	1895.54	14113.94		
Yemen	Yakhtol	6.70	0.12	18.05	17.08	7.69	13.93	30.03	233.39	1058.18	9019.30		
	Ghorairah	11.50	0.43	24.93	24.93	11.09	28.00	45.63	407.39	1703.44	12835.33		
	Shuaiba	0.53	0.02	8.74	27.42	-	4.16	2.80	61.28	-	1810.0	Abohassan,	
Saudi	Yanbu	3.84	0.20	11.51	24.80	-	13.97	13.52	150.14	-	8825.9	(2013) [83]	
Arabia	Farasan Island	ND	ND-1.04	8.1-14.9	.37-4.0	-	256-356.6	29.5-36.8	-	-	-	Usman, et al. (2013) [84]	
Egypt	Abu-Minqar Island	12.80	0.40	-	-	-	18.30	37.60	479.60	-	3009.7	Dar and El- Saharty, (2006) [85]	
	Safaga Island	28.40	0.40	-	-	-	67.50	49.50	322.20	-	2486.0		
United A	rab Emirates	20.4-37.3	4.5-5.1	10.2-14.1	8.0-76.	.1-11.4	6.3-9.1	9.0-13.2	9.9-111.	-	-	Shriadah, (1999) [86]	
Iran	Qeshm Island	43.61	-	-	54.12	-	42.13	47.90	-	-	-	Einollahipeer, et al. (2013) [87]	
	Sirik Azini creek	32.31	18.93	-	99.41	-	26.48	151.75	-	-	-	Parvaresh, et al. (2011) [88]	
	Booshehr	94.80	-	-	64.14	-	46.04	181.46	-	-	-	Davari, et al. (2012) [89]	
	Kannur	28.00	2.00	-	-	52.00	47.00	66.00	395.00	-	37100.0	Badarudeen, et	

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India												al. (2014) [90]
	Gulf of Mannar	16.00	0.16	177.00	24.00	15.00	57.00	73.00	305.00	-	12600.0	Jonathan, et al. (2009) [56]
	Cuddalore	8.00	0.10	22.00	5.00	1.80	196.00	65.00	41.00	1752.0	3887.0	Kathiresan, et al. (2014) [91]
	Godavari	55.80	10.90	2.20	25.70	28.80	47.80	-	1059.00	-	4575.0	Ray, et al. (2006) [77]
Thailand	Pattani Bay	47.30	0.20	58.30	16.90	-	22.10	26.60	101.40	-	-	Kaewtubtim et al. (2016) [2]
Singapore	Khatib Bongsu	30.98	0.26	32.07	11.65	-	32.00	120.23	-	-	-	Cuong, et al. (2005) [92]
anglados	Sundarbans	25.61	0.09	52.87	207.31	-	44.69	74.09	740.95	-	42172.0	Kumar et al. (2016) [93]
aligiauesi	Sundarbans	19.30	0.55	15.70	76.10	-	10.50	73.60	436.80	-	17389.0	Awal, et al. (2009) [94]
	Futian	133.30	0.98	30.28	-	-	69.80	193.72	-	-	-	Li, et al. (2008) [95]
China	Maowei Gulf	18.31	0.34	30.02	9.24	-	24.81	59.85	-	-	-	Wu, et al. (2015) [96]
	Quanzhou Bay	61.60	-	21.90	8.19	4.49	49.00	62.00	943.00	-	7596.0	Yu, et al. (2015) [97]
Panama	Punta Mala Bay	78.20	<10	23.30	27.30	-	56.30	105.00	295.00	-	9827.0	Defew, et al. (2005) [98]
Colombia	Cienaga Grande	12.60	1.92	13.20	32.50		23.30	91.00	623.00		15593.0	Perdomo, et al. (1999) [99]
Brazil	Jequia	160.80	1.32	-	-	-	98.60	483.00	-	-	-	Kehrig, et al. (2003) [100]
	Antonina	-	-	-	-	-	1.80	7.20	29.00	-	268.0	Madi, et al. (2015) [101]
Australia-	Hawksbury	26.40	-	-	-	-	18.90	94.00	-	-	-	MacFarlane, (2002) [102]
	Queensland	36.00	0.60	1–72	9.00	-	1–12	23-56	103.00	-	1056.0	Preda and Cox (2002) [103]
France	Sinnamary	26.94	-	59.80	35.20	-	17.92	164.12	539.41	-	47245.0	Marchand, et al. (2006) [49]
Marine	e Sediments	4-17	0.1-0.3	7-13	9.9	10.0	10-25	7-38	400.0	-	9,900-18,000	Buchman, (2008) [28]

Table 2: Comparison between the present results of heavy metals levels in mangrove sediments with earlier reported in the other areas from the world.

ND = Not detected.

This study also confirms that Pb had a positive correlation with Mn (0.686) and Fe (0.666). Co is also widely scattered in the earth's crust [104]. It has positive correlations with Fe and Mn was (0.725) and (0.752), respectively. Thus, it is indicated that its occurrence in the surface sediments might be mainly due to natural sources, as reported by Hu, et al. [74].

Lu, et al. reported that Ni showed a positive correlation with Cu and Cr [104]. Based on the correlation coefficient, this study also revealed that Ni has a positive correlation with Cu (0.795) and Cr (0.707) in mangrove sediments. This positive correlation indicated that these metals may originate from similar pollution sources, indicating that these heavy metals were probably originated from common sources [105,106].

Variable	Pb	Cd	Cr	Ni	Со	Cu	Zn	Mn	Mg	Fe
Pb	1.000									
Cd	0.273	1.000								
Cr	0.665	0.265	1.000							
Ni	0.629	0.122	0.761	1.000						
Со	0.619	0.362	0.601	0.538	1.000					
Cu	0.683	0.141	0.707	0.795	0.598	1.000				
Zn	0.59	0.225	0.661	0.694	0.618	0.747	1.000			
Mn	0.686	0.257	0.633	0.646	0.752	0.667	0.802	1.000		
Mg	-0.257	0.592	-0.544	-0.524	-0.003	-0.516	-0.262	-0.168	1.000	
Fe	0.666	0.41	0.335	0.504	0.725	0.446	0.702	0.855	0.25	1.000

 Table 3: Correlation coefficient of heavy metals in mangrove sediments.

Correlation is significant at (< 0.05 and < 0.001). High correlation (r=0.7-0.9).



Conclusion

This study reveals that heavy metals concentration in mangrove sediments could be arranged in the decreasing

order as follows: Fe > Mg > Mn > Zn > Cu > Ni > Cr > Pb > Co > Cd. The investigated sites according to abundance of these metals in mangrove sediments were in the decreasing order of Al-Hodeidah > Ghorairah > Al-Urj >

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Al-Salif > Yakhtol. The levels of heavy metal, which accumulate in mangrove sediments of the study area, differ seasonally and spatially. The higher value of these metals in mangrove sediments were at Al-Hodeidah could be due to increasing anthropogenic activities in the vicinity of this site, whereas at Ghorairah may be attributed to the potential contaminants that carried by water currents coming from the Gulf of Aden, in addition, location of this site near Bab-el-Mandeb Strait, Al-Salif and Yakhtol showed no pollution by these metals, this might be due to limited influence of anthropogenic activities at these two sites. Elevated metals level during spring and summer might be associated with increasing biological activities, terrestrial run off and rainfall during these seasons. The levels of heavy metals in mangrove sediments were comparable with corresponding in other less polluted area of the world. These metals does not exceed TEL and PEL guidelines, except Cu and Ni, which indicate that it may be cause low harmful biological effects as proposed by CCME. Cu, Ni, Cd and Mg showed moderately polluted status according to USEPA. The level of these metals below which seriously adverse biological effects except Cu and Ni may be cause low harmful biological effects.

The present study considers the recommendation of carrying out continuous monitoring program for the Red Sea coast of Yemen, and that the levels of heavy metals must remain within the prescribed worldwide ratio. Also this study is baseline data toward future ecological study, conservation and management of the resources of these economically important environments in Red Sea Coast of Yemen.

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