

# Nanomedicine and its Applications

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**Editorial**

Volume 4 Issue 3

**Received Date:** November 19, 2019

**Published Date:** November 29, 2019

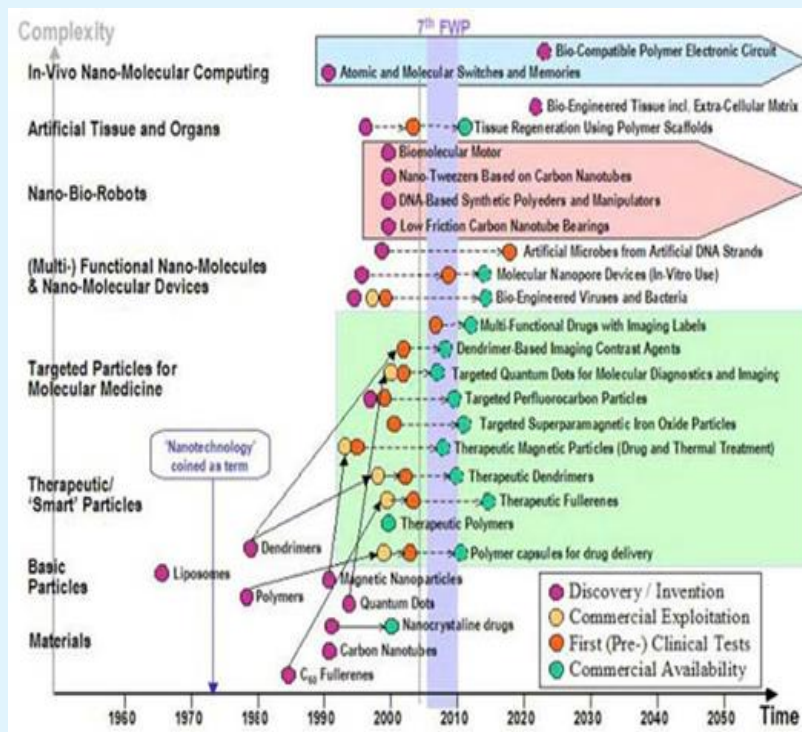
**DOI:** 10.23880/nnoa-16000166

**Editorial**

**Introduction**

Nanomedicine plays a vital role in drug delivery and regenerative medicines. Nanoparticles enable clinician to target drugs right at the root of disease, which not only

increases efficiency but also minimizes side effects. They also offer new potential for controlled release of therapeutic substances [1].



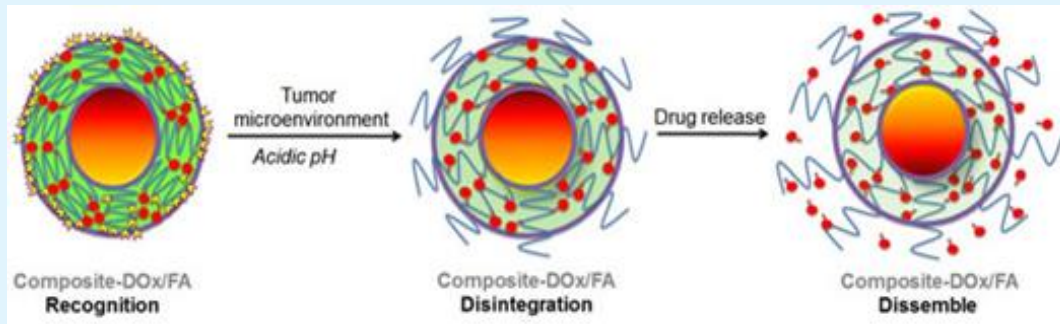
**Figure 1:** Illustrates indicate what has already been achieved and what the future prospects for nanomedicine [1] are.

## Nanomedicine for Anti-Cancer Chemotherapy

Scientists at University of Helsinki in association with other university have developed a new technique for anti-cancer nanomedicine for cancer chemotherapy. This new

nano tool supports novel approach to use cell based nanomedicines for efficient cancer chemotherapy.

Exosomes contain various molecular elements of the cell including proteins and RNA. Scientist utilized them together with synthetic nanomaterial as carrier's anticancer drugs [2,3].



**Figure 2:** Illustrates the drug release mechanism via functional outcome of the pH response illustrated in the schematic diagram. Image Source: Smart Materials and Biodevice group, Linköping University [1].

## Nanomedicine Aims to Reach Areas like Brain

As per researcher's study, they found a way to transport specific drugs to parts of the body that are very difficult to access with an ordinary drugs. In this study, Y-shaped block cationer (YBC) binds with definite therapeutic materials to constitute a package of size 18 nanometers wide. This bundle is less than one-fifth the size of those that were considered in previous studies; so it can pass through much smaller gaps. This allows nanomedicine to pass through barriers in cancers of the brain and pancreas [4,5].

## Nanomedicine to Treat Brain Cancer

For better treatment and advancing the technology one of the most serious form of brain cancer. Researchers from Illinois reported a novel method of first nanoparticle that can seek and destroy brain cancer cells without actually damaging neighboring healthy cells.

The solution contain chemically linked titanium dioxide nanoparticles to an antibody that identifies and attaches to GMB cells. In their experiment, these nanoparticles killed up to 80 percent of the brain cancer cells after 5 minutes of exposure to focused white light [6,7].

## Nanomedicine Helps to Resolve Inflammation and Develops Tissue Healing

A team of researchers at Columbia University Medical Center in collaboration with Massachusetts Institute of Technology and Brigham and Women's Hospital has created biodegradable nanoparticles that can deliver nano drug to the sites of tissue injury. It holds promise for the treatment of wide array of diseases characterized by excessive inflammation such as atherosclerosis [8].

## Machine Learning Technique Analyzes Nanomedicines for Cancer Therapy

Scientists developed non-obvious and a novel technique to improve challenging nanoparticles bringing them one step closer for treatment option for many forms of cancer, genetic diseases, neurological disorders and other diseases.

In this research variation in structure leads to interdependent contributions to the efficacy. For instance, the ability to stimulate an immune response can depend on nanoparticle size and also illustrates how DNA molecules are oriented on the nanoparticle surface [9,10].

### Conflicts of Interest

There is no conflict of interest as per Author's point of view.

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