



Energy Alterations in Patients with Benign Prostatic Hyperplasia and How can we Treat this Condition without Using Surgery?

Huang WL*

Infectious Diseases, General Practice, Nutrition, Acupuncture, and Pain Management Specialist, Medical Acupuncture and Pain Management Clinic, Brazil

*Corresponding author: Huang Wei Ling, Infectious Diseases, General Practice, Nutrition, Acupuncture, and Pain Management Specialist, Medical Acupuncture and Pain Management Clinic, Rua Homero Pacheco Alves, 1929, Franca, São Paulo, 14400-010, Brazil, Tel: (+55 16) 3721-2437; Email: weilingmg@gmail.com

Research Article

Volume 8 Issue 2

Received Date: March 22, 2023

Published Date: April 27, 2023

DOI: 10.23880/oajun-16000233

Abstract

Introduction: Benign prostatic hyperplasia is an obstructive of urine flow very common in elderly patients.

The Purpose of this study is to demonstrate that patients with benign prostatic hyperplasia have energy deficiency inside the five internal massive organs and the treatment of this condition is of paramount importance to treat the cause of the formation of this problem and not just treating the symptoms, that it is the problem in the prostate itself.

Methods: through three case reports. All of them have prostatic hyperplasia diagnosis according to Western medicine doctors but they were not improving their symptoms using the medications prescribed by them. They went to my clinic to treat another condition but told me that they also were having urinating problems mainly in the morning. I measured the energy of the five internal massive organs (Liver, Heart, Spleen, Lungs, and Kidney) using a crystal pendulum.

Results: All internal massive organs of the three patients were in the lowest level of energy, rated one out of eight. The treatment of this condition changing dietary habits according to Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture, and replenishing the internal organs' energy using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and using crystal-based medications was of paramount importance to treat the cause of benign prostatic hyperplasia and not just treating the symptoms.

The Conclusion of this study was to demonstrate that patients with benign prostatic hyperplasia have energy deficiency inside the five internal massive organs of the five elements theory of Traditional Chinese Medicine. The treatment of this condition rebalancing the internal energy using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, and systemic acupuncture and replenishing the internal massive organs energy using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications is very important to treat the cause of hyperplasia prostatic benign in the energy level, invisible by the naked eyes.

Keywords: Benign Prostatic Hyperplasia; Energy; Traditional Chinese Medicine, Diet; Acupuncture; Homeopathy; Hippocrates

Introduction

Benign prostatic hyperplasia is an obstruction condition of urine flow commonly in elderly male patients. The incidence of this condition at autopsy is about 50 to 60% of patients over 60's and over 80-90% after the 70's [1]. Untreated and severe cases can evolve into secondary hydronephrosis and complete urinary obstruction and kidney failure [2].

According to traditional Chinese medicine, the symptoms of benign prostatic hyperplasia are caused by energy alterations between *Yin* and *Yang*, Blood stagnation or *Qi* deficiency, and depending on the cause of energy imbalances, leading to symptoms in patients with this kind of disease, there are different modes of treatments [2].

The Purpose of this Study is

To demonstrate that patients with benign prostatic obstruction have energy deficiency inside the five internal massive organs of the five elements theory in traditional Chinese medicine (Liver, Heart, Spleen, Lungs, and Kidney) leading to the symptoms of urinary retention or obstruction and the treatment of this condition is of paramount importance to treat the cause of this disease formation, in the energy level.

Method

Through three case reports of patients with benign hyperplasia prostatic obstruction. They all gave consent to publish their history in this article.

Case Report One

A.A.M, 63 years-old male patients. He started the symptoms of urinating very little three months ago (December 2022). He went to the doctor who asked for PSA which revealed that his PSA had gone up a lot. But he did not feel anything, only that the urine was much less. The doctor asked for an ultrasound of the prostate that revealed that the prostate was a little enlarged and the doctor gave one medication that he did not remember the name but it does not help a lot. He remembered that he needs to go to the bathroom at night; he did not have a normal urination stream. It was dripping. He did not feel hotter or colder, do not sweat during the day or night, he has daily bowel movements.

The doctor asked for a prostate biopsy but the patient tried to perform another kind of treatment, before being submitted to this procedure. When he came to my clinic, he was trying to treat his insomnia. But at that time, the PSA was 8 ng/ml. He was submitted to the measurement of the five internal massive organs (Liver, Heart, Spleen, Lungs, and

Kidney) in the five elements theory of traditional Chinese medicine, using the radiesthesia procedure.

Results

All his internal massive organs were in the lowest level of energy, rated one out of eight. The treatment of this condition rebalancing and replenishing these organs' energy using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, and systemic acupuncture and replenishing the energy of the internal five massive organs using homeopathy medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications was of paramount importance to treat the cause of formation of prostatic hyperplasia. I will show in the discussion section the medications used in this treatment.

He improved quickly his urinary symptoms after 5 acupuncture sessions and using the medications to replenish the energy of these organs according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications. After this treatment, for less than one month, his PSA improved and normalized to a normal level, and his symptoms of less urinary improved completely. He also improved from his condition of insomnia. The patient is still in treatment until the end of writing this article to publish this manuscript on March 2023.

Case Report Two

E., 60 years-old male patients, married, with two children. He had prostatic hyperplasia since when he was 40 years old and at that time, his PSA was already near 4ng/ml and he also has kidney stones. He did two biopsies at that time that revealed that there was no malignancy. But the prostate increased over time. He was feeling impairment in other functions and had urine retention of approximately 120 ml in the bladder. He said when he was at sixty, he has a prostate of the person of ninety and one hundred grams of volume and a PSA close to 7ng/ml. He used a medication called Tamsulosin for about a year but with little effect on his prostate symptoms. The only thing that improves his condition was probably less urine retention in the bladder but affected very much of the sexual part making it difficult to maintain an erection and also, difficult intercourse, and retrograde ejaculation that was disastrous. He usually goes to the bathroom two, three, or four times in the bathroom during the night, especially when he drinks liquid during the night. I measured the energy of his five internal massive organs using a crystal pendulum in a procedure called radiesthesia.

Results of Case Report Three

All his five internal massive organs were in the lowest level of energy, rated one out of eight. The rebalancing and replenishing of the energy of these organs using Chinese dietary counseling orientating the patient to avoid the ingestion of dairy products, raw food, Coldwater, and sweets was important to not cause more Spleen and pancreas energy deficiency.

The second group of foods that I orientate to avoid was the ingestion of coffee, soda, and matte tea (to not cause energy deficiency of the Kidney). The third group of foods that I orientate him to avoid was the ingestion of fried foods, eggs, honey, coconut, melted cheese, and alcoholic beverages (to not imbalance the energy of the Liver and Gall Bladder).

It was also done the treatment using auricular acupuncture with apex ear bloodletting and systemic acupuncture and the points used will be shown in the discussion section. The replenishment of the energy of the five internal massive organs was done using highly diluted medications according to the theory created by myself titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* associated with crystal-based medications. His prostate normalized with the treatment done and he is very happy with the results found until now. He is having a normal urine flow, without any retention of urine in the bladder.

Case Report Three

A.M. is a 72-year-old male patient with a history of having prostate problems since 2019. He said that in the beginning, the problem was the first urine in the morning, it was usually stuck and needs 5 to 10 seconds to flow urine. At that time, the urine was very weak but never dripping. He needs to wake up about three times during the night to urinate. The sleeping process was also very compromised, and superficial. It was hard to fall asleep and it was common to have a loop of thoughts without thinking absolutely very clearly.

His eating habits were coffee during breakfast with wholegrain bread, fruits (apple, banana, pear, mango, persimmon, etc), and yogurt. For the lunch, he usually eats rice, meat, salad, and chicken, and usually eats an orange after lunch. He repeats what he eats at lunch for dinner. In the past, he likes to drink Cold water but he likes to drink green tea when he was working.

He had a history of hypertension, heart murmur, and an ischemic transitory attack six years ago, but he did all exams and the doctor did not find anything. He was also complaining

of hair loss that did not improve with any kind of treatment.

He did not have diabetes or myocardial infarction previously. His sexual life is satisfactory for him and has a normal erection when he wants. Due to his prostate problem, he starts to use sesame oil 12 drops twice a day and it seems that was helping to urinate better.

In September 2021, he went to my clinic to measure the energy of his internal massive organ's energy (Liver, Heart, Spleen, Lungs, and Kidney) through the radiesthesia procedure.

Results

All his internal five massive organs were in the lowest level of energy, rated one out of eight. The treatment of this condition using Chinese dietary counseling, the same orientations described in case report two, to avoid the energy imbalances of the Spleen and pancreas energy, the Liver and Gall bladder, and the Kidney.

The most important food that I orientate him to avoid was the ingestion of dairy products, raw foods, Coldwater, and sweets because all these foods could cause energy deficiency of the Spleen and pancreas energy and therefore, cause liquid retention and cause enlargement of the prostate. The most important thing was to orientate to drink lukewarm water to tone the energy of the Spleen and pancreas energy and cause more energy in the Kidney, which was imbalanced due to *Yin* and *Qi* energy deficiency (feeling Hot and sweating during the day).

It was also used in his treatment of auricular acupuncture with apex ear bloodletting and systemic acupuncture and the points used in his treatment will be shown in the discussion section. He also used highly diluted medications such as homeopathic according to the theory written by myself (2020) titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications.

It was also prescribed Chinese herbal therapy to tone the *Yin* and *Qi* of the Kidney using *Liu Wei Di Huang Wan* and *Qi Bao Mei Zan Dan* (but I sent both medications to a homeopathy pharmacy to transform both medications into homeopathy medications).

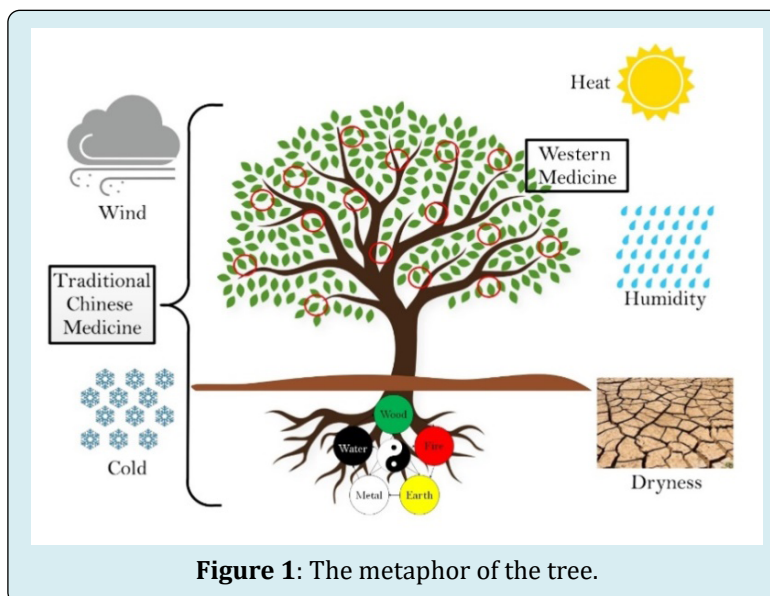
He improved very much his condition by urinating much better and improved also his sleeping condition, never need to wake up during the night to urinate. He is sleeping for the whole night and he is happy with the results of his treatment. The first urine in the morning is less stuck but he is still in treatment for his prostate condition.

Discussion

The alterations that I want to demonstrate in this article are in the energy level, invisible by the naked eye, and not usually studied by Western medicine doctors because, after the implementation of the Flexner report in 1910, they changed all medical curricula in the medical faculties of Canada and the United States. For this reason, they begin to consider “scientific” only what could be proven by the naked eye. However, all energy alterations that were leading to disease formation, before materializing in the things that we can see by the naked eye, were not studied by modern doctors. For this reason, there were many developments

in the research in all medical fields during this period but also, they began to see the human body only in parts and not in their entirety, leading to diverse misdiagnoses in the diagnosis and treatment of most diseases nowadays [3].

As said by Albert Einstein (1879-1955), “all the things that exist in our universe are composed of energy”, include the human body [4]. So, in this article, I will explain which energy alterations that exist inside humans that are leading to the formation of prostatic hyperplasia [5]. All the explanations in the energy level are made using the metaphor of the tree, as I am showing in Figure 1.

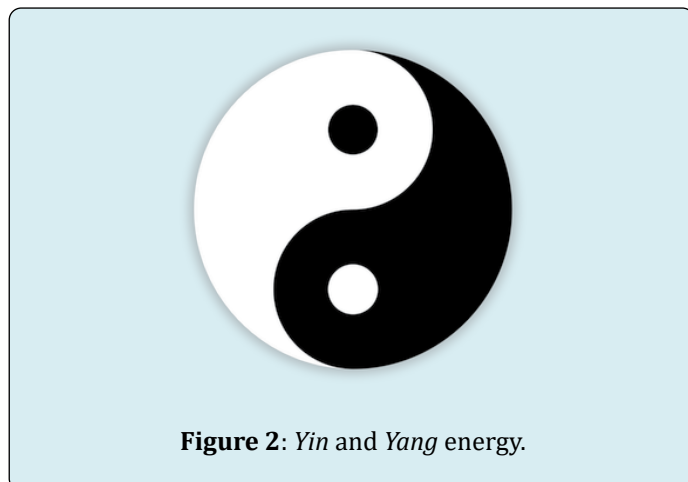


In this metaphor, I am demonstrating the different levels of diagnosis and treatment of Western and traditional Chinese medicine, that exists for more than 5000 years, to you understand what we need to treat nowadays, to have success in the treatment of these patients and cure them, without using surgery as I am showing in Figure 1[6].

In this metaphor, you can see that this tree is divided into two parts, the part under the earth (“root”) and the part above the earth (branches and leaves) [5]. The part above the earth is what Western medicine is treating nowadays, composed of branches and leaves. Each branch means one medical specialty and coming out of each branch, you can see many leaves. Each leaf means one symptom or disease treated by one medical specialty [7,8]. For example, when we have one patient with benign prostatic hyperplasia, Western medicine is treating the “leaf” level of this tree, focusing their diagnosis and treatment only on the prostatic hyperplasia [5].

But according to traditional Chinese medicine, they understand that the cause of all disease formation in all

kinds of specialties is at the “root” level of the tree, composed of two theories in TCM, which are *Yin* and *Yang* energy and the Five Elements theory [7,8]. *Yin* and *Yang* are two energies presented in our body and it is formed by the Kidney and is symbolized by Figure 2.



The energy imbalances presented between these two energies Figure 3 can cause many different diseases at the

leaf level, such as emotional or physical symptoms.

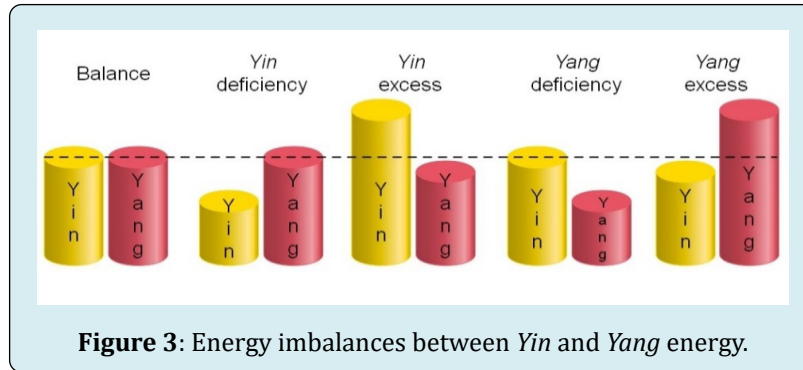


Figure 3: Energy imbalances between *Yin* and *Yang* energy.

In traditional Chinese medicine, many diseases can come from different energy imbalances and one energy imbalance can cause many types of different diseases at the leaf level of the tree [9].

in the “leaf” level of the tree, such as anxiety, panic syndrome, all kinds of community and hospital infections, diabetes, cancer, etc, as you can see in Figure 5 [7].

There is the necessity of having two other energies to circulate inside the body (*Qi* and Blood) to *Yin* and *Yang* have conditions to flow inside the body, as you can see in Figure 4.

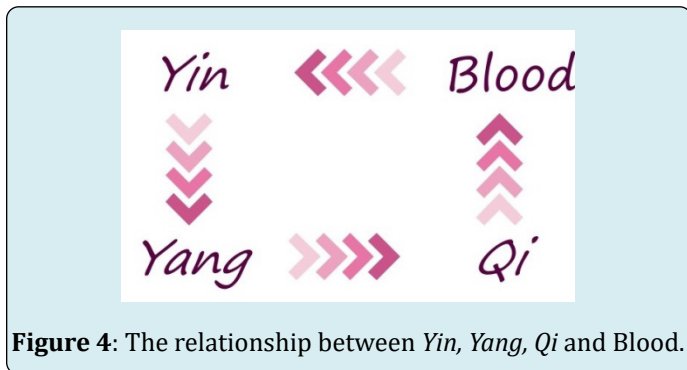


Figure 4: The relationship between *Yin*, *Yang*, *Qi* and Blood.

When there is energy deficiency between one and a combination of energy deficiencies between them, there is the formation of internal Fire, responsible for some diseases

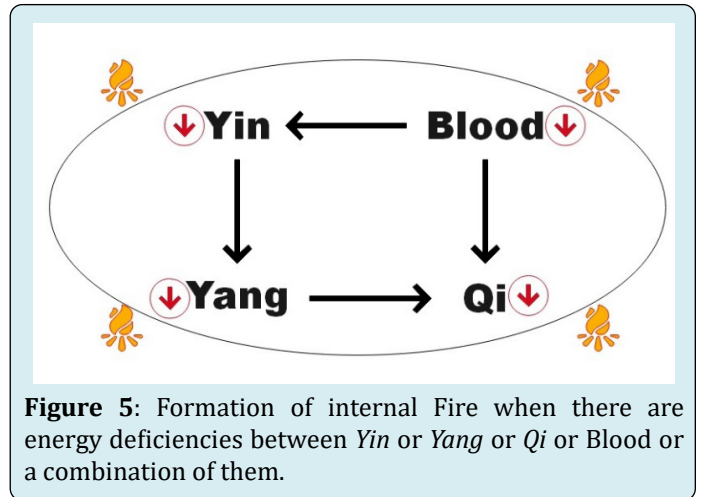


Figure 5: Formation of internal Fire when there are energy deficiencies between *Yin* or *Yang* or *Qi* or Blood or a combination of them.

The diagnosis of energy alterations can be done by asking the patients five questions in the first medical appointment, as you can see in Table 1.

Question	Does the patient have a daily bowel movement?	Does the patient have excessive sweating during day?	Does the patient feel cold in the extremities of the body? (Cold feet or hands)	Does the patient feel hot in the extremities?	Does the patient has dry mouth, bleeding gums, bad breath, acne and / or redness in the skin, abdominal pain, micro hematuria, or itching?
Meaning	The lack of daily bowel movements can mean Blood deficiency. *	This could be a symptom of <i>Qi</i> deficiency.	Commonly, this is a sign of <i>Yang</i> deficiency.	Commonly a sign of <i>Yin</i> deficiency.	Commonly this is a sign of Heat retention.

Table 1: Questions that I usually do in all my patients to evaluate the energy imbalances between *Yin*, *Yang*, *Qi*, Blood and Heat retention.

The second theory presented in the “root” of the tree is the Five Elements theory. In this theory, they say that there are representations of the five elements in our universe (Wood, Fire, Earth, Metal, and Water) and they have correlation inside the body. Each element represents one internal massive organ such as Wood is represented by the Liver. Fire represents the Heart; Earth represents the Spleen. Metal represents the Lungs, and Water represents the Kidney as you can see in Figure 6 [10].

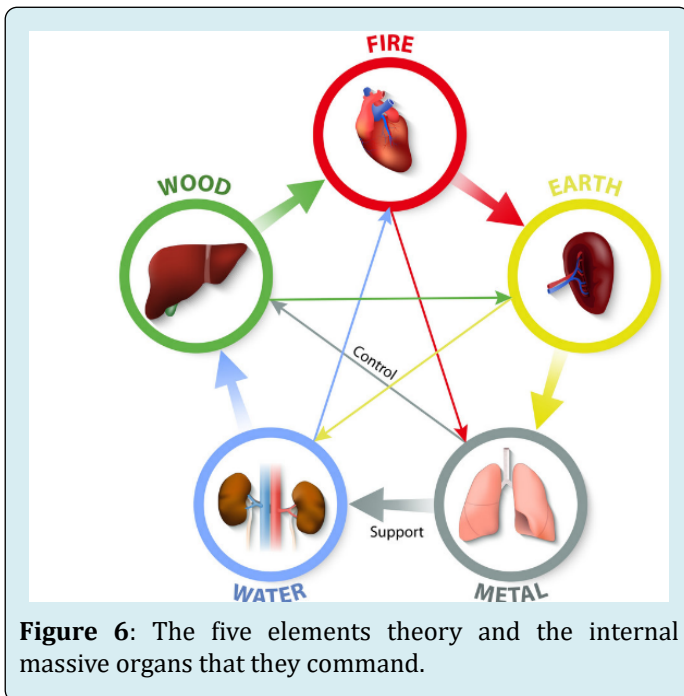


Figure 6: The five elements theory and the internal massive organs that they command.

This law is different from Western medicine’s perspective because all elements are interconnected by the energy flow and they do not work independently or separately as Western medicine’s doctors think, because Western medicine follows the way of thinking of Galen (129 CE-c. 216), a Greek physician that lived five hundred years after Hippocrates (460 bce - 375 bce), that influences the mode of thinking of Western medicine until these days [6,11,12].

According to the book written by Bob Damone, he said that prostate hyperplasia can be formed when there is an energy imbalance between *Yin* and *Yang* energy and also, can have Blood stagnation and *Qi* deficiency [2].

In all cases reported in this article, they all have in common; energy deficiency inside the five internal massive organs but the main organ affected in the case of patients with benign prostate hyperplasia is the Kidney energy, which was very low in all patients as you can see in Figure 7 [2].

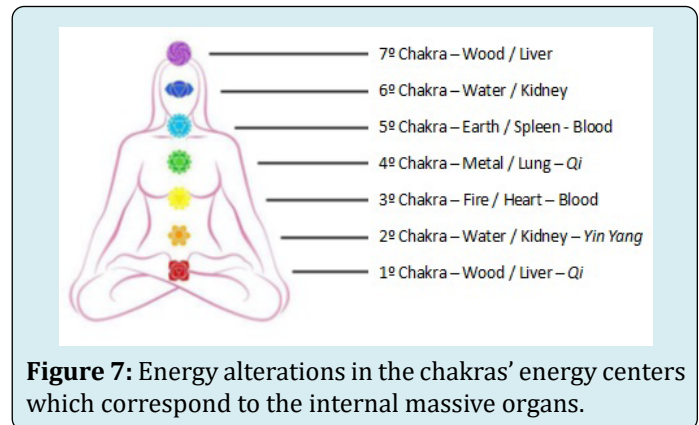


Figure 7: Energy alterations in the chakras’ energy centers which correspond to the internal massive organs.

In the article written by Chase (2018) titled *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use*, the author is doing the correlations between the chakras’ energy centers studies by Ayurvedic medicine and the five internal massive organs of the Five Elements theory of traditional Chinese medicine [13]. But as you can see, the Kidney depends on the energy of the Lung, which depends on the energy of the Spleen. This last organ depends on the energy of the Heart, which depends on the Liver’s energy [14].

The first tool used in the treatment of all these patients with prostatic hyperplasia is the changes in the dietary process according to Chinese dietary counseling, which studies the energy presented in each food, to treat the energy imbalances of each patient. Each food has its own energy such as Cold, Neutral, Warm, and Hot foods. According to Hippocrates (460 bce - 375 bce), “make your food your medicine and your medicine your food” [7,11].

The second step in the treatment of all these patients was the use of auricular acupuncture with apex ear bloodletting, as you can see in Figures 8 and 9.

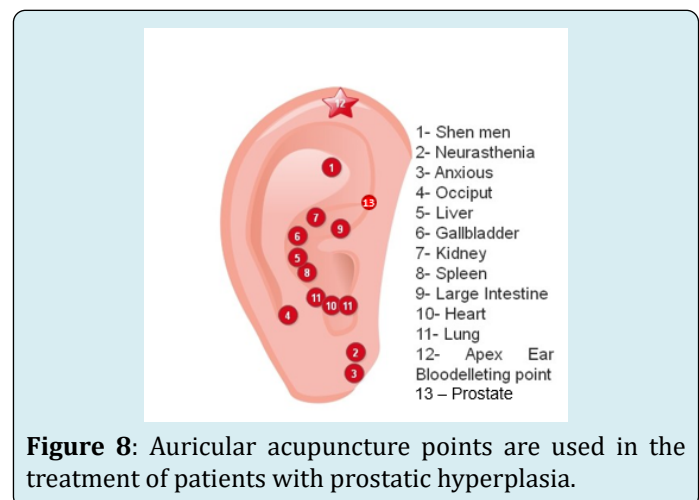
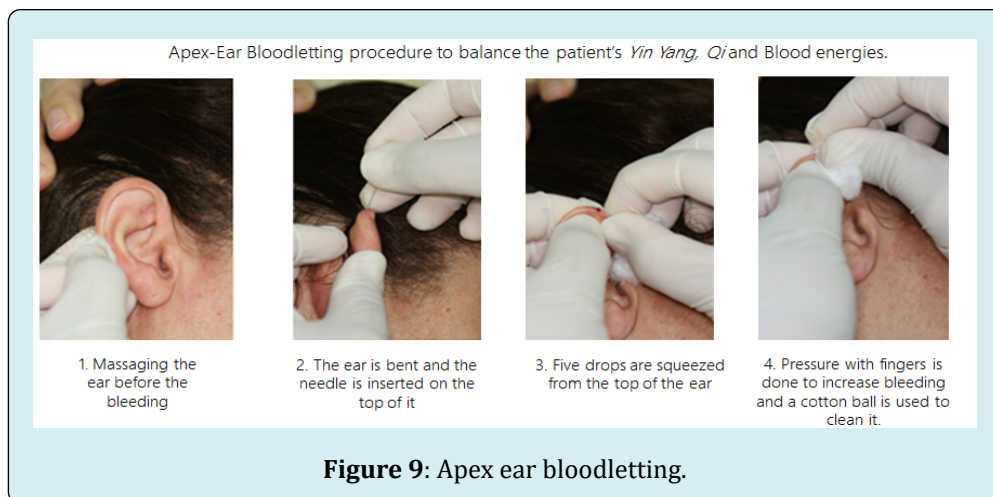


Figure 8: Auricular acupuncture points are used in the treatment of patients with prostatic hyperplasia.



So, all organs in the patients reported in this article are in a very weak state of energy and for this reason, when I used the treatment rebalancing the *Yin* and *Yang* energy using firstly, Chinese dietary counseling, auricular acupuncture, and systemic acupuncture to rebalancing the energy of *Yin, Yang, Qi*, and Blood and take out the Heat retention, and also, using highly diluted medications to replenish the energy of

all these organs according to the theory created by myself (2020) titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and the use of crystal-based medications, all patients improved from their diseases condition. The medications used in this treatment are shown in Table 2 [15].

Chakras	Five Elements	Homeopathy Medications	Crystal-Based Medications
1 ^o Chakra	Wood/Liver	Phosphorus	Garnet
2 ^o Chakra	Water/Kidney	Natrum Muriaticum	Orange calcite
3 ^o Chakra	Fire/Heart	Sulphur	Rhodochrosite
4 ^o Chakra	Metal/Lung	Silicea	Emerald
5 ^o Chakra	Earth/Spleen	Calcarea Carbonica	Blue Quartz
6 ^o Chakra	Water/kidney	Tone 2 ^o chakra	Sodalite
7 ^o Chakra	Wood/Liver	Tone 1 ^o chakra	Tiger eye

Table 2: Homeopathy medications are used in treatment to replenish the internal five massive organs in the treatment of patients with benign prostatic hyperplasia and crystal-based medications.

Treating the “root” and not just the symptoms, it is possible to treat all the patient’s emotional and physical symptoms at the same time and this theory was presented at the Acupuncture Research Conference that was held in Boston in 2015 at Harvard Medical School [16]. So, the use of highly diluted medications is very important to treat patients without any energy, as I am demonstrating in this article and shown in Figure 10 of the Arndt-Schultz Law, created in 1888 by two German researchers [17].

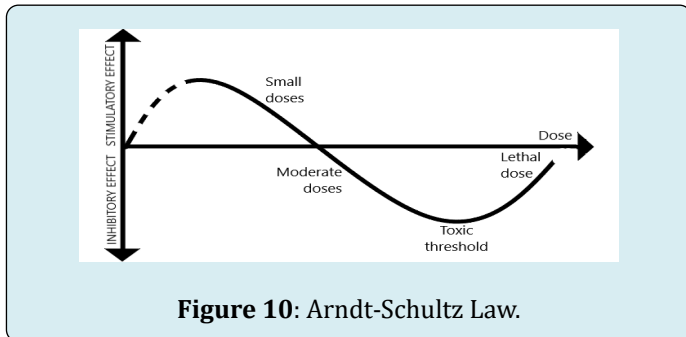
In this law, they are saying that the use of any kind of highly concentrated medications can reduce the vital energy of the patient and can lead to death and the use of highly diluted medications can improve the vital energy and this is the effect that I want in all these patients, considered immune suppressed and not immune-competent, as I am

showing in the article also written by myself (2021) titled *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19?* [18].

So, the use of any medication to treat and block the hormones will drop even more the energy, which is already very low, and cause complications or can worsen the symptoms leading to complications instead of improvement [17]. For this reason, this could be the patients that were submitted to the use of these hormone blockers that do not improve their symptoms, as I am showing in case reports one and two.

The medications recommended by Western medicine such as Alpha-adrenergic beta blockers, 5- alpha-reductase inhibitors should be used with caution because as all of them

are considered highly concentrated medications, they will drop even more vital energy, that it is very low and cause complications of this patient, as I am showing in Figure 10 [2].



In the book titled *Principles of Chinese Medicine Andrology*, the author is describing some interesting cases that improved the blockage of the urethral passage of urine treating the energy alterations of the patients using Chinese herbal therapy [2]. In this same book, the author is saying that the first descriptions of the dribbling urinary block (long bi) were mentioned firstly in the Yellow Emperor's Inner Canon (Huang Di Nei Jing), which says that "inhibition of the bladder leads to urinary dribbling" [2,19].

In this case, I showed that in all cases reported in this article, they have energy deficiency inside the five internal massive organs, especially in the Kidney. The Kidney has a hollow organ the Bladder and when there is energy deficiency inside the Kidney, it will transmit this lack of energy to the Bladder, causing energy deficiency in the Bladder [20,21].

In case report three, the patient also used this kind of Chinese herbal therapy called *Liu Wei Di Huang Wan*, but I asked him to dilute this medication in a homeopathy pharmacy to not reduce even more the vital energy of this patient, as shown in Figure 10. This patient improves all his symptoms of feeling hotness sensations and improved 50% of his symptoms of blockage of urine passage through the urethra. [22].

He also used another Chinese herbal therapy medication called *Qi Bao Mei Zan Dan* (to treat *Qi* deficiency of the Kidney) and was also sent to the homeopathy pharmacy to dilute this medication to 1LM. He is still using the medication today. What he found was that his hair, which was very white, is becoming darker with the treatment done [22].

In all cases, the use of Chinese dietary counseling was very important to keep the energy of the internal massive organs in harmony, especially the Spleen and pancreas energy, it is responsible for liquid retention when it is imbalanced and the avoidance of ingestion of dairy products and Cold

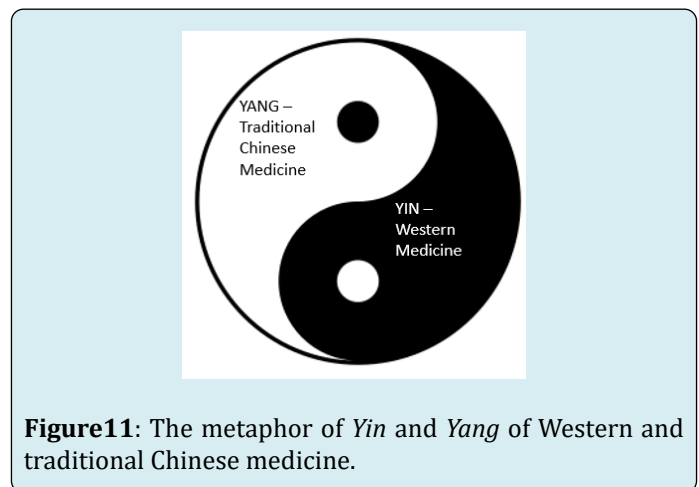
energy fruits such as orange, was important to do not cause liquid retention inside the body, causing enlargement of the prostate [23].

Not all cases of prostate hyperplasia can have enlargement of the prostate, there are cases when the ultrasound is normal and the size of the prostate does not correlate with the symptoms. There are reports that numerous men with small prostates can have severe symptoms and there are some men with enlargement prostates can have few or any symptoms [2,5].

Also, the use of lukewarm water, at a temperature of 32-36 degrees was very important to increase the Spleen and pancreas energy, decreasing the chance to have liquid retention that could be causing increasing prostate obstruction as I am showing in the case report three [7].

In all cases, it was advised to avoid heating the foods in microwaves and only on the stove to avoid the side effects of the use of microwaves that can reduce the energy of the foods [23]. Pumpkin seed oil, which is being used in the third clinical case, reported in this article, is also indicated for patients with benign prostatic hyperplasia because of the phytosterol effects present in the oil, which are capable of inhibiting 5 alpha-reductase and having anti-androgenic effects [24].

So, to understand which are the energy alterations involved in patients with benign prostatic hyperplasia, we need to integrate the knowledge of Western and traditional Chinese medicine, one studying the "leaf" level of the tree and the other studying the "root" level of the tree as you can see the metaphor of *Yin* and *Yang* of Western and traditional Chinese medicine when one begins the other ends [7] (Figure 11).



I would like to say to finalize this article that all tools used in this article such as homeopathy and acupuncture are

considered medical specialties by the Federal Medical Council in Brazil and attempts should be made by all countries to consider them as medical specialties as it is occurring in Brazil because they will be the main tool to use in all kinds of diseases nowadays, including infectious and non-infectious diseases [25].

The Conclusion of this Study

Is to demonstrate that patients with benign prostatic hyperplasia have energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine. The treatment using Chinese medicine tools such as Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, and systemic acupuncture and replenishing the internal organs' energy using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* is of paramount importance to treat the cause of hyperplasia formation and not just treating the symptoms, that it is the prostate hyperplasia itself.

Acknowledgment

I would like to thank my professor Dr. Lo Der Cheng (in memory) for his teachings of Chinese herbal therapy and all theories in traditional Chinese medicine, which makes me possible to write this article.

References

1. Ng M, Baradhi KM (2022) Benign Prostatic Hyperplasia. In: Ng M, et al. (Eds.), StatPearls Treasure Island (FL).
2. Bob D (2008) Principles of Chinese Medical Andrology: An Integrated Approach to Male Reproductive and Urological Health. In: Bob D (Ed.), Redwing Book Company. 1st (Edn.), Boulder, Colo: Blue Poppy Press 37: 26.
3. Ling HW (2021) What Flexner Report did to Our Medicine after 100 Years of Implantation? Acta Scientific Gastrointestinal Disorders 4(8): 1-4.
4. Witelson SF, Kigar DL, Harvey T (1999) The exceptional brain of Albert Einstein. Lancet 353(9170): 2149-2153.
5. Huang WL (2020) Energies Alterations and Chakras' Energies Deficiencies as the Main Cause of Radiation-induced Rectal Bleeding Post-Prostate Cancer Surgery. Clin J Surg 3(2): 1-9.
6. Huang WL (2018) Why Do Patients Still Catch Hospital Infections Despite the Practice of Infection Prevention and Control Programs? Acta Scientific Microbiol 1(4): 34-43.
7. Huang WL (2019) Why Are Diabetic Patients Still Having Hyperglycemia Despite Diet Regulation, Antiglycemic Medication and Insulin. Int J Diabetes Metab Disord 4(2): 1-14.
8. Huang WL (2019) The Importance of Correcting Energy Imbalances and Chakras Energy Deficiencies in the Treatment of Patients with Glaucoma. Clin Res Ophthalmol 2(2): 1-9.
9. Bing O, Zhen G (1996) Essentials of Traditional Chinese Medicine Series of Shandong Science and Technology Press 209.
10. Huang WL (2022) Energy Alterations in Patient with Deep Vein Thrombosis and what do we Need to in Addition to the Use of Anti-Coagulant Medications? J Vasc Surg 10(2): 442.
11. Craik E (2014) The Hippocratic Corpus: Content and Context. Routledge 344.
12. Vivian N (2023) Galen. Encyclopedia Britannica.
13. Chase CR (2018) The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use. Med Acupunct 30(4): 167-178.
14. Huang WL Which Are the Energy Alterations in the Patient Necessary to Form a Hospital Infection? Euro J Immuno Res 2(1): 104.
15. Huang WL (2020) Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine. Acta Scientific Medical Sciences 4(7): 57-69.
16. Boston MA (2016) Abstracts from the Society for Acupuncture Research 2015 International Conference Reaching Across Disciplines to Broaden the Acupuncture Research Network. J Altern Complement Med 22(1): A1-A46.
17. Sharma RK (2012) Arndt Schultz Law and its applications in Homeopathy. In: Sharma RK (Ed.), Homeopathy Resource by Homeobook.
18. Huang WL (2021) Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19? J Vaccines Res Vaccin 7: 18.
19. Ryan (2022) The Yellow Emperor's Inner Canon: Earliest Text of TCM. Pepchina.
20. Huang WL (2020) Why Patients with Knee Pain Still

Have Symptoms despite the Use of Anti-inflammatory Medications. International Journal of Orthopaedics Research 2(2): 21-27.

21. Huang WL (2019) Shoulder and Elbow Tendinitis as Initial Manifestation of Autoimmune Hepatitis. ARC Journal of Orthopedics 4(2): 19-26.
22. Lo DC (2007) Chinese masterful formulas. 1st (Edn.), São Paulo: Roca pp: 608.
23. Huang WL (2021) How is the Mechanism of Immunodeficiency Caused by Metallic Implants and What Can they Cause when Inside the Patient's Body? Ann Immunol Immunother 3(2): 000149.
24. *Óleo de Semente de Abóbora. Ibero Magistral.*
25. (CFM) Conselho Federal de Medicina.

