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Energy Alterations in Patients with Prostate Cancer and How Can We Treat This Condition to Cure Them?

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Abstract

Prostate cancer is the sixth leading cause of death in men and it is considered the most common malignancy worldwide.

The Purpose of this Study: Is to demonstrate that patients with prostate cancer have in common, energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine (TCM) reasoning.

Methods: Three case reports, all with prostate cancer. I measured the energy of the five internal massive organs of the five elements theory in TCM.

Results: All of them were in the lowest level of energy, rated one out of eight. The treatment of this condition using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, systemic acupuncture, moxibustion and replenish the energy using highly diluted medications according to the theory *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* is of paramount importance to increase the function of the immune system and fight against cancer cells. In patient one, it was possible to improve urinary incontinence and sexual dysfunction after the surgery and reduce the high PSA after using this treatment. In case report two; it was possible to reduce the PSA to a normal value only after replenishing the energy of the five internal massive organs and rebalancing the *Yin* and *Yang* energy. In the third case report, it was possible to reduce the gravity of alterations in the malignant cells after doing acupuncture to rebalance the Yin and *Yang* energy.

The Conclusion of this Study: is to show that all patients with prostate cancer have in common, energy deficiency inside the five internal massive organs and the treatment of this condition is of paramount importance to treat the cause of cancer formation and not just the symptoms, that it is the formation of cancer itself.

Keywords: Prostate Cancer; Energy; Traditional Chinese Medicine; Diet; Acupuncture; Homeopathy; Hippocrates

Introduction

Prostate cancer is the sixth leading cause of death in men and it is considered the most common malignancy worldwide. The diagnosis is usually made on PSA (prostatespecific antigen), prostate tissue biopsy, and MRI scans. When the cancer is only limited to prostate tissue, it is considered curable. When the cancer is spreading throughout the body, there are other options for therapy including hormonal therapy, chemotherapy, bisphosphonates, ligand inhibitors,

immunotherapy, radiation, radiopharmaceuticals, and other target therapies that can be used [1].

The purpose of this Study

Is to demonstrate that all patients with prostate cancer have energy deficiency inside the five internal massive organs (Liver, Heart, Spleen, Lungs, and Kidney) according to traditional Chinese medicine's reasoning in the Five Elements theory and the treatment of this condition is of paramount importance to treat the cause of cancer formation and not just treating the symptoms, that it is the formation of prostate cancer itself.

Methods

Through three case reports of male patients with a diagnosis of prostate cancer. All patients gave consent to publish their histories in the medical journal.

The First Case Report

E. 70 years-old male patient with a history of symptoms of little sexual dysfunction (it reduced very much because normally he has about four sexual intercourse a week and after the surgery, he cannot have erections) revealed that his diagnosis was prostate cancer. He did a retro pubic prostatectomy which evolved into urinary incontinence that started soon after the surgery and aggravated his sexual dysfunction. He was orientated to use Duloxetine to control urinary incontinence and testosterone blockers to reduce the possibility to acquire another cancer. As he was not having sexual intercourse, his doctor prescribed him the use of sildenafil, but he did not use this medication because he has some friends that died of myocardial infarction after beginning to use it. He did not want to use diapers and his self-esteem reduced a lot also, he begins to feel depressed. He went to my clinic to see the possibility to treat his condition using another approach.

Results

His Chinese medicine diagnosis was Kidney *Yang* deficiency (he fell Colder in the lower limbs), Blood deficiency (he does not have daily bowel movements), *Qi* deficiency (abnormal sweating during the day), and dry mouth and itchiness in the skin.

He was also submitted to a radiesthesia procedure which revealed that all internal massive organs (Liver, Heart, Spleen, Lungs, and Kidney) according to the five elements theory of traditional Chinese medicine were in the lowest level of energy, rated one out of eight. The treatment of his condition was done doing alterations in the diet according to Chinese

dietary counseling, avoiding the use of dairy products, raw food, Coldwater, and sweets (to not imbalance, even more, the energy of the Spleen, responsible for the absorption of nutrients and formation n of Blood). The second group of foods to avoid was the ingestion of coffee, soda, and matte tea to not worse the energy of the Kidney, which is responsible for the production of *Yin* and *Yang* energy and for sexuality, reproduction among other functions. The third group of foods to orientate to avoid was the ingestion of fried food, eggs, honey, coconut, chocolate, alcoholic beverages, and melted cheese to not cause an increase in the formation of internal Fire, one of the energy alterations in a patient with cancer.

The second step in his treatment was to do auricular acupuncture with apex ear bloodletting, to reduce the production of internal Fire and regulate the production of *Yin, Yang, Qi,* and Blood the necessity of doing all these steps, I will explain in the discussion section.

The third step in his treatment was to replenish the energy of the five internal massive organs using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine*. In this theory, I used Phosphorus to treat the Liver, Sulphur to replenish the energy of the Heart, Calcarea Carbonica to replenish the energy of the Spleen, Silicea to replenish the energy of the Lungs and Natrum muriaticum to replenish the Kidney's energy. The medications should be used for the whole life together with crystal-based medications

He told me that even while doing surgery, his PSA was elevated (more than 24 ng/ml) and when he was submitted to all these Chinese medicine procedures, it was possible to reduce to less than 1 the PSA.

He also improved his urinary incontinence and sexual dysfunction after using these therapies and nowadays, he is still doing auricular acupuncture with moxibustion to keep the energy of the internal massive organs in a balanced state and also, replenish the energy of the internal five massive organs using highly diluted medications.

The Second Case Report

J.O., a 73-year-old male patient, 2016 discovered he had prostate cancer. At that time, he was presenting little low back pain and going to the bathroom twice in the evening and after he began going to urinate three times per night, he went to an urologist to see the reason, why he was having those symptoms. He did the PSA exam and the prostate biopsy which revealed that it was prostate cancer. He did not take out the prostate and the doctor only recommended

for him 36 sessions of radiotherapy at Cancer Hospital in my city, Franca in São Paulo state in Brazil. It burned the skin only at one point below the belly button. It does not have any side effects for him. He also needs to take an injection in the muscle every 28 days. He took twenty-four injections over two years. At that time, he lost the intensity of his sexual function. His PSA did not normalize with all these treatments reported (it was 27ng/ml in the beginning and went to 17ng/ml after the treatment but never normalized). He went to my clinic because he has had vitiligo since he was children and wants to have another kind of treatment. I measured the energy of the five internal massive organs (Liver, Heart, Spleen, Lungs, and Kidney) using the radiesthesia procedure.

Results

All internal five internal massive organs were in the lowest level of energy, rated one out of eight. The treatment of this condition was divided into three steps. For the first step, I used Chinese dietary counseling, orientating to avoid the same foods mentioned in the first case report to not imbalance the Spleen, Kidney, and Liver energy.

The second step in his treatment was to do auricular acupuncture with apex ear bloodletting and systemic acupuncture. It also used highly diluted medications to replenish the energy of the five internal massive organs according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine.* The medications are the same as reported in case one and the patient would need to use them for their entire life. It also used moxibustion, a Chinese medicine technic to replenish the energy of the organs also, mainly the Kidney energy.

After these treatments, the PSA was 17 ng/ml after radiotherapy and chemotherapy, normalized completely too less than 1 ng/ml, after using the Chinese medicine tools described above.

The Third Case Report

R. 56-year-old male patient, with a diagnosis of prostate cancer (Acinar Adenocarcinoma) in November 2021. The prostate biopsy revealed that there were three types of results, according to the Gleason classification. In fragment 14, the index was 8 (4+4). In fragment 12, the index was 7 (4+3). In fragments 1, 11, 15, and 16, the index was 6 (3+3).

From the diagnosis and surgery, he had one month period and I asked him to go to do acupuncture sessions every day to try to improve his internal energy to go to the surgery stronger from an energy point of view. On January 2021, he went to my clinic to measure his internal organs' energy (Liver, Heart, Spleen, Lungs, and Kidney) using a radiesthesia

procedure. He was also using psychotropic medication for about 18 years uninterruptedly to treat insomnia, anxiety, depression, and panic syndrome.

Results

All his internal organs' energy was at the lowest level of energy, rated one out of eight. He had a Chinese diagnosis of Kidney *Yang* deficiency and was feeling Colder than Hot. He also had abnormal sweating during the day and a dry mouth. The diagnosis how we can make the diagnosis of energy imbalances will be shown in the discussion section.

The treatment of this condition was to change his dietary habits using Chinese dietary counseling, orientating him to avoid the ingestion of dairy products, raw foods, Coldwater, and sweets to not worse the energy of the Spleen and pancreas, responsible for the absorption of nutrients and formation of Blood.

The second group of foods that was orientated to avoid was the ingestion of coffee, soft drinks, and matte tea because all these drinks could reduce the energy of the Kidney, responsible for the formation of *Yin* and *Yang* energy.

The third group of foods that I orientate him to avoid was the ingestion of fried food, honey, chocolate, melted cheese, eggs, and alcoholic beverages to avoid the formation of internal Fire, one of the energy alterations responsible for the formation of cancer, in the energy point of view.

The second tool used in his treatment was auricular acupuncture with apex ear bloodletting and systemic acupuncture, to balance the internal energy of Yin, Yang, Qi, and Blood and take out the internal Fire. I will show the points used in the treatment in the discussion section.

The third tool used I n his treatment before submitting him to surgery was to replenish his internal organs' energy using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine.* To replenish the energy of the Liver I used Phosphorus, to replenish the energy of the Heart I used Sulphur, to replenish the energy of the Spleen, I used Calcarea carbonica, to replenish the energy of the Lungs I used Silicea, to replenish the energy of the Kidney, I used Natrum muriaticum.

After one month of this treatment, the patient was submitted to radical prostatectomy and the urologist surgeon said that his cancer was probably there in 2002, when he did the first PSA and was a little elevated at that time.

The result of the pathology anatomy after the surgery showed that the cancer classification according to Gleason's

study was only Gleason 7 (4 and 3). Both prostates were affected by cancer and 58% of the prostate was affected by cancer. There was no metastasis. All lymph nodes were absent of cancer.

Discussion

This study will be following Hippocrates' (460 BCE - 375 BCE) thoughts that said that "it is important to consider other ancient medical traditions prior to the knowledge we have nowadays" [2].

Another oath used in this article is "we need to treat the patient and not the disease the patient has" [2].

So, in this article, I will show which are the energy alterations when facing a patient with prostate cancer.

Energy is not taught in the medical faculties since the implantation Flexner report in 1910. Flexner was not a doctor but was a teacher in the former school. He implanted alterations in the medical curriculum and considered only "scientific" what can be proven by laboratory exams and/or radiological levels [3].

According to the book written by Capra (1975), titled *Tao of Physics*, the author is saying the duality between Western and traditional Chinese medicine, one studies the materialized part of the energy, and the second studies the invisible part of the energy, that exists in all universe [4].

I usually use the metaphor of the tree, to show the different levels of diagnosis and treatment between Western and traditional Chinese medicine, as you can see in Figure 1 [5].

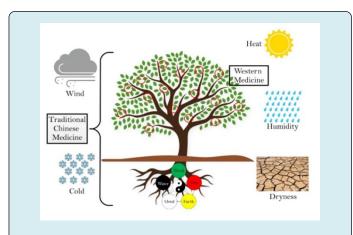


Figure 1: The metaphor of the tree shows the different viewpoints between Western and traditional Chinese medicine.

In this Figure 1, you can see that the tree is divided into two parts, the part above the earth and the part under the earth [5,6].

The part above the earth is what Western medicine is doing in the diagnosis and treatment of all kinds of diseases in each specialty. You can see that there is a trunk with several branches. Each branch means one medical specialty such as gynecology, orthopedics, pediatrics, pulmonology, neurology, cardiology, hematology, etc [7].

Coming out of each branch, you can see many leaves. Each "leaf" means one disease treated by one specialty. For example, in the case of prostate cancer, the treatment is focusing on the "leaf" level of the tree (when they take out cancer through surgery) and chemotherapy and radiotherapy in a localized form [8].

But what traditional Chinese medicine understands is that in all kinds of symptoms and diseases presented by the patient, the problem is not on the "leaf" level of the tree, but the real problem was on the "root" of the tree, that Western medicine does not take into account in the diagnosis and treatment of the patients in diverse disease in any kind of specialty [9].

All this reasoning began in 2006 when I treated one specific patient and I will tell you his history to you understand what I want to demonstrate in this article [9].

This patient was a 70-year-old male patient with a history of leg pain that was not improving his symptoms only using anti-inflammatory medications. He went to my clinic to search for another type of treatment and what I found was that he was presenting a case of energy deficiency in the *Yang* of the Kidney [9].

Instead of treating his symptoms, I treated his energy alterations in the "root" of the tree using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, and systemic acupuncture [9].

After ten acupuncture sessions, he returned to be reevaluated, and he said that his leg pain improved but he also improved from another condition, which he did not tell me. He was suffering from glaucoma for the last 40 years with no improvement of his condition only using eye drops. For the first time in his life, his intra-ocular pressure reduced from 40 to 17 mmHg [9].

So, when you see the "root" of the tree in Figure 1, you can see two theories, the *Yin* and *Yang* theory, and the Five Elements theory [6].

The imbalances presented in the "root" are the cause of the formation of disease in the "leaf" level of the tree, in any kind of specialty, as you can see that the energy produced in the "root", is sending energy to any kind of specialty and for this reason, I presented one theory in 2015 at Acupuncture Research Conference that was held in Boston at Harvard Medical School. In this presentation, I demonstrated that when we treat the energy imbalances presented in the "root", "we can treat all the patient's symptoms at the same time, even if the doctor does not know that the patient has such symptoms" [9].

After 2006, I began to participate in many conferences worldwide in a variety of specialties to demonstrate that behind all symptoms and disease, there are energy imbalances as the real cause of the formation of disease and the treatment of this condition could lead to a cure the problem because the majority of diseases nowadays have in the background, energy deficiencies as the cause. I am demonstrating all these achievements in many articles written until today to explain these alterations in the majority of disease formation [5].

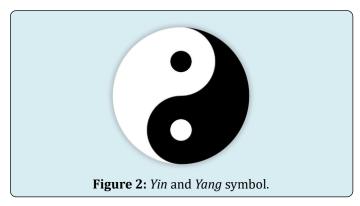
In 2018, I attended to one 70-year-old patient with a diagnosis of malignant thyroid cancer. She also has energy deficiency inside the five internal massive organs and I treated her condition only by rebalancing the internal energy of *Yin, Yang, Qi,* and Blood and replenishing the energy of the internal five massive organs using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine.* She was submitted to surgery two months after the energy-based treatment and in the surgery, the surgeon asked for a frozen biopsy that revealed that the malignant tumor turned benign. This case was published in the article written by myself (2022) titled *Energy Alterations in a Patient with Malignant Thyroid Tumor and How Can We Treat It without Doing Surgery, Chemotherapy, or Radiotherapy* [10].

In 2020, I published another article titled *Energies and Chakras' Replenishment in the Prevention and Treatment*

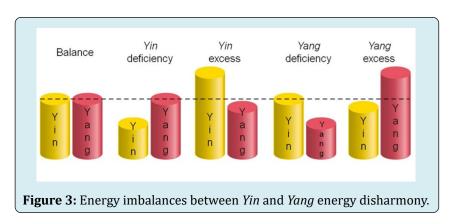
of Patients with Atypical Pap Cells Exam. In this article, I demonstrate another case of a 40 years-old female patient with a history of pap smear exams with grade IV alteration. She went to my clinic and I measured the energy of her five internal massive organs (Liver, Heart, Spleen, Lungs, and Kidney). The results of this measurement were that all her internal organs were in the lowest level of energy, rated one out of eight. The treatment of this condition rebalances and replenishes the energy using highly diluted medications according to the theory of Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. After one month of this treatment, the patient was completely cured of her condition with a normal Pap smear exam [11].

The first theory in the "root" is the *Yin* and *Yang*. These two forces are opposite but complementary. They are representing all phenomena that occur in nature such as day and night, summer and winter, man and woman, sun and moon, etc [6,9].

The symbol that characterizes *Yin* and *Yang* is demonstrated in Figure 2.



The cornerstone of all treatments in traditional Chinese medicine is to balance these two forces, as you can see in Figure 3 and the imbalances between them (*Yin* less than *Yang* or Yang less than *Yin*) are the cause of the formation of any diseases in the "leaf" level of the tree, in this case, prostate cancer [6,9].



In the cases reported in this article, all three patients have in common, energy deficiency of Kidney *Yang* energy, because all of them feel colder in the feet and the treatment rebalancing *Yin* and *Yang* energy, caused the regression of prostate cancer aggression, of case report three [5,10].

The Gleason grading system was created to see how abnormal prostate cells look like prostate cancer and how cancer has a tendency to spread. If lower Gleason is found at the biopsy, this means that cancer does not have aggressiveness and is slowly growing [12].

In the case of report one, the balance state of this Kidney Yang energy was important to treat the urinary incontinence condition and also the sexual dysfunction, as I am showing in the article written by myself (2020) titled *Energy Imbalances* and Chakras Energy Replenishment to Treat Patients with Urinary Incontinence and Sexual Dysfunction Post-Cancer Prostatectomy [8].

The second case also had Kidney *Yang* deficiency and only doing these rebalance and replenishing the energy of the internal five massive organs that I will explain later, it was possible to reduce the PSA of the patient because even doing radiotherapy and using medications, it was not possible to normalize the PSA exam.

In case report three, it was possible to reduce the aggressiveness of the prostate tumor (that was Gleason 4+4 before the energy-based treatment and turned to Gleason 4+3 after the energy-based treatment after the prostatectomy) using Chinese medicine's tools (Chinese

dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture and replenishing the energy of the internal massive organs using highly diluted medications according to the theory written by myself (2020) titled *Constitutional Homeopathy of the Five Element Based on Traditional Chinese Medicine* [12,13].

In this theory, I am using homeopathy medications created by Hahnemann (1755 - 1843) but using traditional Chinese medicine reasoning, as you can see in Figure 4 [13].

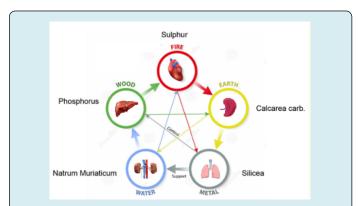


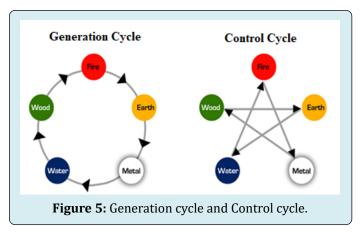
Figure 4: Homeopathy medications are used to tone the energy of the five internal massive organs.

The five elements theory is the second theory presented in the "root" of the tree. In this theory, the five elements correspond to Wood, Fire, Earth, Metal, and Water and there is a representation of these five elements inside the human body, as you can see in Table 1 [14].

	Wood	Fire	Earth	Metal	Water
Orientation	East	South	Middle	West	North
Season	Spring	Summer	Late Summer	Autumn	Winter
Climate	Wind	Summer Heat	Dampness	Dryness	Cold
Cultivation	Germinate	Grow	Transform	Reap	Store
Yin organ	Liver	Heart	Spleen	Lung	Kidney
<i>Yang</i> Organ	Gall Bladder	Small Intestine	Stomach	Large Intestine	Bladder
Orifice	Eye	Tongue	Mouth	Nose	Ear
Tissues	Tendons	Vessels	Muscles	Skin & Hair	Bones
Emotions	Anger	Joy	Pensiveness	Grief	Fear
Colors	Blue/Green	Red	Yellow	White	Black
Taste	Sour	Bitter	Sweet	Pungent	Salty
Voice	Shout	Laugh	Sing	Cry	Groan

Table 1: Five Elements and the organs that they represent and the external sensorial organs that they command.

The five elements' organs correspond to the Liver, Heart, Spleen, Lungs, and Kidney and they have the function to send energy to the following organ and command the function of external sensorial organs as you can see in the Generation cycle and Control cycle in Figure 5 [15].



In this Figure 5, you can see that one organ is sending energy to the following organ and one depends on the other.

The problem in one organ could not be in this organ as I am showing in the article written by myself (2022) titled *Is It True That Kidney Failure Diagnosed At The Laboratory Test Level Shows That The Problem Is Really In The Kidney?* [16].

The Kidney for example is receiving energy from the Lung, that it is receiving energy from the Spleen, which receives energy from the Heart, which receives energy from Liver [13].

In research that I did in my clinic in Brazil from 2015 to 2020, I showed that from 1000 patients that I measured the energy of the five internal massive organs, 90% of all of them were in the lowest level of energy, rated one out of eight as you can see in Table 2 [17].

Chakras Age	0-19	20-59	60-90
7	8	8	8
6	1	1	1
5	1	1	1
4	1	1	1
3	1	1	1
2	1	1	1
1	1	1	1
AE	1	1	1
Total of patients	26	170	86
Main Wastown dia magas	Anxiety	Anxiety	Anxiety
Main Western diagnoses	Depression	Headache	Knee pain
Total diagnoses	11	105	37
Percentage	42,31%	61,76%	43,02%
	Yin/Yang	Yin	Yin
Main Oriental diagnoses	Yin/Blood	Yin/Yang	Yin/Internal Heat
			Yin/Yang/Internal Heat
Total diagnoses	4	38	28
Percentage	15,38%	22,35%	32,56%

Table 2: The research that I did in my clinic in Brazil showed that 90% of all my patients were in the lowest level of energy, rated one out of eight being 1 at the lowest level and 8 at the normal level.

To *Yin* and *Yang* flow inside the body, there is the necessity to have two other energies, that are *Qi* and Blood, and their interrelationship is shown in Figure 6 [6].

When there is any deficiency between these four energies, there is a formation of internal Fire, that can cause the formation of many diseases in the "leaf" level of the tree such as anxiety, panic syndrome, hypertension, diabetes, insomnia, community and nosocomial infections, and even cancer [6,18-21].



Figure 6: The interrelationship between *Yin, Yang, Qi,* and Blood.

The development of cancer needs to reach five phases as you can see in Table 3.

Progression from Health to Disease						
	Organ	Exams	Energy Reserve	Symptoms		
Phase 1	Slowing down of organ functions	Normal	Energy Reserves-normal	Without clinical symptoms		
Phase 2	Slowing down of organ functions	Normal	Consumption of internal Energy Reserves	With symptoms in other organ		
Phase 3	Slowing down of organ functions	Normal	Consumption of external Energy Reserves	With symptoms in same organ		
Phase 4	Reversible cellular lesion	Little alternation	Consumption of blood Reserves	Curable disease		
Phase 5	Irreversible cellular lesion	Excessive alteration	Metabolic exhaustion	Incurable disease		

Table 3: The progression from health to disease.

In this Table 3, you can see that in the first three phases, there are only energy alterations, the patient has symptoms but the laboratory exams are normal. Only in phase four that the patient can have some alterations in the laboratory exams and it is in this phase that Western medicine is doing the diagnosis of diseases, in the late phase. It is in this phase 4 that patients with diabetes or high cholesterol are doing the diagnosis with diseases [5].

When the patient has cancer, it is in phase 5 of evolution from health to disease formation [5]. In the article written by myself (2020) titled *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment of Cancer*, I showed that even patients with cancer can return to phase four or three, as I am showing one patient with thyroid cancer cured her cancer only by rebalancing and replenishing her internal massive organs energy using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture [5].

In the case of these three cases reported in this article, also have energy deficiencies diagnosed through the use of

the radiesthesia procedure. In the article, I wrote (2021) titled *What Are the Markers That Predict the Development of Having Cancer in the Future without Laboratory or Radiological Tests?* I am showing that if we treat the energy deficiency condition that quite the whole population in this world is having, we could reduce the evolution to any kind of disease, such as diabetes, hypertension, cancer, infectious community, hospital infection, etc. [22].

Using this kind of therapy, we can treat the "root" of all disease formation without needing to use any kind of highly concentrated medications to treat the cause of the formation of the disease [13]. The medications used to replenish the energy of the five internal massive organs are highly diluted medications. They are Sulphur to replenish the energy of the Heart, and Calcarea carbonica to replenish the energy of the Spleen. Silicea to replenish the energy of Lungs, Natrum muriaticum to replenish the energy of the Kidney, as you can see in Table 4. In this table, there are also, crystal-based medications also used to replenish the energy of these organs [13].

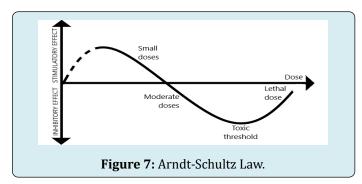
Chakras	Five Elements	Homeopathy Medications	Crystal-Based Medications
1º Chakra	Wood/Liver	Phosphorus	Garnet
2º Chakra	Water/Kidney	Natrum Muriaticum	Orange calcite
3º Chakra	Fire/Heart	Sulphur	Rhodochrosite
4º Chakra	Metal/Lung	Silicea	Emerald
5º Chakra	Earth/Spleen	Calcarea Carbonica	Blue Quartz
6º Chakra	Water/kidney	Tone 2º chakra	Sodalite
7º Chakra	Wood/Liver	Tone 1º chakra	Tiger eye

Table 4: Homeopathy and crystal-based medications used to replenish the energy of the five internal massive organs and crystal-based medications.

In all these three patients reported in this article, it was not possible to treat prostate cancer only using the energy-based treatment because, in the third patient, he programmed with his urologist to do the surgery after one month after the diagnosis and during this period, it was possible to do some acupuncture session almost every day and the results after prostatectomy was that the malignancy grade of his tumor reduced when comparing the first biopsy with the second made during the operation [5,8].

If this patient still undergoing acupuncture sessions, he could have the chance to reduce the grade of malignancy even more.

The medications used to replenish the internal five massive organs were highly diluted medications because the use of any kind of highly concentrated medication would reduce even more the vital energy and would increase to have complications to even the death of this patient, as you can see in Figure 7 of Arndt-Schultz Law, created in 1888 by two German researchers [23].



So, in the case of patients with any kind of cancer, there is the necessity to use the more highly diluted medication in any kind of treatment, such as when they have some infections or pain or any kind of complaints because the use of highly concentrated medications would reduce the vital energy, as happened in the case report three when he used for 18 years psychotropic medications to treat the panic syndrome. And our energy is our immune system, for this reason when we increase the energy, there is a tendency to reduce the size of the tumor or reduce the aggressiveness of cancer cells, as I showed in case report three [5,8].

The Chinese dietary counseling used in these treatments was according to the energy presented in each food to treat the energy imbalances of each patient. When all the patients reported having Kidney Yang deficiency, it was orientated to avoid the ingestion of raw food, Coldwater, and sweets because the patient usually feels colder and the ingestion of raw foods such as vegetables and fruits would worsen even more the energy imbalances, that was also altered, leading to worsening the picture of Kidney Yang energy deficiency.

Dietary orientations are the first step in all my treatments because according to Hippocrates, the father of medicine, "we need to use our medicine as our food and use our food as our medicine" [5,6,9].

The second step in the treatment was the use of auricular acupuncture with apex ear bloodletting and systemic acupuncture, as I am showing in Figures 8 and 9 [8].

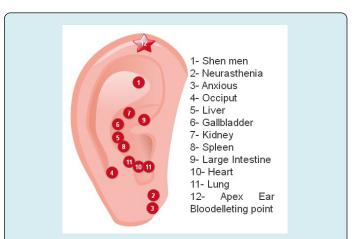


Figure 8: Auricular acupuncture points are used in the treatment of patients with prostate cancer trebalance the energy of the five internal massive organs.



Figure 9: Apex ear bloodletting takes out the internal Fire, responsible for the formation of cancer, in the energy point of view.

The necessity to balance the internal five massive organs using auricular acupuncture with apex ear bloodletting was to balance the production of *Yin, Yang, Qi,* and Blood, important to achieve health again [8].

The necessity of doing apex ear bloodletting was that all patients with energy deficiency have the production of internal Fire, responsible for the production of many diseases, in this case, cancer formation as you can see in Figure 9 [5].

In this article, even if the patients still have no prostate any more, I still keep the treatment to not decrease the energy

because if you do not treat anymore the patient in the energy level, the patient can have a relapse of the treatment, as I showed in case report 1, where he stopped the treatment and went to be evaluated by another physician. When he stopped the treatment, the PSA of the patient increased again (for about two months of treatment) and when he started again to do acupuncture and use the homeopathy medications again, the PSA of the patient returned to normal value.

The same happened to the patient reported in case two, where he had PSA elevated before the treatment, and after some months, it reduced to a normal value.

To understand the energy alterations in patients with prostate cancer, we need to integrate the knowledge of Western medicine and traditional Chinese medicine, that exists for more than 5000 years, to understand that prostate cancer does not come like a parachute, the metaphor used by me to explain the formation of diseases, as I am showing in the metaphor of *Yin* and *Yang* symbol, shown in Figure 10 [5,6].

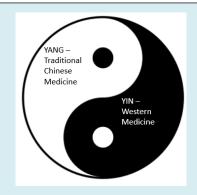


Figure 10: The metaphor of *Yin* and *Yang* of Western and traditional Chinese medicine.

Conclusion

Patients with prostate cancer have in the background energy deficiencies inside the five internal massive organs and the treatment of this condition is of paramount importance to treat the patient as a whole, treating the "root" and not just treating the symptoms, that it is the formation of prostate cancer itself.

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