

# Appendix

**Annexure-A** 

#### Information sheet

(English Translation of Information Sheet)

# Assessment of the Level of Knowledge Regarding about Breast Cancer among the Students of Basic B.Sc. in Nursing in the Square College of Nursing, Dhaka, Bangladesh

We are the students of Basic B.Sc. in Nursing in the SQUARE College of Nursing and we are undertaking research of our degree. As a part of our study, we are required to carry out a program of research. We are interested in finding out our level of knowledge regarding about breast cancer among the students of Basic B.Sc. in Nursing, to participate in our study, we are asked to fill out a questionnaire. There is no physical risk associated with the study. All the information was confidential and your identity will no appear in the report of research. Unauthorized people were not having access our information. There is no intention to upset you. However, if interview causes you any distress it will not be continued. We are free to withdraw your consent to participate in the research without any penalty. This will not affect your care now or in the future.

If you have any queries about this research please make consent us.

With regards **Propa Sikder** E-mail : propasikder@gmail.com SQUARE College of Nursing, Dhaka Batch: SCN8, Year: 4<sup>th</sup>



# **Annexure-B**

Dhaka University SQUARE College of Nursing House No: 91/N, Road no:7/A(New), Dhanmondi, Dhaka- 1209

# Assessment of the Level of Knowledge Regarding Breast Cancer among the Students of Basic B.Sc. in Nursing at SQUARE College of Nursing, Dhaka, Bangladesh

#### Dear Respondents,

We are the final year students of B.Sc. in Nursing at SQUARE College of Nursing. We are going to conduct as academic research on "Assessment of The Level of Knowledge Regarding Breast Cancer Among the Students of B.Sc. In Nursing at SQUARE College of Nursing, Dhaka, Bangladesh". For this purpose, we need some information's from you. All of this information will be used only for academic purpose. The confidentiality and anonymity will be strictly maintained. You have freedom to participate in an interview and you may abstain from answering any of their questionnaires.

Thanks for your kind co-operation.

#### Questionnaire

Respected Respondents,

We are the final year students of Basic B.Sc. in Nursing in the SQUARE College of Nursing.

We are going to conduct as academic research on "Assessment of the level of knowledge regarding breast cancer among the students of Basic B.Sc. in Nursing at SQUARE College of Nursing, Dhaka, Bangladesh."

For this purpose, we need some information's from you. All of this information will be used only for academic purpose. The confidentiality and anonymity will be strictly maintained. You have freedom to participate in an interview and you may abstain from answering any of their questionnaires. So, I need your kind co-operation.

#### ID NO:

#### Section I- Socio-demographic information:

#### Q. 1 Age: ----- (in year)

#### Q. 2 Educational level:

- a. 1st year B.Sc. in Nursing Students
- b. 2nd year B.Sc. in Nursing Students
- c. 3rd year B.Sc. in Nursing students

#### Q. 3 Marital status

- a. Married
- b. Unmarried

#### Q. 4 Religion

- a. Islam
- b. Hindu
- c. Christian
- d. Buddhist

#### Q. 5 Family Income monthly------

#### Q. 6 Are you doing any job beside this training?

- a. Yes
- b. No

## Q. 7 Father's occupation

- a. Employee
- b. Farmer
- c. Businessman
- d. Teacher
- e. Others (Please specify....)

#### Q. 8 Mother's occupation

- a. Teacher
- b. Employee
- c. House wife
- d. Others

#### Q. 9 How many family members you have? ----- members

#### Q. 10 How many of them are earning members? ------ members

#### Q. 11 Who is the main earning member of your family?

- a. Father
- b. Mother
- c. Brother
- d. Sister
- e. Other (Please specify.....)

#### Q. 12 Living condition

- a. Building
- b. Tin shade
- c. Clay house
- d. Others

#### Q. 13 Sources of your information

- a. Internet
- b. Newspaper
- c. Seminar
- d. All above.

#### Section II- Breast Cancer Related Knowledge (BCRK):

In the following multiple-choice questions (MCQs), choose the best options & mark the letter of the correct answer.

#### Q. 14 What do you mean by breast cancer?

- a. Abnormal & uncontrollable growth of breast cells.
- b. Normal growth of breast cells.
- c. Sore of breast.
- d. All above.

#### Q. 15 What are the types of breast cancer?

- a. Invasive lobular carcinoma
- b. Invasive ductal carcinoma
- c. Ductal carcinoma in situ
- d. All above.

#### Q. 16 Which one is the symptoms of breast cancer?

- a. A new lump with sore nipple
- b. Nipple sore without lumps
- c. Breast color is normal

d. All above.

#### Q. 17 Causes of breast cancer-

- a. Increasing age.
- b. Being overweight or obese.
- c. Hormone replacement therapy.
- d. All above

#### Q. 18 What is the best diagnostic test for breast cancer?

- a. Biopsy
- b. Blood test.
- c. Hormonal test.
- d. ECG

#### Q. 19 How many stages of breast cancer?

- a. 5
- b. 6
- c. 7
- d. 8

#### Q. 20 What is the screening test for breast cancer?

- a. Hormone blocking therapy
- b. Chemotherapy
- c. Mastectomy
- d. Mammogram

#### Q. 21 Which women are at high risk for breast cancer?

- a. 20 years old
- b. 40 years old.
- c. 50 years old.
- d. Over 50 years old.

#### Q. 22 What are the warning signs of breast cancer?

- a. New lump in the breast or armpit.
- b. Swelling of the part of the breast.
- c. Irritation or dimpling of breast skin.
- d. All above.

#### Q. 23 What are the barriers towards breast cancer screening?

- a. Acceptable to touch body
- b. Embarrassing to tell people about it
- c. Lack of knowledge
- d. Above all

#### Q. 24 Which side of breast is common for cancer?

- a. Right
- b. Left
- c. Both side
- d. All above

#### Q. 25 How is breast cancer treated?

- a. Surgery
- b. CT scan
- c. Phototherapy
- d. X-ray

#### Q. 26 Is breast cancer curable?

- a. Yes.
- b. No.
- c. Depends on stage.
- d. Don't know

#### Q. 27 How can we prevent breast cancer?

- a. By following healthy weight
- b. By avoiding smoking
- c. By Avoiding hormone therapy for menopause
- d. All above

#### Q. 28 What is the most common complication of breast cancer?

- a. Metastatic breast cancer
- b. Nipple changes
- c. Destruction of breast
- d. Chest pain

### Q. 29 Risk factors of breast cancer

- 1. Inspire breast feeding
- 2. Avoiding breast feeding
- 3. Young age
- 4. Avoid OCP

#### Q. 30 How often do you check your breast?

- a. Rarely or never
- b. Once every 6 months
- c. At least once a month
- d. At least once a week

Thank You

Date.....

..... Signature of investigator

# **Annexure-C**

#### **Permission Letter**

To The Principal, SQUARE College of Nursing, Dhanmondi, Dhaka- 1209.

**Subject:** Prayer for seeking permission for data collection from Basic B.Sc. in nursing students at SQUARE College of Nursing in Dhaka .

Madam,

With due respect, I would like to inform you that I am the the student of 4<sup>th</sup> year B.Sc. in nursing of your college. I want to collect data from the students of SQUARE College of Nursing for my research purpose. So I need your permission.

Sincerely yours, Your most obedient student Propa Sikder 4<sup>th</sup> year, 8<sup>th</sup> batch Basic B.Sc. in nursing SQUARE College of Nursing Dhaka.

## **Annexure-D**

SI No	Items	Cost (Approximately)							
	Literature searching:								
1	Internet	3,500 tk							
	Journal								
	Materials								
2	Pencil	3,500 tk							
	Pen								
	Paper or Duplication paper								
3	Photocopy	5,000 tk							
4	Binding	3,000 tk							
5	Transport	1,000 tk							
	Total	16,000 tk							

## **Annexure-E**

### **Research Plan (Time Frame)**

Activities	Month	A	ugu	st	September					October				November				December					Ja	anu	ary		February		
	Week	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
Elemen discuss																													
Topic selection																													
Literature review																													
Proposal writing																													
Develop questionnaire																													
Pre-tes question																													
Finaliz question																													
Data collection																													
Data analysis																													
Study pr writii																													
Study pr submis																													
Repo dissemin																													

### **Annexure-F**

## Map of the Study Area SQUARE College of Nursing, Dhaka, Bangladesh.

