

# The Practical Understanding of Sex - A Nasty but Necessary Way to Neutralize Lasciviousness

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## **Opinion**

Our culture is awash with lascivious "sex." Most of us handle it by "good manners" which means you pretend you did not see or hear what you saw and heard, but that does not help others, especially youths, who are smitten with the tidal wave of sexual titillation. To whatever presented, one can express anger, shock, disgust and religion (or good manners), but none of that works very well to defuse the contagiousness of the ideas, impulses and imitations of presented sexual actions. In mv psychiatric practice (for children, adolescents and adults), I try to defuse what I call "sexual craziness" i.e., that almost universal bewildering surge of intoxicating excitement which occurs especially when the immature are exposed to sexual matters. I do this by semi-crude smiling mockery coupled with semi-dignity biological accuracy. Such generally attenuates the sexual excitement and brings people to "sobriety" for want of a better word. This article was written because "sex" as commonly presented does not deserve the reinforcement of pure dignity because as commonly presented it is destructive of development and productivity. Actually, these proposed ways of "putting sex down" are most appropriate against those exploiting sexuality and should not be used about normal sexuality or against those not "showing off." For those trying to titillate, exalt, stimulate inappropriately or promote non-marital sexuality, the offered phrases are exactly what is needed to blunt those tendentious efforts. But what I offer is not for the "clean of heart." However, if you have better ideas which can help stop what passes for "sex" today from being the overwhelming attraction it is, please let the world know. (I hope you are not too offended. There is no way to do it without feeling somewhat "dirty" but certainly not as "dirty" as that to which we are routinely exposed and handle by forced good manners. The people thus far exposed to this approach have found the vocabulary

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offered to be effective, accurate, unimpeachable and easy to use. Feedback is requested. An attorney told me that it worked and was accepted surprisingly well to his amusement when he found himself using it on impulse in the courtroom!) Basically we need help others deal with "sex" without catching it or its craziness. The subthreshold vicarious eroticism of our culture cannot be well managed any other way. If you want to neutralize lasciviousness, read and do the following, which is to subdue and mock non-marital "sex" to inanity.

Good health requires an accurate understanding of "sex." This brief article will explain it all to you – or at least enough so that you understand what is going on and hopefully will be able to make appropriate decisions about one's self in regards to "sex" by knowing the words which can defuse the craziness when exposed to an overstimulating culture.

### In the Animal Kingdom

In the animal kingdom, sex is, for all practical purposes, universally for reproduction only. Idiosyncratic exceptions occasionally can be found but usually these are clearly pathological or within the esoteric range of animal presentations. But overwhelmingly, sex is for reproduction in animals, in the animal kingdom, and on the planet. In a very real sense, therefore, to be environmentally sound and in tune with the planet and the animal kingdom, human sex should be for reproduction too (Indeed, Sigmund Freud's definition of "sex" "perversion" was basically unrelated to reproduction!). So, when an animal deviates from that norm, it should be seen as "perversion," a disorder or even "pollution" in that it is a deviation from planetary animal nature of which humans are supposed to be part.

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And it should be obvious that problems occur regularly when nature is ignored because most everything against nature is pollution. Again: In general, animals do not deviate from nature's norm of sex for reproduction. In fact, if we forced animals to carry on about "sex" like humans do, it would be animal cruelty.

#### Human Sex

Consistent with man's ability to pollute in almost every way possible by doing acts which fundamentally are against or are not in concert with what is found in nature, the animal kingdom and the planet, "sex" is no exception and should be added to our polluting along with abuse of air, water, and land. This is because for humans, sex has culturally become almost everything except "for reproduction." Instead, for humans, sex has become squirting - any way, any time, as long as there is no pregnancy (Actually, most human "sex" is now against reproduction, and one cannot really be more out of synchrony with nature than that!). In addition, squirting has become a sociological pseudo-identity in contrast to real "sex" which is a transcendental biological identity. Regardless, so-called "sex" for humans has become all that humans do with their genitals-whatever you have between your legs—rather than limited to reproduction as is the case for the rest of the animal kingdom.

Genitals are anatomically and functionally linked with excretion (urination, defecation, menstruation) and thusly called "one's private parts" because privacy is desired, expected, and required when performing bodily functions especially with one's genitals. Every human culture has privacy norms for everyone's genitals and the rest of the body. Exposing oneself for any reason outside of a culture's privacy norms is always disease promoting, distracting and interfering with other activities, and a violating of the privacy desires of most others-most of us do not give a damn what you got and wish you would handle yourself with dignity and privacy. Furthermore, life lived fully is thinking, growing, building, working, creating, and everything else-in which genital matters are brief nuisances biologically necessary at best. For genital matters to become more than private biological functions is a loss of identity, a cultural transgression, and behavioral pollution. And when squirting becomes an obsessive epiphenomenon (which, because of its habit forming nature, it almost always becomes when not reproductive), then one can even lose one's life and meaningful purpose.

Human males have to squirt their sperm. With biological maturation, men will squirt one way or another - wet dreams, nocturnal emissions, masturbation, and natural intercourse. For human males, squirting is normal as an intermittent biological need. There is no getting away from that. But when not in natural intercourse, squirting by males is really a form of excretion – most accurately called "secretion." Thus, when not reproductive, squirting is an excretory function - it has to be done for "relief" (and like all excretory functions, it is naturally private, personal, and not a public or social event). For human males especially, "when you gotta go, you gotta go" and that includes urination, defecation and, to some extent, even squirting.

For human females, squirting, arguably, is an atavistic, anatomical anomaly because manipulation of the penis remnant in the female (the clitoris) can trigger a response analogous to male squirting when the penis is manipulated (There is probably no equivalent reflex in subhuman animals). But it can occur for human females, and it is most commonly called "orgasm." This masculinization of females (by stimulation of the penis remnant) results in a pseudo-squirting phenomenon which gives women a sense of what it is like to be men in the squirting world. It hits females pretty hard and many become overwhelmed with compulsive needs often worse than for most males who learn to take squirting in stride as an excretory function for the most part, while for females, it is an imitation of the secretory function of Undeniably, female orgasm is a nice bonus to males. reproductive sexual intercourse, but, female pseudosquirting male imitating "orgasm," like male nonreproductive real squirting, is outside nature (except in marriage) and most often a form of behavioral pollution again (unless, perhaps, as part of the natural reproductive act with one's husband). Nevertheless, female orgasm, any way all ways, is the fundamental basis for all feminism i.e., to essentially "be and do what males are and do," and it is difficult to be more polluting than this sort of "penis-envy" (women become men) deviance from what is natural to the animal kingdom and the planet in reference to sexual differences.

#### **Cultural Sexual Norms**

The current secretion culture consists of humans living in a circus of male squirting and female pseudo-squirting desires and activities. The body now becomes a toy for squirting any way, every way. Resulting are multiple ads

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for erection pills, pheromones, enlargement gadgets, enlargement pills, enlargement surgery, vibrators and dildos galore—all to spice up and enhance squirting. Programs are made available to teach squirting and sperm/slime release or collection any way all ways forever. So-called "sex education programs" are nothing but how to squirt programs. Squirt insufficiency ("erectile dysfunction") now becomes a public health problem. Television, movies and the World Wide Web ("pretendvision" is the word which summarizes them all) go uncivil and exploitatively pollute by encouraging sexcretory acts usually reminiscent of dogs licking each others' rear ends (a normalizing metaphor for most of the excretory, nee' "sex" and pornographic stuff seenactually one should never use "pornography" but "squirtography"—because the latter defuses the titillation). By all imposed in a sexualized culture, genitals are trivialized to uselessness almost as much as female breasts, which should be called "milk cancer sweat fat pontoon hanging harem (they suck) useless chest glands" (because that is all they should be considered for those exploiting them in flagrant abuse of nature—just calmly say that phrase and the titillation stops). Even though genitals are ugly (unless aroused), the squirt search is on; but it all is meaningless, useless, selfish, exploitative, antianimal kingdom and anti-planetary. For contemporary sex, "entropy" is a good word i.e., wasted energy. In addition, advertised are "flings," "personals," lonesome people, "spicy women," "hungry men," and every titillating secretory act one can think of---but it all is nothing but squirt, squirt and squirt some more—90 seconds of nonbeing, useless nothing but hot air spasm with waste of sperm or slime. The impact of all this has the significance of flatus or some of what is currently called music. Still, many will try to call this "love" which is bizarre when it is not even "sex" properly understood. Almost all of it is less significant than taking a leak. Yet, today, even children are targeted for secretory pollution in absolute violation of the Right to Childhood deserved by all immature creatures (There is no sexualization of the immature in any subhuman creature!). Indeed, in a secretory culture, a child is lucky to get born, because, in truth, abortion makes secretion possible, and secretion makes abortion necessary.

Most assuredly, no one's life should be a preoccupation with squirting nor should one's identity be totally determined by an obsessional overwhelming fixation on one type of squirting or another or on just plain squirting in general. That man (male and female) is a suggestible creature goes without saying, but one should not imitate

much of what is shown by the mass media if one wants a good life, especially in the sexual realm. That is, secretion as a cultural norm and sociological identity is a violation of the transcendental life: Matter is wasted. Identity is deformed. Truth is denied. Oneness is fragmented. Good is prevented. Beauty is diminished. Dignity is gone. Unity is split. Integrity is demoralized. Spirituality is mocked. Again, to be consistent and in tune with the planet and the animal kingdom, squirting phenomena should be linked to reproductive circumstances as faithful and true to one's own being. And then you should not call it "squirting" or need to use any of the other underscored words and phrases recommended in this paper for antianimal kingdom and anti-planetary sex. Regardless, how you squirt should not be who and what you are any more than how you urinate or defecate should alter your biological being to be different than how you are! As always there is something better to do or there should be. So get your biological functions out of the way in privacy by being true to yourself and nature. You must have a better more productive fulfilling life than squirting as the preeminent way of living. There must be more to life than squirting. In a way you lose or waste your life if you think otherwise.

In the final analysis, Nature informs that squirting should be limited to a reproductive atmosphere (preferably in marriage) so one is in tune with the rest of the animal kingdom, human nature, the planet and the universe instead of becoming an isolated arrogant freak outside of the natural essentially cursory sex norms of life itself. Anything other than a reproductive atmosphere is truly out of synchrony with the planet and therefore a form of pollution – a state of existence in which you do not want or have to be included. You can be talked into all sorts of other ideas but the choice is to be virtuously productive in the fullness of life or else be caught up in a circus of useless squirting. Squirting is neither the beginning nor the end of the world. Get a life—squirting is not it. Humane vitae were right.

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