



Veterinary Ayurveda, Case file and Improvements

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Editorial

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Editorial

Ayurveda considered world's oldest medical science existed since 5000 BC, Ayurveda considered sub Veda of Atharvaveda. Ayu means life and veda means to know, hence text of Ayurveda contains everything related to good things for life like diet, lifestyle guidance, seasonal regime, herbs, treatments, psychological and spiritual aspect of life being. Ayurveda called ashtanga ie having eight medical faculties like kayachikitsa = medicine, baal = pediatric and gynaecology, graha = virology, urdhvanga = ENT, shalya = surgery, Danshtra = Toxicology, Rasayana = Antiageing, Rejuvenation, Vajikarana = Aphrodisiacs. At ancient times Ayurveda created deep impact on human social and health systems of belief and knowledge. That's why this knowledge taken shapes in the forms like vrikshayurved = Ayurveda for agriculture, hastyayurveda = Ayurveda for elpphants, ashvayurveda = Ayurveda for horses. From ancient times animals like horses and elephants are integral part of army of many kings from period of Ramayana, Mahabhartta etc. As ayurveda was main stream of medicine that time, to keep animal health optimum it was used as veterinary medicines also. With this it is already known importance of oraganic farming or not using chemicals in farming. Vrukshayurveda, branch of agriculture Ayurveda also promotes natural, organic form of farming and supports whole ecological system of animal, plant and human ecosystem!!

As animals are more near to nature than humans. Ayurveda uses natural ingredients in medicine contains like plant powder, decoction etc so Ayurveda is more familiar, bioavailable as a best medicine option for animals. Even if we observe or this is common observation is that many animals like dog, cat, and birds eat many types of grass for their complaints like indigestion, vomiting, loose motions etc. Comparing any food or medicine containing any form of chemicals if given more frequent to pets and animals create toxicity, physiological imbalance in them is also very common experience. Now a day every pet food contains

artificial flavors and colors which in turn harms pet heath severely. That's why for us more cases of cancer and tumor in rabbits, renal, liver failure, cancer, arthritis very common in pets like dog and cat. So if natural habitat of pet get disturbed toxicity in they increase which creates organ impairment or severe illness.

Pet Diet and Lifestyle

Giving artificial factory food always avoided in pets, so veterinary Ayurveda advice is fundamental give your pet or animal food in natural organic forms or from natural resource. With this to keep watch on your pet's health follow basic observation regarding his sleep, food, motions. If any inflammation or pathology in pets body disturbs his motion, sleep, appetite or psychological behavior! So ayurvedic medicines are more familiar as being natural to animals with this it's safe and without any side effects and more bioavailable. Even animal are comfortable regarding physical form of medicine like taste, color etc.

Veterinary Ayurveda

Ayurvedic herbs, medicines, leech therapy, are beneficial & useful for the animals also. Veterinary ayurveda is one of greater and safer option for science. As ayurvedic medicines are safe, natural, provide greater longevity and well being, a preventative approach. For the pet-guardian, ayurveda provides a healthier, happier companion animal, free from the hazards of communicable diseases .Specially Cats and dogs respond swiftly to herbs - therapies and diet adjustments. These valuable ayurvedic medicines studied and practiced more for the benefits of pets & animals. We find ayurvedic medicines, leech therapy are immensely beneficial for pets in many no. of conditions as arthritis, Inflammation, indigestion, renal diseases, skin conditions, wound healing, increase sugar levels, Giardiasis, cystitis, ophthalmic conditions and

many more! Even veterinary ayurveda remedies intended for health, fitness, prevention also we use & especially advice herb powder for this in the dose of 500mg to 2gm per day. Animals & pets are beings most near to nature that's why natural herbs are very suitable & safe to them. Veterinary ayurveda have its own system to diagnose animal through darshan (clinical examination), sparshan (exam with touch, pulse diagnosis), prashna pariksha (Case history, diet, life style management with help of guardian of pet).

Case file and Improvements

Case Paper

- **Pet Name:** Robin Age-15yrs (Robin was 15yrs old male dog brought to us when he diagnosed with cystitis & Arthritis. His guardian more conscious regarding his pain, swelling & decreased movements. We found him disturbed digestion & decreased urination with current medication of n said).
- **Complains:** Cystitis, decreased urination & appetite, swelling in joints & decreased ability to jump, run etc
Ayurvedic diagnosis: Need to balance vata, pitta dosha,

need to reduce pain, balance in digestion, and need improvement in urination. (pitta, vata shaman-balance).

- **Combination herb used:** sitopaladi chiurna + gokharu + shatawai + ashwagandha, vidanga + bala + shauktik + punarnava + jeshtamadhu-500mg tds.
- **Therapy given:** 2 Leeches applied at joint region of pain alternate day for 5 days; thanks a lot robin's behavior was cooperative!!

Follow up-after a month joint swelling reduced, urination improved, robin was able to make & jump, dietary intake improved. Continuing more couple of weeks on this program robin come to normal, with one more positive change noticed of stopped hair fall & skin improvement. Diet- In this we reduced non-vegetarian diet (fish) & increased veg diet in form of wheat & milk. Liquids also increased. How ayurvedic medicine works for pet? We diagnose imbalanced element (one of 5 elements-panchamahabhuta) of pet & provide it through medicine i.e, if pet is ill, cause behind that is imbalance (excess or decrease-loss) of one of 5 elements. So ayurvedic medicine works on the basis of theory of 5 elements-panchamahabhuta (Figure 1).

