

Awareness of Tuberculosis in University Biotechnology Students

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Abstract

Tuberculosis is considered to be one of the highly contagious and lethal infectious diseases and can cause millions of deaths every year. It is caused by Mycobacterium tuberculosis. Tuberculosis affect the lungs and if not treated can lead to the death of the infected person. The basic purpose of this study was to determine the awareness of biotechnology students about this lethal disease tuberculosis. We had designed a questionnaire to evaluate the awareness of university biotechnology students based on their family history and their course studies. It is concluded from this study that most of the postgraduate students are aware of etiology, prevalence, mode of transmission and methods of treatment for tuberculosis disease.

Keywords: Tuberculosis; Mycobacterium Tuberculosis; Awareness Survey

Introduction

Tuberculosis is considered to be remain one of the highly contagious and lethal infectious diseases and can cause millions of deaths every year [1]. Tuberculosis is an infectious disease caused by Mycobacterium tuberculosis. In this disease lungs of the patient are affected. Sometimes other body parts can also be affected through bloodstream for example kidneys and spine [2]. TB patient if not treated can also be died. It can spread from diseased to normal person through air. Women & men of childbearing age in developing countries are more susceptible to this disease [3]. TB is the main reason of

death of the persons with HIV. The basic purpose of this study was to determine the awareness of biotechnology students about this lethal disease tuberculosis [4].

Methodology

We had designed a questionnaire (Table 1) containing 15 questions to promote awareness of the deadly disease Tuberculosis in university Biotechnology students. This questionnaire was filled by 37 students of biotechnology of Bahauddin Zakariya University, Multan. Only post graduate students were selected to fill this questionnaire and B.S Biotechnology students were not allowed.

Tuberculosis is a		Yes	No
1.	Viral disease		
2.	Bacterial disease		
3.	Fungal disease		
4.	Genetic disease		
5.	Metabolic disease		
Ever suffered from Tuberculosis			
6.	You		
7.	Your family		
8.	Your relative		
9.	Your neighbor		
10.	Your friend		
Tuberculosis is transmitted by			
11.	Contacts or blood transfusion		
12.	From parents to offspring		
Tuberculosis may be treated by			
13.	Medicines		
14.	Surgery		
15.	Do not worry, it is easily curable		

Table 1: Questionnaire to evaluate awareness about etiology of Tuberculosis.

Results & Discussion

Awareness about etiology of Tuberculosis in post graduate students is in Table 2. According to 17% males and 3% female's tuberculosis is a viral disease while total 5% students mentioned tuberculosis is a viral disease. 100% male and 90% female and 92% of total students agreed tuberculosis is a bacterial disease. 100% male, female and the total number of students agreed that TB is not a fungal disease while 0% male and 3% female and total number of students considered it a genetic disease. According to 0% male students, 13% female and 11% total students agreed that TB is a metabolic disease.

Tuberculosis is a	Male		Female		Total	
	Yes	No	Yes	No	Yes	No
1. Viral disease	17%	83%	3%	97%	5%	95%
2. Bacterial disease	100%	0%	90%	10%	92%	8%
3. Fungal disease	0%	100%	0%	100%	0%	100%
4. Genetic disease	0%	100%	3%	97%	3%	97%
5. Metabolic disease	0%	100%	13%	87%	11%	89%

Table 2: Awareness about etiology of Tuberculosis. Views of Postgraduate Biology Students

Prevalence about tuberculosis in post graduate students is in Table 3. 0% males, 3% females and total students were suffered from TB. While, any of the family members of 50% males, 19% females and 24% total number students and 83% males, 29% females and 35% total students reported that any one of their relative was suffered by this disease. Neighbors of 83% males, 32% females and 38% total students and friends of 33% males, 10% females and 14% total students suffered from this disease.

Ever suffered from Tuberculosis	Male		Female		Total	
	Yes	No	Yes	No	Yes	No
1. You	0%	100%	3%	97%	3%	97%
2. Your Family	50%	50%	19%	81%	24%	76%
3. Your Relative	83%	17%	29%	71%	35%	65%
4. Your Neighbor	83%	17%	32%	68%	38%	62%
5. Your Friend	33%	67%	10%	90%	14%	86%

Table 3: Questionnaire to evaluate views about prevalence of Tuberculosis.

Evaluation of views of postgraduate students about transmission of Tuberculosis is in Table 4. According to 33% males, 58% females and 49% total students, Tb is transmitted by any type of contact or blood transfusion while, according 0% males, 23% females and 20% total students this disease is transmitted from parents to offspring.

Tuberculosis is transmitted by	Male		Female		Total	
	Yes	No	Yes	No	Yes	No
1. Contact or blood transfusion	33%	67%	58%	42%	49%	51%
2. Parents to offspring	0%	100%	23%	77%	20%	80%

Table 4: Questionnaire to evaluate views about transmission of Tuberculosis.

For methods of treatment for tuberculosis disease, we have considered three option for survey, medicine, surgery and 'Don't worry it is easily curable'. Third option actually means no medication is required, it can be treated itself. Evaluation of how Tuberculosis can be treated is in Table 5. According to 100% males, 94% females and 96% total students; TB can be treated by medicines which is an easy method for treating tuberculosis. While 100% Of males, females and total students agreed that TB cannot be treated by surgery.

Mode of Treatment for Tuberculosis	Male		Female		Total	
	Yes	No	Yes	No	Yes	No
1. Medicine	100%	0%	94%	6%	95%	5%
2. Surgery	0%	100%	0%	100%	0%	100%

Table 5: Questionnaire to evaluate views about Hope for Tuberculosis.

Conclusion

This study was actually planned to evaluate either university students are aware of Tuberculosis disease (etiology, prevalence, mode of transmission and methods for treatment) based on their previous knowledge from their course studies and their family history. Main purpose of this study was to decide either these university students need to be further educated about this disease, so that they can practice the safety measures. It is concluded from this study that most of the postgraduate students are aware of tuberculosis disease. They are familiar of proper etiology, prevalence, mode of transmission and methods for treatment of this disease. This survey was conducted to find out that university students have enough knowledge regarding this disease or not based on their family history and the course study. Few population based surveys have also been published already about symptoms of tuberculosis [5] and a survey prevalence of this disease in Viet Nam [6].

This study was actually designed to evaluate either university students are aware of Tuberculosis disease (etiology, prevalence, mode of transmission and methods for treatment) based on their previous knowledge from their course studies and their family history. Main purpose of this study was to decide either these university students need to be further educated about this disease, so that they can practice the safety measures. This study was actually designed to evaluate either university students are aware of Tuberculosis disease (etiology, prevalence, mode of transmission and methods for treatment) based on their previous knowledge from their course studies and their family history. Main purpose of this study was to decide either these university students need to be further educated about this disease, so that they can practice the safety measures. This study was actually designed to evaluate either university students are aware of Tuberculosis disease

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