



Energy Deficiency in Chakras as the Main Cause of Chronic Interstitial Cystitis

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Research Article

Volume 7 Issue 4

Received Date: October 25, 2022

Published Date: November 24, 2022

DOI: 10.23880/oajun-16000218

Abstract

Introduction: According to Western medicine, interstitial cystitis (IC) is a chronic pain disorder of the bladder that is often underdiagnosed and mistreated. The difficulties in diagnosis stem from numerous theories regarding pathophysiology and etiology, including the breakdown of the glycosaminoglycan (GAG) layer, altered permeability of the urothelial, uroinflammation, and neural up-regulation.

Purpose: The purpose of this study is to demonstrate that patients suffering from chronic interstitial cystitis have an energy imbalance of internal energy and chakras' energies deficiency as the cause of the problem and the corrections of these energies imbalances through Chinese dietary therapy, auricular acupuncture with apex ear bloodletting and helix urethra point bloodletting and replenishing of the chakras' energy centers deficiencies using highly diluted medications according to the theory *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* can provide an improvement of the patient's symptoms.

Methods: Through two cases reports of a 39 years-old female patient and the second case is a 53-year-old-man both with a history of recurrent urinary tract infections symptoms that were diagnosed after with chronic interstitial cystitis for more than 20 years, without any improvement always using many kinds of antibiotics with no response. They sought for another kind of treatment for their condition using traditional Chinese medicine (TCM) tools. The TCM diagnosis of both patients were deficiency of *Yin, Yang, Qi* and Blood and Heat retention. It was indicated Chinese dietary counseling, auricular acupuncture with apex and helix urethra point bloodletting, and replenishment of the chakra's energy meridian using highly diluted medications after being done the chakras energy measurement thought radiesthesia procedure, which reveal that all the chakras were in the lowest level of energy (1 out of 8).

Results: Both patients' recovery completely from their symptoms using TCM's reasoning treatment in one month.

Conclusion: The conclusion of this study is that patients with chronic interstitial cystitis have an energy imbalance and chakra's energy deficient in energy as the cause of formation of this disease and the treatment correcting these energy imbalances and replenishing the lack of energy in the chakra's energy centers using highly diluted medications according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* is a very important tool to improve or cure the patient's condition that were suffering from chronic interstitial cystitis, according to these two cases reports.

Keywords: Chronic Interstitial Cystitis; Energy; Chakras; Traditional Chinese Medicine; Diet; Acupuncture; Homeopathy; Hippocrates

Introduction

Chronic interstitial cystitis is a chronic condition causing bladder pressure, bladder pain and sometimes pelvic pain. The pain ranges from mild discomfort to severe pain. The condition is a part of a spectrum of diseases known as painful bladder syndrome [1]. The signals get mixed up when the patient have interstitial cystitis. The patient feels the need to urinate more often and with smaller volumes of urine than most people [1]. Chronic Interstitial cystitis most often affects women and can have a long-lasting impact on quality of life. Western medicine offers no cure but medications and other therapies may offer relief [2]. Western Medicine does not know the causes for a chronic intestinal cystitis yet, reckoning it could be an infectious process, defect in the protective lining of the bladder, hereditary, a leak in the epithelium that might allow toxic substances in urine to irritate the bladder wall, etc [1,2].

Purpose

The purpose of this study is to demonstrate that patients who have chronic interstitial cystitis have an energy deficiency in the internal five massive organs (Liver, Heart, Spleen, Lungs and Kidney) in traditional Chinese medicine, that corresponds to the chakras' energy centers (in Ayurvedic medicine) and the treatment of this condition, rebalancing and replenishing the internal five massive organs using ancient medical tools (Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture) associating with the use of highly diluted medications such as homeopathies medications according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* is of paramount importance to treat this pathology in the root of the problem and not just treating the symptoms..

Methods

I will use thoughts used in Western medicine combined with theories used by ancient medical traditions such as Ayurvedic and traditional Chinese medicine to you to understand all the process involved in patients that presents chronically symptoms of pain and discomfort for years in the bladder, without improving with common medications used nowadays to relief pain. I will use to explain the process involved in the formation of chronic interstitial cystitis using two cases reports. The first is a 39 years-old-female patient with history of treating chronic interstitial cystitis symptoms for 20 years, without any improvement of her condition using antibiotics and other medications to relief pain and the second case was a 53 years-old male patient with history of treating chronic interstitial cystitis for more than 20 years, also without improvement of his condition using antibiotics

and anti-inflammatory medications to treat the pain in the bladder.

Case Report One

The first case report is a 39-year-old-female patient who had recurrent urinary tract infection during the last 23 years (since 1999), even using antibiotics and her urine culture tests always remain positive for bacteria. She went to my clinic to evaluate other possible treatment for her chronic infection that still not improved with all these kinds of treatments using oral medications recommended by Western medicine's physician.

As I am an infectious disease doctor with traditional Chinese medicine's back ground, I performed her treatment using Chinese medicine's reasoning because all these years using antibiotics, her symptoms did not improve and also, her urine culture remains positive until today.

Her diagnosis in traditional Chinese medicine was Kidney *Yin* deficiency (she feel hotter), *Yang* deficiency (she feel Cold feet), *Qi* deficiency (she had abnormal sweating during the day), and Blood deficiency (she does not have daily bowel movement) and Heat retention (dry mouth, bad breath).

She also was submitted to radiesthesia procedure to evaluate how was the energy situation of her five internal massive organs (using a crystal pendulum).

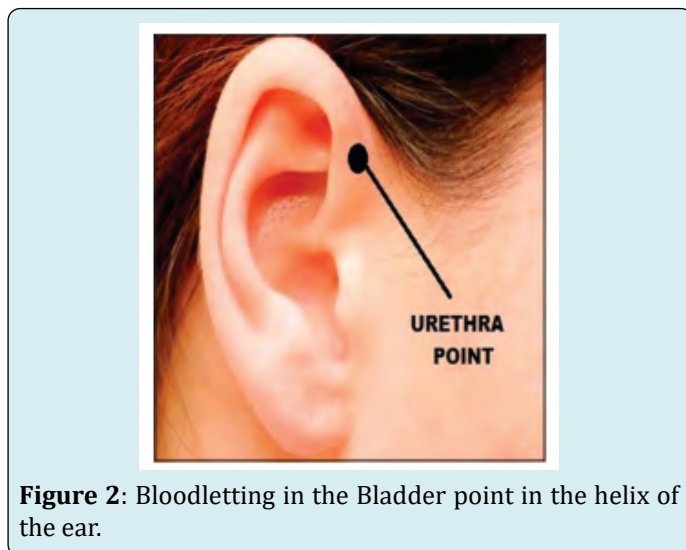
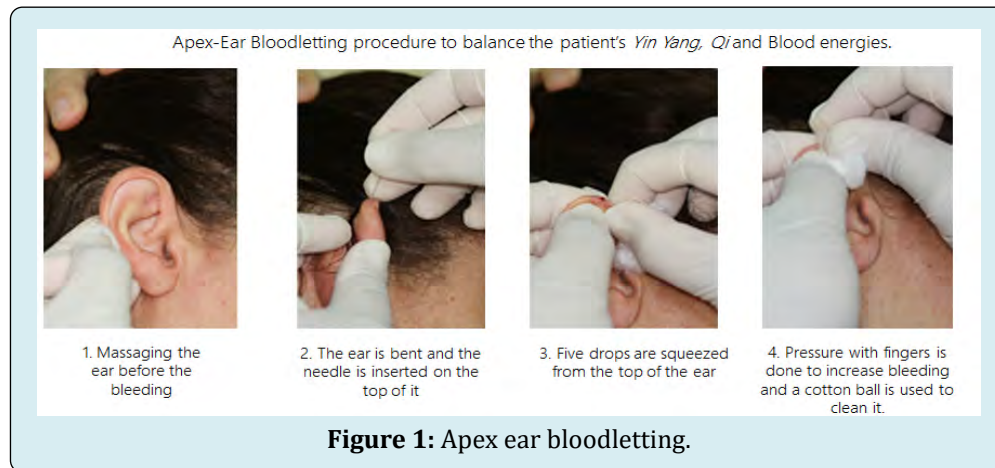
Results

The results of these measurements were that all her internal five massive organs were in the lowest level of energy, rated one out of eight with exception of the seventh chakra, that was normal, rated in eight. Her treatment consisted in changes in her dietary habit avoiding eating dairy products, Cold water, sweets and raw food (to do not imbalance the Spleen and pancreas energy meridian, that is responsible for the absorption of nutrients and formation of Blood). Also, it was orientated her to avoid the ingestion of coffee, soft drinks and matte tea (because these drinks could induce more energy deficiency in the Kidney energy meridian, responsible for the production of *Yin* and *Yang* energy). The third group of foods that was orientate to avoid was the ingestion of chocolate, fried foods, eggs, coconut, honey, melted cheese and alcoholic beverages (because all these foods can induce Liver and Gallbladder energy imbalances and increase the production of internal Heat), that is one of the cause of maintaining the symptoms of dysuria and bladder pain, according to traditional Chinese medicine and I will discuss and explain why these foods can induce the formation of this disease and why it is so necessary to take

out them in the treatment of this pathology.

She was submitted to auricular acupuncture sessions twice a week with the intention to balance the internal energy

of *Yin, Yang, Qi* and Blood and take out the Heat through the use of apex ear bloodletting Figure 1 and also, bloodletting in the bladder point in the helix (Figure 2).



The third step in her treatment was to replenish the energy of the five internal massive organs using highly diluted medications such as the use of homeopathy medications according to the theory created by me (2020) entitled *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* and the use of crystal-based medications. The medication used in her treatment will be demonstrated in the discussion section. After about ten acupuncture sessions, she told me that all her symptoms improved very much and her pain during urination disappeared completely. The only time that she began to feel pain during urination was when she did not follow the dietary counseling strictly such as, when she uses orange juice or eat cheese bread (very common in the Brazilian cosine because it is made by melted cheese). This time, she returned to her urologist that did another urine culture (that came negative

for any bacterial infection) and marked the bladder biopsy that showed interstitial cystitis.

Nowadays, she still in treatment replenishing her internal energy in the five internal massive organs using highly diluted medications according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and maintaining the Chinese dietary counseling, auricular acupuncture sessions associating with apex ear bloodletting (both in the apex - showed in the Figure 1 and in the urethra point in the helix of the ear- showed in the Figure 2) to take out the Heat retention to do not cause more dysuria and pain in the Bladder.

Case Report Two

The second case report was a 53-year-old-male patient, teacher of a former school, and was treating dysuria symptoms since 2002. The patient always consulted with a urologist but was never able to improve his condition. He did a bladder biopsy at that time that revealed that he was suffering from chronic interstitial cystitis. When he first came to me (in 2002), we underwent some acupuncture sessions but he never returned during these 20 years. Recently (in 2021), he came back to my clinic complaining the same symptoms of dysuria symptoms with the urine culture negative for bacteria. I performed the radiesthesia procedure to measure his internal five internal massive organs that corresponds to the body's chakras' energy centers.

Results Case Report Two

All his chakras' energy centers were in the lowest level of energy (rated one out eight) with the exception of the

seventh (that was normal, rated in eight). His treatment consisted in dietary orientations (the same as in the first case reported in this article), auricular acupuncture with apex ear bloodletting and systemic acupuncture. The use of highly diluted medications was also important in his treatment to replenish the internal five massive organs energy (that corresponds to the chakras' energy centers), in this way, reducing the formation of internal Heat, that was causing the symptoms of urinary tract infection (dysuria or pain during urination) in this patient. Every time the patient would break his dietary, eating raw foods, dairy products, eggs and other prohibited foods for his symptoms, the condition would worsen. He even went to a nutritionist to seek for further help, but the professional was not aware of TCM's dietary counseling and ordered the patient to eat a variety of raw food, which did not work for him, returning the symptoms of dysuria when following this kind of diet.

Discussion

To understand how the reasoning was used in the treatment of both patients with diagnosis of chronic interstitial cystitis, I used thoughts from Hippocrates (c. 460 bce - c. 375 bce), father of medicine that said that "it is important to consider other ancient medical traditions prior to the knowledge we have nowadays". One of the oldest medical systems that we had in the past is traditional Chinese medicine (TCM), that exists for more than 5000 years and I will use the theories used in TCM to explain what could be the reason to patients evolve to chronic interstitial cystitis, explaining the alterations in the energy point of view [3].

According to Albert Einstein (1879–1955), all the things that exist in our universe is composed by energy, including the human body [4]. So, I will show you that the human being

has two parts, one part is the materialized energy (that we can see by the naked eyes) and the other part is composed by energy (and this portion we cannot see by the naked eyes, but they exist and it is in a constant formation and transformation in a materialized energy) [5,6].

In all the things in our universe, we have two energy forces that are *Yin* and *Yang*. They comprehend the two opposite but complementary forces such as the energy that has in man and in women, the day and night, the sun and moon, etc. Inside the human body, there are these two *Yin* and *Yang* energy forces, demonstrated in the Figure 3 [6].



Figure 3: Symbol of *Yin* and *Yang* energy.

The imbalances between these two energies can lead to disease formation, according to the reasoning in traditional Chinese medicine and you can see the balance state between them in the Figure 4, in the first left column and the diverse energy imbalances between them in the second, third, fourth and fifth column, where you can see the diverse combinations of energy imbalances between *Yin*, *Yang* energy [6].

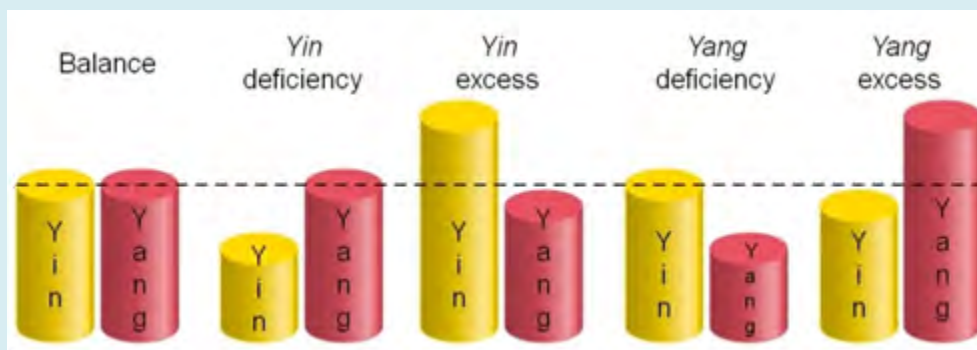


Figure 4: Energy balance between *Yin* and *Yang* (first column) and the diverse energy imbalances between them in the second, third, fourth and fifth column.

The theory of *Yin* and *Yang* are the cornerstone of all theories in traditional Chinese medicine but there is the necessity of having two more forces inside the body to allow

the flow of them inside the meridians that are *Qi* and Blood, showed in the Figure 5 [6,7].

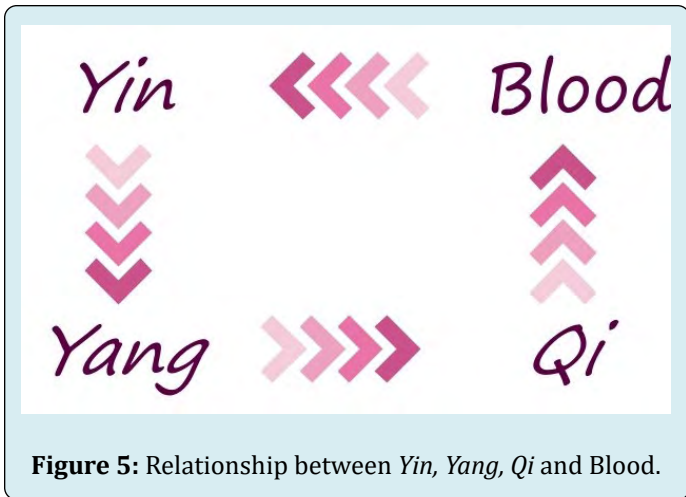


Figure 5: Relationship between *Yin, Yang, Qi* and Blood.

In the Acupuncture Research Conference that was held in Harvard Medical School, in Boston, USA, in 2015, I presented

four studies and in one of the studies, entitled “Acupuncture Viewed Holistically Can Treat All the Patients’ Symptoms at The Same Time”. In this presentation, I showed that if we treat the energy imbalances between *Yin, Yang, Qi* and Blood, we can treat all the patients’ clinical conditions at the same time; even the doctor does not know that the patient has such symptoms [7,8].

All these reasoning used was based on the treatment of one specific patient that I treated in 2006, that became the cornerstone of all my treatments nowadays and I will tell you his history briefly [8]. This patient was a 70-year-old male patient that was treating pain in the legs during the last 6 months with no improvement of his condition using anti-inflammatory medications. He went to my clinic to search for another kind of treatment. I used Chinese medicine to treat him and I used some questions to evaluate his energy imbalances (Table 1) [8].

Question	Does the patient have a daily bowel movement?	Does the patient have excessive sweating during day?	Does the patient feel cold in the extremities of the body? (Cold feet or hands)	Does the patient feel hot in the extremities?	Does the patient has dry mouth, bleeding gums, bad breath, acne and / or redness in the skin, abdominal pain, micro hematuria, or itching?
Meaning	The lack of daily bowel movements can mean Blood deficiency. *	This could be a symptom of <i>Qi</i> deficiency.	Commonly, this is a sign of <i>Yang</i> deficiency.	Commonly a sign of <i>Yin</i> deficiency.	Commonly this is a sign of Heat retention.

Table 1: Questions to evaluate the energy alterations of the patients according to traditional Chinese medicine.

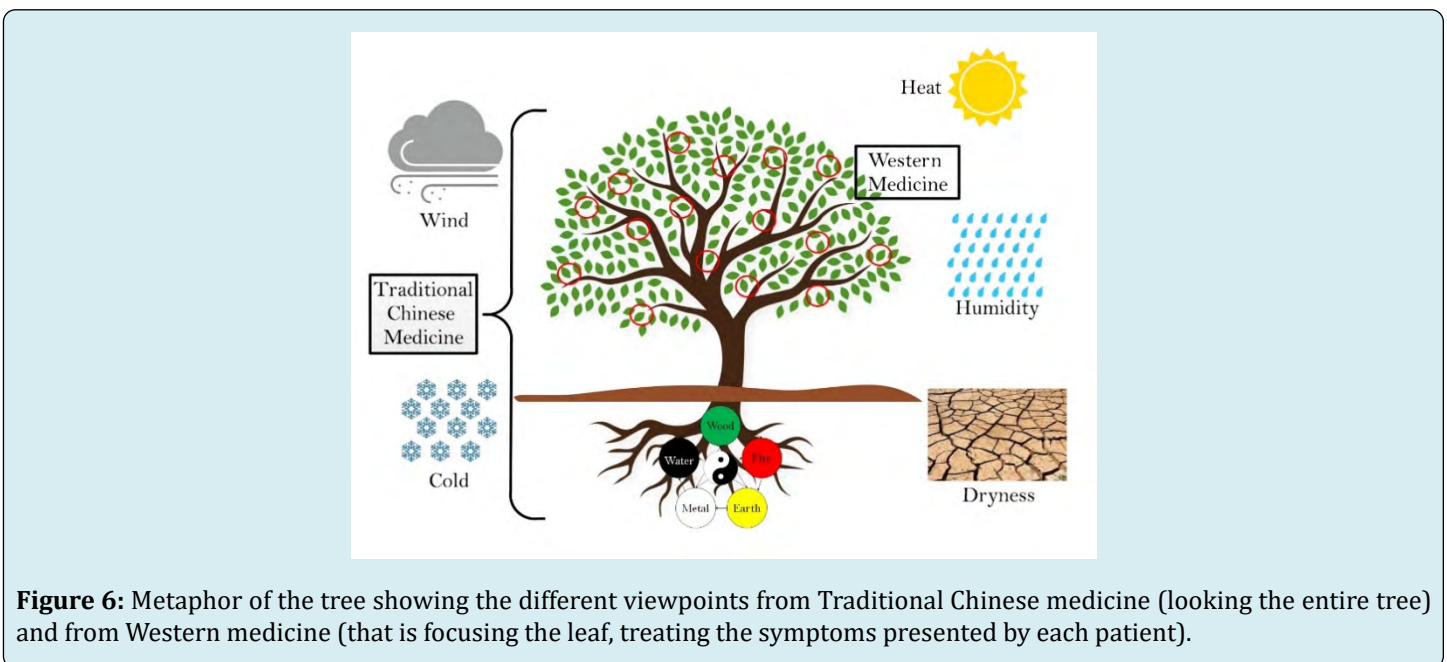
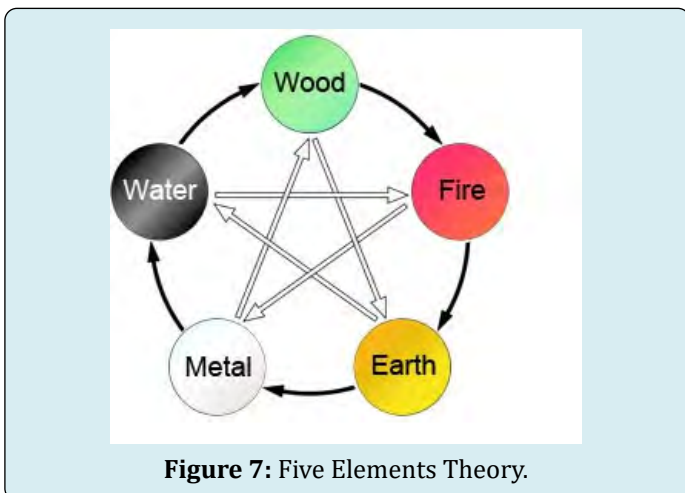


Figure 6: Metaphor of the tree showing the different viewpoints from Traditional Chinese medicine (looking the entire tree) and from Western medicine (that is focusing the leaf, treating the symptoms presented by each patient).

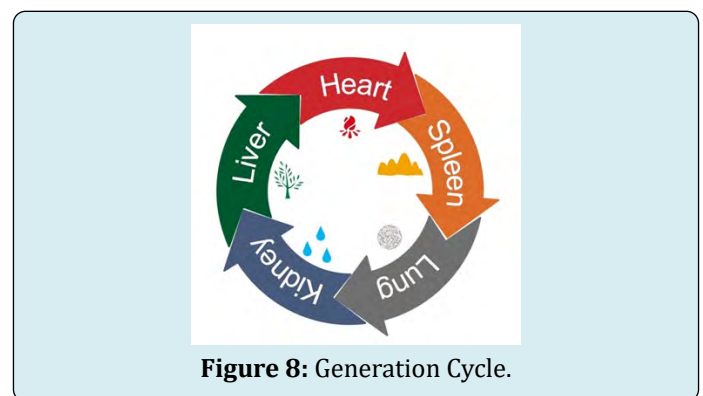
According to Chinese medicine diagnosis, he was suffering from Kidney *Yang* energy deficiency (due to felling colder in the lower limbs) [8].

He was submitted to Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture twice a week for 5 weeks [8]. He returned to be re-evaluated after this treatment and told me that his leg pain improved very much but he also improved from another condition (that was the high intra-ocular pressure). He did not tell me that he was treating glaucoma for the last 40 years, with no improvement of his condition only using eye drops. For the first time of his life, his intra-ocular pressure reduced from 40 to 17 mmHg [8]. All these explanations can be well described in the metaphor of the tree, showing the different viewpoints between Western and in traditional Chinese medicine, that I will show you in the Figure 6 [6,7].



In this tree, you can see the part above the earth composed by many branches and leaves (that are the materialized energy) and the part under the earth, that is the non-materialized energy, composed by *Yin* and *Yang* theory and the Five Elements theory [7,9]. The Five Elements theory represents all the things that exists in this universe composed by Wood, Fire, Earth, Metal and Water and inside the human being, these elements represent one internal massive organs (Liver, Heart, Spleen, Lungs and Kidney respectively), showed in the Figure 7 [7].

According to TCM, all internal massive organs are interconnected and one organ is responsible for the production of energy to send this energy to the following organ, as you can see in the Figure 8, in the Generation cycle [6,7].



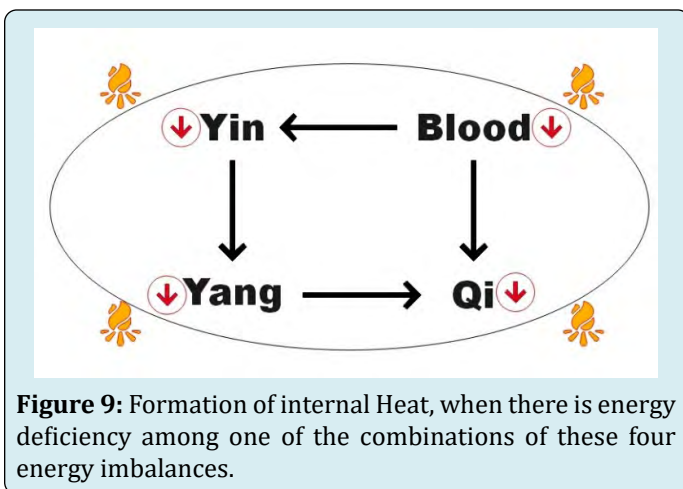
Each internal massive organ (Liver, heart, Spleen, Lungs and Kidney) is responsible for one external sensorial organ, to one color, to one season, to one hollow organ, as you can see in the Table 1. In this specific case, the Bladder is considered a hollow organ of the Kidney (Water element) showed in the blue column of the Table 2 [7].

	Wood	Fire	Earth	Metal	Water
Orientation	East	South	Middle	West	North
Season	Spring	Summer	Late Summer	Autumn	Winter
Climate	Wind	Summer Heat	Dampness	Dryness	Cold
Cultivation	Germinate	Grow	Transform	Reap	Store
<i>Yin</i> organ	Liver	Heart	Spleen	Lung	Kidney
<i>Yang</i> Organ	Gall Bladder	Small Intestine	Stomach	Large Intestine	Bladder
Orifice	Eye	Tongue	Mouth	Nose	Ear
Tissues	Tendons	Vessels	Muscles	Skin & Hair	Bones
Emotions	Anger	Joy	Pensiveness	Grief	Fear
Colors	Blue/Green	Red	Yellow	White	Black
Taste	Sour	Bitter	Sweet	Pungent	Salty
Voice	Shout	Laugh	Sing	Cry	Groan

Table 2: Five Elements and the internal massive organ and the external sensorial organ that each one command.

In the case of patient with chronic interstitial cystitis, it is important to know that the symptom presented by the patients is only manifestations of energy alterations in the root of the tree, showed in the Figure 5. The energy alterations in the root of the tree can be caused by emotional factors (anger, excessive joy, worry, sadness, and fear) causing energy imbalances in the Liver, Heart, Spleen, Lungs and Kidney, respectively. For this reason, in traditional Chinese medicine, all diseases originate in the emotional part that can cause energy imbalances in the internal balanced energy, leading to disharmony (the cause of the diseases manifestations) [10].

The second factor that can cause energy imbalances in the root of the tree is the wrong eating habits, leading to imbalances in the internal five massive organs that are responsible for the formation of *Yin*, *Yang*, *Qi* and Blood. *Yin* and *Yang* are two energies produced by the Kidney (second chakra), Blood is produced by the Spleen (fifth chakra) and *Qi* is produced when there is harmony between *Yin*, *Yang* and Blood and it is distributed by the Lungs (fourth chakra) and Liver energy (first chakra) [7]. It is important to understand that when there is energy deficiency between *Yin* or *Yang* or *Qi* or Blood or a combination of energy imbalances between them, there is formation of internal Heat inside the body, leading to a diverse clinical presentation such as infection in any part of the body, diabetes, hypertension, anxiety, panic syndrome, schizophrenia, cancer, etc., as I am showing in the Figure 9 [7-10].



This is very important to understand in the formation of chronic cystitis manifestation symptoms, because all these alterations were in the root level of the tree, invisible by the naked eyes [3]. In the two cases reported in this article, it was important to understand that patient with dysuria symptoms are only clinical manifestations of Heat inside the Bladder, caused by energy deficiency inside the five internal massive organs and the treatment and replenishment of the internal five massive organs using Chinese dietary

counseling, auricular acupuncture with apex ear bloodletting and urethra bloodletting and systemic acupuncture was very important tool used in these two patients because both have energy deficiency inside all internal massive organs (Liver, Heart, Spleen, Lungs and Kidney) and the treatment replenishing the energy that it is lacking in these organs, is very important to treat the cause of the formation of chronic interstitial cystitis and not just treating the symptoms [3].

The first step in the treatment of both patients was to change the dietary aspects of the patient to rebalance the internal energy of each massive organs avoiding some group of foods [7]. As said by Hippocrates (c. 460 bce, - c. 375 bce), in one of his oaths, he said: “make your food your medicine and your medicine your food”. This is one of most important aspects in all treatments nowadays that I usually do because the aim of all treatments is to balance the energy of *Yin* and *Yang* and the wrong eating habits are the main cause of energy imbalances in our daily life. These dietary orientations are according to the energy presented in each food, that can be Cold, Neutral, Warm and Hot energy foods [7]. The first group of foods that I orientate to avoid was the ingestion of raw food, Cold water, dairy products, and sweets (to do not imbalance the Spleen and pancreas energy meridian, responsible for the production of Blood) and the imbalances of this meridian can lead to retention of liquid inside the body, as I demonstrating in the article I wrote (2019) entitled *How Can We Treat Recurrent Herpes Virus Infection Without the Use of Antiviral Drugs?* [11].

The second group of foods that I usually orientate to avoid is the ingestion of fried food, eggs, chocolate, honey, coconut, melted cheese, alcoholic beverages because all these foods can induce more formation of internal Fire or Heat and cause more adhesion of the bacteria in the Bladder cells maintaining the infectious process. In this case, I am showing that the energy imbalances responsible for the adhesion of bacteria in the bladder cells is the formation of internal Heat, demonstrated by me (2020) in the article I wrote entitled *Energies Alterations and Chakras Energies Deficiencies as the Main Cause of Recurrent Urinary Tract Infection Resistant to Antibiotics Treatments* [3,5].

The third group of foods that I usually orientate the patient to avoid is the ingestion of coffee, soft drinks and matte tea because these drinks can induce Kidney energy deficiency and can cause drop in the production of *Yin* and *Yang* energy (that is normally produced by the Kidney energy meridian). The balance between the four energies inside the body is essential to the improvement of the whole process involved in the mechanism that is causing the dysuria manifestation in patients with recurrent urinary tract infection and patients with chronic interstitial cystitis (in my daily practice, it seems that both pathologies come

from the same source of energy imbalances, that is the lack of energy inside the five internal massive organs (Liver, Heart, Spleen, Lungs, Kidney) and the treatment rebalancing and replenishing the energy of the five internal massive organs are important to treat the root of the disease formation and not just treating the symptoms presented by the patients (ordinarily using antibiotics and medications to control pain in the bladder, usually highly concentrated medications, that could harm even more the internal energy, that is already very low and causing worsening of the mechanism of energy imbalances that is inducing more formation of internal Fire and maintaining the dysuria manifestation symptoms) [3].

The second toll used to treat these patients with chronic interstitial cystitis; I usually use the rebalance of internal energy of *Yin, Yang, Qi* and Blood using auricular acupuncture Figure 10 associating with apex ear bloodletting and Bladder point bloodletting, as I am showing in the Figure 1 and 2 [3].

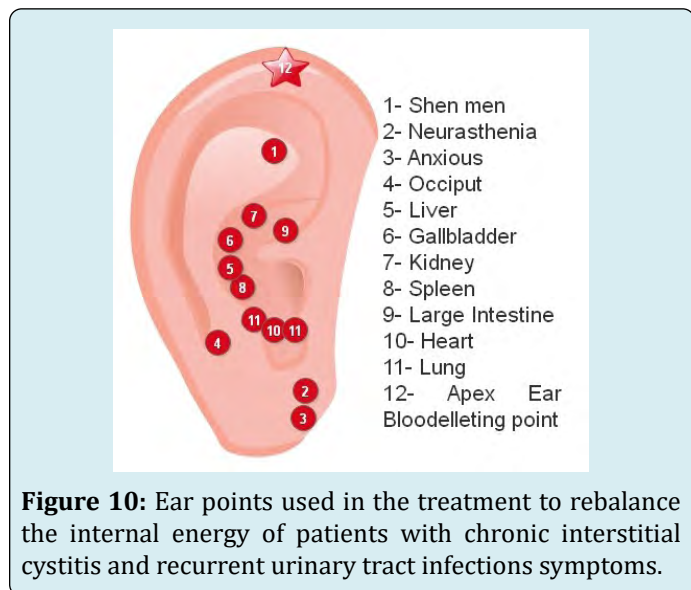


Figure 10: Ear points used in the treatment to rebalance the internal energy of patients with chronic interstitial cystitis and recurrent urinary tract infections symptoms.

It was also used in the patient reported in case one of this article, systemic acupuncture using points firstly to take out the Heat. These points are usually GB 34 bilateral, LV 3, LV2, LI 11, SP 10 [12]. The third important part of this treatment was to replenish the energy of the chakras' energy centers using highly diluted medications, according to Arndt Schultz Law, created in 1888 by two German researchers. In this law, they said that the use of highly concentrated medication can reduce the vital energy of our patients (and due to this new pattern of energy presented by our population nowadays, presented by me (2021) in the article *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*), highly diluted medications are the medication of choice to use in this new type of population. The Arndt Schultz Law is shown in the Figure 11 [7,13].

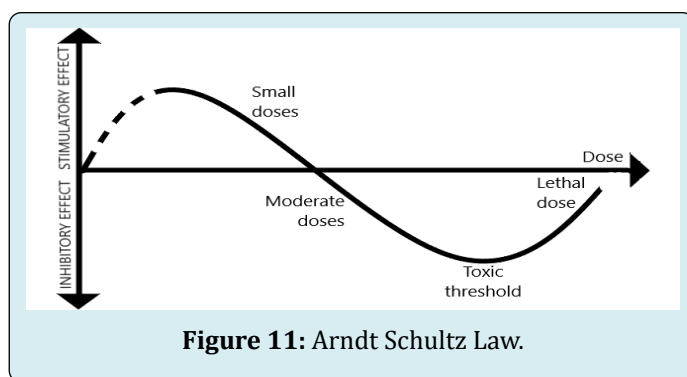


Figure 11: Arndt Schultz Law.

The medications used to tone the energy of the five internal massive organs are homeopathies medications according to the theory created by me (2020) entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications, showed in the Table 3 [13].

Chakras	Five Elements	Homeopathy Medications	Crystal-Based Medications
1 ^o Chakra	Wood/Liver	Phosphorus	Garnet
2 ^o Chakra	Water/Kidney	Natrum Muriaticum	Orange calcite
3 ^o Chakra	Fire/Heart	Sulphur	Rhodochrosite
4 ^o Chakra	Metal/Lung	Silicea	Emerald
5 ^o Chakra	Earth/Spleen	Calcarea Carbonica	Blue Quartz
6 ^o Chakra	Water/kidney	Tone 2 ^o chakra	Sodalite
7 ^o Chakra	Wood/Liver	Tone 1 ^o chakra	Tiger eye

Table 3: Homeopathy and crystal-based medications used to replenish the internal five massive organs, responsible for the formation of *Yin, Yang, Qi* and Blood.

The homeopathy and crystal-based medications need to be used for the entire life due to the constant influences

of the electromagnetic radiations in our life. In my daily clinical experiences, I realize that when patient stopped to

replenish the energy, it is common to see the recurrence of the dysuria symptoms associated with wrong eating habits [3]. These energy alterations are caused by the influences of the modernization of our telecommunication with the implementation of the 5G technology and for this reason; all these alterations are in the energy level, invisible by the naked eye [13]. After the implementation of Flexner report in 1910, all the medical faculties in America and in Canada need to change the curriculum to follow the requirements in this new model of medicine. Medical schools that worked treating energy part of the patients were banned from the

list of schools approved to continue their functioning. And at that time, there were a great expansion in the development of scientific vision in medicine but also, negative consequences we can see in our present medical situation [14].

As the energy part of the human being is not yet studied by medical faculties and they only study the ‘materialized energy’ that is visible by the naked eyes, Western medicine can only do the diagnosis in the late phase of the evolution from health to disease, as you can see in the Table 4 [7].

Progression from Health to Disease				
	Organ	Exams	Energy Reserve	Symptoms
Phase 1	Slowing down of organ functions	Normal	Energy Reserves-normal	Without clinical symptoms
Phase 2	Slowing down of organ functions	Normal	Consumption of internal Energy Reserves	With symptoms in other organ
Phase 3	Slowing down of organ functions	Normal	Consumption of external Energy Reserves	With symptoms in same organ
Phase 4	Reversible cellular lesion	Little alternation	Consumption of blood Reserves	Curable disease
Phase 5	Irreversible cellular lesion	Excessive alteration	Metabolic exhaustion	Incurable disease

Table 4: Phases from health to disease formation.

The second cause of energy imbalances are the emotional factors. Each emotion corresponds to one specific organ in traditional Chinese medicine and they can imbalance the normal functioning of each organ and the diseases in each organ can induce the manifestation of each emotion. For example, when there are alterations in the Lung, the patient

can feel sadness and depression. The correspondence of each emotion and the organ that they represent is showed in the Figure 12 and it was published in the article written by me (2021) entitled *Chakras' Energies Deficiencies as the Cause of Dyspnea Post COVID-19 Treatment* [10].

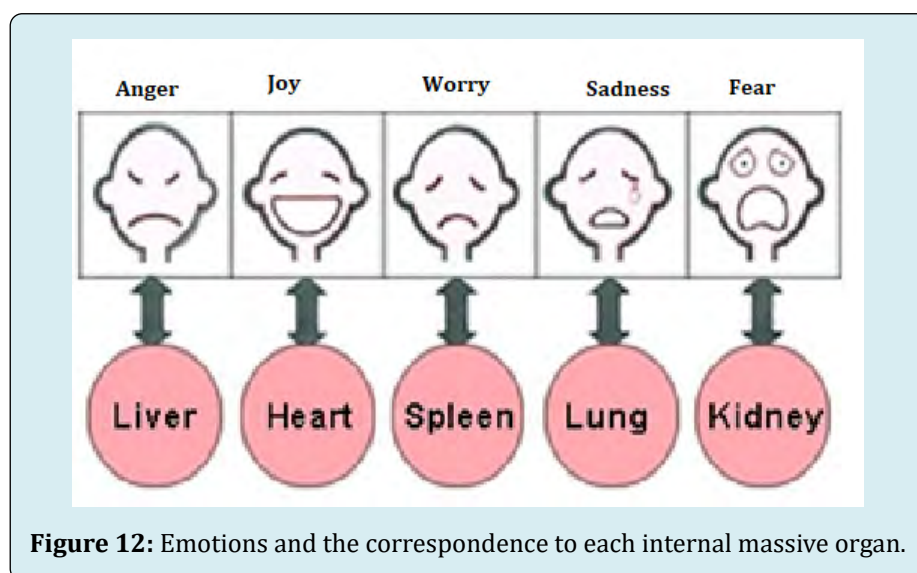


Figure 12: Emotions and the correspondence to each internal massive organ.

For this reason, the association between these two kinds of medicine, Western and traditional Chinese medicine, the first studying the materialized energy in the leaf level of the tree (showed in the Figure 5) and the part of the tree that is invisible by the naked eyes (energy alterations in the root level, where there are *Yin* and *Yang* theory and the Five elements theory) is very important to treat the patient holistically and not just treating the symptoms [5,7]. In Brazil, homeopathy and acupuncture are considered medical specialties by the Federal Medical Council since 1980 and 1995 respectively. The regulation and normalization considering them as medical specialties is very important nowadays, as they are very important tools in the treatment of the majority of diseases in this new type or model of population that we have in these days, due to reduction in our vital energy caused by the modernization of the telecommunication, created by humans [15].

In the metaphor of *Yin* and *Yang* Figure 13 used by me in many other articles, I am showing the necessity of having in mind the two kinds of medicine to understand in the deepest level, what could be occurring in the patients in any kind of disease formation. In this article, I am demonstrating the factors involved in the formation of chronic interstitial cystitis since the energy alterations in the root of the tree, showed in the Figure 5 [5,7].

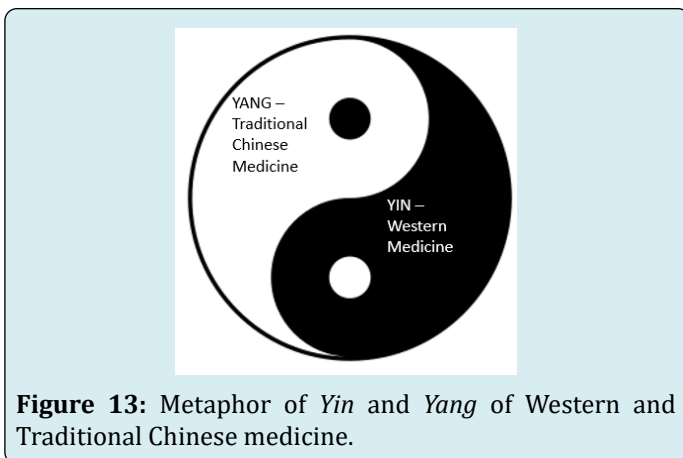


Figure 13: Metaphor of *Yin* and *Yang* of Western and Traditional Chinese medicine.

Conclusion

The conclusion of this study is to demonstrate that patients with chronic interstitial cystitis have energy deficiencies in the five internal massive organs (correspondent to the chakras' energy centers in Ayurvedic medicine) and the treatment of this condition rebalancing and replenishing them using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, systemic acupuncture and the use of highly diluted medications (such as the use of homeopathy medications according to the theory *Constitutional Homeopathy of the Five Elements Based*

on Traditional Chinese Medicine) to replenish these organs is of paramount importance to treat the cause of chronic interstitial formation (in the energy level) and not just the symptoms (using antibiotics and medications to reduce pain). More studies in this field involving more patients need to be done to reinforce the conclusion of this study.

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