



Arsenicum Album in Bronchitis Treatment: A Homeopathic Perspective

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Abstract

Bronchitis is one of the common conditions for frequent hospital visit. Homeopathy is much to offer in this condition not only in the active phase of illness, where it acts by providing prompt relief of the symptoms, but it is also capable of checking the further predisposition to these condition in sensitive individuals. Bronchitis is a common condition affect the people. Bronchitis is inflammation of bronchial tube. The cause is smoking, air pollution, viral and bacterial infection. The symptoms are dry cough, sneezing, running nose, chest compression or pain, body pain, chills, mild fever, wheezing, vomiting, sore throat. In this study 5 cases of bronchitis with symptoms of Arsenicum album. Potency was selected according to the susceptibility and improvement was accessed by their intensity of symptoms before and after treatment. After Prescribing Arsenicum album 200 in water dose for 5 patients within 4 to 5 days of treatment patients exhibited healthy enhancement in precinct symptoms, sternness of grumbles full-fledged and rest. Thus homoeopathic medicine paves a greater role in curing bronchitis and its associated diseases.

Keywords: Arsenicum Album; Bronchitis; Homeopathy; Similia; Susceptibility

Introduction

Bronchitis is an Inflammation of the Bronchial tubes, may because by smoking, air pollution and viral or bacterial infections. Complications of a cold or flu may lead to acute bronchitis, which can be treated with over the counter cold remedies and by drinking plenty of fluids [1]. Acute bronchitis is a lower respiratory tract infection that causes reversible bronchial inflammation. In up to 95 percent of cases, the

cause is viral. Lower respiratory tract infection is the major cause of hospitalization. Among lower respiratory tract infection, acute bronchitis ranks the top. Acute bronchitis is a syndrome usually viral in origin, with cough as the prominent feature. The entire episode usually last about 2 weeks and seldom longer than 3 weeks. [2]. While antibiotic is often prescribed for patients with acute bronchitis, little evidence shows that these agents provide significant symptomatic relief or shorten the course of the illness. In a few small



studies, bronchitis such as albuterol have been found to relieve some symptoms of acute bronchitis. Increased attention is being given to the role of Chlamydia species in. Prescription will be done after reference in standard text books of Homoeopathic Materia Medica and according to guidelines of Organon of Medicine. Administration of relevant Homoeopathic similimum with proper dose and potency instituted upon the Homoeopathic principles [3]. Acute bronchitis and adult on set asthma. Studies in progress may help to clarify the importance of these organisms in acute bronchitis and to determine whether early treatment can prevent or ameliorate asthma. Even though the diagnosis of acute bronchitis is frequently made, the definition of this illness lack and its physiology is often misunderstood. Furthermore, acute bronchitis has traditionally been treated with antibiotics, although little evidence supports the effective supports the effective of antibiotics treatment in this illness [4]. To be given in the correct medicine in this disease. Homeopathy treatment is based on the symptoms of the disease and the similarities. The cases to be taken and collect the symptoms and find out the condition, to be selected the medicine in the symptoms based to be given the medicine in the symptoms and similarities to the disease [5]. Homoeopathy, the most modern medicine is based on totality of symptoms. Many homeopathic medicine had produced symptoms similar to that of bronchitis, during providing and these medicines will be useful in reducing the intensity and frequency of disease and thus giving a permanent relief, when a diminished according symptoms similarity.

Materials and Methods

This explore study comprises their source of collecting data on acute commencement of patients who had attended the OPD of Sarada Krishna Homoeopathic Medical College. This study constitution in 5 patients, cases selected constructed by clinical presentation of acute totality as an epidemic attack the symptoms presented with the nature of mild fever, body pain, chills, tiredness, body and muscles pain, headache, fatigue, sore throat, coryza with dullness, and dizziness, mucus filled cough, wheezing, chest congestion, vomiting.

Case I: A 62-year-old female patient reports as temperature of 100F cough and head ache for the past two days. These

symptoms are typically worse at night and occasionally followed by chest pain, running nose, nausea, and exhaustion. The patient has extreme body weakness.

Case II: A 46-year-old female patient has complained of chest pain, shortness of breathing, chills, and temperature of 99F for past three days. The issue progressively began as a body ache, progressed to a fever, mild wheezing and headache worse by physical activity. And the patient experience recurring spell of chest pain and sore throat. Together with significant weakness, running nose and coryza for the past day and complaints of thick expectation while coughing.

Case III: A 33-year-old female patient had temperature of 100F cough without expectoration, weakness had been present for three days, total body exhaustion and vomiting. Moreover, she suffered from body aches, a blocked nose, weakness and mild wheezing.

Case IV: A 54-year-old female patient complained 99 F of dry cough with headache for two days, as well as night time mild coryza for two days, along with body pain and sore throat, Patient exhibits significant nausea, intermittent, chills, and body pain.

Case V: A 48-year-old female patient had illness 99F of sneezing with running nose, cough without expectoration and sneezing in morning for past 2 days. She has mild wheezing, chills, breathing difficulty, body ache and vomiting. She presents with severe body pain and fatigue with muscle pain.

Results and Discussion

The outcome of the study conducted in five cases and prescribed with Arsenicum album 200 in water dose, these cases during least period one or two week conferring to rigorousness, if the repetition is needed it is ensured or it monitored with Sac lac. The results were scrutinized in relation with before treatment and after treatment have made into chart and recorded in study (Table 4) Dr. Hahnemann enlightens in Organon of Medicine in the aphorism 73 about the acute totality. Allied to those diseases generally become infectious when they prevail among congregated masses of human beings [6]. After 4 to 5 days of treatment patients exhibited healthy enhancement in precinct symptoms, sternness of grumbles full-fledged and rest.

Symptoms	Before treatment			After treatment		
	Severe	Moderate	Mild	Severe	Moderate	Mild
Body ache	10	6	0	2	0	0
Weakness	9	3	1	2	1	0
Headache	7	5	1	1	1	0
Running nose	5	2	0	2	0	0

Cough	6	3	0	1	1	0
Vomiting	2	0	0	0	0	0
Sore throat	3	1	0	0	1	0
Nausea	5	2	0	1	1	0
Chest pain	1	1	0	2	0	0
Chilliness	9	6	0	0	0	0
Mild wheezing	1	1	0	2	1	0

Table 1: Distribution of patients according to assessment of symptoms.

According to Dr. Samuel Hahnemann, acute disease short morbid process of deranged vital force, their onset is sudden with definite course and quick force their onset is sudden with definite course and quick expression no faction which terminates with in short time by complete recovery [7]. If an epidemic upon the derived miserable in embark. In the footnotes of aphorism 73 states about, a striking fact

in corroboration the while to the year previously in 1801, when the smooth Scarlatina of Sydenham still occasionally prevailed epidemically among children, it attacked without exception all children who took in time a very small dose of belladonna remained unaffected by this highly infections infantile disease [8].

Duration of illness	Severity of the Complaint	Day1	Day2	Day3	Day4
Case I	Cough, headache	Severe	Moderate	Mild	No Symptom
Case II	Shortness of breath, body pain	Moderate	Severe	Mild	Slightly present
Case III	Mild wheezing , body ache	Moderate	Severe	Mild	No Symptom
Case IV	Headache, Body ache	Severe	Mild	Moderate	Slightly present
Case V	Body ache, cough	Severe	Moderate	Mild	No Symptom

Table 2: Distribution of patient with severity of the complaint.

Therefore, uniquely 5 cases with bronchitis, dissimilar categories of indications and rigorousness of allied signs correspondingly fluctuates rendering with patients were prescribed Arsenicum album 200 potency in water dose. All the cases illustrate notable variation of patients, (Table 4) continuously assessing the intensity of upgrading of signs were renowned and the sequels of persevering the Homoeopathic Medicine Arsenicum album 200 potencies are very effective in the treatment of bronchitis with proper management. Assessment and distribution of patient is given in (Table 1) patient revealed outstanding vicissitudes and subsequently delightful medication [9]. Approximately symptoms remain additional stark which specify the patient

spectacles for the sternness of sign, a fore mentioned table displays the severity is drooping constantly (Table 2). Former temperature and successively enchanting the medication revealed in (Table 3) and after prescribing remedy patients temperature level recede downcast [10].

Temperature(0F)	Case 1	Case 2	Case 3	Case 4	Case 5
Before treatment	100	101	100	101	99
After treatment	99	98.6	98	98.4	98

Table 3: Severity of temperature before and after treatment.

Sl.no	Case I	Rx	Case II	Rx	Case III	Rx	Case IV	Rx	Case V	Rx
1	MLA	ARS	MLA	ARS	MOA	ARS	MLA	ARS	MOA	ARS
		ALB		ALB		ALB		ALB		ALB
2	MOA	SL	MOA	ARS	MOA	SL	MOA	SL	MOA	ARS
				ALB						ALB
3	AS	SL	MOA	SL	AS	SL	MOA	SL	AS	SL

Table 4: Severity of symptoms follow up and progression of the patient. MLA-Mild, MOA-Moderate, AS-Asymptomatic

Conclusion

Homeopathic is suitable for an epidemic disease and Dr. Hahnemann in *Organon of Medicine*, aphorism 72 to 73 he explains epidemic disease, in situations where none are endemic, are of the nature of chronic diseases, composed of single acute paroxysms each single epidemic is peculiar uniform character common to all individuals attacked, and when this character is found in totality of others symptoms common to all [11]. The Homeopathic cure is attained deprived of distress with shorn of production in progressive and unswerving mode of exploiting the doses [12]. In epidemic intermittent fever the first paroxysms have been left uncured, or if the patients have been weakened by improper allopathic treatment then the inherent psora that exists, in so many persons, although in a latent state, it developed contributed. Bronchitis is an acute inflammation the condition commonly affected the people [13]. The disease comes under epidemic disease, Dr. Hahnemann in chronic miasmatic disease the epidemic disease is says under the chronic miasmatic disease. Dr. Kent proverb the philosophy to treat the disease in the miasmatic condition, the say about the disease and treatment. Dr. H. A. Robert says about the miasmatic disease conditions in the philosophy. Homeopathy is treated under the miasmatic and the similarities of the disease conditions [14]. The chronic miasmatic disease is psora, syphilis, sycosis. The miasmatic condition to treat the epidemic disease. The philosophy says the disease in acute and chronic disease to collect the symptoms and find the totality, to given the medicine under the Homeopathic principal [15]. Homeopathic cure affords harmless, hasty, respite besides in bronchial disease with protracted as tenfold and status of fever no longer suitable and cannot be any amenity for further obstacles. A fore mentioned cases accomplish through extreme dosage of anti-pyretic or in discriminate improper consumption of antibiotics courses [16]. If medicine can protect from disease or raging around, they must possess vastly superior power of affecting our viral force. Some protected and settlement of doctrine homeopathy in treating disease, objectively not to produce symptoms but remove them [17]. By means of similar remedy the minimum dose is possible without producing symptoms. Homeopathy require the therapeutic dose must be capable of producing as light temporary aggravation or intensification of already existing symptoms, never of producing new symptoms. This study interpreted declined and comprehended in severity of complaints as well as the administration of Homeopathy remedies in treating could give good relief in managing and reducing the intensity of symptoms as well as in bronchitis.

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