

Mucormycosis Caused by *Lichtheimia Spp*. (Clinical Case, Overview of Register Data and Literature Review)

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Abstract

The article presents the first case of disseminated mucormycosis caused by *Lichtheimia ornata*, as well as an overview of our register data and analysis of publications on mucormycosis caused by *Lichtheimia spp*. Main underlying conditions in our patients with *Lichtheimia* mucormycosis were hematological malignancies (83%). Main risk factor was prolonged (median -47 days) severe neutropenia (72%), and steroids were used relatively rarely (55%). *Lichtheimia* mucormycosis was severe disease with \geq 2 organs involvement in 66% patients. Combination therapy (lipid forms amphotericin B with echinocandins) and surgical treatment were often used for the treatment of *Lichtheimia* mucormycosis. The 12-weeks overall survival rate of patients with *Lichtheimia* mucormycosis was 44%.

Keywords: Lichtheimia spp.; Lichtheimia ornate; Mucormycosis; Rhinocerebral mucormycosis; zygomycosis

Introduction

Mucormycosis (zygomycosis) is a severe opportunistic infection with a high mortality rate. The causative agents of mucormycosis are fungi belonging to the order *Mucorales* of the phylum-*Mucoromycota* [1,2]. *Lichtheimia spp.* are common pathogens of mucormycosis [3,4]. The genus Lichtheimia includes six species: *L. blakesleeana, L. brasiliensis, L. sphaerocystis, L. corymbifera, L. ornata,* and *L. ramosa*, the last three are recognized as clinically important [5-7]. *L. ornata* is a cryptic species, phenotypically indistinguishable from *L. corymbifera*. This species can only be identified by molecular genetic methods. We present the first case of disseminated mucormycosis caused by *L. ornata*. We also provide an overview of our register data and a review of publications on mucormycosis caused by *Lichtheimia spp*.

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Materials and Methods

The article reports a clinical case of disseminated mucormycosis caused by *L. ornata* in a patient with chronic lymphocytic leukemia. The ECMM/MSG ERC 2020 criteria were used for the diagnosis of mucormycosis [3].

Mycological Study

Direct microscopy of biomaterials (aspirate from the paranasal sinuses, biopsy of the maxillary sinus mucosa) was performed by the "wet smear" method, using a 10% solution of KOH in a 10% aqueous solution of glycerol with the addition of a solution of white calcofluor as a mounting fluid. The preparations were examined in a Leica DM LB2 fluorescence microscope at magnifications of 100X, 200X, and 400X.

The biomaterials were cultured on Sabouraud agar medium and incubated at temperatures of 28° and 35°C.

The isolated mold culture was identified by morphological features, and then species identification was conducted by DNA sequencing methodology recommended by the Clinical and Laboratory Standards Institute documents (MM18-A, CLSI). Species identification was performed by ITS region DNA sequencing with ITS-5 (5`-GGAAGTAAAAGTCGTAACAAGG-3`) and ITS-4 (5'- TCCTCCGCTTATTGATATGC-3') primers the TEF1 α gene locus sequencing with Al33_ and (5'-GAYTTCATCAAGAACATGAT-3') F1 and Al33_R2 (5'-GACGTTGAADCCRACRTTGTC-3') primers, using BigDye Terminator v3.1 Cycle Sequencing Kit (Applied Biosystems, Austin, TX, USA) on an ABI PRISM 3500 Genetic Analyzer (Applied Bio systems, USA).

We analyzed the literature for the last 10 years in the databases PubMed (January 2021) and Web of Science (January 2020). When searching for information, we used the keywords: Lichtheimia spp., Lichtheimia ornata, mucormycosis, and zygomycosis.

Case Report

Patient K. 74 years old was hospitalized in the Department of Hematology in May 2012. Complaints: severe weakness increased sweating at night and fever (38.5°C) for three days.

Anamnesis. The patient was diagnosed with chronic lymphocytic leukemia in March 2002 and received chlorambucil from August 2004 to 2006. In June 2009, cytostatic therapy (*fludarabine, cyclophosphamide, and rituximab* (FCR)) was continued.

In November 2011, Bowen's disease (intraepidermal squamous cell carcinoma of the lower third of the right tibia T0N0M0) was diagnosed and surgical treatment was performed. Since August 2011, she suffered from pain in the lower jaw on the right. She repeatedly went to the dentist, was diagnosed with odontogenic periostitis, and received antibacterial therapy without clinical effect. In January 2012 according to the results of a biopsy of the right submandibular lymph node, chronic lymphocytic leukemia was suspected, and the patient was hospitalized in the Department of Hematology.

The progression of chronic lymphocytic leukemia was diagnosed in April 2012 and the first course of FCR chemotherapy (fludarabine, cyclophosphamide, rituximab) was performed. After the treatment, the patient had severe neutropenia (< 0.5*109/l), lymphocytopenia (< 1.0*109/l), and anemia.

After discharge from the hospital, the patient noted an increase in body temperature to 38.5° C. On 02.05.2012, the patient was hospitalized for the next course of chemotherapy. During the examination on the first day of hospitalization in the clinical blood test: white blood cells -0,8*109/l (neutrophils- 0,4*109/l), hemoglobin -92g/l, platelets -77*109/l. The patient was treated with antibiotics and antifungals prophylaxis -fluconazole starting dose of 800mg/ day, then 600mg/day. During the treatment, the patient had pain in the area of the maxillary sinus on the right, later there was redness and swelling of the paranasal area. On the next day, the skin in the area of inflammation became cyanotic, there were foci of necrosis, the area of edema spread to the periorbital zone (Figure 1).



Figure 1: Patient K., 74 years old. Rhinocerebral mucormycosis (*Lichtheimia ornata*).

The patient's condition worsened: the intoxication and impaired consciousness progressed. On 10.05.2012, a surgical sanation of the sinuses was performed with the

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collection of material for culture and microscopy and biopsy. Then fluconazole was replaced with posaconazole at a dose of 800 mg/day.

Severe neutropenia persisted. According to the chest CT scan, no focal or infiltrative changes were detected. CT of the paranasal sinuses -swelling of the mucous membrane of the maxillary sinuses, swelling of the soft tissues of the face of the paranasal region (Figure 2).

MRI of the head (14.05.2012): the picture of moderate mixed replacement hydrocephalus; foci in the brain substance; changes in signal intensity and signs of edema of the soft tissues of the face; inflammatory changes in the paranasal sinuses.



Figure 2: Patient K., Rhinocerebral mucormycosis. CT of the head 12.05.2012.

Mycological investigation by microscopy and the biopsy revealed non-septate hyphae branching at right angles in the paranasal sinuses tissue (Figure 3).



Figure 3: Broad filaments of the non-septate mycelium branching at right angles in a biopsy of the maxillary sinus tissue. Fluorescence microscopy with calcofluor white. Magnification 400x.

The culture was obtained and identified by morphological features as *Lichtheimia corymbifera* (Figure 4). The isolate was deposited into the Russian Collection of Pathogenic Fungal Cultures (RCPF) at Kashkin Research Institute of Medical Mycology (Collection strain number 1507).



Figure 4: *Lichtheimia «corymbifera»* culture on Sabouraud agar.

We diagnosed rhinocerebral mucormycosis (the causative agent *-Lichtheimia corymbifera*) and recommended antifungal therapy (liposomal amphotericin B 5 mg/kg/day or amphotericin lipid complex 5 mg / kg / day), correction of risk factors, surgical removal of necrotic tissues, control studies (cultures of excreta from paranasal sinuses, histological examination of postoperative material, chest and paranasal sinuses CT scans, MRI of the brain).

Treatment was started with amphotericin B deoxycholate at a dose of 50 mg/day for 2 days, followed by lipid complex amphotericin B at a dose of 3 mg/kg/day. We noted the progression of the underlying disease. Severe thrombocytopenia was the reason for the refusal of radical surgical treatment. The patient died 6 days after the start of antifungal therapy.

Autopsy report: disseminated mucormycosis with lesions of the skin of the face, the soft and hard palate, the sinuses and the ethmoid bone, tissues of the both eyes and the basal parts of brain, both lungs, gastric and intestinal tissues (microscopy on 17.05.12 revealed hyphae of mucoromycetes).

The described case is the first reported proven disseminated mucormycosis caused by *Lichtheimia ornata*. We conducted a molecular genetic study of mucormycetes cultures stored in the Russian Collection of Pathogenic Fungi. The isolate from this patient was identified as *L. ornata* by sequencing the ITS region of ribosomal RNA. The analysis showed that *L. ornata* was grouped with the type strain CBS 291.66 and differed unambiguously from *L. corymbifera* [6,8].

The analysis of nucleotide sequences of the ITS region (access number in the Genbank database JX661052, and the LSU locus, JX961703) was obtained in the course of an earlier study. A search by the Blast tool revealed that the sequences assigned to the species *L. ornata, L. corymbifera, and L. ramosa* have the greatest similarity to the sequences of the RCPF 1507 strain. It was not possible to accurately determine the species by this approach.

Therefore, we prepared the alignment of the nucleotide sequences of the type and reference strains of the listed species from the taxonomic work of Grit Walther and coauthors [6]. From the final concatenated alignment, an insertion with a length of about 140 bp, belonging to the ITS region of the *L. ramosa* strain CBS 582.65, was removed. On the tree calculated by the maximum likelihood method in the program PhyML v3.1 [13] of the package SeaView 5.0.4 [14], the sequences of the strain RCPF 1507 were clustered with the sequences of the species *L. ornata* (Figure 5).



RCPF 1507 strain.

Results

In the period from 2002 to 2020 we observed 64 patients with mucormycosis confirmed by the results of a culture. The median age of the patients was 35 yrs (range 0-74), children -21%, and males 61%.

We analyzed the risk factors, clinical manifestations, treatment and survival of patients in groups with different causative agents of mucormycosis (*Lichtheimia spp. vs non-Lichtheimia spp.*). The causative agents of *Lichtheimia mucormycosis* were: *Lichtheimia corymbifera* (72%), *Lichtheimia ramosa* (22%), and *Lichtheimia ornata* (5,5%, n=1). In *non-Lichtheimia group: Rhizopus spp.* (54%, n=25), *Rhizomucor spp.* (30%, n=14), and *Mucor spp.* (15%, n=7).

In the period from 2002 to 2020 we observed 18 patients with *Lichtheimia mucormycosis* and 46 *non-Lichtheimia mucormycosis*. In the first group of patients median age was 32 yrs (range 0-74), children -33%, and males 50%. In the second group of patients mean age was 37 yrs (range 5-69), children -15%, and males -66%.

Underlying conditions were hematological malignancies (83% vs 76%), trauma/burns (11% vs 9%), diabetes mellitus (5,5% vs 4%), and COPD or tuberculosis (0% vs 11%) (Table 1). The most frequently mucormycosis developed in patients with acute leukemia (55.5% vs 42%). Neuroblastoma, Hodgkin's or non-Hodgkin's lymphoma, aplastic anemia, Fanconi's anemia, myelodysplastic syndrome, myeloid sarcoma and multiple myeloma were less frequent as underlying diseases.

ICD-10 Nosology	Lichtheimia-mucormycosis n=18	non-Lichtheimia mucormycosis n=46
Hematological malignancies:	83%	76%
Acute myeloid leukemia	39%	22%
Acute lymphoblastic leukemia	16,5%	20%
Aplastic anemia	11%	0
Hodgkin lymphoma	0	9%
Non-Hodgkin lymphoma	5,5%	9%
Chronic lymphocytic leukemia	5,5%	4,5%
Chronic myeloid leukemia	5,5%	2,2%
Myelodysplastic syndrome	0	2,2%
Neuroblastoma	0	2,2%
Fanconi's anemia	0	2,2%
Multiple myeloma	0	2,2%
Trauma/ burns	11%	9%
Diabetes Mellitus	5,5%	4,5%
COPD or Tuberculosis	0	11%

Table 1: Underlying diseases in patients with mucormycosis.

The study of risk factors showed that mucormycosis mainly developed after 3 vs 5 courses of chemotherapy. Prolonged severe nuetropenia was detected in 72% vs 63% of patients, with a median duration for 47 and 39 days. Lymphocytopenia was determined in 72% vs 60% of patients with a median duration for 48 and 39 days. Only 55% of patients with *Lichtheimia-mucormycosis* received steroids.

Glucocorticosteroids were significantly more frequently used in patients with *non- Lichtheimia mucormycosis* 80%* (p=0,049). The average duration of corticosteroid use was 35 vs 31 days. Mucormycosis developed in 38% vs 46% patients after allogeneic HSCT. These and other risk factors are presented in Table 2.

Risk factors and Background Conditions	Lichtheimia-mucormycosis n=18	non- Lichtheimia mucormycosis n=46
Chemotherapy	83%	76%
Number of courses of chemotherapy	median –3	median –5
Severe neutropenia	72%	63%
Duration of severe neutropenia, days	median -47	median -39
Lymphocytopenia	72%	60%
Duration of lymphocytopenia, days	median –48	median -39
Glucocorticoid therapy	55%*	80%* (p=0,049)
Duration of glucocorticoid therapy, days	median –35	median –31
Allogeneic HSCT	38%	46%
Treatment in the ICU	50%	60%
Diabetic ketoacidosis	5,5%	4,5%

Table 2: Risk factors and background conditions in patients with mucormycosis.

The study showed that the primary focus of infection most often was located in lungs. Significantly more often in patients with *Lichtheimia* mucormycosis, rhinocerebral mucormycosis developed and significantly less often lung damage. *Lichtheimia* mucormycosis was more severe disease in almost half of the patients in the study, we observed widespread mucormycosis with ≥ 2 organs involvement (skin, mucous membranes of the paranasal sinuses, orbital tissues, osteomyelitis of the walls of the paranasal sinuses and orbit, the spread of infection in the central nervous system) (Table 3).

Site of infection	Lichtheimia mucormycosis n=18	non- Lichtheimia mucormycosis n=46
Lungs	55%*	80%*, (p=0,043)
Skin and soft tissues	50%*	9%*, (p=0,0001)
Bones	38%*	6,5%*, (p=0,001)
Paranasal sinuses	33%	15%
Central nervous system	27%	13%
Gastrointestinal tract	22%	6,5%
≥ 2 organs involvement	66%*	22%*, (p=0,0004)

Table 3: Clinical forms of mucormycosis depending on the pathogen.

The main clinical symptoms of mucormycosis were fever (above 38.50C), cough, bleeding and local pain. Fever above 38,50C was observed in 83% vs 86 % of patients. The cough was noted in 80% vs 80% of patients, who had primary lung involvement. The haemoptysis 30% vs 28% and local pain 61% vs 44%. All patients with primary lesion of paranasal sinuses had local pain in and 66% vs 70% of them had signs

of bleeding. Patients with gastrointestinal mucormycosis had sings of "acute abdomen" with gradually increasing intensity of pain.

CT scans of lungs were performed in all patients. All patients with pulmonary mucormycosis had focal infiltrative changes on CT. 40% vs 48% of patients had bilateral lesions. In

addition, 44% of the patients with *Lichtheimia mucormycosis* had hydrothorax, and only 30% with *non -Lichtheimia* pulmonary mucormycosis. Specific symptoms of mycotic lung involvement as "reversed halo sign" were observed 44% vs 28% of the patients. CT scans of paranasal sinuses were performed in 66% vs 55% of patients. Symptoms of sinusitis were determined in 33% vs 15% of the patients.

In order to identify the pathogen bronchial lavage fluid, pleural fluid, cerebrospinal fluid and sinus aspirate and biopsies were examined. Non-septate mycelium branching at right angles was identified with direct microscopy and/or on histology in 100% of patients. Histological examination was done in 72% and 46% of patients (p=0,05).

Antifungal therapy of mucormycosis received 88% vs 80% of patients. Mucormycosis was treated with amphotericin B lipid complex (66% vs 41%), posaconazole (50% vs 69%), amphotericin B (38% vs 42%), echinocandins (50% vs 24%, p=0,05), voriconazole (0 vs 3%), and liposomal amphotericin B (8% vs 4%). The medians days of treatment were 30 vs 70 accordingly (Table 4).

Treatment	Lichtheimia-mucormycosis n=18	non- Lichtheimia mucormycosis n=46
Amphotericin B lipid complex	66%	41%
Posaconazole	50%	69%
Amphotericin B	38%	42%
Echinocandins	50%	24%, p=0,028
Voriconazole	0	3%
Liposomal amphotericin B	8%	4%
Combined therapy	61%	31%, p=0,01
Surgery	72%	35%, p=0,047

Table 4: Treatment of mucormycosis depending on the pathogen.

Combined therapy was given to 61%* vs 31%* of patients. Combinations of echinocandins, voriconazole, with a lipid amphotericin B, amphotericin B or posaconazole were used predominantly.

Surgical treatment (sinusotomy, lobectomy, resection of ribs, bowel resection, surgical debridement of skin and soft tissues) was performed in 72% vs 35%* (p=0,007) of

patients.

The main criterion for assessing the effectiveness of antifungal therapy was the overall survival rate of patients with mucormycosis. The 12-weeks overall survival rate of patients treated with antifungal therapy after 3 months were 44% vs 59% (Figure 6). The medians survival in both groups were 1,5 vs 3 months.



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Discussion

The prevalence of Lichtheimia spp. among the causative agents of mucormycosis varies significantly between geographical regions. In recent European studies, *Lichtheimia spp.* (*L. corymbifera* -84%) was the cause of 17.5-42% of cases of mucormycosis [8-12]. However, since *L. ramosa* and *L. corymbifera* have long been used as synonyms, and *L. ornata* has only recently been identified as a separate species, a correct assessment of the occurrence of this species is difficult [9].

The literature analysis also shows that hematological malignancies (up to 80%), especially acute myeloid leukemia, are the most frequent background diseases in patients with mucormycosis caused by *Lichtheimia spp.* [8-12]. The main risk factors for the development of mucormycosis are long-term severe neutropenia, immunosuppressive and high-dose cytostatic therapy, as well as long-term use of glucocorticosteroids. In our case patient mucormycosis developed against the background of chronic lymphocytic leukemia, during the period of severe neutropenia. We obtained similar data: in 83% of patients *Lichtheimia* mucormycosis developed against the background of hematological diseases. More than half of these patients had acute leukemia (55.5%).

A recent meta-analysis of published cases of mucormycosis showed that *Lichtheimia spp.* are most often the cause of skin and deep tissue lesions, while it should be taken into account that most of the cases considered were described in Africa [8,12]. In Europe, the main clinical variant caused by *Lichtheimia spp.* mucormycosis was pulmonal [4,8,11].

An analysis of our registry showed that *Lichtheimia almost* equally often affects the lungs and the skin with soft tissues. In two-thirds of patients with *Lichtheimia spp.* mucormycosis infection affects 2 or more organs and rapidly spreads to the surrounding tissues.

According to international recommendations, the main antifungal drugs for the treatment of mucormycosis are liposomal amphotericin B, amphotericin B lipid complex, isavuconazole and posaconazole [7].

An analysis of publications has shown that in the treatment of *Lichtheimia*-related spp. mucormycosis the use of lipid forms of amphotericin B is also more common (65-80%) [4,11,12]. Pan J, et al. [8] analyzing the use of antifungal drugs in patients with *Lichtheimia spp.* noted that combined antifungal therapy was used in 20% of patients. Surgical methods were used in 43-63% [8,11]. Our patient was treated with amphotericin B deoxycholate 2 days, followed

by amphotericin B lipid complex at a dose of 3 mg/kg/day. We used surgical rehabilitation in 72% of patients with *Lichtheimia* mucormycosis.

Survival rate of patients with *Lichtheimia* mucormycosis remains low. According to the results of the analysis of our register, the 12 weeks overall survival rate of patients with *Lichtheimia* mucormycosis was 44%. The first case of rhinocerebral mucormycosis caused by *Lichtheimia* ornata, described by Pan J, et al. [8] in 2020, was also fatal. Guinea J, et al. [11] reported surviving of 50% of patients.

The presented clinical case, results of the register analysis as well as the analysis of our register and published materials, demonstrates that *Lichtheimia ornata* causes severe mucormycosis, often with dissemination, and high mortality.

Conclusions

- Main underlying conditions for Lichtheimia mucormycosis were hematological malignancies (83%)
- Main risk factor was prolonged (median 47 days) severe neutropenia (72%), steroids were used relatively rarely (55%).
- ➤ Lichtheimia mucormycosis was severe disease with ≥ 2 organs involvement in 66% patients
- Combination therapy (lipid amphotericin B with echinocandins) and surgical treatment were often used for the treatment of *Lichtheimia mucormycosis*.
- ➢ 12 weeks overall survival rate of patients with *Lichtheimia* mucormycosis was 44%.

Conflicts of Interest

The authors declare no conflict of interest.

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