

## Review of Cusack's Cause for Schizophrenia

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### Mini Review

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### Abstract

We provide here a brief review of several popular papers on the root cause for schizophrenia produced by this author. The main cause for Schizophrenia seems to be dehydration from cholera. Schizophrenia affects 1 in 100 costing billions of dollars and millions of lives. We may see a cure soon.

**Keywords:** Schizophrenia; Cholera; Cusack; Review

### Introduction

I was asked to make a brief review of my paper: "LSD, Caffeine, and Cholera: Possible Causes of Schizophrenia" [1]. That paper is very brief, so what I will do is explain how that paper came about.

### The Process

I, myself have suffered with debilitating schizophrenia since 1997. In fact, I was hospitalized twice- once in 1997 and again in 1998 for a month at a time. I did not have a relapse until 2017. Both times I relapsed was because I stopped taking my medication for a couple of reasons, which I will not go into.

I was able to write 40 books and publish 196 academic papers and complete a diploma while managing my schizophrenia.

My psychiatrist was Dr V Joshi at the NB Community Health Centre. I recall that I had asked him what caused schizophrenia back in the nineties. He told me researchers thought it was caused by women who were pregnant having a severe flu. There were two island populations that he mentioned as significant, namely Ireland and

Mudassar. I also recall hearing that schizophrenia was a northern hemisphere problem.

After going down a few roads, I determined that Iron was a key factor in schizophrenics. A professor from Harvard showed me a study that had a map of Britain and prevalence of schizophrenia. I noticed when I overlapped the map with a geological map, I noticed that there was a definite correlation to areas of high schizophrenia and iron. I surmised that iron was a factor in leading to schizophrenia. We know that hyper-ferritism (high iron) weakens the immune system. There is a connection between a weakened immune system and schizophrenia. This would point to a virus.

Further back, I knew that my hometown, Saint John, NB Canada has double the national rate for Schizophrenia in the population. There had, historically been two cholera outbreaks in Saint John as a port city. The first epidemic began in 180's and the second was 1854. The first outbreak infected only about 50 people. The second had a colossal 5000 infected out of a population of 30,000. Living conditions would not have changed that much in those intermittent years. What did change was that iron loaded water from Lily Lake was piped to house holds through iron pipes. The iron weakened the immune system of the South Enders and Portland leading to the

massive outbreak of cholera and consequential schizophrenia.

In yet another study I undertook involved the Provincial Lunatic Asylum. I matched the surnames of those in the Asylum in the mid 1870's with these surnames recorded in the Saint John and Portland and Cholera Deaths of 1854. Did the offspring of cholera survivors lead to Asylum admissions? There seemed to be a statistical link although fraught with problems.

Then I turned my attention to Mudassar. The rivers there run red with high iron I suspected. However, more importantly, the Island to the north of Madagascar, namely Mauritius had 3 out breaks of cholera in the 19 th Century and a corresponding triple incidence of schizophrenia. Cholera seems to be the culprit.

Cholera, of course is caused by a virus that leads to diarrhoea and severe dehydration. I wonder, but do not know, how the dehydration affects women's DNA. My father's mother had cholera in the early 20th Century, just after the birth of her first child. She had 10 children who all seemed to be socially inept except for the first pre cholera born who was normal socially. Two of her remaining 9 children were schoids. My father was one of them. And I'm the full-blown schizophrenic [2-4].

## Conclusion

So it would seem that cholera damages human DNA somehow – perhaps by the dehydration. There are papers written about the link between LSD and Schizophrenia; and Caffeine I will not go into. Much work remains on finding the cure, likely found in genetics, for Schizophrenia which ruins so many promising lives and costs the health care system billions.

## References

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