



Headaches their Different Causes

Dueñas Becerra J*

Honorary Member, Roman School Rorschach, Italy

***Corresponding author:** Jesús Dueñas Becerra, Honorary Member, Roman School Rorschach, Italy, Email: cagliostroduenas@gmail.com

Editorial

Volume 10 Issue 1

Received Date: January 06, 2025

Published Date: January 15, 2025

DOI: [10.23880/pprij-16000452](https://doi.org/10.23880/pprij-16000452)

Abstract

This article describes the different types of headaches, as well as the pathogenesis that determines the appearance of each of these types of neural disorders, which not only alter the biopsychological, sociocultural and spiritual balance in which human health is structured, but also the quality of life of the person who suffers from it.

Keywords: Headaches; Neural Disease; Biopsychological-Social-Cultural and Spiritual Balance; Quality of Life

Editorial

Headaches can be, and do in fact, have multifactorial causes. Therefore, suffering from an unpleasant headache can be a symptom of an underlying condition. This article aims to discover the characteristics of each headache and learn to identify their basic fundamental differences.

When this ailment is due to muscle tension, it becomes intermittent or with a tightness in the occipital region of the brain. If it is caused by a migraine, it begins in the eye or around it, as well as in the temple and is accompanied by pulsations, nausea and vomiting.

In clusters, the episode lasts approximately one hour, and on one side of the head there is inflammation and nasal discharge. As a consequence of high blood pressure, the pain is slow, there are palpitations and pain in the back or top of the head.

Due to iritis or glaucoma, ocular hypertension, the pain appears in the frontal region or in the eyes and is exacerbated after reading or watching television. Due to problems in the paranasal sinuses, the pain is acute and worsens with cold or humid weather. If it is part of the clinical picture of a brain tumor, the pain is intermittent and manifests weakness of slow progression and convulsions. If it is a brain infection or abscess, the pain is sharp, goes from mild to intense and arises from infection in the auditory organs.

If it is due to meningeal inflammation, the pain becomes constant and intense. If you, dear listener, have a clinical picture similar to those described and generated by headaches or head pain, do not self-medicate and go immediately to the doctor so that he can prescribe the corresponding medical treatment. Do not forget that only the physician can do it.