



Optimization and Application of in Vitro Embryo Production Technologies to Enhance Genetic Improvement in Dairy Cattle in Ethiopia

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Abstract

The reproductive potential of newborn male and female calves is enormous. However, by natural breeding, only a fraction of the reproductive potential of the outstanding animals could be utilized. Assisted reproductive technologies enabled dairy and beef breeders to utilize the naturally endowed potential of the male and female animals. Nevertheless, the use of these technologies entails prior optimization of techniques and protocols for optimal use of breed improvement. Therefore, the underpinning concepts of the current research project were the optimization of in vivo oocyte collection, and media for In vitro embryo Production from the Boran and Boran*Holstein breed through ultrasound-guided ovum pickup.

Through transvaginal follicular aspiration procedure, both breeds exhibited cultivable performance in owing substantial follicular population and relative tameness for aspiration procedures that can be tapped by these reproductive techniques. With the transvaginal follicular aspirations, the current study has revealed that a total of 1645 follicles ≥ 3 mm were visualized, counted, and aspirated. From punctured and aspirated follicles, 889 oocytes were retrieved from both Boran and their Holstein crossbred cows with an overall recovery rate of 54.0%. Breed-wise, Boran and Crossbred cows were 51.9% (436/840) and 56.3% (453/805) respectively and no significant differences were observed between the Breeds in oocyte recovery rate.

Furthermore, similar patterns of maturation process and embryo development were observed for an oocyte collected from both the Boran and Crossbred cattle. Whereas for the type of media used for in vitro oocyte maturation, fertilization, and culture oocytes were well matured, fertilized, and cultured giving promising results compared to TCM -199 media.

Relative to the number of incubated oocytes, the lower maturation rate of both Boran and Crossbred cattle oocytes observed could be attributed mainly to media optimization and mainly maintenance of the culture environment in a new laboratory setup. The decrease in the number of mature oocytes that developed into zygotes uttered that the events around the time of maturation are crucial in determining the developmental competence of the oocyte. Uncontrolled factors such as power

blackouts, laboratory equipment optimization, frequent opening and closing of CO₂ incubators due to the availability of only one incubator, and fewer exposed lab technicians might have contributed to the low outcome of in vitro embryo culture.

The cumulative effect of the extrinsic factors surrounding the oocyte and the intrinsic factor (quality of each oocyte) affected the outcome of maturation, fertilization, and development of the cultured zygote to the embryo. Though all procedures were started from scratch with minimal experience of technicians particularly transvaginal oocyte retrieval techniques and the IVF procedures showed the great potential of indigenous genetics. Thus, the sustainable improvement of the procedures by enhancing local and national capacity to run a full-fledged bovine IVF laboratory needs due attention.

Keywords: Dairy cow; In vitro embryo production; In vitro fertilization; In vitro maturation; Ovum Pick Up

Introduction

To meet the increasing demand for animal-origin food, having improved dairy cattle genotypes is unquestionable. The scientific and technological advances achieved during the past decades in animal reproduction have resulted in the development of a variety of tools commonly known as assisted reproductive technologies (ART) including artificial insemination (AI), semen sexing, superovulation, and embryo transfer (MOET), in-vitro embryo production (IVEP) offer prudent possible options [1,2].

The primary focus of these reproductive tools is to exploit and utilize the genetic potential of male and female animals by maximizing the number of offspring from genetically superior animals and disseminating germplasm worldwide [3]. Furthermore, ART allows for the exploitation of donors with compensable anatomical disabilities and sub-fertile conditions, for safeguarding germplasm from threatened species and domestic breeds and for reducing disease exposure and transmission.

However, through the application of ART, while AI is an effective way to disseminate the genetics of valuable sires, with the implementation of MOET, technologies, female genetics can also be distributed worldwide. Conventional embryo production technologies, MOET are based on the superovulation of a high-quality donor animal and the subsequent recovery of embryos by flushing the uterus a week after breeding to the bull of choice [4-6]. This technology is well-established for cattle.

Compared with conventional embryo production, an alternative technique, IVEP technologies come into the picture to overcome the drawback of the earliest generation ART technologies and aid in exploiting and utilizing the genetic potential of the male and the female simultaneously. IVEP in the laboratory has several advantages: This technology allows for cheaper production of a predictable supply of embryos from the ovaries of live or slaughtered cows. From live selected animals, repeated recovery of primary oocytes

using ovum pick-up procedures (OPU) is possible [4,5]. It can be used on females that fail to respond to superovulation treatment, to salvage the genetic potential of young calves that don't reach puberty as well as terminally ill females that would not be expected to respond to conventional superovulation and to fertilize oocytes harvested from a cow with semen from different bulls to produce embryos with different sires at the same time.

The in vitro production of embryos from oocytes of genetically highly valuable donors eliminated from breeding because of reproductive disorders or other problems can accelerate genetic progress. However, this technique requires an increase in the efficiency of the technique and procedure of the tools, quality oocyte collection from live animals using OPU, optimization of media and environment for maturation of oocytes under the laboratory condition, sperm preparation, and in vitro fertilization to produce quality and transferable embryo. The prominent advantage of IVEP, however, is oocytes can be obtained from the ovaries of the live donor using 'trans-vaginal' oocyte recovery (TVOR) called OPU repeatedly up to two times per week with outside effects to the donor, or from ovaries collected from the slaughterhouse [7]. Therefore, the underpinning concept of the current research project was to adopt and optimize in vivo oocyte collection, In vitro oocyte maturation, In vitro fertilization, and In vitro embryo culture for optimal the IVEP from Boran*Holstein and Boran breed.

Materials and Methods

Study Location

Experiments were conducted at the national animal biotechnology research program laboratory Debre Zeit Agricultural Research (DZARC), Bishoftu, Ethiopia. DZARC is located about 45 km east of Addis Ababa, the capital city of Ethiopia (8°46'13.57"N, 38°59'50.45"E) at an altitude of 1920 meters above sea level. The average annual temperature is 18.7°C with an average annual rainfall of 757.05 mm [8].

Description of Experimental Animals and their Management

A total of 32 animals (16 Boran and 16 Boran*Holstein crosses) were randomly selected and subjected to once and twice-per-week sessions of OPU procedure. The study was carried out on Boran and Boran*Holstein heifers and cows in their first and second parity from the National Animal Biotechnology Research Program experimental animal farm in (DZARC), Bishoftu. The age of the experimental animals was estimated based on dentition as described earlier by Lawrence et al. [9]. Accordingly, the study animals were 3 - 5 years of age. The body condition score of the animal ranged from 2.5 - 3.5 on a 1-5 scale (1 poor; 5 fat) and was determined as described by Natumyana et al. [10]. Experimental animals were housed and provided with a feed of different mixes: tef (*Eragrostis tef*) straw and grass (*Andropogon abyssinicus*) hay and supplemented with commercially prepared concentrate, mineral salts, and alfalfa green fodder. Water was provided ad libitum. Animals were regularly dewormed against a common parasitic disease and vaccinated for lumpy skin disease (LSD), foot and mouth disease (FMD), and other common infections. All experimental animals were in good condition throughout the experimental period.

OPU Procedure and Equipment

Before any activities, the animals were restrained in a well suitably designed chute (crush) which allowed minimal movement. OPU was performed in a once and twice-per-week scheme of collection for each breed [11]. Twenty-four hours before the OPU procedure, the ovary of all donor animals was scanned and the dominant follicles were ablated. Before the follicle aspiration procedure, each cow was given a 3-4 ml epidural injection of 2% local anesthesia, Lidocaine.

OPU was performed using a 6.5 MHz frequency transvaginal transducer (Aloka SSD500, GmbH, and Minitube Germany). The collection apparatus consists of 1.2×75 mm (for cows) and 0.9×70 mm (for heifers) disposable long single-lumen needles along stainless steel dorsal needle guidance attached to a sterile aspiration line of a 2-m long silicon tube fitted to an aspiration pump that has a warming block (mini-tube, GmbH, Germany) adjusted to 38.7°C . A vacuum aspiration pressure of 72 mmHg to 85 mmHg equivalent to a flow rate of 12-18 ml/min was connected to a 50 ml falcon tube containing 5 ml Dulbecco's phosphate buffered saline (DPBS) as an oocyte recovery medium. Oocyte recovery media were prepared from DPBS supplemented with an anticoagulant, heparin 20 $\mu\text{g/ml}$, 2% FCS, 50 $\mu\text{g/ml}$ antibiotic, gentamicin, and 25 mM HEPES and readymade OPU media from ivf bioscience were also used. After a thorough mixing of the ingredients, the medium was sterilized by filtration using a $0.2 \mu\text{m}$ sterile low protein binding acrodisc syringe filter and then kept in a CO_2 incubator maintaining 5% CO_2 at 38.5°C with 90% - 95% relative humidity. At each OPU session, the internal genitalia and the ovaries were palpated rectally and ultrasonically identified. The number of follicles on both ovaries was counted, size of the follicle was measured and categorized as small < 6 mm in diameter, medium, 6-10 mm in diameter, and large > 10 mm in diameter. After aspiration, an extra 1-2 ml of oocyte recovery medium was aspirated to wash and recover oocytes left in the needle and silicone tubing. The aspirated fluid was protected from sunlight and transported to the laboratory. The sample aspirated content was poured on a searching Petri dish placed on a warming plate (HT 50; Minitube, Germany) regulated to 37.3°C in the morning before going for oocyte aspiration to maintain the temperature, and waiting for 5-10 minutes to settle and searched under the stereo microscope.

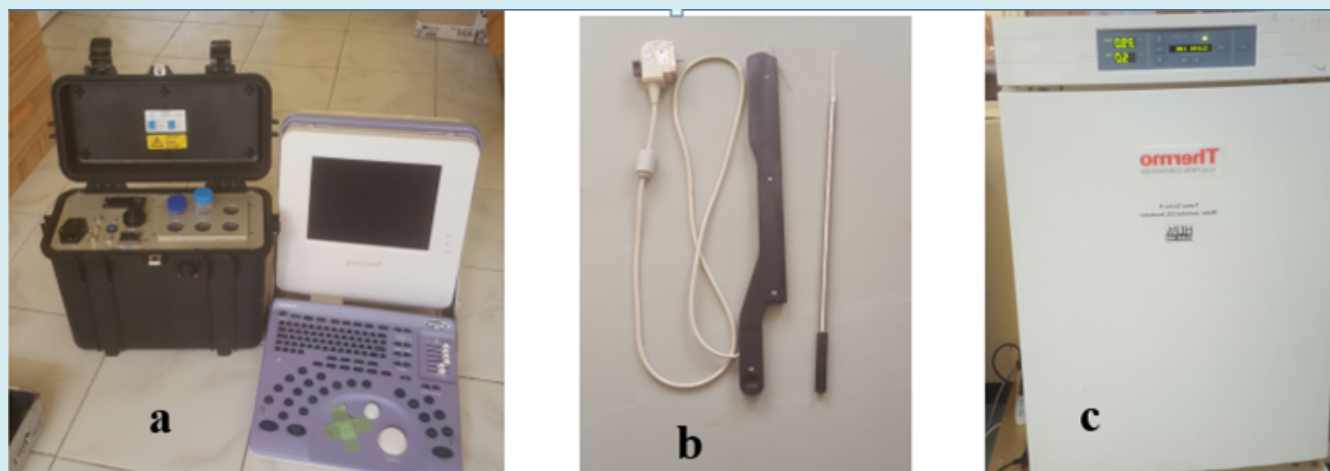
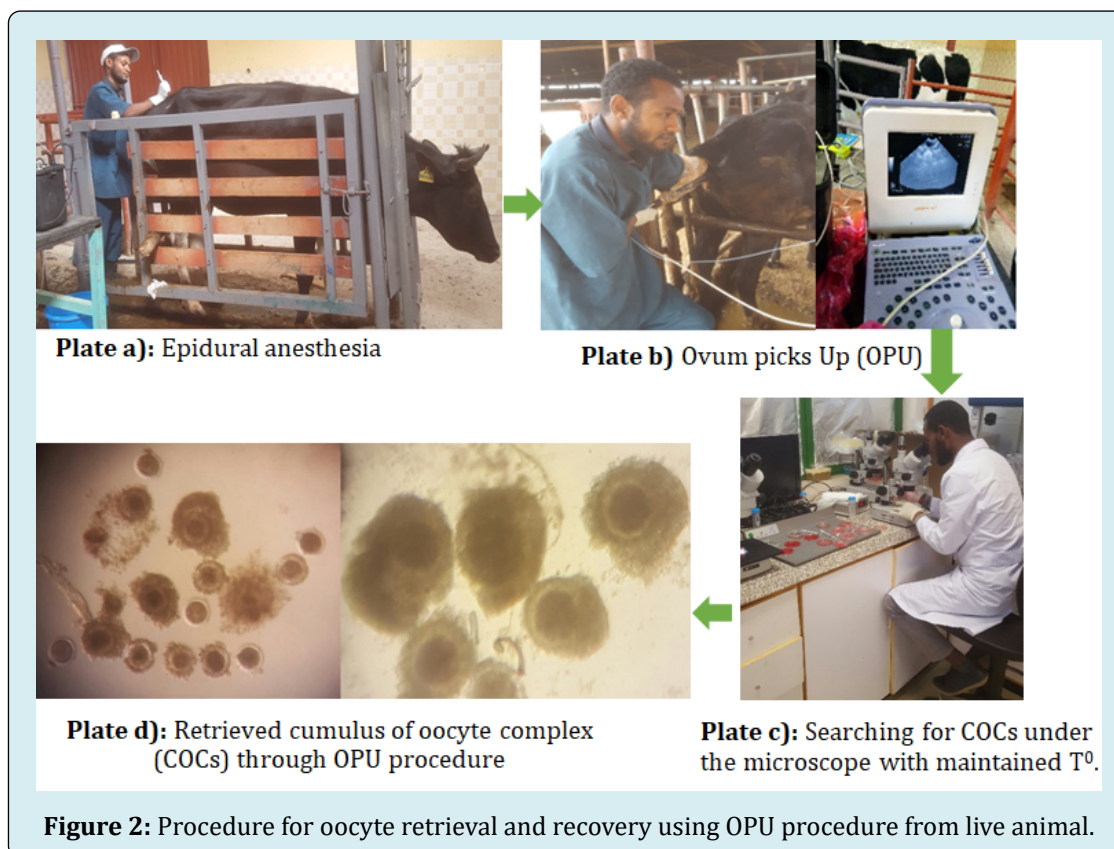


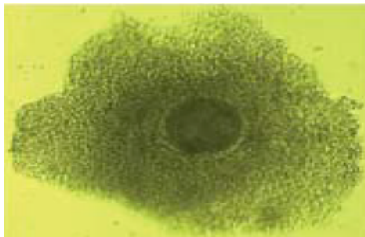
Figure 1: Permanent equipment used for the IVEP procedure (a=aspiration pump & ultrasonic monitor, b=ultrasound probe and needle holder, c= CO_2 incubator).



Classification of Cumulus-Oocyte Complex (COC)

The searching and washing Petri dishes were placed on a warming plate (HT 50; Minitube, Germany) regulated to 37.3°C in the morning before going for oocyte aspiration to maintain the temperature. The COC collection falcon tube containing oocytes was also kept in a warm water bath at 39°C (plate 3) until searched one by one. The aspirated fluid was transferred to the searching dish, waiting for 5-10 minutes to settle, and searched under the stereo microscope.

All oocytes were picked up by using a gamma gamma-radiated IVF catheter and transferred to culture dishes containing washing medium for grading. The recovered COCs were morphologically graded into four categories according to oocyte cytoplasm aspect, number, and morphology of cumulus cell layers surrounding the oocyte (Table 1). The numbers of retrieved oocytes per aspirated follicles were recorded to determine the oocyte recovery rate (ORR) according to Gabr and Gad, (2014) formulas. Oocyte quality index (OQI) was calculated to reflect overall oocyte quality according to Baki et al. [12].

Category	Characteristics of COCs	Representative COCs image
Grade I	Oocyte with more than three layers of CC homogeneous cytoplasm, homogenous color, Ooplasm.	

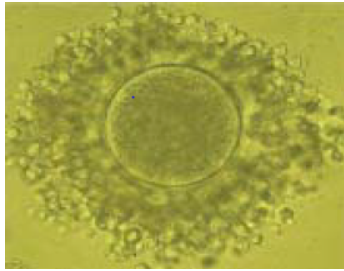

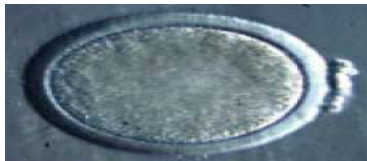
Grade II	Oocyte with slightly with three or fewer layers of CCs, heterogeneous cytoplasm, Homogenous color, Ooplasm.	
Grade III	Partially denuded: oocytes showing complete removal of CCs from less than 1/3 of zona pellucida (ZP) surface. Granulated in homogeneous Ooplasm	
Grade IV	Partially or completely denuded CC with strongly non-homogeneous cytoplasm expanded CC with strongly non-homogeneous cytoplasm.	

Table 1: parameter for morphological categorizing of retrieved cumulus-oocyte complex (COC).

CC: Cumulus Cell; **COC:** cumulus oocyte complex;

Source: modified from [13].

Results

Overall COC Recovery Rate and Quality

During this study irrespective of collection scheme and breed, a total of 1645 follicles ≥ 3 mm were visualized, counted, and aspirated. From punctured and aspirated follicles, 889 oocytes were retrieved from both Boran and

their Holstein crossbred cows with an overall recovery rate of 54.0% as indicated in Table 2. Regarding OPU session and oocyte recovery rates concerning the breed, for Boran and Crossbred cows were 51.9% (436/840) and 56.3% (453/805) respectively and there were no significant differences were observed between the Breeds in oocyte recovery rate.

Breed	Animal number	Puncture session (N)	Counted & punctured follicle (N)	Oocyte retrieved (N)	Recovery rate (%)
Boran	1	12	86	43	50
	2	12	69	29	42
	3	12	54	25	46.3
	4	12	60	16	26.7
	5	12	64	18	28.1
	6	16	91	45	49.5
	7	16	99	56	56.6
	8	16	102	59	57.8
	9	16	103	67	65
	10	16	112	78	69.6

Total	10	140	840	436	51.9
Boran*HF Crossbred	1	12	75	30	40
	2	12	72	40	55.6
	3	12	60	14	23.3
	4	12	56	27	48.2
	5	12	67	46	68.7
	6	16	80	41	51.3
	7	16	94	55	58.5
	8	16	113	61	54
	9	16	101	68	67.3
	10	16	87	71	83.6
Sub-total	10	140	805	453	56.3
Total	20	280	1645	889	54

Table 2: Oocyte recovery rate of Boran and Crossbred cows.

In Vitro Maturation of COCs

Irrespective of breed, 76.6% of collected COCs (GI, GII & GIII) were incubated for maturation and the remaining 23.4% of collected COCs were discarded due to poor quality. Breed-wise, 77.5 % (338/436) were from Boran and 75.7%

(343/453) were from Bora *Holstein Friesian cross. While 81.6% (107/131) and 78.9% (124/157) of the recovered COCs from Boran and Crossbred, respectively, were incubated. The classification of retrieved quality of COCs for both breeds was indicated in the chart below.

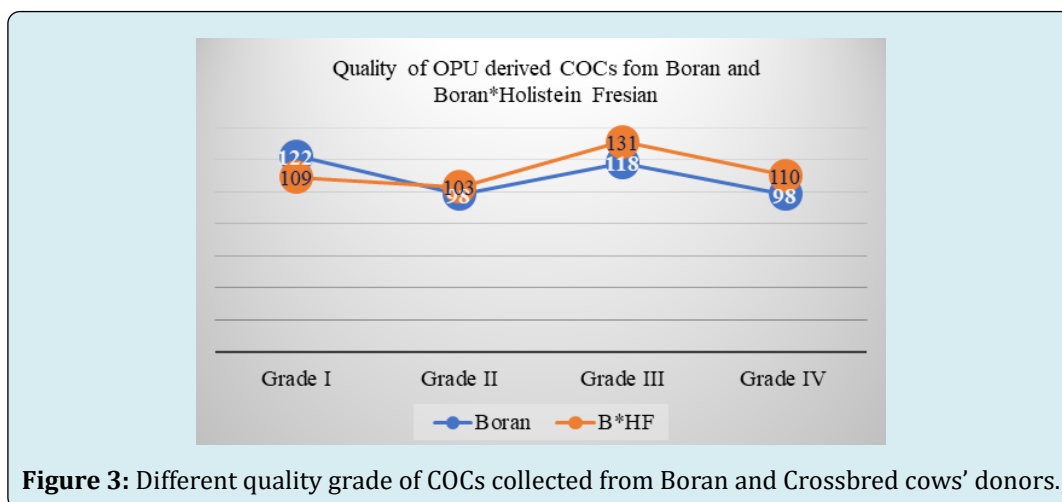


Figure 3: Different quality grade of COCs collected from Boran and Crossbred cows' donors.

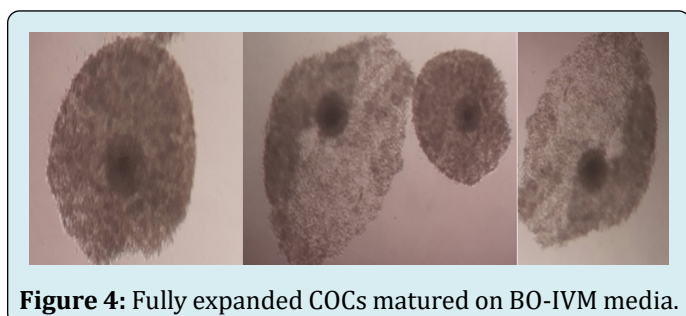


Figure 4: Fully expanded COCs matured on BO-IVM media.

Irrespective of breed, the overall maturation rate of incubated COCs was 61.8% (421/681). In Boran and Boran*Holstein Friesian crossbred, 64.8% (219/338) and 58.9 % (202/343) maturation rates of COCs were recorded respectively and statistically no difference was observed in either breed. There was a significant difference ($p < 0.05$) in the maturation rate of COCs matured in BO-IVM and TCM-199, which is 80% (296/370) and 40.3 (289/519) respectively.

In Vitro Fertilization and Cleavage Of Matured Cocs

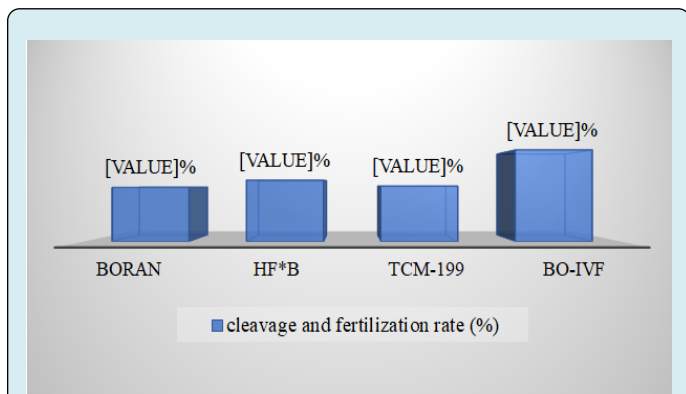


Figure 5: In vitro fertilization rate of COCs related to breed and media used.

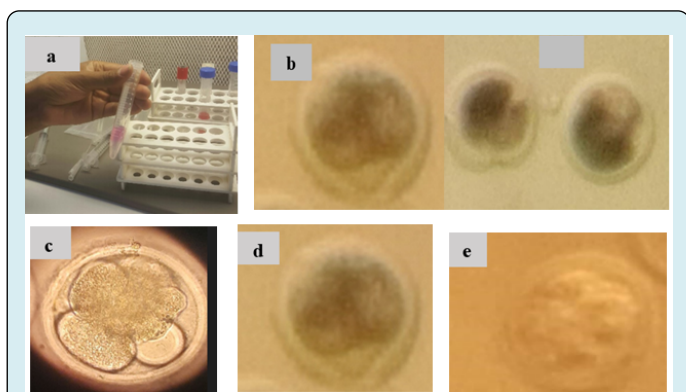


Figure 6: Fertilized COCs at different developmental stages (cell). a) sperm preparation technique, b) two-cell embryo c) four-cell embryo d) eight-cell embryo e) early morula embryo.

Regardless of the type of breed and media used, the overall fertilization/cleavage rates for the inseminated COCs were 36.6% (154/421). The fertilization and cleavage rate of COCs for both Boran and Boran*Holstein Friesian crossbred were indicated in Figure 4. The current findings indicated that, compared to TCM-199 IVF media, BO-IVF media, which is complete and readymade, were cleaved and fertilized significantly ($p < 0.05$).

Discussion and Conclusion

It is well noticeable and known that the type and composition of the medium used is highly influencing the in vitro embryo production procedure in general. Hence, the proportion of in vitro maturation and fertilization rate in BO-IVM and BO-IVF media was greater compared to TCM-199 maturation and TCM-199 fertilization media. There was no effect of breed on the maturation and fertilization

rate of COCs mature and fertilized on both types of media. This finding indicates that, both breeds as a comparable potential to be used as oocyte donors for IVEP technology. In this study, compared to Rahman et al., [14]; Mohammed [15], and, Sonjaya and Hasbi, [16], the maturation and fertilization rate of the COCs were less in this study. This is mainly due to frequent fluctuation of the electrical power. The higher maturation rate of oocytes matured in BO-IVM media may be due to it being complete, readymade, and containing the optimum amount of glucose as it is an essential energy source substrate which is important for oocyte metabolism (Wrenzycki and Stinshoff, 2013) [17]. In general; even though a greater number of follicles were counted and aspirated from the ovary of both Boran and crossbred donors, relatively, there is a slightly greater number of COCs recovered from Crossbred than the Boran breed. This may be due to ovary size, and the ovary of Boran is smaller in size than that of a crossbred.

Because all the chain in the in vitro embryo production procedure, in vitro oocyte maturation, in vitro oocyte fertilization, and in vitro oocyte culture is conducted under an artificial environment, its success rate is limited mainly due to the type of media used including other intrinsic and extrinsic factors. Hence, the type of media used is vital and a determining factor in producing a high-quality and greater number of embryos.

Conflicts of Interest: The authors declare no conflict of interest.

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