



A Mini Review on Polymers and their Applications

Sangam SA^{1*}, Thabaj KA¹, Mathad S² and Shirgaonkar DB³

¹Department of Chemistry, KLS Gogte Institute of Technology, India

²Department of Physics, KLE Institute of Technology, India

³Department of Physics, Anandibai Raorane Arts, Commerce and Science College, Vaibhavwadi, India

*Corresponding author: Sheela A Sangam, Department of Chemistry, KLS Gogte Institute of Technology, India, Email: sangamsheela123@gmail.com

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Abstract

This review presents a comprehensive overview of the recent advancements and developments in polymer science and technology. The structure and classifications of polymers are discussed, highlighting their unique properties and potential for tailoring specific applications. New polymeric technologies in medical applications, including as implantation of various body parts, have grown in popularity in recent years. This review paper discusses many types of polymers and their use in various fields. Polymers have an essential function in medicine and medication delivery. Polysaccharides have also been used to target medications to the colon following oral delivery. Moulds are the type of polymers which are used by dentists during the procedure. Polymeric semiconductor like Polypyrrole (PPy), polyaniline, and polydopamine which show remarkable applications in the field of electronics. Purification of water and elimination of harmful elements found in industrial water effluent is accomplished by the use of polymer membranes.

Keywords: Polymer; Drug Delivery System; Natural; Synthetic Polymers

Abbreviations: LDPE: Low-Density Polyethylene; APIs: Active Pharmaceutical Ingredients.

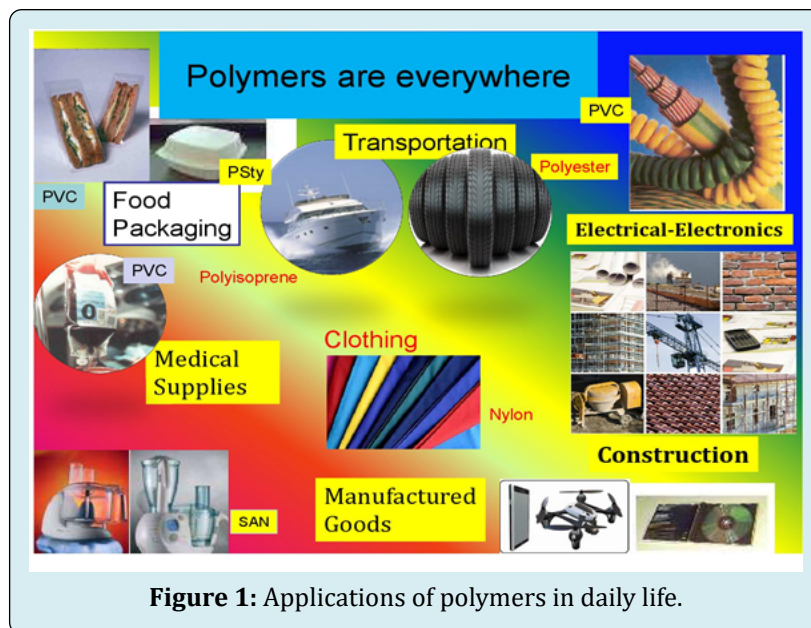
Introduction

The study of big molecules made up of repeated monomeric building blocks is known as polymer research. Due to their extensive variety of uses across several sectors, these materials have attracted a lot of interest [1-5]. The

creation of new materials with improved characteristics is one topic of polymer research. Researchers want to create polymers with enhanced chemical resistance, thermal stability, and mechanical strength. They are appropriate for use in the construction, automotive, and aerospace sectors because of their characteristics. Applications of polymers are briefly mentioned in the Table 1 and applications of polymer in daily life shown in Figure 1.

Sl. No	Areas	Applications
1	In textile Industries	Fibres, colouring fabrics, threads,
2	Biomedical	Bandages, organ implantation, fibres and threads used in the surgery, fibres used in surgical dressings.
3	Protection	Helmets, protective guards, bullet proof guards, diving helmets.
4	Industries	Adhesives, Man-made fibres, polymers used in surface coatings.
5	Transportation	Curvings, seat belts, seat cushions, rubber tubes and plastics.

Table 1: Applications of polymers in different areas.

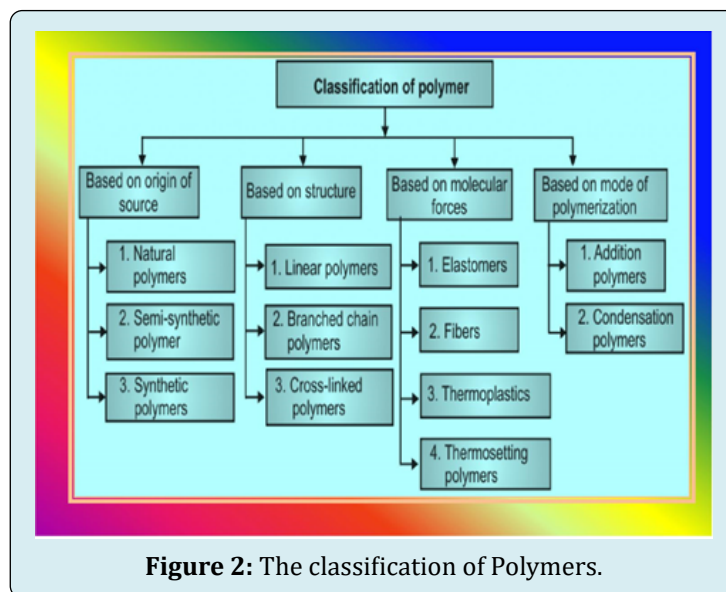


Classification of Polymers

Polymers are categorized according to their origin, structure, and characteristics. Designing polymers with specific properties for a range of uses in sectors including packaging, textiles, medicine, and more requires a thorough understanding of these classes. Because each form of polymer has unique benefits to provide, they are useful materials in contemporary culture [5-7].

Based on the origin polymers are classified into natural, semisynthetic and synthetic polymers. Natural polymers

are frequently found in nature and are generated from living organisms [8-11]. These are namely proteins, nucleic acids and polysaccharides. Proteins are the polymers with amino acid monomer and peptide bonds. Examples silk, wool and enzymes. Polysaccharides include sugar molecules as monomers example cellulose and starch. Nucleotide monomers are the building blocks of nucleic acids, which include DNA and RNA [12-15]. Genetic data is sent and stored by them. Natural polymers that have undergone chemical treatment to create semi-synthetic polymers [16-19]. A regenerated cellulosic fibre is rayon.



Carbon disulphide and NaOH react chemically with wood pulp to produce rayon. Cellulose nitrate is made by

adding nitric acid to cellulose [20-24].

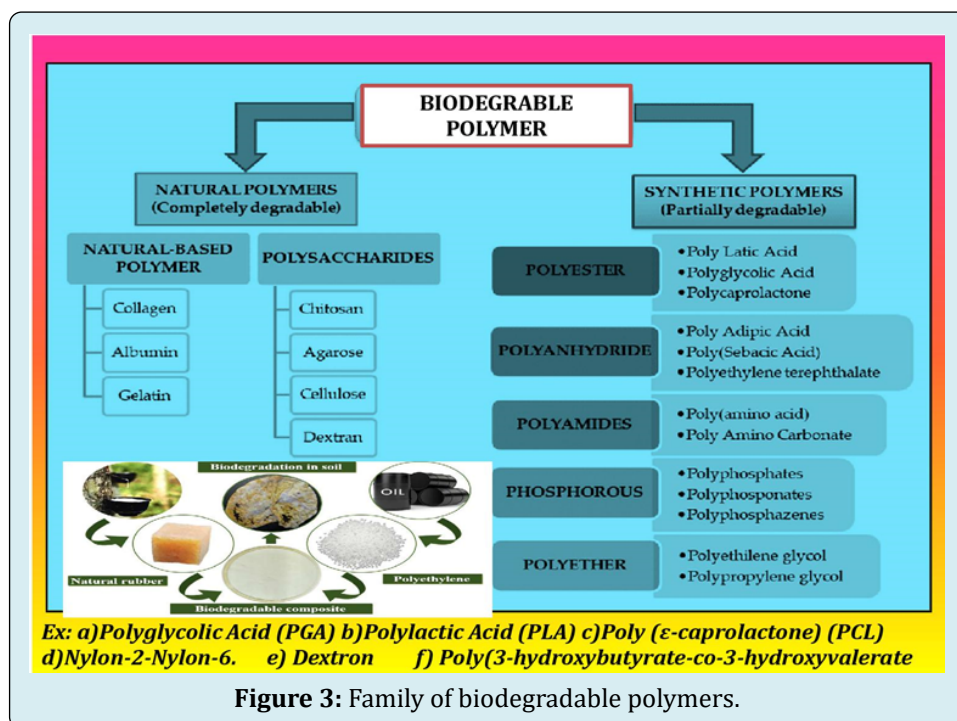
Chemical processes are used to produce synthetic polymers, which are developed by humans. They are divided further into Polymers with Addition polymers and Condensation polymers. Monomers are repeatedly added to create addition polymers, but no small molecules are removed in the process. Polypropylene (PP) and polyethylene (PE) are two examples [25-29].

Condensation polymers are created when the polymerization process eliminates a tiny molecule, usually water. Nylon, polyester, and polyurethane are among examples.

A polymer can be categorized based on its molecular composition. This categorization may be divided into three major groups. These polymers are known as linear polymers, having a straight chain structure with linear links connecting the monomer units. Polyethylene and polypropylene are two examples. Branched polymers have side chains or branches that originate from the main chain. Branching may be seen in polymers like low-density polyethylene (LDPE) [30-34]. Network polymers are sometimes referred to as

crosslinked polymers because they contain strong crosslinks between their polymer chains, which gives them three-dimensional structures. Crosslinked polymers include things like rubber and thermosetting plastics. Figure 2 illustrates that, classification is based on their molecular forces and behaviour of polymers, when exposed to heat. These techniques of categorization are not mutually exclusive and that a single polymer might be classified under many headings depending on various criteria. Understanding the wide world of polymers and their uses is made easier to this overview.

Biodegradable Polymers: These are a particular type of polymer that degrades naturally into by-products including gases (CO₂, N₂), water, biomass, and inorganic salts after serving its intended purpose. These are the polymers that break down due to the action of microorganisms and enzymes in either aerobic or anaerobic environments. It is developed using elements like polyesters, cellulose, and starch. The most utilized polyesters of this kind are aliphatic polyesters [35-39]. Figure 3 includes the classification of biodegradable polymers and its examples.



Applications of Polymers: Due to their wide range of characteristics and adaptability, polymers are essential in many sectors. Here are a few crucial application fields. Applications for polymers include clothing, flooring, garbage disposal bags, and packaging. Applications for polymers used in the industrial sector include pipes, tanks, packing materials, insulation, wood substitutes, adhesives, composite

matrix, elastomers, and fighter plane windscreens. Although they are somewhat industry-specific, polymers are actually a significant component of many different fields that you might be familiar with. Industries like aerospace, automotive, electronics, packaging, and medical devices all use polymer testing and consulting [40-44]. The use of polymers as building blocks is widespread in the engineering

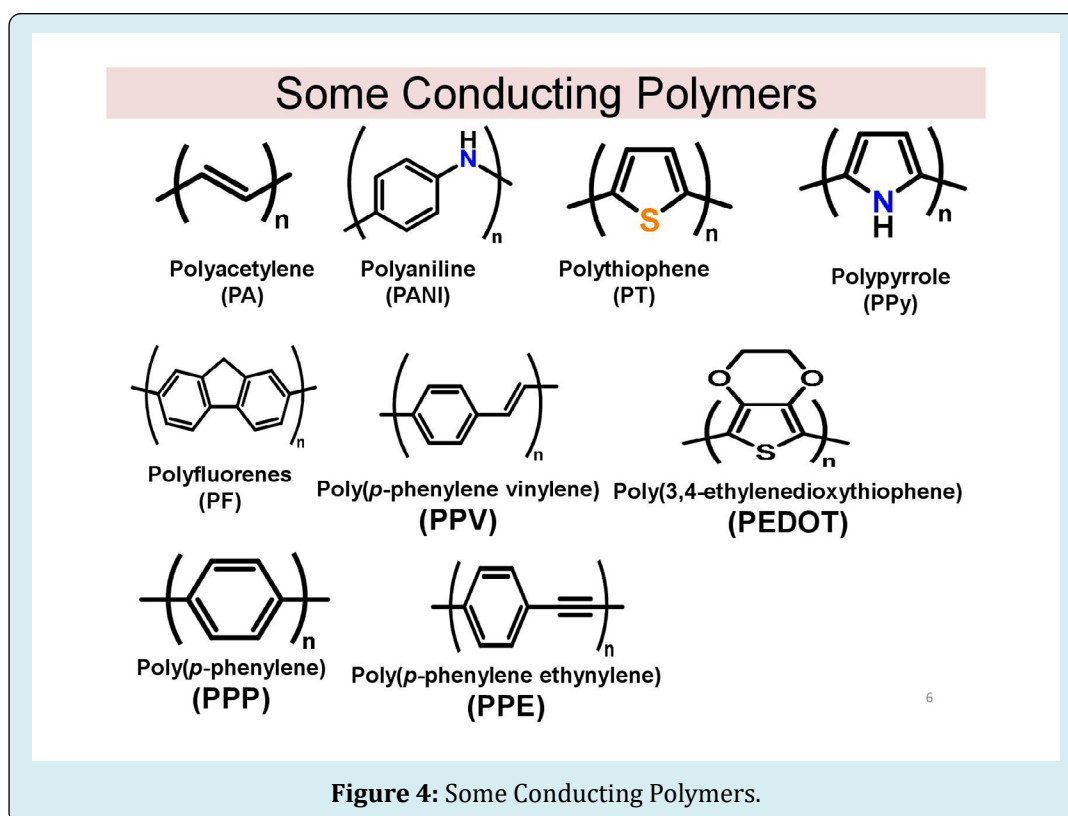
fields of avionics, biomedicine, drug delivery systems, tissue engineering, cosmetics, and more. Composites made from polymers are still in their early stages of development [45-51]. Novel varieties of polymer materials are being introduced, each with its own special applications. The topics covered in this paper are electrical, electronic, medicine, and water treatment.

Electrical and Electronic Applications of Polymers:

Electrical and Electronic fields have benefited greatly from the use of polymers, which has led to the creation of several cutting-edge technologies [52,53]. They have a variety of uses, from flexible displays to sophisticated sensors, because to their special characteristics and process ability [54-56]. Prior to the development of conducting polymers (conjugate polymers), polymers were thought to be electrical insulators; nonetheless, these organic polymers possess distinctive

electrical and optical characteristics that are comparable to those of inorganic semiconductors. Because of the distinctive way that conducting polymers combine electrical conductivity and polymer flexibility, they have attracted a lot of research [57-59]. These materials have created new opportunities for several technical applications in a variety of sectors, including sensors, biomedical equipment, electronics, and energy storage [60-62].

A family of organic compounds known as conducting polymers display electrical conductivity while retaining the intrinsic qualities of polymers, including flexibility, process ability, and light weight. These materials serve as a bridge between conventional insulating polymers and inorganic conductors due to the presence of pi-conjugated structures in the polymer backbone [63-65]. Some conducting polymer shown in Figure 4.



Conducting polymers are classified into two types: doped conducting polymers and non-doped conducting polymers [65-67]. The presence of a metal-like conductivity band is the two types of conducting polymers are doped conducting polymers and non-doped conducting polymers [68-70]. The presence of a metal-like conductivity band causes the conductivity of non-doped conjugated polymers. Three of the four valence electrons in a conjugated polymer form

strong sigma bonds via sp^2 hybridization, where electrons are closely localised. Each carbon atom's remaining unpaired electron is still in a P_z orbital [70-72]. When it overlaps with another P_z orbital, it produces a pi bond. The pi electrons of these conjugated P_z orbitals overlap to form an extended P_z orbital system through which electrons can freely move. In the Table 2 the structure, properties and applications of one of the conducting polymer polyvinyl carbazole is illustrated.


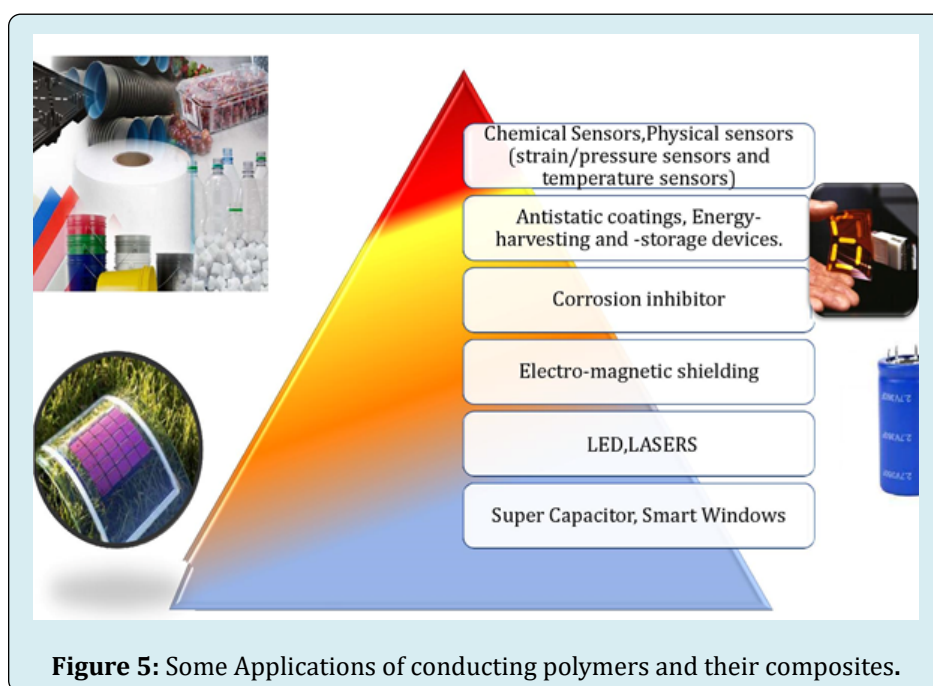
Properties	It has good photoconducting property, A high softening point, Excellent electrical insulating properties, High refractive index, Fair Chemical resistant
Structure	
Applications	PVK finds extensive applications in Photocopier/image recording systems, laser printers etc, It is used in capacitors, PVK is used in multilayer light-emitting devices, also used as insulator.
Absorption region	360 nm in UV region.

Table 2: Polyvinyl carbazole conducting polymer.

Due to their distinctive mix of electrical conductivity and polymer properties, conducting polymers have become useful materials with a variety of uses. Their application

(Figure 5) in sensors, electronics, energy storage, and other areas is evidence of their ability to spur innovation and influence the course of many different sectors [71-74].



Applications of Polymer Blends in Drug Delivery:

Polymers are commonly employed in pharmaceutical and healthcare product development [75,76]. Controlling medication release, delivering site-specific distribution of active pharmaceutical ingredients (APIs), and improving drug stability are some of the applications. Polymers are utilised in almost all main dosage forms, such as tablets, films, capsules, semisolids, suspensions, gels, and transdermal patches, as well as specialty delivery systems such as long-acting injections and biodegradable implants [77-79]. There are currently a number of polymers available with unique features that have been used in marketed medicine and healthcare goods. Because of this history of use, these polymers may be employed in the creation of new pharmaceutical products, as long as the levels used are below the safety limits [75-79]. Despite the fact that these

polymers are readily available, there is a need for new and superior materials.

Utilizing polymers to encapsulate and release therapeutic chemicals, polymeric drug delivery systems provide controlled release, minimal side effects, and focused delivery [77-80]. They can be found as micelles, nanoparticles, hydrogels, dendrimers, and lipid-polymer hybrids, among other things. These technologies provide targeted medication administration and regulated drug release, increasing bioavailability while reducing side effects. Biocompatibility, complicated manufacturing, and tailored treatment are difficulties. Emerging trends include biomimetic carriers, responsive systems, and nanomedicine. These systems have the potential to improve treatment results and influence the future of medication delivery.

In cancer theranostics, imaging-guided stimuli-responsive drug delivery devices have evolved as a functioning platform [76-80]. Throughout the last decade, the encapsulating of numerous functional nanoparticles into a single nanocarrier has been studied in order to produce effective drug delivery and cell/tissue imaging for cancer diagnosis and therapy. The most popular method is a mix of photothermal therapy (PTT), chemotherapy, and diagnostic imaging, which has a promising future. The innovative nanomedicine platform is a viable strategy for improving therapeutic efficacy while reducing negative effects [78-80]. The features of nanomaterials as contrast agents are then discussed, along with standard and new imaging systems [78-80]. The imaging-guided PTT and chemotherapy are discussed in detail, with emphasis on three common materials: gold nanoparticles, carbon nanomaterials, and polymeric nanomaterials. Finally, imaging-guided synergistic photothermal and chemotherapy, which is expected to become a mainstream treatment for cancer theranostics in the future, is discussed. It will undoubtedly aid us in entering a new era of individualised cancer treatment [78-81]. Due to their special qualities that make them ideal for targeted medication administration and imaging applications, polymeric nanoparticles have attracted a lot of interest in the field of cancer treatment. These nanoparticles can include therapeutic agents like chemotherapeutic medicines, siRNA, or proteins and are generally made of biocompatible and biodegradable polymers like poly(lactic-co-glycolic acid) (PLGA) and polyethylene glycol (PEG), and their sizes generally range from 10 to 200 nanometres. The capacity of polymeric nanoparticles to encapsulate several therapeutic agents, such as chemotherapeutic medicines, small interfering RNA (siRNA), and proteins, is a significant benefit. The loaded payload is shielded by this encapsulation, which also increases stability and prevents deterioration. Additionally, it enables the medicinal drugs' regulated release, increasing their effectiveness and lowering the possibility of adverse effects [77-81]. With the addition of ligands or targeting molecules, polymeric nanoparticles can specifically recognize and attach to cancer cells. By limiting their distribution in healthy tissues, this tailored delivery method improves the accumulation of therapeutic medicines at the tumor site. This strategy lessens systemic toxicity while also enhancing therapy effectiveness.

For individuals with end-stage organ failure, organ transplantation is a life-saving treatment. Long-chain compounds called polymers, which feature repeating subunits, have gained popularity as potential organ transplant tools. This study intends to investigate how polymers might enhance patient outcomes and increase organ transplant success rates [78-81]. Organ surfaces can be coated with polymers to reduce rejection, enhance biocompatibility, and suppress immune reactions. Anti-

fouling coatings are frequently made from polyethylene glycol (PEG) and polyethylene oxide (PEO), which lowers the risk of immunological rejection and infection. These coatings can also act as mechanisms for the local release of immunosuppressive drugs to avoid rejection [77-81]. Future objectives include investigating tissue engineering techniques to construct completely functioning organs and creating smart polymers that can react to physiological stimuli [78-81].

Polymers in Water Treatment: The top worldwide priority today is addressing environmental pollution. In this context, the remediation of contaminated water from organic pollutant is an increasingly necessary topic to be addressed, which is associated with negative impact on both public health and environment [82,83]. One of the most chemically intensive sectors are textile dyeing and finishing industry. Removal of these pollutants from wastewater utilizing ecofriendly, inexpensive, and efficient techniques is crucial [84-86]. However, the techniques commonly utilized today eliminate the contamination without transforming pollutant to harmless products [86-88]. The complete degradation of dyes utilizing different nanocomposites can be achieved by the oxidation technology.

Organic substances that are known as polymers have a variety of exceptional qualities, including a high degree of mechanical strength, extraordinary flexibility, chemical stability, and a large surface area [89-91]. Due to these characteristics, polymers were able to serve as hosts for many organic and inorganic compounds. As a result, we were able to create several composites with the desired qualities. As a result, polymer composites have received a lot of interest for the desalination and treatment of water. By blending, crosslinking, and surface functionalizing polymer-polymer composites, it was possible to adjust the adsorptive characteristics [92-96]. Water recovery is an important proposal for human life and long-term development, and we are constantly looking for more efficient, simple-to-use, low-cost, and ecologically acceptable solutions to disinfect water bodies. We combined the benefits of -cyclodextrin (-CD), magnetite nanoparticles (MNs), and two types of quaternary ammonium salts to create two porous quaternary ammonium groups capped magnetic -CD polymers (QMCDP1 and QMCDP2) that effectively remove organic pollutants and eradicate pathogenic microorganisms through a single implementation. The porous substrate material in this case was -CD polymer (CDP), whereas MNs supplied the materials with high magnetism, boosting recyclability in real application scenarios, and the grafting of quaternary ammonium groups was useful for anionic dye adsorption and sterilising [96-100]. Using methyl blue (MB) and orange G (OG) as model dyes, both QMCDPs outperformed uncapped MCDPs in anionic pollutant adsorption. Furthermore, QMCDP2, which

was changed with longer alkyl chains than QMCDP1, had greater bactericidal activity against *Staphylococcus aureus*, with a 99.47% eradication rate. As a result, our research contributes to the development of a high-performance, easily

recyclable adsorbent for the simultaneous sterilisation and adsorption of impurities and waste materials present in water [100-103].

Sl.No	Type of Polymer membranes	Chemical structure	Properties
1	Isotropic	Chemically homogeneous composition	Symmetric, determined by pore size distribution, widely used in microfiltration process.
2	Anisotropic	Chemically heterogeneous composition	Asymmetric, these are also called as thin film composite membrane, consists of single type of membrane material with different pore size and porosity in different layers.

Table 3: Types of Polymer membranes in water purification and their properties with chemical composition.

Polymer membranes have drawn a lot of interest in recent years because of their adaptable qualities, affordability, and efficacy in eliminating different pollutants from water sources. This overview looks at the many types of polymer membranes utilized, how they are made, and how they function in various water purification processes including reverse osmosis, ultrafiltration, microfiltration, and nanofiltration. In order to develop sustainable and widely available water purification solutions, the study also addresses current developments, difficulties, and future possibilities of polymer membrane technology Table 3 focuses on type of polymer membranes used in the water purification, chemical structure and their properties [104-107].

Conclusions

Polymers stand as a remarkable class of materials with a multitude of applications and potential for innovation. The study of polymers has evolved from a focus on properties of types polymer to a nuanced exploration of their structure-property relationships, leading to the design of tailored materials for specific functions. Polymer chemistry is quickly advancing, and we use polymers in almost every industry. These polymers may be natural, organic, inorganic, synthetic, or semi-synthetic. All of these materials are significantly involved in the industrial applications, food, interaction, travel, irrigation, containers, clothes, historical recording, structures, and roadways. Discovering polymers and writings that are connected to them can help us to comprehend them better in our daily lives by giving us insights and new perspectives. Mastering polymers is made possible by the data gathered from the fundamental science courses.

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