



Challenge and Prospect of Pre Implantation Genetic Diagnosis-A Mini Review

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Abstract

Pre-implantation genetic diagnosis (PIGD) is the genetic profiling of the embryos prior to implantation and sometimes even of oocytes prior to fertilization. PGD is considered in a similar fashion to prenatal diagnosis. Initially offered for diagnosis in couples at risk for single gene genetic disorders, such as cystic fibrosis, spinal muscular atrophy and Huntington's disease, pre-implantation genetic diagnosis (PGD) has most frequently been employed in assisted reproduction for detection of chromosome aneuploidy from advancing maternal age or structural chromosome rearrangements. Major improvements have been seen in PGD analysis with movement away from older, less effective technologies, such as fluorescence in situ hybridization (FISH), to newer molecular tools, such as DNA microarrays and next generation sequencing. Discussions regarding the scientific, ethical, legal and social issues surrounding the use of sequence data from embryo biopsy have begun and must continue to avoid concern regarding eugenic or inappropriate use of this technology.

Keywords: Pre-implantation Genetic Diagnosis; Inherited Genetic Disorders

Abbreviations: PIGD: Pre-implantation Genetic Diagnosis; FISH: Fluorescence in Situ Hybridization; PGS: Preimplantation Genetic Screening; IVF: *In Vitro* Fertilization; ICSI: Intra Cytoplasmic Sperm Insemination; HLA: Human Leukocyte Antigen; PB: Polar Body; PCR: Polymerase Chain Reaction; aCGH: Array-comparative Genomic Hybridization; SNP: Single-nucleotide Polymorphism; qPCR: Quantitative PCR; NGS: Next Generation Screening.

Introduction

The world's first PGD was performed in 1990 by Handyside, Kontogianni and Winston at the Hammersmith Hospital in London [1]. The term Preimplantation genetic screening (PGS) refers to set of techniques for testing

whether the embryos obtained through In Vitro Fertilization (IVF)/ Intra Cytoplasmic Sperm Insemination (ICSI) has abnormal chromosomes number. The PGD allows studying the DNA of eggs or embryos to select those that carry certain mutation for genetic diseases. It is useful when there are previous chromosomal or genetic disorders in the family and within the context of IVF program [2]. Here a concise review was done on PGD/ PGS regarding its current status, both domestically and globally, as well as its future challenges.

Historical Aspect

Pre-implantation genetic diagnosis (PIGD) was first introduced in 1990 by selecting female embryos in order to prevent the birth of male patients affected with X-Linked

recessive disorders [3].

Applications

It is well recognized by the clinical community that it is indicated in preventing monogenic inherited disorders with severe morbidity and mortality [4]. PGD may also be used to increase chances of successful pregnancy, to match a sibling in Human leukocyte antigen (HLA) type in order to be a donor, to have less cancer pre-deposition, and for sex selection.

Used in Monogenic Disorders

Monogenic disorders that is, disorders due to a single gene only (autosomal recessive, autosomal dominant or Xlinked) or of chromosomal structural aberrations (such as balanced translocation). The most frequently diagnosed autosomal recessive disorders are cystic fibrosis, beta-thalassemia, sickle cell disease and spinal muscular atrophy type-1. The most common dominant diseases are myotonic dystrophy, Huntington's disease and CharcotMarie-Tooth disease and in the case of X-linked diseases, most of the cycles are performed for Fragile X syndrome, haemophilia A and Duchenne muscular dystrophy.

HLA Matching and Cancer Predisposition

Human leukocyte antigen (HLA) typing of embryos, so that the child's HLA matches a sick sibling, availing for cord-blood stem cell donation [5]. The child is in this sense a "Savior sibling" for the recipient child. HLA typing has meanwhile become an important PGD indication in those countries where the law permits it [6]. A more recent application of PGD is to diagnose Late-onset diseases and cancer predisposition syndromes. Since affected individuals remain healthy until the onset of the disease, frequently in the fourth decade of life, there is debate on whether or not PGD is appropriate in these cases.

Sex Discernment

Pre-implantation genetic diagnosis provides a method of prenatal sex discernment even before implantation, and may therefore be termed pre-implantation sex discernment. It is also necessary to perform a biopsy on these embryos in order to obtain material on which to perform the diagnosis. Generally, PCR-based methods are used for monogenic disorders and FISH for chromosomal abnormalities and for sexing those cases in which no PCR protocol is available for X-linked disease. Most clinics perform it only for "family balancing", which is where a couple with two or more children of one sex desire a child of the other, but half do not restrict sex selection to family balancing. In India, this

practice has been used to select only male embryos although this is illegal [7].

Recent Perspective on Sampling Approaches

In PGD/PGS, there are three major biopsy methods: blastocyst biopsy, blastomere biopsy, and polar body (PB) biopsy. Blastocyst biopsy has been more widely used than PB biopsy and blastomere biopsy, especially in the past 5 years, due to its low misdiagnosis rate [8,9] and cost-effectiveness [10,11]. Compared to the conventional biopsy methods, the newly developed non-invasive sampling methods have many advantages with regard to the ethical, legal, and economic issues.

Advanced Techniques of Genetic Analysis in PGD

Polymerase chain reaction (PCR), methods detect many genetic abnormalities such as single-gene mutations chromosomal imbalances [12], and mitochondrial mutations [13]. Fluorescence in-situ hybridization (FISH) had been performed to screen aneuploidy and chromosomal translocation for many years [14]. However, these two methods become obsolete due to their limitations, e.g., incapability of detecting de-novo genetic mutations, contamination, and sensitivity issues that lead to the false positive or negative. New diagnosis methods, such as array-comparative genomic hybridization (aCGH), single-nucleotide polymorphism (SNP) microarray, multiplex quantitative PCR (qPCR), karyomapping, and next generation screening (NGS) are developed to improve clinical efficiency and outcomes [15-17] (Figure 1).

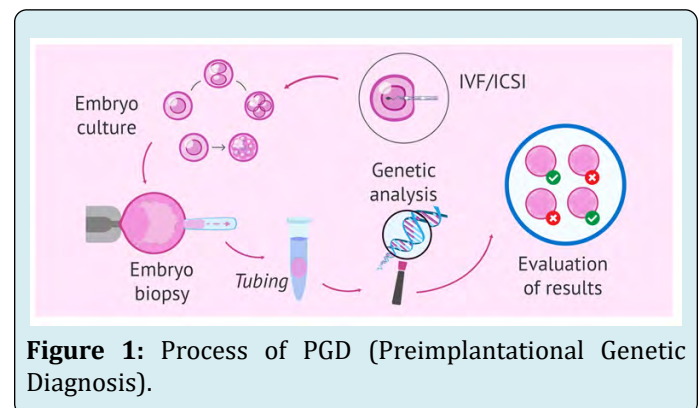
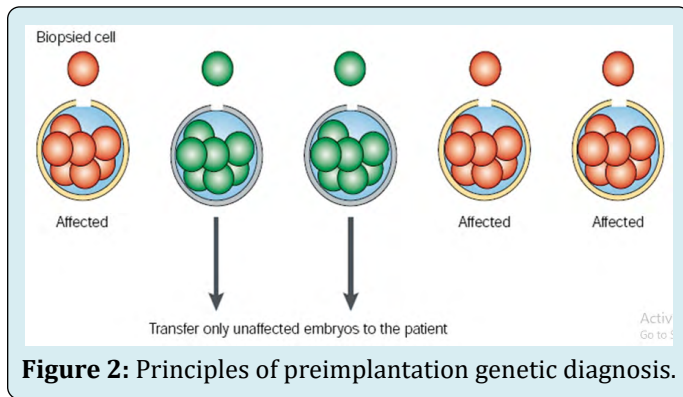


Figure 1: Process of PGD (Preimplantational Genetic Diagnosis).

Technical Aspect

PGD is a form of genetic diagnosis performed prior to implantation. This implies that the patient's oocytes should be fertilized in-vitro and the embryos kept in culture until the diagnosis is established. It is also necessary to perform a biopsy on these embryos in order to obtain material on which

to perform the diagnosis. Generally, PCR-based methods are used for monogenic disorders and FISH for chromosomal abnormalities and for sexing those cases in which no PCR protocol is available for X-linked disease (Figure 2).



Ethical Issues

PGD has raised ethical issues, although this approach could reduce reliance on fetal deselection during pregnancy. The technique can be used for prenatal sex discernment of the embryo, and thus potentially can be used to select embryos of one sex in preference of the other in the context of “Family balancing”. It may be possible to make other “social selection” choices in future that introduce socioeconomic concerns. Only unaffected embryos are implanted in a woman’s uterus, those that are affected are either discarded or donated to science [18]. The concept of a “designer baby” is closely related to the PGD technique, creating a fear that increasing frequency of genetic screening will move toward a modern eugenics movement [19].

Discussion

Pre-implantation genetic diagnosis (PGD) is a form of prenatal diagnosis that is performed on early embryos created by in vitro fertilization (IVF). In comparison to other established methods of prenatal diagnosis, such as chorionic villus sampling and amniocentesis, PGD is not performed on an outgoing intrauterine pregnancy in the late first or early second trimester, but on embryos developing in the IVF laboratory prior to transfer to the uterus. Despite some misconception to the contrary, PGD is not a therapeutic procedure for embryo; there are no change to the DNA or any other genetic-related structures. It is solely a diagnostic procedure that can identify whether a specific embryo carries a single gene disorder for which the couple is at-risk or a chromosomal abnormality that could lead to failed implantation, subsequent miscarriage or the birth of a child with physical and/or developmental disability.

Fetal cells and free fetal DNA are also present in the

circulation of the pregnant mother and provided a potential source for “non-invasive” fetal sampling, but reliable protocols have yet to be established for clinical application [20,21]. As data have accumulated from chromosomal analysis of human pre-implantation embryos, it has become apparent that there is higher rate of chromosomal abnormalities in cleavage stage embryos and blastocyst detected by FISH [22,23]. Reported pregnancy rates vary, but rarely surpass about one third of all cycles initiated [24,25]. The safety of PGD for children born is a major concern, but initial evaluation of about 250 babies born worldwide after PGD indicated that the procedure had no adverse consequence on early development [26,27]. There is also public concern about the use of PGD to prevent the birth of children with the severe genetic disorders, there are few countries which has begun to offer PGD for “social” sexing. Thus, it is imperative to establish appropriate ethical guidelines and legislation as soon as possible.

Conclusion

PGD remains a technically challenging, multistep, labour intensive procedure which requires the close collaboration of a team of specialists. Efforts continue to ameliorate and simplify protocols, particularly for genetic analysis and to develop methods for more disorders, but present technologies still limit wider application.

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