

Management of the Child's Neuroblastoma in the Pediatric Oncology Department of Mustapha Pacha University Hospital

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Abstract

We present our experience of neuroblastoma through a 5-year retrospective study carried out in the pediatric oncology department of Mustapha Pacha University Hospital. A total of 57 cases of neuroblastoma were identified. The boy / girl sex ratio was 1/1. The age distribution was homogeneous between the two sexes. In this study 33 children were between 0 and 18 months old and 24 were over 18 months old. Thirty children were metastatic at diagnosis. The hepatic localizations were the most frequent with 13 cases followed by the osteomedullary localizations. The renal localization was represented by 5 cases, the other lymph node, mandibular, paravertebral, mediastinal localizations counted only one case each. The patients stage IV represented 33% of patients, stage III 12%, stages II 8% and stages I 4%, It was possible to operate immediately on 10 patients or 17.7% of cases. Chemotherapy was given to 47 / 57 patients or 82%. After chemotherapy, 27 patients (47.4%) were judged inoperable. Among operated patients, only 4 had complete resection (7% of them).

Keywords: Neuroblastoma ; Diagnosis; Pronostic; Stage; Treatment

Abbreviations: HVA: Homovanylic Acid, VMA: Vanylmandelic Acid, MIBG: Methyl Iodo Benzyl Guanidine.

Introduction

Neuroblastoma originates from the neural crest which usually gives birth to the adrenal medulla and sympathetic glands [1-3]. It is a tumor of infants and young children and represents approximately 10% of malignant diseases of children and comes in 3rd place after malignant hemopathies and tumors of the central nervous system. The abdominal localizations are the most frequent [1]. It is a tumor which presents a large progressive heterogeneity with certain forms progressing towards a spontaneous regression and others resistant to intensive therapeutics. Advances in pathology, immunohistochemistry and molecular biology in particular have made it possible to individualize different groups and to adapt therapy as best as possible [2].

Objectives

Describe our experience, evaluate and analyze our results in order to improve them.

Material and Methods

We present to you our experience of neuroblastoma through a 5-year retrospective study carried out in the pediatric oncology department. The recording of patients was done ona file previously established by ourselves including all the patient's demographic characteristics and data relating to his illness after consultation of his medical file. The data analysis was done using Microsoft Excel software, Epi-info. We have described the demographic data: age, sex, clinical data, pathology, and management. The diagnostic assessment was made by imaging the radiography without preparation; a chest radiograph an abdominal echography first examination which shows a mass extrarenal retroperitoneal computed tomography and or magnetic resonance imaging, biological examinations assay of urinary metabolites of catecholamines HVA), VMA , and Dopamine. The assessment of disease extension included a MIBG scan : with MIBG, a bone scintigraphy with non-fixing technetium with MIBG and Myelograms and bone biopsy puncture in search of spinal metastases (Figure 1 A, B and C). Treatment includes chemotherapy, surgery and or radiation therapy. The indications were brought as a function of the age of the initial localization of the tumor of the extension stage and of biological prognostic factors and in particular N-Myc.and after multidisciplinary consultation in the committee The toxicity of chemotherapy was evaluated by the WHO grading or Lansky score which includes the score, the grading of Hematological, digestive, hepatic, renal and neurological toxicity The response to treatment was evaluated according to the recommendations of the SIOP.



Figure 1 : A: Thoracic neuroblastoma; **B:** Left adrenal neuroblastoma; **C:**MIBG scintigraphy shows with spinal cord compression in MRI multiple bone metastases

Results

A total of 57 cases of neuroblastoma were identified. The boy / girl sex ratio was 1/1 (Figure 2). The age distribution was homogeneous between the two sexes .In this study 33 children were between 0 and 18 months old and 24 were over 18 months old (Figure 3). Thirty children were metastatic at diagnosis. The hepatic localizations were the most frequent with 13 cases followed by the osteomedullary localizations. The renal localization was represented by 5 cases, the other lymph node, mandibular, paravertebral, mediastinal localizations counted only one case each (Figure 5). The patients stage IV represented 33% of patients; stage III 12%, stages II 8% and stages I 4% (Figure 4). It was possible to operate immediately on 10 patients or 17.7% of cases. Chemotherapy was given to 47 / 57 patients or 82%. The treatment consisted of the administration of 4 alternating cycles of CADO / VP16 + Carboplatin or cisplatinum cures according to the LMB protocol of the SIOP, in hospital (05 days minimum) and systemically and in possible association with rHu G-CSF.). After chemotherapy, 27 patients (47.4%) were judged inoperable. Among the patients operated, only 4 patients had complete resection (7% of them) (Figure 6).



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Evolution

The follow-up of our patients was 66 months. The overall monitoring for all stages of the disease was 68.57% at 12 months and it stabilized at 52.16% until 66 months (Figure 7).



For metastatic patients we had very early deaths up to 3 months of evolution then a regular decrease to represent only 32.13% of the patients (Figure 8).



Discussion

The results of our study are disappointing. The management of these tumors is multidisciplinary to improve our results we must act at all stages of treatment [3,4]. For medical treatment, it is necessary to shorten the diagnostic and treatment times [5]. It is necessary to have genetic and molecular biology examinations to have an accurate prognosis [4] and [6]. Chemotherapy does not manage to make operable the locally advanced stages. It is currently accepted in all protocols that chemotherapy in the attack phase obtains CR or BRP only in 45 to 60% after surgery, hence the need to treat the residual disease [5].

Intensification with HD chemotherapy followed of a stem cell self-transplant obtains a survival benefit which we cannot achieve in our department; we cannot do high-dose chemotherapy without a protected unit.

Conclusion

Neuroblastoma is a very polymorphic tumor. Despite significant diagnostic and therapeutic advances, there remains a serious tumor in some forms, warranting further research. The clinical stage and age at diagnosis are major prognostic factors, but they are the result of a genotype. Genotyping gives an excellent reflection of the prognosis in its absence, it is necessary to rely on the usual criteria (Stage, Age, Histopronostic if St <IV). Despite the progress made in the evaluation of the extension and the knowledge of clinical and biological prognostic factors the therapeutic results are still insufficient the survival currently of this type of tumors does not exceed 45% 5-year survival. A lot of research is

underway to find new solutions: intraoperative radiotherapy, metabolic radiotherapy, specific antibodies, agents inducing cell differentiation, immunotherapy, anti-angiogenic agents

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