Study on the Prevalence of Ovine Fasciolosis in Wadla Woreda, North Wollo, Ethiopia

Chekol B¹ and Girma Y²*

¹College of Agriculture, Department of Animal Health, Wollo University, Ethiopia
²Ministry of Livestock and Fisheries, Addis Ababa, Ethiopia

*Correspondent author: Yeshibely Girma, Ministry of Livestock and Fisheries, Addis Ababa, Ethiopia, Email: girmayeshibelay@gmail.com

Abstract

A cross-sectional study on the prevalence of ovine fasciolosis was conducted in Wadla district from October 2016 to June 2017. A total of 384 fecal samples were randomly collected directly from the rectum of individual animals. Parasitological investigation was performed using sedimentation technique. From a total of 384 coprologically examined samples 130 sheep were found positive for fasciolosis with an overall prevalence of 33.85%. From the study peasant association Kone, Dorera, Betehar, Beteyohannis and Gashena were accounted for 34.61%, 32.47%, 32.89%, 35.06% and 34.21 % respectively. The difference in the prevalence in the five peasant associations was not statistically significant (p> 0.05).

The prevalence of ovine fasciolosis was computed for the different age, sex and body condition categories. The prevalence rate of fasciolosis in young sheep 32.43% was less than 34.75% and the difference were not statistically significant (p>0.05). The prevalence of fasciolosis in sex groups in the present study was 34.69%, 32.98% in female and male respectively. On the other hand in the present study area the prevalence of fasciolosis was found to be higher in sheep with poor body condition than those with medium and good body conditions with prevalence of 36.5%, 33.88% and 27.03% respectively. There is no statistically difference (p>0.05) between three types of body condition scores. It was concluded that ovine fasciolosis was prevalent, thus causing major economic loss in the study area. Hence, control strategies targeted on the parasite and the intermediate hosts as well as implementation of appropriate grazing management in the study area are warranted.

Keywords: Fasciolosis; Prevalence; Ovine; Wadla Woreda

Introduction

Ethiopia has an enormous livestock resource with a total contribution of 15% gross domestic product and 33% agricultural output [1]. Ethiopia hosts large number of small ruminants that are raised under external pastoral production system or in adjunct to crop production. The estimated small ruminant population of Ethiopia is about 26.2 million sheep and 21.7 million goats [2].
However this huge potential of wealth is untapped to the livelihood of village farmers and the contribution to national economy at large is minimal the reason being predominance of infection and parasitic disease, age-old traditional management system, lack of genetic selection for good performance coupled with under and malnutrition and parasitic diseases are common traits that affect productivity. Among the many parasitic problems of the domestic animals fasciolosis is a major disease which imposes direct and indirect economic impact on livestock production in ruminants [3].

Fasciola species is the most important trematode of domestic ruminants. Fasciolosis is the commonest of liver fluke disease in the temperature of the world. The complete life cycle of fasciola is realized by the presence of suitable intermediate host for the development of miracidium through metacercariae which is an infective stage for the final host. There are three main factors influencing the production of the large numbers of metacercariae necessary for outbreaks of fasciolosis. Those factors are availability of snail habitat (i.e., lymnaeatruncatula prefers mud to free water) temperature (10°c and above) and moisture for the breeding of snail and for the development of fasciola [4,5].

Fasciolosis can be caused by the F. hepatica, which is widely distributed in temperate and cooler areas of high altitude in tropics and subtropicals and F. gigantica which is widely distributed in tropical areas. Fasciolosis (caused by F. hepaticalis and F. gigantica) is one of the most prevalent helminthes infections of ruminants in different parts of the world. It causes significant morbidity and mortality [6].

Since fasciolosis is major parasitic disease of small ruminants an estimate of economic loss due to ovine fasciolosis in the Ethiopia highlands was made based on available data on mortality, weight loss reduced reproduction efficiency and liver condemnation at slaughter. The economic effects of fasciolosis where identified and models for estimating the financial loss presented. Ovine fasciolosis losses were estimated at 48.4 mills. Birr per/yr of which 46.5%, 48.8% and 4.7 % were due to mortality, productivity or weight loss and reproductive wastage and liver condemnation respectively. These losses can be reduced substantially by fasciolosis control programs that may be including the use of antihelmentics, grazing management and nutritional supplementation [7,8].

A high prevalence of fasciolosis was reported in different parts of the country by different researchers including Molalegn, et al., Basaznew, et al., Eyerusalem, et al., Tesfaheywet and Negash, Eyob, et al., [9-13]. Despite the significance of this parasitic infection, there is no documented report on the occurrence of ovine fasciolosis in the present study area, where small ruminants are important assets to the community. Therefore, the objective of the study was to determine the prevalence of ovine fasciolosis in the Wadla woreda and identify the major risk factors of the disease.

**Materials and Methods**

**Study Area**

The study was conducted in Wadla District (Woreda), North Wollo zonal administration in the Amhara Regional state of Ethiopia. This area has mid- sub tropical weather “weyna dega”, high land temperature type “Dega” and low land temperature type “Kola” accounting 23%, 75% and 2% of the climate respectively. The woreda is situated at 642 km north of Addis Abeba, the capital city of Ethiopia. The mean annual temperature and rain fall ranges between 8 to 20 °C and 850 to 1050 mm. The altitude ranges from 2780 to 3200 meters above sea level.

The livestock population of the district is estimated at 57, 386 cattle, 160,023 sheep’s, 11,195 goats, 4,276 and 14,820 equine [14].

**Study Animals**

A total of 384 sheep from the woreda were subjected to qualitative coproscopic examination to determine the overall prevalence rates in the study area. All examined animals were local breeds of mixed age, sex groups and different body conditions.

**Study Design**

A cross sectional study method was conducted by selecting animals randomly to determine the prevalence of ovine fasciolosis in the woreda.

**Sampling Method and Sample Sizes**

Simple random sampling method was applied to take the samples and the sample frame was peasant association (pas) found within wadla woreda. Five pas were randomly selected from 15 pas presented in the woreda. From the selected 5 peasant association the sample size was calculated by using 50% expected prevalence to get the sample size, because there were no previous prevalence studies in the woreda. Using Thrusfield [15] formula: accordingly, the minimum sample size needed is 384.
\[
N = \frac{(1.96)^2 \cdot P_{\text{exp}} (1 - P_{\text{exp}})}{d^2}
\]

Where: \( n \) = sample size; \( P_{\text{exp}} \) = expected prevalence; \( d^2 \) = desired absolute precision of 95% confidence interval.

**Coproscopy**

Faecal samples were collected directly from the rectum of each sheep species, put in universal bottles and preserved with 5% formalin's, and then it was taken to laboratory and examined. There was same laboratory techniques employed, that are direct faecal smear and sedimentation for the detections of fasciola eggs.

**Determination of Age and Body Condition Scores**

Since most small ruminant holder farmers do not usually keep records; it was difficult to obtain information on the age of animals from the owner. Hence age of every sampled sheep was determined based on dentition as indicated by Vatta, et al. [16] and conveniently categorized as young and adults. Body condition score of each animal was determined based on criteria set by Thompson and Meryer, [17] using the 5 point scale (1=very thin to 5= obeys). It can be assessed by palpation around the lumbar vertebrae between the back of the ribs and the front of the pelvic bones. However; for in this study, the animals were categorized in poor, medium and good body condition.

**Data Analysis**

Data collected from laboratory result was stored on Microsoft (ms) excel spread sheet program, and analysis was done by using SPSS version 20 software program. Categorical variables (sex, age, area and body condition scores) were expressed in percent. Prevalence was defined as the proportion of the animals (sheep) positive for fasciolosis by coprological examination to the total of animals examined, which was expressed in percent. The association between each risk factors and the outcome variable was assessed using \((\chi^2)\) test. For all analysis, a \( p \)-value of less than 0.05 was taken as significant.

**Results**

From the total of 384 examined sheep fecal samples, 130 (33.85%) samples were positive for fasciolosis, the prevalence of ovine fasciolosis in the five peasant associations (pas) were 34.61%, 32.47%, 32.89%, 35.06% and 34.21% in Kone, Dorera, Betehor, Beteyohannis, Gashena respectively. The prevalence of fasciolosis between the study sites showed statistically not significant difference \((\chi^2=0.1723, P>0.05)\) (Table 1).

**Table 1:** The Prevalence of ovine fasciolosis in different Pas.

<table>
<thead>
<tr>
<th>Pas</th>
<th>No. of animal examined</th>
<th>No. of positive</th>
<th>Prevalence (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kone</td>
<td>78</td>
<td>27</td>
<td>34.61</td>
</tr>
<tr>
<td>Dorera</td>
<td>77</td>
<td>25</td>
<td>32.47</td>
</tr>
<tr>
<td>Betehor</td>
<td>76</td>
<td>25</td>
<td>32.89</td>
</tr>
<tr>
<td>Beteyohannis</td>
<td>77</td>
<td>27</td>
<td>35.06</td>
</tr>
<tr>
<td>Gashena</td>
<td>76</td>
<td>26</td>
<td>34.21</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>384</strong></td>
<td><strong>130</strong></td>
<td><strong>33.85</strong></td>
</tr>
</tbody>
</table>

\(\chi^2=0.1723, Pr=0.996497, p>.05\) (statistically not significant), pas = peasant association

Infection rates between male and female animals were compared. Statistical analysis showed not significant difference \((P >0.05)\) that is 34.69% in female and 34.98% in males (Table 2).

**Table 2:** The Prevalence of ovine fasciolosis on sex basis.

<table>
<thead>
<tr>
<th>Sex</th>
<th>No. of animal examined</th>
<th>No. of positive</th>
<th>Prevalence (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>196</td>
<td>68</td>
<td>34.69</td>
</tr>
<tr>
<td>Male</td>
<td>188</td>
<td>62</td>
<td>34.98</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>384</strong></td>
<td><strong>130</strong></td>
<td><strong>33.85</strong></td>
</tr>
</tbody>
</table>

\(\chi^2=0.1261, p=0.722554, p>.05\) (statistically not significant).

Analysis of the prevalence rates on age basis showed no significant difference \((P>0.05)\), 189(32.43%) were young animals (<below 2 yrs old) and 236 (34.75%) adult animals (above 2 yrs old) (Table 3).

**Table 3:** Prevalence of ovine fasciolosis on the age bases.

<table>
<thead>
<tr>
<th>Age groups</th>
<th>No. of animal examined</th>
<th>No. of positive</th>
<th>Prevalence (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Young (&lt;2 Yr)</td>
<td>148</td>
<td>48</td>
<td>32.43</td>
</tr>
<tr>
<td>Adult (&gt;2 Yr)</td>
<td>236</td>
<td>82</td>
<td>34.75</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>384</strong></td>
<td><strong>130</strong></td>
<td><strong>33.85</strong></td>
</tr>
</tbody>
</table>

\(\chi^2=0.2174, Pr=0.64105, p>.05\) (statistically not significant)

On the present study area prevalence of Fasciolosis were found to be higher in sheep with poor body condition than those with medium and good body conditions, with the prevalence of 36.5%, 33.88% and 27.03% respectively (Table 4).
Table 4: The Prevalence of ovine fasciolosis on the bases of body condition score.

<table>
<thead>
<tr>
<th>Body condition score</th>
<th>Number of examined</th>
<th>Number of positive</th>
<th>Prevalence (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poor</td>
<td>189</td>
<td>69</td>
<td>35.65</td>
</tr>
<tr>
<td>Medium</td>
<td>121</td>
<td>41</td>
<td>33.88</td>
</tr>
<tr>
<td>Good</td>
<td>74</td>
<td>20</td>
<td>27.03</td>
</tr>
<tr>
<td>Total</td>
<td>384</td>
<td>130</td>
<td>33.85</td>
</tr>
</tbody>
</table>

Discussion

Fasciolosis is a prevailing ruminant health quandary and causes substantial economic losses to the livestock commerce in Ethiopia. The overall prevalence of ovine fasciolosis by coprological examinations in the present study area was 33.85%. The present finding was relatively agreed with previous works reported prevalence 32.7%, 30.7%, 36.2%, 35.94% and 35.68% by Dinka [18] in Assella, Megerssa, et al. [17] in Sherka woreda Arsi, Kasanesh, et al. [19] in Gondar, Eyob, et al. [13] in North Shoa and Melkamu and Mulat [21] in South Wollo respectively. This similarity might be similar agro-ecology with the present study areas.

The present finding was relatively higher than Mathewos, et al. [22] in Alamata, Ethiopia, Ahmed, et al. [8] in Middle Awash Basin, Musa [23] in around Bahir Dar and Henok and Mekonnen [24] in Hirna town with the prevalence of 24.2%, 13.2%, 15.8% and 14.6% respectively. This difference might be due to agro ecological different, the availability of suitable or favorable intermediate snail habitat in the area.

However, the present study was relatively lower than the other reports in different parts of Ethiopia like Asrede and Shifaw [25] in Debre Birhan, Molalegn, et al. [9] in Dawa Cheffä, Kemissie and Basaznew, et al. [10] in Yilmana Densa District West Gojam with the prevalence of 50.8%, 49% and 42.44% respectively. This variation might be in different geographical location or management system variation of the smallholder farmers or lack of awareness about seasonal deworming of small ruminants in these areas. Climatic variations are of supreme importance influencing factors for the epidemiology of fasciolosis [26].

The prevalence of fasciolosis in male and female animals was recorded as 34.98% and 34.69% respectively. The results showed that coprological prevalence of ovine fasciolosis was similar in female and male animals in the study areas. According to Solomon [27] reports both sexes have been equally affected with fasciolosis and a higher prevalence of parasitic infection was not associated with sex (p> 0.05). The fact that prevalence of fasciolosis between male and female are not significantly difference; sex of sheep has not impact on the prevalence of fasciolosis. They exposed to graze and parasitic infection with equal rate. Sex did not show significant variation on the prevalence of Fasciola, similar finding was shown by Demil, et al. [28]. This might also be due to grazing of both sex groups in similar Fasciola contaminated pasture land.

The prevalence between different age groups of animals were found to be statistically not significant (p=0.641). This might be due to grazing of young animals with the adults early after some days of parturition. The somewhat higher prevalence was recorded in the adults and relatively lowers in the young animals. This might be young animals are not usually allowed to go far with adults for grazing. So the chance of exposure to infective metacercaria was lower as compared with adult animals. Similar results were reported by Chanie [29] and Ibrahim, et al. [30]. In the present study result indicated that relatively higher infection rate of fasciolosis were observed in sheep with poor body condition than medium and good body conditions. So it indicates that fasciolosis disease causes reducing of body weight gains.

Conclusions and Recommendations

Fasciolosis is a major obstacle for sheep production and productivity by inflicting remarkable direct and indirect losses at different parts of the country. The study has investigated the prevalence of ovine fasciolosis in reared sheep under extensive farming system in Wadla district of the Amhara regional state, western Ethiopia. The result of the present study indicated that fasciolosis is a higher prevalent sheep disease in the study area. This parasitic disease is distributed in every corner of the country, even the rate is different and considered as one of the major setbacks to sheep product utilization causing direct and indirect losses. The findings of the current study revealed that fasciolosis is still a health problem in the study area. Presence of favorable conditions like swampy area, stagnant water bodies, scarcity of feed, poor management practices and other concurrent diseases can facilitate the infectivity of the parasite in the area. The present study suggest that furthers strategic control of snails is required in order to overcome the problems of ovine fasciolosis at the study area.
Therefore based on the above conclusion the following recommendations are forwarded:

- A further study using alternative techniques such as serology in combination with fecal test surveys need to be conducted in different seasons in order to generate more complete data on the prevalence of ovine fasciolosis.
- Appropriate strategic deworming has to be designed and implemented in the study area to minimize the effect of the disease on livestock productivity.
- Strategic intermediate host the snail control through different techniques should be undertaken.
- Policy makers and economy analysts have to be provoked to put their relentless effort in the control of the disease that has serious impact on the country economy.

Acknowledgment

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Conflicts of Interest

We declare that there is no any conflict of interest.

References


