



Integration of Brain Chemistry and Psychological Behaviors

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Editorial

In this editorial, we explore how chemical imbalances in the brain may be the root cause of some psychological tendencies. Deficiencies or insufficiencies in brain chemistry have been linked to some behavioral difficulties, such as obsessive-compulsive disorder (OCD), which can be traced back to the original cause. It has been found that certain forms of depression and chemical imbalances in the brain are linked to one another. In addition, we found that people with epilepsy have impairments in the brain chemistry components that make up the constituents. Another problem that might occur as a result of imbalances in brain chemistry is the difficulty to sleep since one's mind is always engaged with ideas of the devil.

In an effort to resolve these concerns, patients were given

substances consisting of magnesium, calcium, chromium, zinc, and vitamin D as medicine.

The results completely astounded everyone. Both the frequency and severity of the epileptic episodes were brought down to a level that could be managed. Better sleeping patterns were found. There was a significant reduction in the number of cycles that included thinking about the devil. The patient's current condition of depression has greatly improved as a direct result of the administration of vitamin D to the patient.

The concept of "mind serene" is activated when the necessary physiological parameters of the neurological system are met. This is due to the fact that the conditions have become more consistent. It is theorized that these substances support critical pathways that increase the creation of heat shock protein 70 (HSP70), which in turn increases the potential for brain cells to function in an appropriate manner.

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