



Review of “Integrative Perspectives Ayurveda, Phytopharmaceuticals and Natural Products” Published by Indian Association for the Study of Traditional Medicine, Mumbai

Lavekar GS*

Former Director General Ccras-Ayush Ministry, India

***Corresponding author:** Prof. Dr. G. S. Lavekar, Former Director General Ccras-Ayush Ministry, Govt. Of India, Email: gslavekar@gmail.com

Short Communication

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The above “IASTAM” text is published on NOVEMBER 13th 2020, the auspicious day of God Dhanvantari Jayanti. This book is a master piece of Academic, Clinical and Research contributions by various subject experts. The book consists of nine sections with connecting theme of ‘Integration’ of variety of thoughts, experiences and expressions with an editorial contribution for each section by Dr. Narendra Bhatt president IASTAM India. Integrative practices are very common in many developed and developing countries as these are having solutions for many problems. India is the first country practicing and propagating Integrative health Care Practices like Ayurveda integrating Dietary, Yoga and even some Chemical medicines; there were existing Integrative Medical Education few years back and again coming into practices. The said book is consists of 9 Sections comprising of 51 chapters, the salient features are as below: I-Globalization of Integrative approach will be more suitable inter connecting

1. Teaching, Learning and Training,
2. Professional Acceptance and
3. Product acceptance. At present in many western countries these are in practices on smaller scales.

II-Integrative Modalities-These are in practices like Chemical Medicine with Panchakarma=Bio-Cleansing Therapies, Conventional Chemical Medicine with Ayurveda Dietary approaches. III-Ayurveda Education now it is beyond

countries and cultures reached globally. In USA and EU countries Ayurveda with other health Care sciences is taught in many courses. IV-Shalya-Shalakya, Ayurvedic Surgical Sciences- This section has presented successful treatment of many rare and complicated cases. The “Anushastra” = “Minimal Invasive Treatment” like Ksharsutra=Medicated Thread, Jalaukavcharan= Bloodletting with Leeches- a Bio-Apparatus are the unique examples. V-Ras Shastra, Ayurvedic Alchemy- is the most potential panorama of medicine but requires in depth research and validation and this may prove an effective remedy like Cancer, AD and many more. VI-Drug Development- Molecular mechanism and Ayurvedic biology are new approaches for translational research-bedside to product-to deliver new drugs. VII-Phytopharmaceuticals, Standardization-Available technologies and scientific principles integrating with Ayurvedic principles at Raw material level, process level and finished products level forming a basis of update Ayurveda. VIII- Safety Regulations-as prescribed by WHO and EU are adopting by many production houses, there are some variations in Safety regulations among different countries.

IX-Anthropology, Humanities- Studies in humanities, medical social aspects and international interests in linguistics, Sanskrit studies has observed encouragement to integrate sciences and systems. Ayurveda has its own language the study of this will explore the in-depth knowledge.

