

The Development of Tumor Heterogeneity and Actively Targeting Therapy Resistant Subpopulations

Chandel V and Kumar D*

Amity Institute of Molecular Medicine & Stem Cell Research (AIMMSCR), Amity University Uttar Pradesh, India

***Corresponding author:** Dhruv Kumar, Amity Institute of Molecular Medicine & Stem Cell Research (AIMMSCR), Amity University Uttar Pradesh, Sec-125, Noida, India, Tel: 7082436598; Email: dhruvbhu@gmail.com

Review Article

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Abstract

Tumor heterogeneity refers to the coexistence of cellular subpopulations bearing different epigenetic or genetic alterations within the tumor as a whole (intracellular tumor heterogeneity) and in different cells of the same patient referred to as secondary tumors/metastatic sites. This is clinically relevant because the bulk tumor mass may comprised of collection of cancer cells with varying levels of sensitivity to treatment and distinct molecular signatures. Tumor heterogeneity can also exist between the same cancer from different patients (inter-tumor heterogeneity) and within a single tumor (intra-tumor heterogeneity). Cancer cell heterogeneity introduces emerging challenges in classifying patients that might benefit from specific therapies or using molecular prognostic markers. Thus efforts in research for characterizing heterogeneity would be useful for a better understanding of the causes and progression of the disease. In the field of molecular diagnostics constituting tumor genotyping and blood based methods, recent advances allows the detection of clonal evolution in patients suffering from cancer.

Keywords: Heterogeneity; Tumor Microenvironment; Circulating Tumor Cells

Abbreviations: TME: Tumor Microenvironment; ECM: Extracellular Matrix; MMR: Mutations in Mismatch Repair; CSC: Cancer Stem Cell; TCGA: The Cancer Genome Atlas; DCIS: Ductal Carcinoma In Situ; PSA: Prostate Specific Antigen; PDAC: Pancreatic Ductal Adenocarcinoma; CRC: Colorectal Cancer; HNSCC: Neck Squamous Cell Carcinomas; DR: Death Receptors; TNF-R1: Tumor Necrosis Factor Receptor 1; IAPs: Apoptosis Inhibitor; BCL: B-cell lymphoma; MDM: Mouse Double Minute; HCQ: Hydroxyl Chloroquine; HDAC: Histone Deacetylase; mCRC: Metastatic Colorectal Cancer; RMT: Epithelial-Mesenchymal Transition; HDACi: Histone Deacetylase Inhibitors; CTL: Cutaneous T-Cell Lymphoma; DDR: DNA Damage Response; BER: Base Excision Repair; SSB: Single Strand Breaks; ROS: Reactive Oxygen Species; NRF: Nuclear Factor Erythroid; DMF: Dimethyl Fumarate; Lymphocytic Leukemia; CLL: Chronic NAC: N-TCA: acetylcysteine; Tricarbocylic Acid; DCA: Dichloroacetate: APC: Adenomatous Polyposis Coli; CAF: Cancer-Associated Fibroblasts; MDSC: Myeloid Derived Suppressor Cells; HIF-1α: Hypoxia Inducible Factor.

Introduction

Tumor heterogeneity, namely the fundamental concept in which the architectural and molecular variability of tumor contributes to malignant phenotype poses a major challenge in clinical oncology [1]. Briefly, heterogeneity can exist between cancers from different patients (inter-tumoral heterogeneity) and within a single tumor (intra-tumor heterogeneity) [2]. Thus, intertumoral heterogeneity allows classifying tumor on the basis of molecular profiling, morphological characteristics and cell surface marker expression with respect to the same organ and/or between patients. Conversely, intratumor heterogeneity refers to variation within individual tumor and the unique tumor microenvironment (TME), which poses a considerable challenge in cancer therapy [3,4]. Intra-tumoral heterogeneity and the unique TME characteristic of each patient contribute to the heterogeneity that makes each tumor unique as a result of the generation cellular clones. This causes the acquisition of resistance to several cancer therapies [4]. This in particular is a challenge in the advancement of precision medicine, which relies on a deeper understanding of cancer genes and mutational burden. With the advent of targeted therapies, tumor heterogeneity becomes increasingly interesting as this class of therapies is effective only in targeting events present in all cancer cells. Most drug development programs employing nextgeneration sequencing as a stratification tool do not consider the clonal or subclonal frequencies of a driver alteration, simply their presence or absence. Indeed, major targeted therapy strategies are in progress targeting the PI3K signaling axis despite evidence that somatic mutations in members of this pathway, including PTEN, PIK3CA, and mTOR, are often or always subclonal in ccRCC, ovarian, and prostate cancers. The clinical impact of driver variant allele frequency and the relative dominance of subclones with actionable alterations are priority areas for development within the context of clinical trial design. Emerging patterns of the temporal acquisition of mutations should further inform targeted therapy approaches. Until we have a greater understanding of complex paracrine and non-cellautonomous interactions of cancer subclones, targeting a clonally dominant, truncal driver may provide a more effective drug development strategy than simply considering actionable alterations as present or absent. The DARWIN trial (Deciphering Anti-tumor Response with intratumor Heterogeneity (NCT02183883) aims to assess whether targeting a clonally dominant driver event results in improved progression free survival outcomes relative to targeting the same driver event when it is

Chandel V and Kumar D. The Development of Tumor Heterogeneity and Actively Targeting Therapy Resistant Subpopulations. J Embryol Stem Cell Res 2019, 3(2): 000131. present subclonally. In addition, these studies will monitor the subclonal dynamics through therapy and during the acquisition of drug resistance [5]. Thus, it is important that novel drug development incorporates clonal heterogeneity to effectively target the complexity of tumors. In this chapter we outline the key aspects of tumor heterogeneity and current therapeutic options available for targeting these resistant sub-populations.

Tumor Heterogeneity

Intra-Tumor Heterogeneity

Intra-tumoral heterogeneity refers to the presence of distinct cancer cell subpopulations within tumors affecting malignant cells, additional cells within the tumor microenvironment (TME) and the extracellular matrix (ECM) [6,7]. As a result, intra-tumoral heterogeneity can manifest as spatial heterogeneity due to an uneven distribution of genetically diverse tumor subpopulations and as temporal heterogeneity for the dynamic variations in genetic diversity of a particular individual tumor over time either as a consequence of natural tumor progression or as a consequence of exposure to selective pressures created by clinical interventions [8]. Exclusively, the mutations occurring in genes which are responsible for cell-cycle regulation and replication can result in genomic instability. For example, using temozolomide for the treatment in glioblastomas which can enhance transition mutations in mismatch repair (MMR) genes, results in the generation of hypermutated phenotype. Targeted therapy treatment might exert more potent selective pressures on oncogenic driven cancer cells compare to the therapies which are non-specific such as cytotoxic chemotherapy. Indeed, many of the most compelling observations regarding temporal heterogeneity have occurred within the context of treatment with targeted agents. Genetic and epigenetic variations in tumor cells and/or influence TME contributing to the development of intra-tumor heterogeneity [9]. Two models have been proposed to describe intra-tumor heterogeneity: clonal evolution model and cancer stem cell (CSC) model [10]. In clonal evolution model, all the undifferentiated clonal cells are thought to have similar tumorigenic ability, with mutations contributing to the adaptation of cells. This model explains intra-tumor heterogeneity as a result of natural selection, with the clones that acquire a growth advantage will survive and those that are less capable of surviving in a specific environment will be depleted. Over the course of disease, the clones may continue to change spatially and temporally, resulting in an even more

complex sub-clonal architecture that is exacerbated by therapy [11]. Alternatively, the CSC model proposed that only a subset of cancer cells, that is CSCs, possess selfrenewal capabilities and high proliferative potential to initiate and maintain tumor growth. This model suggests that CSCs contribute to heterogeneity in a hierarchical fashion comparable to normal tissue hierarchy by healthy stem cells. Although these clonal evolution model and the CSC model have been proposed as mutually exclusive explanations of intra-tumor heterogeneity, Peter C, et al. combined them in 1976, proposing a new model for cancer development. In this model, genomic instability of malignant cells resulted in the emergence of a multiclonal disease [2] Genetic events are not solely responsible for intra-tumor heterogeneity as characterization of the genetic profiles of several cancer cell lines revealed that the majority of the cell lines demonstrated a high degree of genetic homogeneity with drug response strongly being linked to intercellular epigenetic heterogeneity [12]. Epigenetic changes such as post-translational modification of histones, DNA methylation, and chromatin remodelling are important for the maintenance of genomic organization, normal cell function and gene expression [13]. Malignant cells exploit this intrinsic machinery in the development of resistance to therapy. Therefore, it is not surprising that epigenetic heterogeneity lead to an unsuccessful therapeutic response rate in cancer therapies [8] (Figure 1).



Figure 1: This figure represents the heterogeneity in cancer cell population. Here it is shown that tumor Heterogeneity increases as cancer progresses and leads to treatment resistance as a consequence.

Intrinsic Factors Affecting Intra-Tumoral Heterogeneity

Genomic instability is the most common and widely studied factor contributing to intra-tumoral heterogeneity. The Cancer Genome Atlas (TCGA) states that normal cells have a mutational rate of 10-9 mutations per base pair division, whereas the somatic mutation rate in cancer cells was 0.28 to 8.15 mutations per mega base suggesting high genomic instability in cancers [14]. Genomic alterations, which occur in the pathways of base excision repair, DNA mismatch repair, nucleotide excision repair, telomere maintenance, double-strand break repair, chromosome segregation and DNA replication, lead to extensive and stochastic changes across the entire genome [15]. Large scale genomic sequencing analyses have led to the identification of characteristic genetic signatures associated with some of these mutagenic processes [5,16,17]. In addition to genomic instability, epigenetic changes also play a major role in intra-tumor heterogeneity with epigenetic variations existing between tumor subpopulations. Several studies on cancer stem cells (CSCs) suggest that in a tumor, epigenetic changes occur in a limited number of cells in a fashion similar to normal stem cells and that differentiation of normal stem cells gives rise to non-tumorigenic cells which are phenotypically diverse having bulk of cells in a tumor. Although there is still no consensus regarding whether cancers arise from normal stem cells or whether there is a strict hierarchy or bidirectional plasticity between the differentiation and de-differentiation states. Most cancer biologists accept that at any given time in any type of cancer, there are populations of cells with self-renewal and tumor-initiating properties, which are simplified as stem-like cancer cells [15]. Another cause of intra-tumor heterogeneity is differential gene expression. In several studies plastic switching of the cellular state has been demonstrated [18,19]. Specifically with the case of cancer cells, several cell surface antigens depending upon the drug treatment and tumorigenic assays undergo changes in a reversible manner, suggesting the mechanism of transient change in the gene expression [15]. Indeed, single-cell resolution experiments have demonstrated the stochastic gene expression as a fundamental nature of cells to cope with environmental changes, a common phenomena that is conserved from bacteria and phage till mammalian cells as well as cancer cells [20,21]. Therefore, it is important to integrate all experimental approaches to fully understand the alterations at all levels and their distinctive roles in tumor progression.

Extrinsic Factors Affecting Intra-Tumor Heterogeneity

The extrinsic factors responsible for intra-tumor heterogeneity include the components of the surrounding microenvironment and originate from spatial differences in cancer cells. A tumors blood supply is an important

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factor that contribute to the architectural variations observed in the microenvironment [22]. Normally, nutrients, growth factors, and oxygen are delivered to cells and metabolic waste is removed through the blood vessels. Unlike in normal cells, the vascular network of tumor vessels is highly disordered, dilated and heterogeneously distributed [23,24]. Intravital microscopy has revealed aberrant tumor vasculature as these blood vessels supply little or no oxygen [15]. The tumor core is generally hypovascular resulting in a chronically acidic and hypoxic region. The normal vascular network has a well-organized architecture, which provides nutrients by diffusion to all normal cells. In contrast, tumor blood vessels are dilated, saccular, tortuous and heterogeneously distributed. These structural and functional abnormalities in the tumor vasculature lead to a variable TME which in turn can lead to genomic instability, heterogeneous gene expression, signal transduction due to either indirectly via hypoxia, oxidative stress or acidosis or directly via hormones or growth factors [25]. Additionally, this microenvironment also creates an exclusive niche specifically enrich for CSCs in brain tumor [15]. In particular, it has been reported that the vasculature can provide a specialized growth niche for stem-like cancer cells in brain tumor. It has been CD133+/Nestin+ cells reported that of GBMs, ependymomas medulloblastomas. and oligodendrogliomas were located in close proximity to tumor capillaries. The self-renewal and proliferation properties of these cancer stem like cells were maintained in culture using factors secreted by endothelial cells [26]. Additional factors secreted by endothelial cells in culture also act to maintain the self-renewal and proliferative properties of CSCs [26]. Other components stromal cells such as inflammatory cells, mesenchymal, pluripotent cells, fibroblasts and components of the ECM secrete growth factors, cytokines which also contribute to the variability of genotypes and phenotypes [27].

Intertumoral Heterogeneity

Inter-tumoral heterogeneity, the cellular and molecular variations observed between tumors of the same origin, displaying different biological behaviours and unique molecular signatures that have variable impacts on clinical outcomes is driven by a combination of intrinsic and extrinsic mechanisms [8]. Intrinsic mechanisms of inter-tumoral heterogeneity include the genetic and epigenetic mutational profile of distinct cells within the tissue that leads to phenotypic differences. Additionally, extrinsic factors by the TME generate variability through complex interactions between the tumor and the TME, including immune cell infiltration, stromal heterogeneity or deregulation of the ECM [28].

Circulating Tumor Cells and Their Implication in Tumour Heterogeneity

Several reports suggests the mutational status differences of DNA and RNA or the expression profiles between the primary tumor and metastases, or within the single tumor [29-33]. Circulating tumor cells (CTCs) comprises a heterogeneous population of cells derived from tumor some of which may be the preliminary precursors of metastases or/and could result in spread of the primary tumor-to-metastasis or/and metastasis-tometastasis. The CTCs which have been derived from the primary tumor or metastatic foci could invade the surrounding tissue, or enter the bloodstream or lymphatics, survives in circulation, extravasate into a different tissue and at last grow at the new site [34]. Several reports have provided robust evidence that CTCs represent the cellular heterogeneity determined by the spectrum of mutation in primary tumor and metastatic lesions much better than a localized primary tumor or metastatic biopsy [35-37]. Cell to cell diversity within CTCs have been shown in various studies [1,38,39]. Furthermore, the profiles of CTCs evolve gradually with the progression of disease [40-42]. Conventional molecular assays only reflect the signal from the dominant clone or an average signal from all the clones, even though this may not be the most malignant CTC clone. For this reason, single cell analysis may be a solution to this problem. Since the presence of CTCs is in critically lower concentrations in leukocytes in the periphery, the molecular characterisation of CTCs is challenging in the bloodstream. Various techniques such as DEParray[™] technology (Silicon Biosystems, Bologna, Italy), the only automated instrument which identifies, quantifies and recovers individual cells and CellSearch® system (Veridex), which is the single assay for enumerating and enriching CTCs in clinics approved by FDA are used for the characterisation of CTCs [43,44]. CTCs studies have focused on their prognostic significance, their utility in real-time therapies monitoring, mechanism of resistance, the identification of therapeutic targets, and understanding the process of metastasis [45]. It is shown that CTCs molecular characterisation is important for increasing the specificity for diagnosis and their potential as therapeutic targets. Recently, it has been shown that molecular characterisation of CTCs is pivotal for increasing the diagnostic specificity of CTCs and their potential as therapeutic targets [46]. Several studies have

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demonstrated CTCs are heterogeneous [47-50]. Thus, the most reliable method established is the study of singlecell analysis of CTCs. Performing serial measurements of the dynamics of longitudinal biomarkers displayed in CTCs over the course of multiple sequential therapies, may provide insight into tumor evolution [51]. Also, temporal CTC monitoring may facilitate in identification of the effective drugs in individual cancer patients [52]; especially with those cases who already have tumor or will soon have tumor that are resistant to anti-cancer treatments. PIK3CA which is the most studied marker is one of the major examples. Studies reveal that in breast cancer, somatic mutations in PIK3CA play a major role in therapy response in breast cancer. Monitoring the mutational status of PIK3CA marker may thus improve the success of treatment decisions in these patients [53,54].

The Development of Tumor Heterogeneity in Various Cancers

Breast Cancer Heterogeneity: Breast cancer is one of the leading causes of cancer death and most frequently diagnosed cancer in women worldwide [55]. It is one of the most heterogeneous forms of cancer and contributes to the challenges encountered in the clinic during prognosis where the complexity of this malignancy can be misjudged by a single biopsy. As such, pathologists take biopsies of multiple regions of a tumor and provide a diagnosis depending upon the region which is most malignant. However, despite this process, there is a likelihood of other aggressive regions not being overlooked due to their scarcity and/or topological heterogeneity [56]. Intra-tumor and inter-tumoral heterogeneity are characteristic which can complicate diagnosis and lead to challenges with elucidating an effective treatment regimen. The progression of breast cancer occurs from a premalignant disease (example; ductal carcinoma in situ (DCIS) or hyperplasia) to invasive carcinoma and metastasis. Histological classifications and molecular profiling provides an insight into the type or subtype of breast cancer that has developed in order to accurately treat a patient. Currently, the histological classifications of breast cancer include the presence or absence of progesterone-receptor, estrogenreceptor, and/ or ERBB2/HER2 whereas molecular profiling further subdivides breast cancer into at least six subtypes (normal, HER2 en-riched, claudin low, luminal A, luminal B and basal like) [57]. The different clinical prognosis is reflected by these expression profiles. Various concepts are proposed for the origin of diversity in the tumor such as cell plasticity and hierarchy in tumor

cell, differentiation state of cell-of-origin, clonal cooperation, genetic evolution and tumor stroma as a source of heterogeneity in breast tumor [57]. The robustness of tumor is enhanced by heterogeneity which confuses diagnosis and prognosis and challenge cancer therapies [58,59]. The dependency of heterogeneous breast tumor cells progression on a single pathway is rare and this is the basic cause of resistance to targeted therapies [57,60]. A mutation which leads to resistance in the primary tumor may be present already at a very low frequency or may develop during the course of treatment. Despite the elimination of clones which were responsive, the clones which have become resistant may reduce the success of the treatment and result in tumor relapse and therapy failure [57].

Prostate cancer: Prostate cancer is the leading tumor of the male in Western societies [61]. The complicated diagnosis, therapy and prognosis of this tumour is difficult to the fact of heterogeneity in prostate cancer. The heterogeneous clones show different Resistance and sensibilities in various types of treatment. Transrectal examinations, digital rectal sound examination, determination of serum prostate specific antigen (PSA) are the common methods of identification and control of progression under treatment. However, these methods cannot predict further progression of the tumor at the beginning of the treatment because of the heterogeneity in prostate cancer. Certain tumors are androgenindependent and other are androgen-sensitive. DNA cytometry can be one of the mean to provide information about the biology of tumor and behaviour in prostate cancer [61].

Pancreatic cancer: Pancreatic adenocarcinoma is one of the deadliest cancers worldwide, especially due to its strong chemo-resistance and frequent diagnosis at an advanced stage. Tumor heterogeneity is significant at the histological level, within the tumor as well as between tumor. The most common of it is pancreatic ductal adenocarcinoma (PDAC). Besides that, epithelial tumor such as neuroendocrine tumor and acinar cell carcinoma also exist which have variable clinical outcomes and different molecular profiles, therefore should not be associated with PDAC. The prognosis of PDAC is very poor, with a 5-year survival rate of around 7%. Hence, a better and more effective molecular characterization approach for PDAC is necessarily required to identify the various pathways and key drivers resulting in carcinogenesis of pancreas and potential therapeutic targets. Various omic analysis such as metabolomics, transcriptomics, genomics have shown that the degree of

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PDAC heterogeneity is very high in terms of intra and inter-tumoral heterogeneity. PDAC identification with a deficiency in double strand break repair in DNA is routinely practiced and very challenging. The most appropriate technique will be targeted DNA sequencing formalin-fixed paraffin-embedded approach with samples. Another important method will be whole genome sequencing but it faces a lot of problem due to its expense and has a requirement of several bioinformatics structures for the analysis. However, reports suggests that similar approach in breast cancer could be effective on formalin-fixed paraffin-embedded biopsies with a higher sensitivity [62,63].

Colorectal cancer: Colorectal cancer (CRC) is the second most common cancer in women and the third most common cancer in men. CRC varies at different levels leading to the differences in prognosis and therapeutic response, even with the cancers of same TNM stage. Because of these differences, strict system of classification is exploited in order to stratify colorectal tumor into various groups with direct prognostic and therapeutic response. Tumor heterogeneity has been studied at various levels such as histopathological features, transcriptomics, genomics, and characterization of inflammatory infilterate. KRAS, NRAS, BRAF mutation status is also investigated to determine the response of anti-EGFR therapy. Off lately, four significant molecular subtypes of colorectal cancer have been demonstrated having therapy and prognostic relevance. Considering together these parameters facilitate to stratify the patients into various prognostic and therapeutic subgroups [64].

Head and neck cancer: The majority of head and neck squamous cell carcinomas (HNSCC) arises from the upper aerodigestive tract at their mucosal linings, suggests a homogeneous disease. But, HNSCC are heterogeneous. Various bifurcations in terms of location, anatomic, etiology and molecular findings are present. The recent omics technology and various molecular biological approaches have led to the identification of HPV related HNSCC and resulted in the development of new classification of tumor. Better response rates to the established treatment modalities have been shown by HPV related oropharyngeal cancers shown leading to a better overall survival rate. Thus, the status of HPV is regarded as important prognostic biomarker in HNSCC, and immunostaining of p16 has become an important marker for the determination of the status of HPV. Despite of various improvements in the therapy and diagnosis, mortality and morbidity stayed high and desired treatment of patients is a major challenge [65].

"Go or Grow" Hypothesis

Traditionally, the tumour progression was assumed to be mutation driven. However, many experiments have shown a common association between the migratory and proliferative behaviour of cancer cells. Especially, proliferation and cell motion are mutually exclusive processes. It has been shown that only during resting phase when cells do not move, cell proliferation occurs. This phenomenon is known as 'Go or Grow' mechanism or migration/proliferation dichotomy [66,67]. Biological evidence suggests that proliferative and migratory processes share common signalling pathway mechanism, indicating some unique intracellular mechanism which regulates both migration/proliferation behaviour. Such a hypothesis talks about the fact that migration ("go" as cell diffusion) and cell proliferation ("grow") are mutually exclusive phenomena, at some point tumor cells stop mitosis to migrate [66]. Hypoxia has been proven to be a biological evidence for the switch from proliferative to an invasive phenotype supporting 'go or grow' hypothesis. Many biological studies have shown the association of hypoxia to the tumors aggressive behaviour. In particular, hypoxia has been shown to downregulate the levels cadherins, resulting in adhesive cell disruption and promotion of metastatic and invasive behaviour [68] and reduction in the proliferative activity. The reliance of the proliferation/invasion switch on the levels of oxygen suggests that the network responsible for controlling migration and mitosis and may share common signalling pathways with the oxygen uptake network [69]. A clear effect of tumor heterogeneity represented by these two specific phenotype is the diauxie-like curve controlling the total density of cell. This happens when the subpopulation of migratory cells keep on increasing while the proliferative cells grow to a value which is maximum. Such result suggests the slow growth of cancer immunoediting process, when the immune system eliminates the cells which are modified followed by equilibrium and escape when tumor cells overcome suppression of immune system and tumor growth restarts with the activation of the migratory process [70,71]. The association between 'go or grow' hypothesis and heterogeneity has not been explored much. Alexandre Sarmento Queiroga et al. demonstrated a critical approach for describing kinetics of the cell growth which recovers the sigmoidal-like cell densities. The sigmoidal model for example Gompertz model has been widely studied and the sigmoidal behaviour is associated with

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the depletion of resources in the culture experiments. They proposed the inverse relationship of the division rate with the migration rate and death rates suggesting the greater potential for cells to start migrating or dving when resources are scarce. The heterogeneity model demonstrated by Alexandre Sarmento Queiroga et al. was represented depending upon two major phenotypes, proliferative and other being predominantly migratory. This facilitated and shed light on how the diverse phenotypes coexisting in tumor affects its growth. Also, it facilitates in the characterization of the variability of spatial distribution of the sub-populations of cells of two tumors of the same size and having a potential refinement of cancer staging [72]. Therefore, it is very important to explore such a hypothesis and raise the idea of whether there is a relationship between tumor heterogeneity, migration and proliferation. Are there tumor subpopulations dedicated to proliferation and others dedicated to migration? How is it that the relationship between heterogeneity, proliferation and migration can affect the development of a tumor?.

Tackling the Complexity of Tumor Heterogeneity to Overcome Therapy Resistance Heterogeneity

Since Intra-tumor heterogeneity is responsible for the unsuccessful rate of the therapeutic response in cancer therapies, it is important to develop an effective approach to tackle this problem. Boyang Zhao et al. exploited an optimization approach to tackle special and temporal heterogeneity. Their data incorporated quantitative effects of targeted therapeutics and chemotherapeutic drugs which are commonly used on murine Eu-myc; p19Arf-/-lymphoma cell line subpopulations generated by knockdown using shRNA in the apoptotic and DNA damage pathways. Computational analysis based on their generated data showed the utilisation of optimal drug combinations for tumors in which the genetic heterogeneity is qualitatively characterized. Initial result reflected that heterogeneity in tumor can homogenize drug efficacy effectively. Therefore, the drugs that kill the most possible broadest range of subpopulations are the most effective combinations of drug. Due to the fact of detection limitation of diagnostic tools and complexity within a tumor existing in patients poses a problem of incomplete information and uncertainty on the underlying composition of tumor for each patient. Irrespective of that, based on their sensitivity analysis and statistical sampling they discovered that particular combinations of set of drugs were directly linked with robustness and greater average efficacy. This suggests

that even without the complete information of a tumor's composition, a de novo optimal combinations of drug depending upon the robustness and average efficacy can be applied [73]. John Carl Panetta et al. have explored a mathematical model of heterogenous tumor populations where the resistance of this population to a chemotherapeutic treatment is also stimulated and have provided a medium of how such a model could improve such treatments. The considered mathematical model is a linear system of two ordinary differential equations which describes the cancer growth along with the effects of chemotherapy. The model considers the major parameters such as induction rate, dose period and growth rate. Consideration of these parameters is critical because if certainly the clinical data does not allow determining them, then the model will facilitate to develop an effective combination of chemotherapeutic treatments [74]. Also, Robinson F et al. described a model for the nonlinear mathematical cancer immunosurveillance focused on tumor cells phenotypic heterogeneity, especially regarding the recruitment capacities via cytotoxic activities, birth rates, angiogenic factors and immunogenicities differences. The model describes some invivo phenomenon such as robustness, tumor dormancy. immunoselection over cancer the tumor immunoediting in microenvironment composition. Bifurcation analysis gave tumor attractors fixed-points, limit cycles and chaotic attractors, the latter emerging from period-doubling cascade displaying Feigenbaum's universality. Finally, simulation studies of both escape and elimination tumor scenarios by means of a stochastic version of the model according to the Doob-Gillespie algo algorithm [75].

Improving Diagnostic Methods to Identify Heterogeneity

The emergence and development of novel therapeutic strategies and clinical trials to target heterogenous subpopulations, particularly those that are resistant has recently begun to be explored. This is primarily because assessing the intra-tumoral heterogeneity was difficult and thus therapies targeting this heterogeneity could not be developed. Currently, liquid biopsies of patient blood samples contain cell-free circulating tumor DNA, circulating tumor cells can be used to perform DNA sequencing provides an opportunity for the assessment and careful measurement of determining heterogeneity in tumor. This method has been shown to be highly specific and sensitive and it can detect both sub-clonal and clonal mutations in addition to identifying the development of resistance earlier than radiographic imaging. However,

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liquid biopsies have limitations concerning the ability to assess spatial heterogeneity as such, a combination of liquid biopsies along with careful selection of image diagnostics, tissue biopsies and biomarkers can be a more effective method to carefully assess heterogeneity in tumor [76].

Targeting Cell Signalling Pathways

With more accurate identification of heterogeneity, specific pathways can potentially be targeted as a result including those that are vital to the cancer cells. For instance, in the pre-clinical models of the breast cancer cell lines having PIK3CA mutations, treatment with a PI3K/mTOR inhibitor, a single agent BEZ235, resulted in an apoptotic response only in the presence of the expression of BIM. However, irrespective of the expression of BIM, paclitaxel was similarly effective [77]. Besides this, the expression of various other factors such as heregulin can be raised by the mutation in PIK3CA, resulting in the activation of oncogenic pathways independent of PI3K [78]. It has also been shown that monotherapy with mTOR inhibitors can lead to feedback activation of the AKT signalling pathway [79,80]. It has also been demonstrated that there is a co-existence of PIK3CA and KRAS mutation in patients suffering from advanced cancers. The preclinical data along with the early clinical observations suggests that the tumor having combined mutations could respond to combinations of MEK as well as PI3K mutations [81]. Also, in advanced stages of melanomas, inhibition of BRAF is effective having BRAF V600 mutations; but, having the same mutation in advanced colorectal cancer, treatment with inhibitor of BRAF vemurafenib resulted in dismal outcomes [81,82]. Subsequently, in colorectal cancers, the preclinical outcomes showed various multiple resistant pathways, such as activation of EGFR, activation of PI3K pathway and abnormal methylation [83,84].

Targeting Induction and Modulation and Apoptotic

The majority of the anti-cancer therapies indirectly or directly take advantage and exploits "apoptotic process" (programmed cell death) and various other pathways associated with cell death. However, as tumorigenesis progresses the acquisition of genetic alterations that to reduce sensitivity to cell death and under stress conditions increases their survival thereby minimizing the effectiveness of the drugs that target cell death [85,86]. The majority of emerging therapeutic approaches focus on "reactivating" cell death programs. This reactivation of apoptosis can be initiated by two

Chandel V and Kumar D. The Development of Tumor Heterogeneity and Actively Targeting Therapy Resistant Subpopulations. J Embryol Stem Cell Res 2019, 3(2): 000131. pathways: i.e intrinsic (mitochondrial) death pathway and extrinsic (death receptor) mediated a family of proteases called caspase [87]. Drugs triggering these pathways are currently being tested as a clinical approach against heterogeneity in tumor. For example, the expression of various death receptors (DR) such as Death receptor 3 (DR3) Tumor necrosis factor receptor 1 (TNF-R1), Death receptor 6 (DR6), cluster of differentiation 95 (CD95) (Fas/AP01). Death receptor 4 (DR4) have the potential to initiate cell death in majority of tumor cells and have powerful potential against cancer [87]. Due to differential expression of TNF-related apoptosis-inducing ligand (TRAIL-R1/DR4), (TRAIL-R2/DR5) and DRs in melanoma, the specificity and choice of the agonistic antibody and its potential to crosslink Fcy receptors on myeloid cells resulted in induction of apoptosis signalling and therapeutic efficacy [88]. A current ongoing clinical trial is investigating the ability of a TNF-related apoptosisinducing factor (TRAIL)-R2/DR5 to enlarge the efficacy of Nivolumab, a PD-1-blocker used in melanoma combination therapy (NCT02983006). Conversely, the application of small-molecule drugs targeting the intrinsic pathway; such as apoptosis inhibitor (IAPs) or by mimicking the B-cell lymphoma 2 (BCL2-2) protein families have shown promise. Additionally, directly targeting the expression of BCL-2 with antisense oligonucleotides leads to death of tumor cells [89]. Another strategy which is promising to initiate apoptosis in tumor cells focuses on the "reactivation" of *p53* which is a tumor suppressor because of its role in cell cycle arrest and apoptosis [87]. Restoration of p53 can be achieved through targeting its antagonists, mouse double minute 2 homolog (Mdm2), mouse double minute 4 (Mdm4) E3 ligase and inhibitors of apoptosis *p*53 [90] or via direct activators of p53 [91]. p53 reactivation may have synergistic effect with BRAFi potentially overcoming therapeutic resistances. Targeting autophagy is another strategy whose well estabilished drug such as hydroxychloroquine (HCQ) an anti-malaria agent is used to induce apoptosis in tumor cells and increases the potencies of majority of cancer therapies [92]. Therefore, various clinical trials are ongoing as mono- or combination therapy to determine the anti-tumor effects of autophagy inhibition in several types of solid tumors. These include clinical studies assessing the safety and efficacy of the combination of histone deacetylase (HDAC) inhibitor vorinostat with hydroxychloroquine with in refractory metastatic colorectal cancer (mCRC) (NCT02316340) and in other advanced solid tumors (NCT01023737) [91].

Therapeutically Targeting Epigenetic Changes that Contribute to Heterogeneity

Tumor cell plasticity and cellular transformation causing tumor heterogeneity require changes occurring at the epigenetic level through histone modification and DNA methylation. Such modifications in tumor cells are responsible for silencing tumor suppressor genes at various stages including development of drug resistance or Epithelial-mesenchymal transition (EMT) [93]. As such histone deacytylation via histone deacetylase (HDAC) and DNA methylation via DNA methyltransferases (DNMT) are potential therapeutic targets to be administered as combination therapy [94]. There are currently several drugs that target epigenetic regulators that are approved for treatment. Decitabine (5-azacytidine and 5-aza-2deoxy-cytidine) (NCT01876641), a DNA hypomethylating agent and inhibitor of DNA Methyltransferase 1 (DNMT1) is currently clinically approved for hematological malignancies treatment [95]. The first histone deacetylase inhibitors (HDACi), vorinostat was approved as third line therapy for CTL (cutaneous T-cell lymphoma). Also, combination of vorinostat with pembrolizumab, a checkpoint inhibitor a form of cancer immunotherapy focusing on targeting immune checkpoints that stimulate or inhibit its actions, which tumor cells can utilise to protect themselves from attacks by the immune system is tested in patients suffering from advanced NSCLC (NCT02638090). In addition to these various other HDACi such as *panobinostat*, *etinostat* are currently being investigated for the treatment of lymphoma, melanoma and mesothelioma [96,97].

DNA Damage Response Inhibitors

DNA damage response (DDR) mechanism are known to have consequences on processes such as DNA repair or cell cycle arrest or apoptosis [98]. In cancer, functional inactivation of DDR pathways lead to the increase in mutational load and genomic instability making the cells resistant to treatment. Thus. the use of DDR inhibitors is an important therapeutic approach. Considering the major therapeutic targets for inhibitors of DDR, currently being tested in clinical trials phase 0-II, are phosphatidyilinositol-3-OH-kinase (PI3K) family kinases, ataxia teleangiectasia mutated (ATM) and RAD3-related (ATR) and their downstream DDR kinases CHK1 and WEE1 [94]. Additionally, the inhibitors of the enzyme responsible for base excision repair (BER) of single strand breaks (SSB) known as poly (ADP-ribose) polymerase (PARP) are evaluated clinically as mono- or as combination therapy [99], Although with some limitations by using the inhibitors of DDR such as toxicity and

lipophilicity in proliferating normal cells, the fundamental concept of synthetic lethality depending on DDR pathways mutations in tumor cells can be exploited therapeutically. Due to the increased sensitivity of tumor cells with inactivated BRCA 1 and BRCA-2 tumor suppressor genes towards the inhibition of PARP [94], the inhibitors of PARP such as rucaparib, olaparib and niraparib received the approval of FDA for the treatment of refractory breast cancers and BRCA-mutant ovarian cancer. In a similar manner, because of the p53/RBpathway mutations creates a therapeutic window for CHK1 and ATR inhibitors and raises the sensitivity to DNA damaging drugs. The effectiveness of ATM inhibitors in preclinical studies in prostate and brain cancers has been observed in combination with radiotherapy as well as chemotherapy with increased sensitivity of PTEN-mutant or of *p*53-mutant cells [100]. With the case of melanoma, pre-clinical study suggest that PARP and DDR inhibition is a promising strategy for combinatorial therapy [94]. Therefore, in cells, the enhanced effects of DDR inhibitors having synergistic effects and sensitizing mutations of combination of various checkpoint inhibitors warrant further clinical testing.

Modulating Redox Activity

The reactive oxygen species (ROS) are defined as the cellular metabolism by- products and include compounds such as superoxides, peroxides, singlet oxygen which can cause damage to the basic biomolecules such as proteins and DNA. In tumor cells, the generation of ROS initiates the process of tumorigenesis by inducing DNA damage leading to mutations. These mutations can eventually cause metastasis and EMT by remodelling of the cytoskeleton and extracellular matrix. This process takes place over time and does not happen immediately following the DNA damage [101]. Due to the response of the oxidative stress, it hampers with various transcriptional regulators, enzymes responsible for mitochondrial detox and various tumor suppressors such as nuclear factor erythroid 2 (NRF2), NFkB therapeutic strategies targeting these processes with small molecules, phytochemicals or neutraceuticals may hold promise for targeted tumor combination therapy and may reduce cytotoxicity of conventional therapies Dimethyl fumarate (DMF), a redox modulator and is used as an approved treatment for several autoimmune diseases such as psoriasis and multiple sclerosis, induces recycling of intracellular glutathione (GSH) pool, inhibits NFkB p65/RelA thereby enhancing the overall response of antioxidant properties in various cell types [102]. DMF has the potential to cause programmed cell death in cells with

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T cell lymphoma [103] which is currently under phase-1 clinical trial for refractory chronic lymphocytic leukemia (CLL) (NCT02784834). In melanoma, the pro-apoptotic effects and the anti-proliferative effects of DMF have shown to reduced metastasis and growth of melanoma in pre-clinical models [100]. Similiarly, thiadiazolidinone (TDZD-8), a GSK-3β inhibitor, has proven to be effective in causing death in leukemia cells exhibiting stem cell-like markers [104]. The proposed mechanism of this is thought to via eliminating thiols with quick accumulation of ROS- causing minimal toxicity to normal hematopoietic cells. An alternative anti-cancer therapy includes the use of vitamins having anti-oxidant properties and is under phase-II clinical trial evaluating the effectiveness of higher doses of sodium ascorbate (Vitamin C) along with to kill heterogenetic tumor chemotherapy cell populations and to reduce toxic side effects (NCT02655913) [105]. Besides these, various other antioxidants and vitamins such as catechins, vitamin E, Nacetylcysteine (NAC) are been evaluated along with the combination therapies [94].

Metabolic Drugs

Another approach to target heterogenous populations is interfering with metabolic reprogramming in cancer cells focussing on major pathways such as glycolysis and various energy metabolisms. These strategies involve anti-diabetic biguanides *phenformin* and *metformin* which have shown anti-cancer properties by interfering with inhibition of mitochondrial complex and mTOR signalling pathway [106]. The mitochondrial ATP production and intermediates of tricarbocylic acid (TCA) cycle are shown to be decreased in the presence of biguanides. This lead to cancer cell death by reducing available glycolysis produced leading to cancer cell death by reducing available glycolysis produced ATP, availability to tumor cells [107]. Additionally, a pyruvate mimetic compound dichloroacetate (DCA), a metabolic drug with anti-cancer properties is used as a treatment for pediatric mitochondrial disorders [108]. This lead to the stimulation of function of mitochondria by inhibiting PDK1-4 (pyruvate dehydrogenase kinases) at the expense of glycolysis to reverse Warburg effect and suppress the tumor cell growth advantage [108]. Clinical trials examining the effect of DCA vs. Placebo in combination with *cisplatin* and treatment in radiation in patients suffering from III-IV stage of Head and neck squamous cell carcinoma (HNSCC) are currently underway (NCT01386632) [94].

Targeting Cancer Evolution

Genomic Instability Modulation

Epigenetic and genetic factors lead to tumor evolution resulting in reduced genomic stability. Examples such as BRCA1 and BRCA2 deficient breast and ovarian cancers lacking repair in homologous recombination, mismatch repair proteins function loss in sporadic and familial colorectal cancers [109]. Recently, the APOBEC family involved in protein activation has been shown to increase the rate of mutation across half of cancers [110] in humans and represents a common cause of subclonal diversification in NSCLC [111]. However, alterations in genes responsible for controlling stability of the genome have not been tested. A well-known example to kill homologous recombination-deficient cells is to use synthetic lethal approach as shown by the inhibitors activity of PARP in BRCA- like and BRCA- deficient cells [108]. This reflects that increasing instability in the genome by targeting a complementary DNA repair pathway over the tolerability threshold might result in breakdown of integrity of the genomic and consequently to cell death [112]. Additionally, a very high response rate to the immune checkpoint inhibitors is observed with the tumors bearing mismatch deficiency, thus significantly matching the levels of mutational burden with respect to the therapeutic efficacy [113]. Analogously, controlling instability in the genome for therapeutic purposes may slow down the progression in the tumor [114].

Targeting Clonal Mutations

Since the heterogeneity of the subclones of tumor occur at the epigenetic or genetic level factors evolution under selective pressure of anticancer drugs, it would be intuitive to think that in the cells the administration of drugs targeting truncal alterations could better increase the odds of durable control of disease [112]. In this regard, Pearson, et al. have demonstrated that the patients suffering from gastric cancer harboured tumor with a high level of FGFR clonal amplifications when treated with FGFR inhibitor AZD4547. Conversely, subclonal or low level of amplification was harboured in tumor which did not respond [115]. Studies involving 120 patients suffering from breast cancer and undergoing treatment with PI3K/AKT/mTOR inhibitors, tumor having clonal mutations in PIK3CA gene expressed a trend towards a improved and better response, which was however not statistically significant (82); indeed, as

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reported in study based on TCGA by McGranahan and colleagues, the raised frequency of alterations at the subclonal level of PI3K/mTOR across various tumors type, reflects that this could at least partially account for the modest results seen with the inhibitors of PI3K in patients with solid malignancies. In a similar fashion, in individual cancers careful knowledge of the status of clones of actionable could benefit the design and implementation of various therapies preventing it from acquired resistance. However, it is not always feasible to target clonal alterations directly. This is with the case of loss of function of adenomatous polyposis coli (APC), a tumor suppressor. In preclinical models apoptosis occurs after the restoration of APC in colorectal cancer cell line and regression of tumor [116]. The restoration of APC activity at the pharmacological level has unfortunately yet to be investigated. However, *p53* in various tumor types which is distinctly enhanced in clonal mutations, restoration of p53 lead to regression of tumor in autochthonous mouse sarcomas and lymphomas [112].

Immunotherapy

The interplay role between the host immune system and a tumor can facilitate in identification of the tumor immunogenicity [117]. The process of immunosurveillance can select for subclones with limited sensitivity to immune attack or subclone lacking immunogenic antigens [118] mediating evolution of clones and progression of tumor, a process termed as immunoediting [119]. Tumor cells can generate a microenvironment that actively captures the antitumor immune response of host by using various suppressive mechanisms such as the expression of indolamine 2,3dioxygenase, programmed cell death ligand 1 (PDL1), the induction of Tcell anergy or the secretion of antiinflammatory mediators (i.e., TGFb) [117]. Also, tumor have the potential to attract various other types of cells which would suppress invading immune cells and facilitate the growth of the tumor as well as survival, such tumor-associated macrophages (TAM), canceras associated fibroblasts (CAF), regulatory T cells, and myeloid derived suppressor cells (MDSC) [117]. Drugs which are immunotherapeutic such as cancer vaccines and monoclonal antibodies have become an important player in the landscape of cancer therapies and in the treatment of tumor heterogeneity. Also, as compared to the conventional therapies, immunotherapy plays a major important role in its potential to initiate immunological memory and epitope spreading, which may significantly contribute to preventing disease relapse. Especially, immunoregulatory checkpoints modulation has recently

been illustrated in several clinical trials in which antibody-mediated blockade of the immune inhibitory receptors programmed cell death ligand-1 (PD-L1), programmed cell death protein-1 (PD-1), or cytotoxic Tlymphocyte-associated protein 4 (CTLA-4) resulted in significant benefits at the clinical level in various types of cancers [120-122]. TILs, particularly CD8⁺ T cells, have been shown to be in association with improved prognosis as well as treatment response various tumor types such as ovarian, melanoma, breast and lung. The mutant peptide immunogenicity relies on its binding affinity with MHC class I ligands for presentation and recognization by CD8⁺ T cells [117]. Toxicity and druggability is the major issue when targeting with agents affecting multiple clonal alterations. To overcome these limitations various strategies are involved such as targeting dominant branched antigens or clonal neoantigens which were determined via evolutionary strategies such as systemic therapy or surgery, through adoptive cell therapy or vaccines. Snyder, et al. identified in a study of patients melanoma treated with CTLA-4 blockade with (ipilimumab or tremelimumab), candidate tumor neoantigens for each patient and validated a neo-antigen signature associated with a strong treatment response [117]. Such studies have the potential to use the neoantigen landscape of heterogeneous tumor to predict immunotherapy response and therefore aid treatment stratification.

Regulating tumor metabolism for the improvement of immune suppression of tumor microenvironment is one of the widely studied areas of research. Inhibition of Indoleamine 2,3-dioxygenase (IDO) with immunotherapy has shown effective results. Currently, two primary drug types against IDO are exploited: i) IDO inhibitor which is highly potent and inhibits tryptophan degradation example epacadostat [123] and ii) the pathway inhibitor of IDO which reverses IDO-mediated suppression of immune system and inhibits tryptophan degradation [124]. Also, in recent clinical trials, the clinical efficacy and safety of these two types of drug have been confirmed [125,126]. Additionally, the inhibitor of IDO; epacadostat in combination with pembrolizumab, anti-PD1 antibody have been shown as a safe and effective medium for advanced cancer types in clinical trials. Furthermore, clinical trial is going on for indoximod in combination with immune checkpoint inhibitor (NCT02073123) to study their preliminary efficacy. Therefore, it is predictable that IDO inhibitors have a potential synergistic effect with checkpoint inhibitors of immune system [127]. As a consequence of altered tumor metabolism, hypoxic and acidic microenvironments are

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caused within the tumor causing heterogeneity. hypoxic Therefore. targeting and acidic microenvironment is widely exploited as a strategy to modulate tumor microenvironment. It has been shown that PX-478, a selective inhibitor causes the suppression of Hypoxia inducible factor (HIF-1 α) levels [128]. Also, upregulation of lactate levels can significantly upregulate Bcl-2 levels via the translational control mediating starvation of glucose in cancer cells and promoting resistance. Cisplatin and etoposide in the clinical trial during abnormal metabolism of lactate in combination with Bcl-2 inhibitor AT-101 enhanced the antitumor effect [129]. Additionally, Monocarboxylate transport inhibitor AZD3965 mediating the transport of lactate, pyruvate and other metabolites showed effective antitumor effect [130].

Immunosuppressive conditions within the tumor can be modulated by the regulation of heterogenous components in stroma. The major underlying mechanism to reduce proliferation and invasion of tumor includes weakening the function of cancer associated fibroblasts (CAF), normalization of blood vessels within tumor for the effective transportation of drugs or immune cells to the specific tumor sites [131]. Considerable efforts are being taken for the development of anti-angiogenic drugs and several drugs have already been approved by FDA such as Avastin (bevacizumab) [132]. The combination of IFN- α and bevacizumab has passed clinical trial phase 2 and 3 and have been demonstrated to improve clinical efficacy in metastatic renal cell carcinoma suggesting the importance of combinatorial therapy over monotherapy. Also, clinical trials are going on for apatinib, the VEGF receptor tyrosine kinase inhibitor and PD-1 inhibitor to illustrate the efficacy for the treatment of gastric cancer types. Several studies are also focussing on targeting CAF to improve immunosuppressive condition by modulating CAF in the tumor microenvironment responsible for causing heterogeneity. It has been shown that the humanized monoclonal antibody sibrotuzumab directed against FAP α on CAFs has the potential to inhibit dual function of protease and signal transduction and thereby could block tumor progression, invasion and metastasis.

Recently, combining traditional treatment methodologies such as radiotherapy and chemotherapy with immunotherapy is receiving global attention. Every chemotherapeutic drug has a different underlying immunological mechanism associated with it for better efficacy. For example; drugs such as, 5-fluorouracil (5-Fu), oxaliplatin and anthracycline resulted in tumor cell apoptosis thereby increasing immunogenicity. Drugs such

Chandel V and Kumar D. The Development of Tumor Heterogeneity and Actively Targeting Therapy Resistant Subpopulations. J Embryol Stem Cell Res 2019, 3(2): 000131. as paclitaxel, gemcitabine and pemetrexed caused direct immunostimulation mediating tumor immunity of immune effector cells. Therefore, radiotherapy and chemotherapy can facilitate the elimination of number of tumor cells, and expose large number of neoantigens and tumor antigen products in the microenvironment which could recruit large number of immune effector cells and at last improve the immunosuppressive state of the tumor microenvironment [133].

Combinatorial Therapy Approach

The combinatorial approaches of drugs which are effective lately support the effectiveness of chemotherapeutic regimens. The approach of combined therapy is further supported by various models of acquired resistance; such as on patients with colorectal, melanoma, pancreatic cancer suggests that with appropriate targeted agents, monotherapy alone cannot abolish the disease in metastatic cancer even if there is limited tumor burden pressure. However, dual approach might be successful only with the case if the tumor burden is low and in absence of cross- resistance mutations. In Colorectal cancers, for example, secondary resistance to anti-EGFR antibody therapy, which interferes with signalling via the MAPK cascade, is often led by pathway reactivation through additional alteration via gain-offunction mechanism MEK, MET and RAS [134]. Following these observations, Misale, et al. showed that combinatorial treatment of EGFR-sensitive colorectal cancer models with vertical inhibition of EGFR and MEK, downstream effector of MAPK pathway prevents the occurrence of resistance [134] and a clinical trial adopting this approach in EGFR-sensitive CRC is ongoing to test the hypothesis (EudraCT 2014-00246033). Henceforth, combination of three or higher order combinatorial therapies is important for eradication of tumor even with the agents targeting truncal alterations; analogously, inhibition of distinct pathways would also be required to avoid cross-resistance [112].

Clinical Implications and Future Directions of Targeting Heterogeneity

The leading cause for treatment failure can be attributed to tumor heterogeneity. The variants of biomarkers in intra and inter-tumoral heterogeneity present challenge when using these biomarkers for patient stratification with the intention of predicting therapy response and shows spatial variability. Additionally, metastatic tumor cells and variable microenvironment at metastatic sites, divergent evolution

may lead to change in the expression of the biomarker in the primary tumor which was initially identified [135]. Hence depending upon the expression of biomarkers, treating the metastatic disease in the primary tumor may thus be less than optimal. Better understanding of changes in populations of cells and monitoring content of the tumor during the progression of disease and treatment may improve the diagnosis of cancer and therapeutic design. During patient's treatment, carefully visualising plastic or genetic changes in cancer might lead to the well selection of the next therapy as well as the subsequent therapy. To capture spatial heterogeneity; researchers would acquire multiple regions from each tumor or metastasis. Several other analyses including epigenetic are also important to be performed. Another necessary step is phenotypic correlation and clinical annotation of the samples [1,45]. In recent times, it has been shown that it is very important for the molecular characterisation of CTCs for their potential therapeutic targets. Since it has been shown in various studies the heterogenous nature of CTCs [45], the most reliable method established is single-cell analysis of CTCs. Another method which may help to detect the effective drugs in individual cancer patients is monitoring temporal heterogeneity [53] of CTCs exclusively for those who is already suffering from tumor or have chances for the development of tumors which are resistant to anticancer treatments. A classic example is PIK3CA which is the most studied marker. In the response therapy in breast cancer somatic mutation in PIK3CA plays a very important role. Examining the mutational status of PIK3CA marker might improve the further triumph of the treatment regime in the patients suffering from cancer [54]. In summary, A variety of small-molecule targeted therapies are currently available for novel combinational and alternative therapy regimens based on individual patient and tumor parameters considering heterogeneity. Therefore, it is now important to establish additional biomarkers including gene mutation patterns, expression changes, epigenetic makers, liquid markers, and tumor micro-environmental markers-to improve the prediction of the best combination regimen for each patient, tumor, and therapeutic stage. In the treatment of advanced melanoma, both additional triple combinations with BRAFi and MEKi and successive application of targeted therapies, as well as combinations of small-molecules with immunotherapy, chemotherapy, and radiotherapy may open novel perspectives. Furthermore, identification of additional tumor biomarkers may also lead to improved prevention and adjuvant strategies [54].

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