

## Galangin and its Anti Inflammatory Properties

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### Editorial

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### Editorial

Galangin (4H-1-benzopyran-4-one-3,5,7-trihydroxy-2-phenyl and 3,5,7-trihydroxyflavone), a flavonoid derived from medicinal herbs including *Alpinia officinarum* Hance, *Alnus pendula* Matsum and *Plantago major* L. Propolis, a resinous substance from honeybees, has been used as an antiseptic in folk medicine and its biologic activity depends on the presence of galangin [1]. Galangin has antimutagenic, enzyme regulatory and antioxidant effects because of its chemical structure [2].

It is claimed that the anti-inflammatory effects of galangin arise from the suppression of eicosanoid synthesis by inhibition of cyclooxygenase (COX)-2 enzyme [3]. In some studies it is shown that galangin inhibits phospholipase A2 enzyme and reduce anti-inflammatory effects by decreasing adhesion molecule expression [4].

Choi et al. (2014) investigated the effects of galangin on atopic dermatitis (AD)-like skin lesions and underlying mechanisms of action. They have established an atopic dermatitis model in BALB/c mice. In this study, topical application of galangin reduced AD symptoms based on ear thickness and histopathological analysis, in addition to serum IgE and IgG2a levels. Galangin inhibited mast cell infiltration into the ear and serum histamine level; suppressed DFE/DNCB-induced expression of interleukin (IL)-4, IL-5, IL-13, IL-31, IL-32, and interferon (IFN)- $\gamma$  in the ear tissue and significantly inhibited the expression of cytokines and chemokine by the down-regulation of nuclear factor- $\kappa$ B and mitogen-activated protein kinases in HaCaT cells [5].

In another study, Kim et al. (2012) investigated galangin-induced apoptosis of human gastric cancer SNU-484 cells. In this study, galangin (50-200  $\mu$ M for 24 h and 48 h) inhibited proliferation of SNU-484 cells in a dose- and time-dependent manner. Galangin-induced cell death was characterized with the changes in cell morphology, DNA fragmentation, cell cycle, activation of caspase-3/-9, poly (ADP-ribose) polymerase (PARP) cleavage, and expression of MAP kinases such as ERK1/2 and JNK [4].

Similarly, Zha et al. (2013) investigated that galangin can abrogate ovalbumin- (OVA) induced airway inflammation by negative regulation of NF- $\kappa$ B. In this study, BALB/c mice sensitized and challenged with OVA developed airway hyperresponsiveness (AHR) and inflammation. Galangin dose dependently inhibited OVA-induced increases in total cell counts, eosinophil counts, and interleukin-(IL-) 4, IL-5, and IL-13 levels in bronchoalveolar lavage fluid, and reduced serum level of OVA-specific IgE [6].

In conclusion, we can say that the anti-inflammatory effects of galangin can be seen in different inflammatory conditions in a dose dependent manner.

### References

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