

A Case of Primary Syphilis Masquerading as Tonsil Carcinoma

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Case Report

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Abstract

We present a case of a man who presented with unilateral odynophagia, an enlarged tonsil and an ipsilateral neck lump. The diagnosis was presumed to be carcinoma of the tonsil and he was investigated as such. During the period of investigation, he self-referred to a genitourinary medicine clinic and was diagnosed with primary syphilis. After treatment with antibiotics his signs and symptoms completely resolved.

Keywords: Unilateral odynophagia; Neck lump; Primary syphilis; Tonsil carcinoma

Abbreviations: FNAC: Fine Needle Aspiration Cytology; HPV: Human Papilloma Virus.

Case History

A 47 year old man was referred by his GP to ENT clinic with a 2 month history of left sided odynophagia, left neck lump and 1 stone weight loss. The gentleman denied smoking, drinks alcohol rarely and works both in an office and as a delivery driver. His past medical history included controlled hypertension and childhood epilepsy but had been seizure free for 10 years. On examination, he displayed a large mass of his left tonsil which was indurated to palpation as well as a firm, fixed left level 2 neck node. Clinically, the case was strongly consistent with carcinoma of the tonsil with ipsilateral nodal disease. An MRI and ultrasound neck as well as CT chest was requested. The MRI showed a grossly enlarged left tonsil (Figures 1 & 2).



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The Ultrasound revealed a 25.2mm lymph node in the left level 2 region of the neck with pathological features (Figure 3). The node underwent fine needle aspiration cytology (FNAC) however, this showed reactive lymphoid cells only with no evidence of malignancy.



In view of the likely diagnosis of tonsillar malignancy, a panendoscopy and biopsy of the tonsil was organised. However, in the meantime, the patient presented to the genitourinary medicine clinic for a routine appointment. The patient was diagnosed with primary syphilis and received a 2 week course of doxycycline. After 2 weeks his lymphadenopathy, tonsil mass and odynophagia symptoms had all resolved.

Discussion

The incidence of tonsil cancer has tripled over the last 30 years [1]. In the UK, new cases have risen from 459 in 1985 to 1462 in 2015 [1,2]. The reason for this is likely to be multifactorial however Human papilloma virus (HPV) plays an important role; half of all tonsil cancers are caused by HPV [3,4] as opposed to the traditional risk factors of smoking and alcohol. Excluding a malignancy in any patient who presents with a tonsil mass is a priority however, as this case illustrates, other differential diagnoses should be considered.

Differential Diagnoses

A retrospective literature review of 20 studies with 54,901 patients. Randall DA, et al. [5] found that only 0.087% of patients who underwent tonsillectomy for unilateral tonsil enlargement alone had underlying malignant pathology. The majority of unilateral tonsillar enlargement is due to chronic inflammation, Actinomycoses sp. infection or lymphoid hyperplasia [6]. However, non-epithelial malignancies may present with unilateral tonsillar enlargement, the most common of which is lymphoma [7], furthermore systemic infections such as TB [8] and in this case, syphilis should also be a consideration.

Syphilis in ENT

Syphilis is a sexually transmitted infection caused by the spirochete Treponema pallidum. The disease is categorised into 4 stages following infection; primary, secondary, latent and tertiary. Primary syphilis most commonly presents with an ulcerative lesion (chancre) at the site of contact which is usually the genitals [9] however, albeit rarely, primary syphilis may present as an oropharyngeal lesion; a 2017 literature review identified 12 previous published cases of primary syphilis presenting with a tonsillar ulcer or unilateral tonsil enlargement [10]. Regional lymphadenopathy, as in our case, is found in up to 80% of cases [9]. Secondary syphilis occurs between 2-12 weeks following initial infection due to haematological dissemination of the bacteria and most commonly presents with a maculopapular skin rash. However, several manifestations may occur including lymphadenopathy, iritis, uveitis, arthritis, hepatitis and, pertinent to the ENT surgeon, multiple grey / white oral mucosal pseudomembranous lesions as well as nonspecific pharyngitis, tonsillitis and laryngitis [11].

Tertiary Syphilis occurs 3-15 years after initial infection if left untreated and may manifest as

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gummatous disease, cardiovascular syphilis or neurosyphilis. The latter is due to central nervous system involvement and may present with a picture of meningitis, paresis, seizures or rarely, otosyphilis; which may present to the ENT surgeon with symptoms of sensorineural hearing loss and vertigo [12]. Syphillis may be diagnosed with dark field microscopy of material from primary lesions, serological testing for treponema antibodies or CSF analysis in the case of neurosyphilis [11]. Treatment with antibiotic therapy (penicillin, unless contraindicated) is required for any stage of syphilis infection.

Conclusion

In summary, this case represents a rare presentation of unilateral tonsillar enlargement but serves to highlight the importance of considering a broad range of differential diagnoses when faced with a similar case. Although the majority of unilateral tonsillar enlargement is due to benign or reactive pathology and excluding a carcinoma should remain a primary concern, the ENT surgeon must be aware of alternate causes and direct a history, examination and investigations appropriately.

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